

2009-10 UNC SWIMMING AND DIVING

CAROLINA

Tar Heels 



david
SOLARZ

rebecca
KANE

joe
KINDERWATER

tyler
HARRIS

layne
BRODIE

chip
PETERSON

laura
MORIARTY

megan
STEEVES

katura
HARVEY

tommy
WYHER



2009-10 University of North Carolina Women's Swimming & Diving Team

Front Row: Team Manager Laura Murphy, Carly Smith, Ashley Howard, Alison Clemens, Megan Steeves, Eliza Butts, Chay Malvasio, Team Manager Will Bondurant; Second Row: Diving Coach Kevin Lawrence, Katie Nolan, Rebecca Kane, Katura Harvey, Caroline Hartmann, Alex Hamilton, Katie Marsh, Ashley Miller, Katie Murphy, Volunteer Assistant Coach Griff Helfrich; Third Row: Head Coach Rich DeSelm, Amber Leiker, Enuf Swanson, Kristin Arnold, Kaci Hollingsworth, Laura Moriarty, Sarah List, Lauren Schmittle, Assistant Coach Sean Quinn; Fourth Row: Assistant Coach Mike Litzinger, Stephanie Eisenring, Sarah Tanner, Brooke Atkinson, Katie Keel, Jenna Moore, Marie Pesacreta, Jackie Rudolph, Assistant Coach Christy Garth; Back Row: Michelle Mudge, Laura Ruscoe, Candace Cooper, Kerianne McAfee, Layne Brodie, Katelyn Martin, Rebecca Brooks, Assistant Coach Eric Stefanski



2009-10 University of North Carolina Men's Swimming & Diving Team

Front Row: Team Manager Laura Murphy, Bryant Wooten, Austin Bradyhouse, Hank Browning, Jeff James, David Solarz, Jason McLaughlin, Evan Reed, Team Manager Will Bondurant; Second Row: Diving Coach Kevin Lawrence, Josh Hafkin, Tyler Harris, Chip Peterson, Flynn Jones, Joe Kinderwater, Wil Singley, David MacDonald, Volunteer Assistant Coach Griff Helfrich; Third Row: Head Coach Rich DeSelm, Brad Hamilton, Andy Brake, Jim Flannery, Victor Leclere, Robert Grimmer-Norris, David Zolno, Drew Oberg, Ryland Jones, Assistant Coach Sean Quinn; Fourth Row: Assistant Coach Mike Litzinger, Tommy Wyher, Steve Ceber-towicz, Jesse Mendes, Sean Lane, Chandler Thomas, Alex Ismail, Tyler Smith, Assistant Coach Christy Garth; Back Row: Jake Kinzbach, Will Colbert, Hunter Cwalinski, Tom Luchsinger, Pat O'Donovan, Brock Park, Assistant Coach Eric Stefanski.



2009-10 North Carolina Swimming & Diving Quick Facts

Location: Chapel Hill, N.C.
Established: December 11, 1789
Enrollment: 28,136 (17,895 undergraduates, 8,275 postgraduates)
Chancellor: Dr. Holden Thorp
Director of Athletics: Dick Baddour
Senior Associate Athletic Director for Olympic Sports: Dr. Beth Miller
National Affiliation: NCAA Division I
Conference: Atlantic Coast Conference
Nickname: Tar Heels
Mascot: Rameses the Ram (Both Live and Costumed)
School Colors: Carolina Blue and White
Athletic Department Web Site: www.TarHeelBlue.com

Carolina Swimming & Diving Coaching Staff Information
Head Coach: Rich DeSelm (3rd year as head coach at UNC)
Coach DeSelm's Office Telephone Number: (919) 966-5340
Assistant Coaches & Their Telephone Numbers: Kevin Lawrence (Diving) (919) 962-7261; Mike Litzinger (919) 843-9275; Eric Stefanski (919) 966-1900; Christy Garth (919) 962-7262; Sean Quinn (919) 962-1604; Griff Helfrich (Swimming Volunteer); Jon Fox (Diving Volunteer); Allison Barnes (Undergraduate Swimming Assistant)

Carolina Swimming & Diving Miscellaneous Information
Home Pool: Maurice J. Koury Natatorium (Opened 1986)
Seating Capacity: 2,000
2008-09 Overall & ACC Dual-Meet Records: Men—6-3, ACC 4-1; Women—6-3, ACC 4-1
2009 ACC Championships Finishes: Men—3rd Place (504.5 points); Women—2nd Place (602.5 points)
2009 NCAA Championships Finishes: Men—26th Place (23 points); Women—20th Place (41 points)

Athletic Training Staff: Chris Hirth, Head Trainer; Lizzie Hibberd, Second-Year Graduate Athletic Trainer; Jimmy Lisowski, First-Year Graduate Athletic Trainer; Hannah Koraly, Undergraduate Athletic Trainer
Team Physician: Dr. Tom Brickner
Orthopaedic Surgeon: Dr. Jeff Spang
Swimming & Diving Administrative Assistant: Kathy Griggs
Ms. Griggs' Office Phone Number: (919) 843-5834
Men's Team Managers: Will Bondurant, Colin Sullivan
Women's Team Managers: Laura Murphy, Mary Lanier Zaytoun
Strength & Conditioning Coach: Steve Gisselman
Nutritionists: Jen Ketterly (Head); Rebecca Rebmann (Assistant)
UNC Athletic Communications Information
Swimming and Diving Media Contact: Dave Lohse, Associate Athletic Communications Director
Lohse's Email Address: davelohse@unc.edu
Lohse's Office Telephone Number: (919) 962-7257
Lohse's Personal Cell Phone Number: (919) 641-4128
Secondary Swimming and Diving Media Contacts: Sarah Stankavage (Student Assistant, sstankav@email.unc.edu), Bradley Harrison (Student Assistant, bharrison@unc.edu), Alex Ismail (Student Assistant, ismail@email.unc.edu)
Office Fax Number: (919) 962-0612
Mailing Address: P.O. Box 2126, Chapel Hill, NC 27515
Shipping & Physical Address: Athletic Communications Office, Koury Natatorium, Front Center Entrance, 300 Skipper Bowles Drive, Chapel Hill, NC 27514

TarHeelBlue.com:

Official Home of the Tar Heels On the World Wide Web

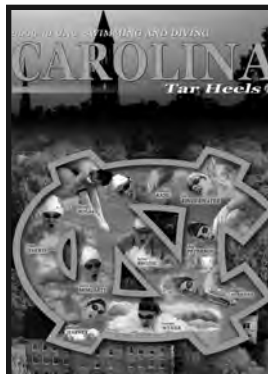
Media and fans can follow the Carolina swimming and diving team and the entire UNC athletics program from anywhere in the world on the official world wide web site of North Carolina athletics. TarHeelBlue.com offers schedules, rosters, results, features, podcasts, media guides and game notes plus much more for all 28 of Carolina's varsity sports. TarHeelBlue.com is a partner in CBS College Sports' Online program based in Carlsbad, Calif. and New York, N.Y. Based on average hits and individual page views, TarHeelBlue.com ranks as the most popular site in the CBS College Sports' Online family of college websites.

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Nike Supports UNC Athletics

The University of North Carolina at Chapel Hill and Nike Inc. signed a new 10-year contract for Nike to be the exclusive supplier of athletic footwear, apparel and accessory products to the Tar Heels effective July 1, 2008. Nike provides the athletic department with shoes, uniforms, coaching gear, balls and other equipment. In addition to the apparel and equipment, which constitutes the majority of the value of the contract, Nike will give the University \$2 million to the Chancellor's Academic Enhancement Fund. Chancellor Holden Thorp says he will direct the funds to faculty support. Nike will also provide support for team tours, travel and hosting regular-season tournaments in several sports. The athletic department will also receive \$1 million for signing the contract, with those funds being used to overhaul lighting and sound at the Dean E. Smith Center.



2009-10 North Carolina Swimming & Diving Media Guide

Photography by Jeffrey Camarati, Peyton Williams and the Atlantic Coast Conference Photo Services. Front cover, inside front cover and back cover designed by Dana Gelin. The 2009-10 media guide was edited by Dave Lohse, Associate Athletic Communications Director. Student assistants Sarah Stankavage and Alex Ismail assisted in the publication of the media guide. Printing services provided by UNC Printing of Chapel Hill, N.C., Susan Anderson, customer representative.

NAME	YR.	EVENTS	HOMETOWN	HIGH SCHOOL
Kristin Arnold	So.	Diving	Miami, Fla.	Miami Palmetto Senior
Brooke Atkinson	So.	Backstroke, Freestyle	Boca Raton, Fla.	Pine Crest School
Layne Brodie	So.	Breaststroke, Individual Medley, Butterfly	Atlanta, Ga.	Westminster
Rebecca Brooks	Fr.	Backstroke, Sprint Freestyle	Rochester Hills, Mich.	Rochester Adams
Eliza Butts	Sr.	Sprint Freestyle	Weston, Mass.	Weston
Alison Clemens	Sr.	Individual Medley, Breaststroke	Staten Island, N.Y.	St. Joseph By The Sea
Candace Cooper	So.	Backstroke, Freestyle	Raleigh, N.C.	Ravenscroft School
Stephanie Eisenring	Fr.	Freestyle	Pompano Beach, Fla.	Pine Crest School
Alex Hamilton	So.	Diving	Holly Springs, N.C.	Southeast Raleigh
Caroline Hartmann	Jr.	Backstroke	Williamsburg, Va.	Walsingham Academy
Katura Harvey	Jr.	Distance Freestyle	Rockville, Md.	Richard Montgomery
Kaci Hollingsworth	So.	Diving	Mission Viejo, Calif.	Trabuco Hills
Ashley Howard	Sr.	Backstroke, Freestyle	Durham, N.C.	Riverside
Rebecca Kane	Jr.	Sprint Freestyle	Toms River, N.J.	Monsignor Donovan
Katie Keel	So.	Breaststroke	Knoxville, Tenn.	Webb School
Amber Leiker	Fr.	Butterfly	Huntersville, N.C.	Hopewell
Sarah List	So.	Backstroke	Ringold, Ga.	Baylor School of Chattanooga
Chay Malvasio	Fr.	Diving	Columbia, S.C.	Irmo
Katie Marsh	Jr.	Breaststroke, Individual Medley	Ocean Ridge, Fla.	Saint Andrew's School
Katelyn Martin	So.	Distance Freestyle	Chelmsford, Mass.	Chelmsford
Kerianne McAfee	So.	Butterfly	Charlotte, N.C.	Charlotte Catholic
Ashley Miller	Jr.	Distance Freestyle	Cincinnati, Ohio	Saint Ursula Academy
Jenna Moore	So.	Diving	Matthews, N.C.	Providence
Laura Moriarty	So.	Butterfly, Breaststroke, Individual Medley	Methuen, Mass.	Methuen
Michelle Mudge	Fr.	Diving	Moorestville, N.C.	Hopewell
Katie Murphy	Fr.	Individual Medley, Butterfly, Breaststroke	Newark, Del.	Archmere Academy
Katie Nolan	Fr.	Butterfly, Freestyle	Hershey, Pa.	Hershey
Marie Pesacreta	So.	Individual Medley, Breaststroke	Chapel Hill, N.C.	Chapel Hill
Jackie Rudolph	Fr.	Freestyle	Virginia Beach, Va.	Ocean Lakes
Laura Ruscoe	So.	Butterfly, Individual Medley	Asheville, N.C.	A.C. Reynolds
Lauren Schmittle	Fr.	Freestyle	York, Pa.	York Suburban
Carly Smith	Fr.	Butterfly, Backstroke	Chapel Hill, N.C.	Chapel Hill
Megan Steeves	Sr.	Backstroke, Sprint Freestyle	Newark, Del.	St. Mark's
Enuf Swanson	So.	Butterfly	Conroe, Texas	Conroe
Sarah Tanner	So.	Individual Medley, Sprint Freestyle, Butterfly	Loveland, Ohio	Ursuline Academy

Head Coach: Rich DeSelm

Diving Coach: Kevin Lawrence

Head Assistant Coach: Mike Litzinger

Assistant Coach: Eric Stefanski

Assistant Coach: Christy Garth

Assistant Coach: Sean Quinn

Volunteer Assistant (Swimming): Griff Helfrich

Volunteer Assistant (Diving): Jon Fox

Managers: Will Bondurant, Laura Murphy, Mary Lanier Zaytoun, Colin Sullivan

Strength & Conditioning Coach: Steve Gisselman

Head Athletic Trainer: Chris Hirth

Assistant Athletic Trainers: Lizzie Hibberd, Jimmy Liskowski, Hannah Koraly

Nutritionists: Jen Ketterly, Rebecca Rebmann

Administrative Assistant: Kathy Griggs

Athletic Communications Director: Dave Lohse

Pronunciation Guide

Name	Pronunciation
Stephanie Eisenring	eye-ZUN-ring
Amber Leiker	LIKE-err
Chay Malvasio	MAL-vay-see-oh
Kerianne McAfee	MACK-uh-fee
Laura Moriarty	MORE-ee-R-tee
Marie Pesacreta	PESS-uh-cree-tuh
Laura Ruscoe	RUSS-koh
Lauren Schmittle	SHMITT-tull
Enuf Swanson	(same as enough)



Senior Eliza Butts had career best times in the 2008-09 season in the 50-yard freestyle, the 100-yard freestyle and the 200-yard freestyle.

NAME	YR.	EVENTS	HOMETOWN	HIGH SCHOOL
Austin Bradyhouse	Sr.	Diving	Raleigh, N.C.	Leesville Road
Andy Brake	Jr.	Individual Medley, Butterfly	Springfield, Va.	Lake Braddock
Hank Browning	Sr.	Middle Distance Freestyle	Cincinnati, Ohio	Turpin
Steve Cebertowicz	So.	Sprint Freestyle	Milwaukee, Wis.	Nicolet
Will Colbert	Fr.	Breaststroke, Freestyle	Mequon, Wis.	University School of Milwaukee
Hunter Clawinski	Fr.	Freestyle	Fort Lauderdale, Fla.	Cardinal Gibbons
Jim Flannery	So.	Backstroke	Bronxville, N.Y.	Bronxville
Robert Grimmatt-Norris	Jr.	Butterfly, Freestyle	Herndon, Va.	Georgetown Prep
Josh Hafkin	Jr.	Backstroke, Freestyle	Rockville, Md.	Georgetown Prep
Brad Hamilton	So.	Freestyle, Butterfly, Breaststroke	Kingston, Jamaica	Baylor School of Chattanooga
Tyler Harris	Jr.	Individual Medley, Butterfly, Breaststroke, Freestyle	Richmond, Va.	The Steward School
Alex Ismail	Jr.	Freestyle	Zionsville, Ind.	Zionsville Community
Jeff James	Sr.	Backstroke, Individual Medley, Middle Distance Freestyle	Chapel Hill, N.C.	Chapel Hill
Flynn Jones	Jr.	Breaststroke	Cary, N.C.	Green Hope
Ryland Jones	Fr.	Diving	Chapel Hill, N.C.	East Chapel Hill
Joe Kinderwater	Jr.	Freestyle	Lancaster, Pa.	Hempfield
Jake Kinzbach	Fr.	Diving	Montgomery, Texas	Montgomery
Sean Lane	So.	Distance Freestyle	Garden City, N.Y.	Garden City
Victor Leclere	So.	Butterfly, Freestyle	Brookfield, Wis.	Brookfield
Tom Luchsinger	Fr.	Butterfly, Freestyle	Mt. Sinai, N.Y.	Mt. Sinai
David MacDonald	So.	Diving	Darien, Conn.	Darien
Jason McLaughlin	Sr.	Freestyle, Individual Medley, Butterfly	White Plains, N.Y.	White Plains
Jesse Mendes	So.	Distance Freestyle	Chapel Hill, N.C.	Chapel Hill
Mike Mohr	Fr.	Backstroke, Freestyle	Mequon, Wis.	Homestead
Drew Oberg	Fr.	Butterfly, Freestyle	Spartanburg, S.C.	Spartanburg
Pat O'Donovan	Fr.	Backstroke, Freestyle	Auburn, N.Y.	Auburn
Brock Park	So.	Sprint Freestyle	Kensington, Md.	The Landon School
Chip Peterson	Jr.	Distance Freestyle, Individual Medley	Pine Knoll Shores, N.C.	West Carteret
Vinny Pryor	Jr.	Breaststroke, Individual Medley	Jaffrey, N.H.	Conant
Evan Reed	So.	Sprint Freestyle	Berwyn, Pa.	Delaware County Christian School
Wil Singley	So.	Middle Distance Freestyle	Southlake, Texas	Southlake Carroll Senior
Tyler Smith	Jr.	Butterfly, Backstroke	Lighthouse Point, Fla.	Pine Crest School
David Solarz	Sr.	Diving	Westlake, Ohio	Westlake
Chandler Thomas	Jr.	Breaststroke	Charlotte, N.C.	South Mecklenburg
Bryant Wooten	Fr.	Diving	Cary, N.C.	Green Hope
Tommy Wyher	Jr.	Backstroke, Butterfly, Sprint Freestyle	New Port Richey, Fla.	Jesuit
David Zolno	Jr.	Freestyle	Austin, Texas	Westlake

Head Coach: Rich DeSelm
Diving Coach: Kevin Lawrence
Head Assistant Coach: Mike Litzinger
Assistant Coach: Eric Stefanski
Assistant Coach: Christy Garth
Assistant Coach: Sean Quinn
Volunteer Assistant (Swimming): Griff Helfrich
Volunteer Assistant (Diving): Jon Fox
Managers: Will Bondurant, Laura Murphy, Mary Lanier Zaytoun, Colin Sullivan
Strength & Conditioning Coach: Steve Gisselman
Head Athletic Trainer: Chris Hirth
Assistant Athletic Trainers: Lizzie Hibberd, Jimmy Liskowski, Hannah Koraly
Nutritionists: Jen Ketterly, Rebecca Rebmann
Administrative Assistant: Kathy Griggs
Athletic Communications Director: Dave Lohse

Pronunciation Guide	
Name	Pronunciation
Steve Cebertowicz	suh-BERT-oh-witz
Hunter Cwalinski	kwuh-lin-skee
Alex Ismail	ISS-male
Ryland Jones	RYE-lund
Jake Kinzbach	KINZ-bock
Victor Leclere	LUH-clare
Tom Luchsinger	LUCK-sing-err
Jason McLaughlin	mih-GLOCK-lin
Jesse Mendes	MEND-ezz
Mike Mohr	Same as MORE
David Solarz	sow-LARZ
Tommy Wyher	WHY-err
David Zolno	ZOHL-know



Austin Bradyhouse is one of just five seniors on the 2009-10 squad, joining Hank Browning, Jason McLaughlin, Jeff James and David Solarz.

After a dynamic 2008-09 campaign in which the Tar Heels' men's and women's swimming and diving teams rewrote the school's record book from top to bottom in virtually every category, third-year University of North Carolina head coach Rich DeSelm welcomes back a talented and deep pair of units to face a challenging schedule in 2009-10.

The Carolina men return 27 lettermen from the 2008-09 team that finished third in the ACC Championships and 26th in the NCAA Championships. The Tar Heel men lost only six lettermen from last year and they welcome an outstanding class of nine freshmen. The Tar Heel men provide the perfect combination of youth and experience as the 37-man roster includes 18 seniors and juniors and 19 freshmen and sophomores.

The Tar Heel women, who finished second in the ACC Championships and 20th in the NCAA Championships last year, will rely even more heavily on youth, as 26 of the 35 squad members are freshmen and sophomores. Only seven letter winners are gone from last year but one of those was 2009 senior Whitney Sprague, who placed second last year in the 1650-yard freestyle at the NCAA Championships and seventh in the 500-yard freestyle.

A year ago, the Tar Heels finished their dual-meet seasons with identical 6-3 overall records and 4-1 marks in the ACC. Coach DeSelm has put together a difficult 2009-10 schedule that will severely test the mettle of his young teams. The Tar Heels will go head-to-head with Virginia Tech, Georgia Tech, Maryland, Clemson, Virginia, Duke and NC State in ACC dual meets as well as facing East Carolina, South Carolina, Georgia and Kenyon College from outside the league. All in all, the Tar Heels will go into dual meet competition 11 times overall in



2009 senior Whitney Sprague and Katura Harvey, now a junior, finished second and seventh, respectively, in the 1650-yard freestyle at the 2009 NCAA Championships.

2009-10. The Tar Heels will also make their second straight prestigious trip to the Gamecock Invitational hosted by the University of South Carolina the weekend before Thanksgiving.

The highlight of the pre-NCAA Championships schedule will be the return of the Atlantic Coast Conference Championships to UNC's Maurice J. Koury Natatorium for the first time since the 2007 campaign. It will be the fourth time this decade that UNC has hosted the meet – 2000, 2003, 2007 and 2010. The women's swimming and diving competition will be held from February 17-20 and the men's diving competition from February 18-20. The men's swimming competi-



As a freshman a year ago Raleigh, N.C. native Candace Cooper posted the team's top time in the 100-yard backstroke at 53.98 seconds.



Junior Vinny Pryor clocked a 54.35 in the 100-yard breaststroke in 2009, breaking Carolina's long-standing record which had stood for 18 years.

UNC SWIMMING & DIVING AT A GLANCE

2008-09 Records: Men 6-3 overall, 4-1 ACC; Women 6-3 overall, 4-1 ACC
Head Swimming Coach: Rich DeSelm
DeSelm's Records at UNC: Men 12-5 overall, 8-1 ACC; Women 12-6 overall, 7-2 ACC (3rd year in 2009-10)
Head Assistant Coach: Mike Litzinger
Diving Coach: Kevin Lawrence
Assistant Coach: Eric Stefanski
Assistant Coach: Christy Garth
Assistant Coach: Sean Quinn
Volunteer Assistant Coach (Swimming): Griff Helfrich
Volunteer Assistant Coach (Diving): Jon Fox

THE BASICS

Letter Winners Returning From 2008-09:

Men 27, Women 25

Letter Winners Lost From 2008-09: Men 6, Women 7

Newcomers in 2009-10 (All Freshmen):

Men 9, Women 10

2008-09 NCAA Men's Championships Qualifiers: Joe Kinderwater, Chip Peterson, David Solarz, Tyler Harris, Tommy Wyher

2008-09 NCAA Women's Championships Qualifiers: Whitney Sprague, Katura Harvey, Eliza Butts, Megan Steeves, Ashley Howard, Rebecca Kane, Layne Brodie, Laura Moriarty, Katelyn Martin

2008-09 ACC/NCAA AWARD WINNERS

ACC Women's Freshman Of Year: Layne Brodie

Men's First-Team All-Americans: Joe Kinderwater (1650 Freestyle)

Women's First-Team All-Americans: Whitney Sprague (1650 Freestyle, 500 Freestyle); Katura Harvey (1650 Freestyle)

Men's Honorable Mention All-Americans: Chip Peterson (1650 Freestyle); Tyler Harris (400 Individual Medley)

Men's ACC Champions: Tommy Wyher, 100 Butterfly, 100 Backstroke/

Women's ACC Champions: Katura Harvey, 500 Freestyle; Layne Brodie, 100 Breaststroke, 200 Breaststroke

Men's ACC Records: Tommy Wyher, 100 Backstroke (46.41); 100 Butterfly (46.21)

Women's ACC Records: Whitney Sprague, 1650 Freestyle (15:46.57); 1000 Freestyle (9:33.45); 500 Freestyle (4:38.72); Layne Brodie, 100 Breaststroke (1:00.02); 200 Breaststroke (2:10.04).

Men's All-ACC Performers: Jason McLaughlin, 200 Butterfly; Tommy Wyher, 100 Butterfly, 100 Backstroke, 200 Backstroke, Tyler Harris, 400 Individual Medley.

Women's All-ACC Performers: Rebecca Kane, 50 Freestyle, 100 Freestyle; Katura Harvey, 200 Freestyle, 500 Freestyle, 1650 Freestyle; Layne Brodie, 100 Breaststroke, 200 Breaststroke, 200 Individual Medley; Laura Moriarty, 200 Breaststroke, 400 Individual Medley.

tion will take place February 24-27.

While Carolina is a team brimming with youthful enthusiasm, the nine-member sen-



Sophomore Brad Hamilton swam for his native Jamaica this past summer in the World Aquatic Championships.

ior class will be an important component in leading the Tar Heels to success during the coming campaign. All nine seniors are veterans of multiple ACC Championships scoring teams, as their continued excellence will be key for UNC to improve its dual-meet record and move up the ladder of the team standings in the ACC Championships.

The senior class on the men's side includes veterans Hank Browning, Jeff James and Jason McLaughlin, all past NCAA qualifiers or All-ACC performers. The Tar Heels also have outstanding veteran leadership on the men's diving side with 2009 NCAA qualifier David Solarz and Austin Bradyhouse leading the way. The women's senior class



As a freshman in 2008-09, Sarah Tanner of Loveland, Ohio showed her versatility by topping the UNC depth chart in the 100 fly and ranking second in the 200 individual medley.

is filled with past NCAA qualifiers as Ashley Howard, Alison Clemens, Megan Steeves and Eliza Butts have all competed in the NCAA Championships a minimum of two times each.

Having a strong senior class will give DeSelm the luxury of coaching a team with tremendous potential in 2009-10 while also guiding a team that in many respects will stay relatively intact for each of the next two seasons.

Thirteen of the 14 student-athletes who qualified for the 2009 NCAA Championships return to the Tar Heel team this season – all but the aforementioned Whitney Sprague. Besides Solarz, who qualified in diving last year, other men's NCAA qualifiers on the men's side include juniors Joe Kinderwater, Chip Peterson, Tommy Wyher and Tyler Harris. Kinderwater finished eighth in the 1650-yard freestyle at the NCAA meet last year while Harris and Peterson earned honorable mention All-America honors and Wyher set ACC records last year in the 100-yard butterfly and 100-yard backstroke.

Returning women's NCAA qualifiers are headed up by junior Katura Harvey who had a magnificent sophomore campaign, taking seventh place in the 1650-yard freestyle at the NCAA Championships. Other returning NCAA qualifiers include Ashley Howard, Eliza Butts and Megan Steeves from the senior class, freestyle sprinter Rebecca Kane from the junior class and a trio of very talented sophomores – Layne Brodie, the ACC record holder in the 100- and 200-yard breaststrokes, as well as Katelyn Martin and Laura Moriarty.

Besides the aforementioned individuals, other top returnees and newcomers who come into the year ranked amongst the top four on the depth chart in various events and who are expected to continue to improve under DeSelm's guidance include men's freestyle sprinters Brad Hamilton, Steve Cebertowicz and Evan Reed, all members of a very talented sophomore class. Another sophomore, Wil Singley, was a top contributor in the middle and distance freestyle events a year ago. Additional depth in the two backstroke events will come from junior Josh Hafkin and sophomore Jim Flannery. Juniors Vinny Pryor and Flynn Jones will lead the tremendous depth in breaststroke corps, while freshman Will Colbert will be an outstanding addition in this area. Junior Robert Grimmatt-Norris, freshman Tom Luchsinger and sophomore Victor Leclere will be big factors in the butterfly while junior Andy Brake will continue his outstanding swimming in the individual medley. UNC's diving corps will be buoyed by the return of sophomore David MacDonald and a pair of very talented freshmen – Jake Kinzbach and Ryland Jones.

Other individuals on the women's side expected to be major contributors include the following individuals not previously men-



As a freshman in 2008-09, Wil Singley ranked in the Top 3 of the Tar Heel depth chart in four events, including boasting the top time in the 200-yard freestyle at 1:36.54.

tioned but who go into the season ranked in the Top 4 of the depth chart in various events. Freshman Stephanie Eisenring is expected to be a key contributor at virtually every distance in the freestyle corps. In fact, she comes in with the team's top depth chart time in the 200-yard freestyle at 1:46.52. The Carolina team has tremendous depth at the two backstroke distances with the return of sophomores Candace Cooper and Sarah List and the introduction of freshmen Carly Smith and Rebecca Brooks. Sophomore Katie Keel returns to provide even more depth and talent to an already outstanding group swimming the breaststroke.

Carolina also has high expectations for improved performances in the two butterfly events with freshman Katie Nolan coming into school with the team's top time in the 100 at 52.99. Other top returnees include sophomores Sarah Tanner, Kerianne McAfee, Laura Ruscoe and Enuf Swanson as UNC's butterfly corps is well set for the future. Another one of UNC's most versatile swimmers is sophomore Marie Pesacreta in the IM, breaststroke and backstroke. The Tar Heel diving corps on the women's side is a young one, composed entirely of sophomores and freshmen. The most experienced individuals in this group include 2009 ACC Championships participants Kaci Hollingsworth, Jenna Moore and Kristin Arnold.

It promises to be an exciting year for the Tar Heel swimming and diving program as it moves forward under the outstanding leadership of head coach Rich DeSelm and his tremendous staff of assistant coaches. DeSelm has been especially pleased with the efforts he has seen early in the practice year as the Tar Heels prepare for a difficult slate of meets in October.

50 Yard Freestyle

1. Brad Hamilton, So.	20.09
2. Steve Cebertowicz, So.	20.19
3. Tommy Wyher, Jr.	20.26
4. Evan Reed, So.	20.45
5. David Zolno, Jr.	20.71
6. Jeff James, Sr.	20.72
7. Brock Park, So.	20.73
Josh Hafkin, Jr.	20.73
9. Alex Ismail, Jr.	20.74
10. Tyler Smith, Jr.	20.82

100 Yard Freestyle

1. Steve Cebertowicz, So.	43.91
2. Evan Reed, So.	44.16
Brad Hamilton, So.	44.16
4. Hank Browning, Sr.	44.63
5. Alex Ismail, Jr.	44.89
6. Brock Park, So.	45.19
7. Tommy Wyher, Jr.	45.37
8. Thomas Luchsinger, Fr.	45.40
9. Hunter Cwalinski, Fr.	45.46
10. Wil Singley, So.	45.64

200 Yard Freestyle

1. Hank Browning, Sr.	1:36.29
2. Wil Singley, So.	1:36.54
3. Evan Reed, So.	1:36.59
4. Thomas Luchsinger, Fr.	1:37.12
5. Steve Cebertowicz, So.	1:37.21
6. Brock Park, So.	1:37.82
7. Tyler Harris, Jr.	1:38.56
8. Alex Ismail, Jr.	1:38.89
9. Chip Peterson, Jr.	1:39.28
10. Jeff James, Sr.	1:39.84

500 Yard Freestyle

1. Chip Peterson, Jr.	4:18.18
2. Hank Browning, Sr.	4:19.99
3. Wil Singley, So.	4:21.07
4. Joe Kinderwater, Jr.	4:22.10
5. Jason McLaughlin, Sr.	4:23.42
6. Thomas Luchsinger, Fr.	4:24.80
7. Tyler Harris, Jr.	4:26.64
8. Evan Reed, So.	4:27.48
9. Sean Lane, So.	4:27.55
10. Robert Grimmatt-Norris, Jr.	4:29.18

1000 Yard Freestyle

1. Joe Kinderwater, Jr.	8:56.28
2. Chip Peterson, Jr.	8:59.39
3. Wil Singley, So.	9:09.77
4. Tyler Harris, Jr.	9:14.36
5. Sean Lane, So.	9:15.11
6. Hank Browning, Sr.	9:20.98
7. Jason McLaughlin, Sr.	9:23.73
8. Jesse Mendes, So.	9:24.71

1650 Yard Freestyle

1. Joe Kinderwater, Jr.	14:46.06
2. Chip Peterson, Jr.	14:48.86
3. Wil Singley, So.	15:06.52
4. Hank Browning, Sr.	15:10.75
5. Jason McLaughlin, Sr.	15:25.71
6. Tyler Harris, Jr.	15:35.73
7. Sean Lane, So.	15:36.05
8. Jesse Mendes, So.	15:54.66

100 Yard Backstroke

1. Tommy Wyher, Jr.	46.41
2. Josh Hafkin, Jr.	47.76
3. Jim Flannery, So.	49.12
4. Jeff James, Sr.	49.33
5. Thomas Luchsinger, Fr.	49.56
6. Evan Reed, So.	50.18
7. Drew Oberg, Fr.	50.39
8. Michael Mohr, Fr.	51.11
9. Robert Grimmatt-Norris, Jr.	51.18
10. Tyler Smith, Jr.	51.41

200 Yard Backstroke

1. Tommy Wyher, Jr.	1:42.40
2. Josh Hafkin, Jr.	1:44.47
3. Jeff James, Sr.	1:45.63
4. Jim Flannery, So.	1:46.35
5. Thomas Luchsinger, Fr.	1:48.35
6. Michael Mohr, Fr.	1:50.13
7. Hank Browning, Sr.	1:50.35
8. Tyler Harris, Jr.	1:50.43
9. Andy Brake, Jr.	1:52.79
10. Alex Ismail, Jr.	1:53.09

100 Yard Breaststroke

1. Will Colbert, Fr.	54.27
2. Vinny Pryor, Jr.	54.35
3. Flynn Jones, Jr.	55.41
4. Brad Hamilton, So.	57.16
5. Chandler Thomas, So.	57.18
6. Tyler Harris, Jr.	57.43
7. David Zolno, Jr.	57.71
8. Andy Brake, Jr.	59.29
9. Jeff James, Sr.	59.30
10. Steve Cebertowicz, So.	59.82

200 Yard Breaststroke

1. Tyler Harris, Jr.	1:56.45
2. Vinny Pryor, Jr.	1:57.96
3. Flynn Jones, Jr.	2:02.07
4. Will Colbert, Fr.	2:02.30
5. Chandler Thomas, Jr.	2:05.27
6. Andy Brake, Jr.	2:05.37
7. Chip Peterson, Jr.	2:10.32
8. Drew Oberg, Fr.	2:11.58
9. Jesse Mendes, So.	2:15.27
10. David Zolno, Jr.	2:15.38

100 Yard Butterfly

1. Tommy Wyher, Jr.	46.21
2. Robert Grimmatt-Norris, Jr.	48.15
3. Thomas Luchsinger, Fr.	48.37
4. Tyler Smith, Jr.	48.47
5. Brad Hamilton, So.	48.53
6. Drew Oberg, Fr.	48.69
7. Victor Ledere, So.	49.41
8. Jeff James, Sr.	50.60
9. Josh Hafkin, Jr.	50.81
10. Tyler Harris, Jr.	51.03

200 Yard Butterfly

1. Jason McLaughlin, Sr.	1:44.37
2. Tyler Harris, Jr.	1:47.06
3. Robert Grimmatt-Norris, Jr.	1:47.26
4. Victor Ledere, So.	1:47.80
5. Andy Brake, Jr.	1:48.71
6. Thomas Luchsinger, Fr.	1:49.26
7. Chip Peterson, Jr.	1:50.81
8. Vinny Pryor, Jr.	1:51.49
9. Brad Hamilton, So.	1:53.39
10. Drew Oberg, Fr.	1:53.57

200 Yard Individual Medley

1. Tyler Harris, Jr.	1:44.86
2. Vinny Pryor, Jr.	1:48.45
3. Jeff James, Sr.	1:49.23
4. Andy Brake, Jr.	1:49.70
5. Thomas Luchsinger, Fr.	1:50.37
6. Drew Oberg, Fr.	1:50.96
7. Wil Singley, So.	1:51.91
8. Jason McLaughlin, Sr.	1:53.21
9. Flynn Jones, Jr.	1:53.57
10. Jim Flannery, So.	1:53.70

400 Yard Individual Medley

1. Tyler Harris, Jr.	3:43.52
2. Andy Brake, Jr.	3:50.77
3. Chip Peterson, Jr.	3:51.36
4. Joe Kinderwater, Jr.	3:52.70
5. Thomas Luchsinger, Fr.	3:55.23
6. Jason McLaughlin, Sr.	3:56.13
7. Jeff James, Sr.	3:57.09
8. Jesse Mendes, So.	3:59.60
9. Vinny Pryor, Jr.	4:01.75
10. Robert Grimmatt-Norris, Jr.	4:02.84

Diving Corps

Austin Bradyhouse, Sr.
Ryland Jones, Fr.
Jake Kinzbach, Fr.
David MacDonald, So.
David Solarz, Sr.
Bryant Woolen, Fr.



Junior Joe Kinderwater heads into the 2009-10 with UNC's best times in the 1000-yard and 1650-yard freestyles.



Tommy Wyher's times in the 100-yard and 200-yard backstroke events from last year are both school records.



Junior Tyler Harris ranks No. 1 on Carolina's 2009-10 depth chart in three events.



Sophomore Steve Cebertowicz tops the Tar Heel depth chart in the 100-yard freestyle.

50 Yard Freestyle

1. Rebecca Kane, Jr.	22.41
2. Megan Steeves, Sr.	22.70
3. Eliza Butts, Sr.	22.99
4. Stephanie Eisenring, Fr.	23.18
5. Katie Nolan, Fr.	23.37
6. Brooke Atkinson, So.	23.51
7. Candace Cooper, So.	23.64
8. Sarah List, So.	23.87
9. Sarah Tanner, So.	23.88
10. Rebecca Brooks, Fr.	24.09
11. Layne Brodie, So.	24.10

100 Yard Freestyle

1. Rebecca Kane, Jr.	49.08
2. Megan Steeves, Sr.	49.30
3. Eliza Butts, Sr.	49.72
4. Katie Nolan, Fr.	49.75
5. Stephanie Eisenring, Fr.	49.97
6. Katura Harvey, Jr.	50.95
7. Sarah Tanner, So.	50.98
8. Lauren Schmittle, Fr.	51.18
9. Candace Cooper, So.	51.35
10. Rebecca Brooks, Fr.	51.75
11. Alison Clemens, Sr.	52.00

200 Yard Freestyle

1. Stephanie Eisenring, Fr.	1:46.52
2. Katura Harvey, Jr.	1:46.94
3. Rebecca Kane, Jr.	1:47.34
4. Eliza Butts, Sr.	1:47.50
5. Megan Steeves, Sr.	1:48.08
6. Ashley Howard, Sr.	1:48.44
7. Katelyn Martin, So.	1:49.03
8. Katie Nolan, Fr.	1:49.18
9. Carly Smith, Fr.	1:50.49
10. Amber Leiker, Fr.	1:50.61
11. Rebecca Brooks, Fr.	1:51.18

500 Yard Freestyle

1. Katura Harvey, Jr.	4:39.12
2. Katelyn Martin, So.	4:47.21
3. Ashley Howard, Sr.	4:48.16
4. Stephanie Eisenring, Fr.	4:50.63
5. Ashley Miller, Jr.	4:51.24
6. Carly Smith, Fr.	4:58.88
7. Nuffy Swanson, So.	4:59.52
8. Laura Moriarty, So.	5:01.56
9. Alison Clemens, Sr.	5:04.00

1000 Yard Freestyle

1. Katura Harvey, Jr.	9:49.88
2. Katelyn Martin, So.	9:54.56
3. Ashley Miller, Jr.	10:02.71
4. Stephanie Eisenring, Fr.	10:04.70

1650 Yard Freestyle

1. Katura Harvey, Jr.	15:56.77
2. Katelyn Martin, So.	16:13.56
3. Ashley Miller, Jr.	16:46.96
4. Ashley Howard, Sr.	17:02.82

100 Yard Backstroke

1. Candace Cooper, So.	53.98
2. Sarah List, So.	54.13
3. Carly Smith, Fr.	54.19
4. Megan Steeves, Sr.	54.37
5. Rebecca Brooks, Fr.	55.40
6. Caroline Hartmann, Jr.	55.57
7. Ashley Howard, Sr.	55.83
8. Brooke Atkinson, So.	55.87
9. Sarah Tanner, So.	57.38
10. Layne Brodie, So.	57.70

200 Yard Backstroke

1. Ashley Howard, Sr.	1:55.45
2. Carly Smith, Fr.	1:57.12
Rebecca Brooks, Fr.	1:57.12
4. Candace Cooper, So.	1:57.91
5. Sarah List, So.	1:58.41
6. Megan Steeves, Sr.	1:58.62
7. Caroline Hartmann, Jr.	1:58.83
8. Marie Pesecreta, So.	1:59.87
9. Brooke Atkinson, So.	2:00.96
10. Sarah Tanner, So.	2:03.15

100 Yard Breaststroke

1. Layne Brodie, So.	1:00.02
2. Alison Clemens, Sr.	1:02.01
3. Katie Keel, So.	1:02.58
4. Laura Moriarty, So.	1:02.88
5. Katie Marsh, Jr.	1:03.77
6. Eliza Butts, Sr.	1:04.94
7. Marie Pesecreta, So.	1:05.18
8. Sarah Tanner, So.	1:06.07
9. Rebecca Brooks, Fr.	1:06.31
10. Rebecca Kane, Jr.	1:07.36

200 Yard Breaststroke

1. Layne Brodie, So.	2:10.04
2. Laura Moriarty, So.	2:11.12
3. Alison Clemens, Sr.	2:13.21
4. Katie Keel, So.	2:16.84
5. Katie Marsh, Jr.	2:18.27
6. Marie Pesecreta, So.	2:21.90
7. Rebecca Brooks, Fr.	2:24.02
8. Ashley Miller, Jr.	2:25.50
9. Rebecca Kane, Jr.	2:27.64
10. Katelyn Martin, So.	2:29.60

100 Yard Butterfly

1. Katie Nolan, Fr.	52.99
2. Sarah Tanner, So.	54.00

3. Kerianne McAfee, So.	55.05
4. Laura Ruscoe, So.	55.11
5. Carly Smith, Fr.	55.18
6. Nuffy Swanson, So.	55.33
7. Amber Leiker, Fr.	55.68
8. Layne Brodie, So.	55.96
9. Laura Moriarty, So.	56.72
10. Megan Steeves, Sr.	56.79
11. Marie Pesecreta, So.	58.00

200 Yard Butterfly

1. Nuffy Swanson, So.	1:57.88
2. Katie Nolan, Fr.	1:59.26
3. Laura Roscoe, So.	2:00.05
4. Laura Moriarty, So.	2:00.45
5. Kerianne McAfee, So.	2:00.86
6. Amber Leiker, Fr.	2:01.57
7. Carly Smith, Fr.	2:01.74
8. Sarah Tanner, So.	2:05.52
9. Katelyn Martin, So.	2:06.03
10. Marie Pesecreta, So.	2:09.19
11. Layne Brodie, So.	2:11.09

200 Yard Individual Medley

1. Layne Brodie, So.	1:57.68
2. Sarah Tanner, So.	1:59.68
3. Alison Clemens, Sr.	2:00.76
4. Laura Moriarty, So.	2:00.91
5. Marie Pesecreta, So.	2:01.84
6. Rebecca Brooks, Fr.	2:02.50
7. Kerianne McAfee, So.	2:03.86
8. Katie Keel, So.	2:05.08
9. Katie Marsh, Jr.	2:05.95
10. Nuffy Swanson, So.	2:05.98

400 Yard Individual Medley

1. Laura Moriarty, So.	4:10.85
2. Alison Clemens, Sr.	4:19.02
3. Marie Pesecreta, So.	4:19.11
4. Carly Smith, Fr.	4:20.69
5. Brittany Iacouzze, Jr.	4:22.56
6. Layne Brodie, So.	4:24.73
7. Nuffy Swanson, So.	4:25.46
8. Ashley Howard, Sr.	4:27.42
9. Rebecca Brooks, Fr.	4:27.75
10. Sarah Tanner, So.	4:27.86

Diving Corps

Kristin Arnold, So.
Alex Hamilton, So.
Kaci Hollingsworth, So.
Chay Malvasio, Fr.
Jenna Moore, So.
Michelle Mudge, Fr.



Sophomore Layne Brodie was a two-time ACC champion as a freshman and she tops the depth chart in three events.



Junior Katura Harvey returns as Carolina's top performer in all three distance freestyle events.



After an outstanding sophomore year, Rebecca Kane now stands atop the depth chart in the 50 and 100 freestyles.



Sophomore Nuffy Swanson is Carolina's top returnee in the 200-yard butterfly.



Sophomore Laura Moriarty is among the top four performers on the depth chart in five different events.

2008-09 Final Men's Depth Chart • Carolina Swimming and Diving

<p>50-Yd. Freestyle</p> <table border="1"> <thead> <tr> <th>Time</th> <th>Meet</th> </tr> </thead> <tbody> <tr><td>20.09*</td><td>ACC</td></tr> <tr><td>20.19*</td><td>ACC</td></tr> <tr><td>20.26*</td><td>THLCM2</td></tr> <tr><td>20.50</td><td>ACC</td></tr> <tr><td>20.71*</td><td>AGP</td></tr> <tr><td>20.72*</td><td>D</td></tr> <tr><td>20.73*</td><td>ACC</td></tr> <tr><td>20.74*</td><td>THLCM1</td></tr> <tr><td>20.80</td><td>ACC</td></tr> <tr><td>20.82*</td><td>ACC</td></tr> <tr><td>20.88*</td><td>THLCM1</td></tr> <tr><td>21.49*</td><td>TRI</td></tr> <tr><td>21.72</td><td>MN</td></tr> <tr><td>22.04r</td><td>NCSU</td></tr> <tr><td>22.55*</td><td>GI</td></tr> <tr><td>23.78*</td><td>NCAC</td></tr> </tbody> </table> <p>100-Yd. 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50-Yd. Freestyle	Time	Meet
1. Rebecca Kane	22.41**	ACC
2. Megan Steeves	22.70**	ACC
3. Eliza Butts	22.99*	ACC
4. Brooke Atkinson	23.56*	ACC
5. Sarah List	23.87*	ACC
6. Aubrette Biegel	23.96	GI
7. Candace Cooper	24.01	ACC
8. Sarah Tanner	24.11	GI
9. Kimmy Davis	24.34r	D
10. Marie Pesacreta	24.63*	D
11. Katie Marsh	25.14	GI
12. Caroline Hartmann	25.17*	ACC
13. Laura Ruscoe	25.82*	NCAC

100-Yd. Freestyle	Time	Meet
1. Rebecca Kane	49.08**	NCAA
2. Megan Steeves	49.30**	ACC
3. Eliza Butts	49.72**	ACC
4. Aubrette Biegel	50.84	ACC
5. Sarah Tanner	50.98*	ACC
6. Katura Harvey	52.34	D
7. Kimmy Davis	52.79	TRI
8. Brooke Atkinson	52.88	MN
9. Kerianne McAfee	53.99r	GI
10. Candace Cooper	54.85r	VA
11. Sarah List	54.96r	GI
12. Laura Ruscoe	56.41*	GI
13. Caroline Hartmann	57.00	GI

200-Yd. Freestyle	Time	Meet
1. Katura Harvey	1:46.94**	ACC
2. Rebecca Kane	1:47.34**	ACC
3. Eliza Butts	1:47.50**	ACC
4. Megan Steeves	1:48.08**r	ACC
5. Ashley Howard	1:48.44*	ACC
6. Whitney Sprague	1:48.52	ACC
7. Katelyn Martin	1:49.03*	ACC
8. Aubrette Biegel	1:50.50	ACC
9. Ashley Miller	1:57.32	GI
10. Brittany Iacouzze	2:00.15	GI

500-Yd. Freestyle	Time	Meet
1. Whitney Sprague	4:38.72*@^#	NCAA
2. Katura Harvey	4:39.12*@	ACC
3. Katelyn Martin	4:47.21**	ACC
4. Ashley Howard	4:48.16**	NCAA
5. Ashley Miller	4:51.24*	THLCM1
6. Aubrette Biegel	4:52.30*	ACC
7. Enuf Swanson	4:59.52	ACC
8. Lindsay McIlvain	5:01.71	GA
9. Brittany Iacouzze	5:03.94	D

1000-Yd. Freestyle	Time	Meet
1. Whitney Sprague	9:33.45**^#	NCAA
2. Katura Harvey	9:37.57*	ACC
3. Katelyn Martin	9:46.29*	ACC
4. Ashley Miller	10:02.71*	D
5. Lindsay McIlvain	10:22.33	TRI
6. Brittany Iacouzze	10:32.31	GA

1650-Yd. Freestyle	Time	Meet
1. Whitney Sprague	15:46.57*@^#	NCAA
2. Katura Harvey	15:56.77**	NCAA
3. Katelyn Martin	16:13.56**	ACC
4. Ashley Miller	16:48.36	THLCM1
5. Lindsay McIlvain	17:19.97	GI
6. Brittany Iacouzze	18:03.72	GI

100-Yd. Backstroke	Time	Meet
1. Candace Cooper	53.98**	ACC
2. Sarah List	54.13**	ACC
3. Kimmy Davis	54.29**	ACC
4. Megan Steeves	54.37**	ACC
5. Caroline Hartmann	55.57*	ACC
6. Ashley Howard	55.83*	THLCM1
7. Brooke Atkinson	55.87*	ACC
8. Eliza Butts	58.29	SWCC

200-Yd. Backstroke	Time	Meet
1. Ashley Howard	1:55.45**^	ACC
2. Candace Cooper	1:57.91*	ACC
3. Sarah List	1:58.41*	ACC
4. Megan Steeves	1:58.62*	GI
5. Caroline Hartmann	1:58.83*	ACC
6. Kimmy Davis	1:59.68*	ACC
7. Marie Pesacreta	1:59.87*	ACC
8. Brooke Atkinson	2:00.96*	ACC

100-Yd. Breaststroke	Time	Meet
1. Layne Brodie	1:00.02**^#	ACC
2. Alison Clemens	1:02.01**	ACC
3. Katie Keel	1:02.58*	ACC
4. Laura Moriarty	1:03.76	TRI
5. Katie Marsh	1:03.77*	THLCM1
6. Marie Pesacreta	1:06.06	MN
7. Sarah Tanner	1:06.21	D

200-Yd. Breaststroke	Time	Meet
1. Layne Brodie	2:10.04**@^#	ACC
2. Laura Moriarty	2:11.12**	ACC
3. Alison Clemens	2:13.97+	ACC
4. Katie Keel	2:16.84*	ACC
5. Katie Marsh	2:19.50	THLCM1
6. Marie Pesacreta	2:24.12	D

100-Yd. Butterfly	Time	Meet
1. Sarah Tanner	54.00**	ACC
2. Kimmy Davis	54.61*	ACC
3. Kerianne McAfee	55.05*	ACC
4. Laura Ruscoe	55.11*	THLCM1
5. Enuf Swanson	55.33*	ACC
6. Layne Brodie	56.02	GI
7. Laura Moriarty	57.76	DC
8. Alison Clemens	59.18*	D

200-Yd. Butterfly	Time	Meet
1. Enuf Swanson	1:57.88**	ACC
2. Laura Ruscoe	2:00.05*	THLCM1
3. Laura Moriarty	2:00.45*	VA
4. Kerianne McAfee	2:00.86*	ACC
5. Marie Pesacreta	2:09.19*	TRI
6. Sarah Tanner	2:09.20	NCSU
7. Katelyn Martin	2:09.51	SC
8. Ashley Howard	2:11.49*	DC

200-Yd. Individual Medley	Time	Meet
1. Layne Brodie	1:57.68**^	ACC
2. Sarah Tanner	1:59.68**	ACC
3. Alison Clemens	2:00.76**	ACC
4. Laura Moriarty	2:00.91*	ACC
5. Marie Pesacreta	2:01.84*	ACC
6. Kerianne McAfee	2:03.86*	ACC
7. Katie Keel	2:05.08*	ACC
8. Katie Marsh	2:05.95*	THLCM1
9. Ashley Miller	2:13.36	CL

400-Yd. Individual Medley	Time	Meet
1. Laura Moriarty	4:10.85**^	NCAA
2. Marie Pesacreta	4:19.11*	ACC
3. Alison Clemens	4:20.22	GI
4. Ashley Miller	4:27.62*	THLCM1
5. Enuf Swanson	4:28.52	GI
6. Lindsay McIlvain	4:32.31	GI
7. Katie Keel	4:35.63*	GI
8. Brittany Iacouzze	4:38.00	NCAC

200-Yd. Freestyle Relay	Time	Meet
Rebecca Kane (22.59), Megan Steeves (22.42), Eliza Butts (22.61), Sarah Tanner (22.62)	1:30.24**^	ACC

400-Yd. Freestyle Relay	Time	Meet
Rebecca Kane (49.38), Eliza Butts (49.16), Megan Steeves (48.95), Katura Harvey (49.60)	3:17.10**^	ACC

800-Yd. Freestyle Relay	Time	Meet
Megan Steeves (1:48.08), Rebecca Kane (1:46.99), Eliza Butts (1:47.90), Katura Harvey (1:45.10)	7:08.07**^	ACC

200-Yd. Medley Relay	Time	Meet
Kimmy Davis (25.53), Layne Brodie (27.35), Sarah Tanner (23.98), Eliza Butts (22.13)	1:38.99**^	ACC

400-Yd. Medley Relay	Time	Meet
Kimmy Davis (54.97), Layne Brodie (59.73), Sarah Tanner (53.37), Rebecca Kane (48.52)	3:36.79**^	ACC

One-Meter Diving (6 Optionals) Score	Meet	
1. Jenna Moore	293.20**z	GI
2. Kristin Arnold	282.00**z	GI
3. Erica Schiffler	271.42**z	D
4. Kaci Hollingsworth	259.55*	GI
5. Katy Pritchett	241.75*	GI
6. Alex Hamilton	194.40*	D

Three-Meter Diving (6 Optionals) Score	Meet	
1. Jenna Moore	291.05**z	GI
2. Erica Schiffler	282.90z	D
3. Kristin Arnold	262.58*	CL
4. Kaci Hollingsworth	258.95*	GI
5. Katy Pritchett	246.15	D
6. Alex Hamilton	243.90*	D

Platform Diving (5 Optionals) Score	Meet	
1. Kaci Hollingsworth	207.55*	ACC
2. Erica Schiffler	201.35	ACC
3. Kristin Arnold	197.30	ACC
4. Jenna Moore	168.40	ACC

Legend for Depth Chart
 GA=vs. Georgia, 10-15-2008
 SC=at South Carolina, 10-17-2008
 DC=Dallas Classic, 10-24 & 25-2008
 NCAC=NCAC Mile Meet, 10-26-2008
 MN=vs. Minnesota, 10-30-2008 to 11-1-2008
 TM= Tri-meet vs. Maryland and George Mason, 11-8-08
 GI=Gamecock Invitational, 11-20-2008 to 11-22-2008
 CL=at Clemson, 1-10-2009
 SWCC=Swimming World College Carnival, 1-16-2009 to 1-17-2009
 VA=at Virginia, 1-24-2009
 D=vs. Duke, 1-30-2009
 NCSU=at NC State, 2-3-2009
 ACC=at ACC Championships, 2-18-2009 to 2-21-2009
 r=relay leadoff split
 THLCM1=Tar Heel Last Chance Meet One, 2-28-2009 to 3-1-2009
 NCAA=NCAA Championships, 3-19-2009 to 3-21-2009
 *=Career Best Time
 #=ACC Record Time
 ^=School Record Time
 @=NCAA A Qualifying Time
 +=NCAA B Qualifying Time
 z=NCAA Zone Diving Qualifying Score

DATE	COMPETITION	TIME	SITE
9/12/2009	Pier to Pier	All Day	Wilmington, N.C.
9/13/2009	Tiberon Mile	All Day	San Francisco, Calif.
10/8/2009	East Carolina	6 p.m.	Greenville, N.C.
10/9/2009	Blue vs. White	4 p.m.	CHAPEL HILL
10/17/2009	vs. South Carolina	12 Noon	CHAPEL HILL
	vs. Virginia Tech	12 Noon	CHAPEL HILL
10/23/2009	at Georgia	3 p.m.	Athens, Ga.
10/30/2009	NCAC Mile Meet	5:30 p.m.	CHAPEL HILL
10/31/2009	vs. Georgia Tech	11 a.m.	CHAPEL HILL
11/6/2009	vs. Maryland	3 p.m.	CHAPEL HILL
11/19/2009 through 11/21/2009	Gamecock Invitational	All Day	Columbia, S.C.
12/3/2009 through 12/5/2009	USA Swimming Short Course National Championships	All Day	Federal Way, Wash.
1/5/2010	vs. Kenyon	TBA	Sarasota, Fla.
1/9/2010	vs. Clemson	11 a.m.	CHAPEL HILL
1/23/2010	vs. Virginia	12 Noon	CHAPEL HILL
1/24/2010	at Duke	1 p.m.	Durham, N.C.
2/5/2010	vs. NC State	6 p.m.	CHAPEL HILL
2/6/2010 through 2/7/2010	Triangle College Cup	All Day	CHAPEL HILL
2/17/2010 through 2/20/2010	ACC Women's Swimming & Diving Championships	All Day	CHAPEL HILL
2/18/2010 through 2/20/2010	ACC Men's Diving Championships	All Day	CHAPEL HILL
2/24/2010 through 2/27/2010	ACC Men's Swimming Championships	All Day	CHAPEL HILL
2/28/2010	Women's Tar Heel Last Chance Qualifier	All Day	CHAPEL HILL
3/6/2010 through 3/7/2010	Tar Heel Last Chance Men's Qualifier	All Day	CHAPEL HILL
3/12/2010 through 3/14/2010	NCAA Zone Diving Championships	All Day	Atlanta, Ga.
3/18/2010 through 3/20/2010	NCAA Women's Swimming & Diving Championships	All Day	West Lafayette, Ind.
3/25/2010 through 3/27/2010	NCAA Men's Swimming & Diving Championships	All Day	Columbus, Ohio

2008-09 Men's Team Results

Dual-Meet Record: 6-3, ACC 4-1

10/15	vs. #9 Georgia	L 148-152
10/17	at South Carolina	W 184-115
11/1	vs. #9 Minnesota	L 146-220
11/8	at Maryland	W 213.5-83.6
	vs. George Mason	W 228-71
11/20-22	Gamecock Invitational	1st Place, 1,337.5 points
	(vs. Duke, East Carolina, South Carolina, Syracuse, College of Charleston)	
1/10	at Clemson	W 180-118
1/16-17	Dallas Morning News Classic	4th of 6 teams, 256 points
1/24/09	at #13 Virginia	L 144-156
1/30/09	vs. Duke	W 182-101
2/3/09	at NC State	W 169-129
2/25-28	at ACC Championships	3rd of 11 teams, 504.5 points
3/26-28	at NCAA Championships	26th Place, 23 Points

2008-09 Women's Team Results

Dual-Meet Records: 6-3, ACC 4-1

10/15	vs. #2 Georgia	L 126-169
10/17	at South Carolina	W 176-124
10/24-25	Lady Mustang Dallas Classic	Tied for 2nd, Place, 301 Points
	(#16 USC 327, #15 UNC 301, #12 SMU 301, #23 Wisconsin 258, #25 Alabama 232, #20 Arizona State 227)	
11/1	vs. #11 Minnesota	L 151-217
11/8	at Maryland	W 181-118
	vs. George Mason	W 219-80
11/20-22	Gamecock Invitational	1st Place, 1,360 points
	(vs. Duke, East Carolina, South Carolina, Syracuse, College of Charleston, Lenoir-Rhyne)	
1/10	at Clemson	W 174-124
1/16-17	Swimming World College Carnival	2nd of 4 teams, 188 points
1/24/09	at #10 Virginia	L 117.5-182.5
1/30/09	vs. Duke	W 169-123
2/3/09	at NC State	W 186-111
2/18-21	ACC Championships	2nd of 11 teams, 602.5 points
3/19-21	NCAA Championships	20th Place, 41 Points

DRIVING DIRECTIONS TO SMITH CENTER/KOURY NATATORIUM

From Virginia and Points North:

Take I-85 South toward Durham, NC. Exit left at US 15-501 in Durham and follow 15-501 approximately 9 miles to Chapel Hill. Once in Chapel Hill, maintain US 15-501 Bypass (Fordham Boulevard). At around the 7th stoplight, turn right onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

From Points West:

Take I-85 North toward Durham. Exit just past Burlington onto NC 54 East (Exit #148, Chapel Hill Exit). Follow NC 54 for approximately 20 miles to Carrboro. Pass Carrboro Plaza on the right and stay on NC 54 for about 4 miles to the next stoplight, Manning Drive. Turn left on Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

From Points East:

Take I-40 West toward Chapel Hill. Exit at NC 54 West (Exit #273 A) and follow for approximately 4 miles. Once in Chapel Hill, continue to follow signs for NC 54 West, which means you will have to exit right under first overpass. At the top of the exit turn right at light. Follow NC 54 West/15-501 South until the 2nd stoplight. Turn right onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

From Points South:

Take US 15-50 North toward Chapel Hill. Exit right onto US 15-501 Bypass in Chapel Hill. Turn left at first stoplight onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.





Dick Baddour
• Director of Athletics

Goldsboro native and Tar Heel alumnus Dick Baddour is in his 13th year as Director of Athletics and his 43rd year at the University of North Carolina. He directs one of the most successful and respected athletic programs in the country, known for its commitment to academic integrity and competitive excellence in men's and women's sports.

During Baddour's tenure, the Tar Heels have won 11 national championships, including six in women's soccer, two each in men's basketball and field hockey and one in men's soccer, won two football bowl games and had numerous top 10 national finishes in Olympic sports. Nineteen different UNC men's and women's teams have combined for 61 Atlantic Coast Conference championships, more than any other school in the league over that span. UNC has led the league in the number of team championships in seven of the last 12 seasons.

Under Baddour's leadership, UNC has excelled as an overall athletic program. Carolina finished second in the 2008-09 Learfield Sports Directors' Cup, an award that measures NCAA postseason performance. It was the 10th time in 12 years the Tar Heels have finished first among ACC schools and the seventh top-10 finish for UNC in the last eight years, including top-four showings in 2006, 2007 and 2009.

Baddour graduated from UNC in 1966 and was appointed Assistant Dean of Men in 1967. He served as Assistant Dean of Admissions and Assistant Dean of the UNC School of Law and also earned a Master of Arts degree in education prior to joining the athletic department in 1986. In 2001, he received the Distinguished Service Medal from the UNC General Alumni Association.

Baddour and his wife, Lynda, have two sons, Allen and David, and a daughter, Jennifer, as well as six grandchildren: Henry, Jack, Lauren, Johnathan, William and Julia.



Dr. Beth Miller
• Sr. Associate Director of Athletics

Beth Miller is in her 25th year supervising North Carolina's highly-successful 26-team Olympic sports program and serves as UNC's Senior Woman Administrator.

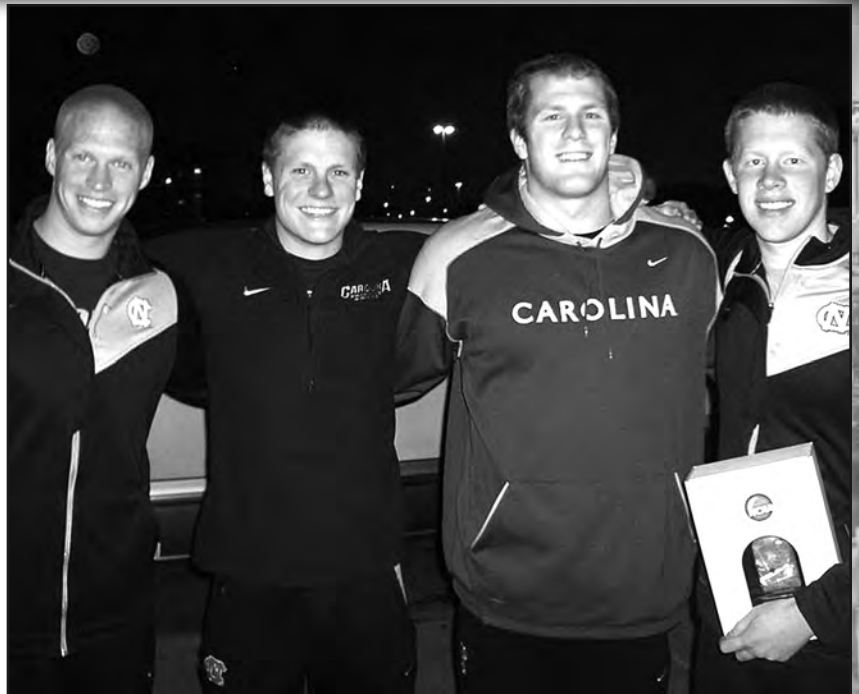
A native of Landis, N.C., Miller is a 1968 alumna of Appalachian State University with a B.S. degree in health and physical education. She has a master's from ASU and earned a Doctor of Arts degree in physical education at Middle Tennessee State in 1974.

From 1969-72, Miller served as the head volleyball and basketball coach at Appalachian State. She became head volleyball coach at UNC in 1975 and led the Tar Heels to four consecutive ACC titles from 1980-83 and five postseason tournament appearances. She also coached softball at Carolina from 1978-79.

In 1979, Miller was named UNC's Athletic Business Manager. She retired from coaching volleyball after 1983, but continued to handle all financial affairs for the department through 1987. She has overseen UNC's Olympic Sports program since 1985.

Miller serves on the NCAA Committee on Women's Athletics, as well as a number of Atlantic Coast Conference committees, including those for women's basketball, women's golf and volleyball. She also is a member of UNC's Housing Advisory Board.

In recognition of her outstanding service to Carolina, Miller was honored in April of 2008 as a recipient of the 2008 C. Knox Massey Distinguished Service Award, one of the most prestigious honors bestowed by the University of North Carolina.



Department of Athletics Mission Statement

The Department of Athletics has offered high quality athletic programs for many years. Through a dedicated commitment to educational interests, competitive athletic programs, and integrity in all areas, the student-athletes, coaches and staff strive to bring credit and recognition to the University.

The mission of the Department is to sponsor a broad-based athletic program that provides educational and athletic opportunities for young men and women to grow and develop, and to serve the interests of the University by complementing and enhancing its diversity and quality of life. Coaches, as educators, are foundational to this process. In keeping with the University's efforts to offer programs of regional and national acclaim, the Department's athletic programs strive for competitive excellence within the Atlantic Coast Conference or other similar institutions. Through its athletic programs, the University seeks to unite students, faculty, staff and alumni in a common and shared experience. The Department seeks to contribute to the diversity of the University by offering opportunities for enhanced racial/ethnic, cultural and geographic representation.

To fulfill this mission, the Department, with the approval of the Board of Trust, has developed principles of operation to provide guidance and direction to its personnel. This Mission Statement and accompanying principles require strong dedication and commitment from all who participate in, coach in and support the Department of Athletics.

UNC Athletics Administration

Chancellor	Dr. Holden Thorp
Faculty Representative	Dr. Jack Evans
Director of Athletics	Dick Baddour
Senior Associate Athletic Director	Larry Gallo
Senior Associate A.D. (Olympic Sports)	Dr. Beth Miller
Senior Associate A.D. (Facilities)	Willie Scroggs
Senior Associate A.D. (Business and Finance)	Martina Ballen
Senior Associate A.D. (Student-Athlete Services)	John Blanchard
Senior Associate A.D. & Rams Club President	John Montgomery
Associate A.D. (Tickets, Dean E. Smith Center)	Clint Gwaltney
Associate A.D. (Football Administration)	Corey Holliday
Associate A.D. (Communications)	Steve Kirschner
Associate A.D. (Marketing & Promotions)	Rick Steinbacher
Director of the Academic Support Program	Robert Mercer
Director of Sports Medicine	Dr. Alex Creighton
Assistant A.D. (Marketing & Promotions)	Michael Beale
Assistant A.D. (Facility Planning & Management)	Mike Bunting
Assistant A.D. (Strength & Conditioning)	Jeff Connors
Assistant A.D. (Football & Olympic Sports Operations)	Ellen Culler
Assistant A.D. (Compliance)	Amy Herman
Assistant A.D. (Certification & Eligibility)	Susan Maloy
Assistant A.D. (Student Life Services)	Cricket Lane
Director of Strength and Conditioning, Olympic Sports	Greg Gatz

Athletic Department Switchboards

Ernie Williamson Center	(919) 962-6000
Carmichael Auditorium	(919) 962-5411

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 Chapel Hill, NC 27515Skipper Bowles Drive
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Rich DeSelm, a highly successful head coach at Davidson College and long-time assistant coach at nationally ranked programs at the University of Florida and the University of North Carolina, assumed the full-time duties of men's and women's head swimming coach at Carolina on July 1, 2007.



During DeSelm's second year at UNC, he continued to build upon the successes of his first season. DeSelm sent nine women and five men to the 2009 NCAA Championships. All-American senior Whitney Sprague placed second for the second year in a row at NAAs in the 1650 freestyle. Sprague broke the ACC and UNC records in that event. Sophomore Katura Harvey swam an All-American time in her 1650 free as well and placed seventh at NAAs. Harvey broke the ACC record in the 500-yard freestyle at ACCs and was named All-ACC in the 200, 500 and 1650-yard freestyles. Freshmen Laura Moriarty and Layne Brodie also had outstanding seasons under DeSelm. Moriarty was named All-ACC in the 200-yard breast and 400-yard IM. Brodie was named ACC Freshman of the Year after having outstanding performances in the breaststroke and IM events. She qualified for NAAs in the 100 and 200 breaststrokes. Brodie broke three UNC records in the 100 breast, 200 breast and 200 IM. She also broke the meet and conference records in the 100 and 200-yard breaststrokes. Brodie was named All-ACC for her performances in the 200 breast and IM. Freshman Katelyn Martin also competed at NAAs in the 500 and 1650-yard freestyles. On the men's side, sophomore Tyler Harris competed in the 200 IM, 400 IM and 200 breast at the 2009 NCAA Championships. Harris placed 12th in the 400 IM and was named NCAA All-America Honorable Mention for the second year in a row. Harris broke the 200-yard IM school record as well. Sophomore Joe Kinderwater placed eighth at NAAs in the 1650-yard freestyle where he was named All-America and broke the UNC record. Kinderwater also placed fourth at World Champ Trials this past summer in the 1650 free. Junior Chip Peterson competed in the 500 and 1650 freestyles along with the 400 IM at NAAs. Peterson placed 10th in the 1650 earning him a NCAA All-America Honorable Mention. He also broke the 500-yard freestyle school record.

DeSelm, in his first year at the helm of the Carolina program, coached the Tar Heels to two second place finishes at the ACC Championships. The men's second place finish was their highest finish since 2001. DeSelm also led the Tar Heels to two impressive finishes at the NCAA Championships. For the first time since 2004, three Tar Heel men achieved All-America honors. Tyler Harris, freshman All-America and ACC Champion, set a new UNC Record in the 400 IM under DeSelm's tutelage. Harris also finished twelfth in the 400 IM at U.S. Olympic Trials. Fellow freshman Joe Kinderwater claimed an ACC Championship and All-America in the 1650 freestyle and set UNC school records in the 1000 & 1650 free while making the finals of Olympic Trials in the 1500-meter free. Another freshman, Andy Brake,

received All-ACC honors in the 400 IM with a third place finish. Junior Whitney Sprague continued her record-setting career under DeSelm with two ACC Championships, the 500 & 1650 free. She placed second at the NCAA Championships in the 1650, an improvement over her third place finish in 2007. Sprague placed eleventh in the 800-meter free at U.S. Olympic Trials. Chip Peterson, after redshirting the 2007-08 season, had an impressive summer placing thirteenth at World Open Water Swimming Championships and 12th in the 1500-meter free at U.S. Olympic Trials.

DeSelm has been an elite coach at every level during his nearly 30-year coaching career. As an assistant coach at North Carolina and Florida, he helped coach teams that won 16 conference championships and placed in the Top 25 on 36 occasions at the NCAA Championships, including 21 Top 10 finishes. As a head coach at Davidson College, his teams won seven conference championships and placed in the Top 10 of the ECAC Championships seven times in eight years.

A former team captain and longtime assistant at the University of North Carolina, DeSelm earned his degree from Chapel Hill in 1978. In April 2006, it was announced he would leave Florida after an excellent six-year tenure there to take over as the head coach for UNC men's and women's swimming on July 1, 2007.

DeSelm, 53 years old, served as head coach designate in 2006-07, and became the head coach when Frank Comfort retired on June 30, 2007. Comfort was the winningest dual-meet swimming coach in college history and he led Carolina to 26 ACC championships in his 30-year tenure. DeSelm had previously worked as Comfort's assistant for 15 seasons from 1979-93, years in which the program competed at a very high level in the conference and nationally.

In DeSelm's year as the head coach designate, Carolina showed great progress with the women claiming the ACC title for the first time in

five years and both the men and women improving their NCAA finishes markedly from the previous campaign. Nine women qualified for the NCAA Championships, as did four men. Sixteen swimmers and divers were named to the 2007 All-ACC Team.

"We were fortunate to hire a person of Rich's integrity, talent and passion to be the head coach of Carolina swimming and diving," says Tar Heel director of athletics Dick Baddour. "He's been successful at Carolina, Davidson and Florida, as a head and assistant coach. He has a proven track record as a coach who recruits outstanding young people who are committed to excellence academically and in the pool. He is a teacher in the truest sense. I knew the transition with Coach Comfort would be a seamless one that allowed Frank the opportunity to finish his remarkable career knowing the program he built for 30 years was in good hands for the future."

DeSelm was an All-America swimmer in Chapel Hill from 1974-78 and earned a Bachelor of Science degree in business administration in 1978. Ten years later he earned a Master of Arts degree from Duke in liberal studies in 1988. After 15 years as the chief assistant at Carolina, he left Chapel Hill in 1993 to become the head coach at Davidson, where he spent seven years before going on to Florida for six more years.

He was an assistant at Carolina on Comfort's staff from 1978 to 1993, in which time he became the second full-time swimming coach in school history. In his 15 years coaching at Carolina, the Tar Heels won 14 Atlantic Coast Conference championships — nine by the women, five by the men. The women had seven Top 10 and 14 Top 20 NCAA finishes, while the men finished in the national Top 25 on 10 occasions.

Comfort knew the program would be inherited by a special kind of coach when he retired.

"I could not be more pleased and excited for the program," says Comfort. "There was an extensive search, but all roads led to Rich. He has vast experience at Carolina and at two other





great schools. I have every confidence that he will do a superb job for many years to follow. Coaching alongside him in my final year was an absolute joy. He knows Carolina's philosophy, goals and standards and he is a brilliant coach and person."

"It is an exciting opportunity for me to coach at my alma mater, a school for which I have so much respect," DeSelm said at the time of his hiring as head coach-designate. "The University of North Carolina is a fantastic place in so many different ways. I appreciate the confidence Dick Baddour, Beth Miller and Coach Comfort have shown in asking me to lead this program forward. I am most excited about returning to Chapel Hill and getting to work with the Tar Heel student-athletes and becoming a member of the university and local communities. I have had wonderful experiences at both Davidson and Florida, and now it is a terrific honor to return to North Carolina."

While at Florida, DeSelm helped recruit and coach the men's and women's teams that were consistently among the best in the country. Each year from 2001 through 2006, both the men's and women's swimming teams finished the season in the Top 10 nationally, posting seven Top five finishes along the way. During DeSelm's time at Florida, the men's team finished second in the Southeastern Conference five times. The women finished third multiple times, second once, and won the conference meet in 2002.

The Gators earned more than 300 All-America honors in his six years in Gainesville, including a school-record 26 citations by Carlos Jayme, who DeSelm helped mentor from 2000-2004. Jayme was the 2001 Southeastern Conference Freshman of the Year, a 2003 SEC champion, and the school record holder in the 50-yard freestyle, the 100-yard freestyle, and as a member of the 200 free, 400 free, and 400 medley relay units. De-

Selm also assisted in the training of many more All-America honorees, national and school record-holders, and Olympian Gabriel Mangabiera who finished fifth in the 100-meter butterfly at the 2004 Athens Games while competing for Brazil. He was also an SEC champion and Florida record-holder.

"North Carolina got a great person to be its next head coach," says Gator head coach Gregg Troy. "Rich did an outstanding job here and he is missed by all of us at the University of Florida."

DeSelm led Davidson College to four women's and three men's titles at the Southern States Championships and he earned five coach-of-the-year awards. Mary Shell Brosche won three consecutive Southern States Female Swimmer-of-the-Year awards under his tutelage. The Wildcats placed in the Top 10 of the ECAC meet seven times in eight years.

He coached a pair of Tar Heels to berths in the 1992 Barcelona Olympics. Yann deFabrique, a first-team All-America at Carolina, was the 1993 French national champion in the 400-meter freestyle and he placed 14th in the Olympics in that event. David Monasterio, a first-team All-America at UNC in the 200-yard freestyle and 200-yard butterfly, swam on the 1992 Puerto Rican Olympic Team.

Other notable UNC swimmers coached by DeSelm as an assistant from 1979-93 include Sue Walsh, Polly Winde, James Hamrick, Carrie Szulc, John Davis (an 11-time individual event ACC champion), Gary Gauch, Melissa Douse and Sarah Perroni. Walsh and Winde were members of the 1983 United States Team in the Pan American Games.

"You will not find a person with more integrity, passion for swimming and loyalty to his alma mater than Rich DeSelm," says Walsh, an 11-time national collegiate champion, American record holder in the 50 and 100-meter back-

Rich DeSelm's Year-By-Year Coaching Ledger

AT THE UNIVERSITY OF NORTH CAROLINA
Assistant Coach—Men's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
1978-79	5-5	3-1	2nd	25th
1979-80	8-4	5-1	2nd	22nd
1980-81	8-2	4-1	2nd	20th
1981-82	6-3	3-2	2nd	24th
1982-83	5-3	3-1	1st	21st
1983-84	8-4	4-1	2nd	17th
1984-85	4-4	3-2	3rd	36th
1985-86	5-3	4-2	2nd	31st
1986-87	6-4	4-2	3rd	
1987-88	9-1	5-0	1st	19th
1988-89	8-2	4-1	1st	39th
1989-90	11-2	6-0	2nd	30th
1990-91	9-1	5-0	1st	21st
1991-92	9-2	5-2	3rd	18th
1992-93	10-4	6-1	1st	14th
Totals	111-44	64-17	5 Titles	10 Top 25 Finishes

Assistant Coach—Women's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
1978-79	7-1	2-1	2nd	5th
1979-80	7-2	3-1	2nd	7th
1980-81	7-1	3-1	1st	3rd
1981-82	11-0	5-0	1st	3rd
1982-83	9-1	4-0	1st	6th
1983-84	9-0	5-0	1st	5th
1984-85	6-2	4-1	1st	12th
1985-86	8-0	6-0	1st	16th
1986-87	8-2	5-1	2nd	9th
1987-88	8-3	3-2	2nd	19th
1988-89	9-2	4-1	2nd	36th
1989-90	11-1	5-0	2nd	15th
1990-91	10-1	5-0	1st	20th
1991-92	12-0	7-0	1st	14th
1992-93	10-2	5-1	1st	16th
Totals	132-18	66-9	9 Titles	14 Top 25 Finishes

AT DAVIDSON COLLEGE

Head Men's and Women's Coach

DeSelm's men's dual meet record in seven seasons (1993-2000) was 26-40. His women's teams were 21-44-1. He was the Southern States Coach of the Year for men's swimming in 1995, and he received the honor for women's swimming each year from 1997 to 2000. During his tenure, the men's teams won three Southern States Championships, and the women's teams won four. Davidson placed in the top 10 at the Eastern College Athletic Conference Championships seven times in eight years. DeSelm coached 22 all-conference performers, including 11 individual event winners.

AT THE UNIVERSITY OF FLORIDA

Assistant Coach—Men's Swimming & Diving Team

Year	Overall	SEC	SEC Finish	NCAA Finish
2000-01	9-5	0-3	3rd	5th
2001-02	10-4	4-3	2nd	4th
2002-03	9-3	4-2	2nd	6th
2003-04	9-2	5-1	2nd	6th
2004-05	11-1	4-1	2nd	5th
2005-06	10-3	5-1	2nd	5th
Totals	58-18	24-11		4 Top 5 NCAA Ranks

Women's Swimming & Diving Team

Year	Overall	SEC	SEC Finish	NCAA Finish
2000-01	12-2	3-1	3rd	8th
2001-02	12-2	2-1	1st	7th
2002-03	12-1	5-1	2nd	5th
2003-04	11-2	5-2	3rd	4th
2004-05	9-2	3-2	3rd	4th
2005-06	11-2	5-2	3rd	10th
Totals	67-11	26-9	1 SEC Title	3 Top 5 NCAA Ranks

AT THE UNIVERSITY OF NORTH CAROLINA

Head Coach Designate—Men's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
2006-07	5-3	4-1	3rd	27th

Head Coach Designate—Women's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
2006-07	8-1	5-0	1st	30th

AT THE UNIVERSITY OF NORTH CAROLINA

Head Coach—Men's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
2007-08	6-2	4-0	2nd	29th
2008-09	6-3	4-1	3rd	26th

Head Coach—Women's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
2007-08	6-3	3-1	2nd	32nd
2008-09	6-3	4-1	2nd	20th

strokes, and currently the Director of Endowment and Stewardship at the UNC Educational Foundation. "Few coaches would be able to successfully follow what Frank Comfort has accomplished, but Coach DeSelm has the qualities necessary to drive this program to be one of the best in the ACC and nationally. He is well-positioned to carry on the tradition of winning with integrity that we have all come to expect at UNC."

DeSelm was the assistant manager for the United States team at the 2000 Olympic Games in Sydney, Australia, and the 2004 FINA Short Course World Championships. He was the head manager for United States teams at the 1997 and 1999 Pan Pacific Championships and the 1995 Pan American Games.

DeSelm and his wife, Tracy, a physician, have two children, Grant, 13 years old, and Claire, 11 year old. DeSelm is a native of Knoxville, Tenn., and attended high school there and in Jacksonville, Fla., where he graduated from The Bolles School in 1974 before embarking on his long journey that led him back to Chapel Hill nearly 30 years later.

National and International Highlights of Selected Individual Swimmers Coach DeSelm has worked with during head coaching tenures at UNC and Davidson and an assistant at UNC and Florida.

- Tyler Harris (University of North Carolina): ACC Champion & UNC Record holder, 400 IM in his freshman year, 2008. Was All-America his freshman year in the 400 IM. Was 12th at the US Olympic Trials, 400 IM, 2008. UNC record holder in the 200-yard IM. Was 12th in the 400-yard IM at NCAAs, honorable mention All-America, 2009.

- Joe Kinderwater (University of North Carolina): ACC Champion, 1650 Free, 2008; 5th place at NCAAs, 1650 Free, 2008; Olympic Trials finalist, 1500 Free, 2008. 8th place at NCAAs, 1650, 2009 – named first team All-America; 4th place finish in the 1650-meter free at World Champ Trials, 2009.

- Chip Peterson (University of North Carolina): ACC Runnerup, 1650 Free, 2007; 6th place at NCAAs, 1650 Free, 2007; National and World Open Water Swimming Champion. 10th place finish in the 1650 at NCAAs, 2009; NCAA honorable mention All-America in the 1650 free, 2009; 500-yard freestyle school record holder.

- Whitney Sprague (University of North Carolina): 2-Time ACC Champion, 500 & 1650 Free, 2007 & 2008; 2-time 2nd place at NCAAs, 1650 Free, 2008 and 2009; 3rd place at NCAAs, 1650 Free, 2007. Holds the ACC and UNC records in the 1650 freestyle.

- Katura Harvey (University of North Carolina): ACC 500-yard freestyle record holder. Finished 7th at NCAAs, 2009; NCAA All-America, 2009; All-ACC in 200, 500 and 1650 free, 2009.

- Darian Townsend (University of Florida): 6-time NCAA All America in 2005; 2005 SEC Champion, 200 Freestyle; member of NCAA record setting 800 Free Relay Team; South African Commonwealth Games Team member; 2-time NCAA All-America in 2006.

- Maureen Farrell (University of Florida): 17-time NCAA All-America from 2002-2005; NCAA record holder 800 Free Relay; 5th at 2004 U.S. Olympic Trials in 200 Back.

- Candice Weimann (University of Florida): 5-time NCAA All-America in 2005 after transferring from Alabama where she was a 4-time NCAA All-



- America in 2004; broke Dara Torres' 17-year-old Florida school record in 100 Fly; 5-time NCAA All-America in 2006.

- Gabriel Mangabiera (University of Florida): 2004 Brazilian Olympic Team (5th in 100-meter Butterfly); 2004 3-time Brazilian National Champion; South American Record holder in 100-meter Butterfly; 15-time NCAA All-America; SEC Champion, 100 Back, 2003; Florida school record holder in 100 Back and as member of 200 free relay, 400 free relay, 800 free relay, 200 medley relay & 400 medley relay teams.

- Carlos Jayme (University of Florida): From to 2001-2004 a 26-time NCAA All-America (most All-America citations in Florida men's swimming history); 2001 SEC Freshman-of-the-Year; 2003 SEC Champion, 100 Free; Florida school record holder in 50 Free, 100 Free; and as member of 200 free relay, 400 free relay & 400 medley relay teams.

- Scott Schultz (University of Florida): 2003-2004 NCAA Postgraduate Scholarship winner; 3-time NCAA All-America; 2-time SEC Academic Honor Roll.

- Hendrik Odendaal (University of Florida): 2001 & 2002 NCAA All-America; Champion in South African National Championships; Member of 2002 South African Commonwealth Games Team.

- Leah Martindale (University of Florida): 2001 & 2002 NCAA All-America; Member of 2001 Barbados World Championship Team.

- Mary Shell Brosche (Davidson College): 1997, 1998, 1999 & 2000 Southern States triple event individual Champion; Female Swimmer of the Meet 3 years.

- Yann deFabrique (University of North Carolina): 1992 French Olympic Team; placed 14th in 400-meter free in Barcelona; 1993 French National Champion in 400-meter free; 1993 World University Games 200-meter free Champion, representing France; 1993 European Championships in 200-meter & 400-meter freestyles for France; 200 Fly at 1993 NCAAs 6th Place; 200 Free at 1993 NCAAs 9th Place 500 Free at 1993 NCAAs 11th Place Member of 4th-place 800 Free Relay Team at 1993 NCAAs

- David Monasterio (University of North Carolina): 1992 Puerto Rico Olympic Team in Barcelona; 1992 NCAAs: 10th in 200 Fly, 10th in 500 Free; 1992 ACCs—Champion in 500 Free and in 200 Fly; Member of 4th place 800 Free Relay Team at 1993 NCAAs.

- James Hamrick (University of North Carolina): 1993 U.S. Team in World University Games in 400-meter freestyle; 1993 NCAAs, 5th in 500 Free, 8th in 1650 Free, 12th in 200 Free; Member of 4th place 800 Free Relay Team at 1993 NCAAs; 1992 NCAAs 6th in 500 Free, 10th in 1650 Free.

- Carrie Szulc (University of North Carolina): At 1993 World University Games 5th Place in 400 IM representing U.S.; 1993 NCAAs 8th in 400 IM; 1992 NCAAs 6th in 400 IM; 1992 ACCs - Champion in 200 IM & 400 IM.

- John Davis (University of North Carolina): 11-time ACC Individual event champion, 1988-1991.

- Gary Gauch (University of North Carolina): 1989 NCAAs, 13th in 100 Breast; 1991 ACC Champion in 100 Breast; 1990 ACC Champion in 100 Breast,

- Melissa Douse (University of North Carolina): 1991 NCAAs - Member of 6th-place & 9th-place Free Relays; 1991 ACC Champion in 100 Free; 1990 NCAAs - Member of 4th-place & 5th-place Free Relays.

- Sarah Perroni (University of North Carolina): 1991 NCAAs - Member of 6th-place & 9th-place Free Relays; 1990 NCAAs - 8th place in 100 Free, 14th place in 50 Free; 1990 NCAAs - Member of 4th-place & 5th-place Free Relays.

- Polly Winde (University of North Carolina): 1982-1985 Multiple NCAA & U.S. Swimming Nationals individual finalist; 1983 U.S. Pan American Games Team Member.

- Sue Walsh (University of North Carolina): From 1981-1984 an 11-time AIAW and NCAA Champion (10 individual, 1 relay); Was once an American Record Holder in 50-meter backstroke, 100-meter backstroke, 100-yard backstroke; NCAA Top 5 Award Winner. Currently holds the U.S. Masters records in the 50-yard and 50-meter freestyle, along with the World Masters record in the 50-meter free for her age group.

Kevin Lawrence begins his eighth year as the head diving coach for the Tar Heel program with the start of the 2009-10 season. Lawrence has had tremendous success with the Tar Heel divers since coming to UNC from Kansas seven years ago.



Last season, Lawrence coached diver David Solarz to the 2009 NCAA Swimming and Diving Championships. Solarz also ranks first all time in men's 10-meter platform diving at Carolina. Solarz became the second diver in Carolina history, behind Ryan Funderburk, to final on all three events at the ACC Championships.

In the past seven years, Lawrence has had 37 ACC championship finalists coming from 13 different divers. His divers have earned All-ACC honors in six of the last seven seasons at Carolina.

During the spring of 2009, current freshman Ryland Jones qualified for the US Senior Nationals making it to the semi-final round on 1-meter. Jenna Moore qualified for the US Senior Summer Nationals on 1-meter as well.

In 2007-08, Ryan Funderburk qualified for the NCAA Championships, and went on to become the first Carolina Men's Diving All-America in 51 years with a fourteenth place finish on the three-meter board. Funderburk also achieved All-ACC recognition on the three-meter board. Funderburk and fellow senior Erika Matheis also had strong finishes at Summer U.S. Nationals.

The 2006-07 campaign saw six divers final at ACCs with junior Laura Filip capturing All-ACC honors. Six Tar Heels qualified for the 2007 NCAA Zone Diving Championships.

Lauren Karatanevski, a senior in 2007, became the first Carolina diver in history to compete in the World Championships in Australia in the spring of 2007. She was a member of the Macedonian team. The same summer, senior Erika Matheis finished at the U.S. Senior Nationals, taking a sixth place in three-meter synchronized diving.

The 2005-06 season became one for the record books. Carolina had both sophomore Ryan Funderburk and junior Jon Fox qualify for the NCAA Championships. Carolina was one of only five schools in the nation that had more than one diver qualify for the championship meet and also had more men qualify than any other ACC school. That season, Carolina had seven different divers final at the ACC Championships, including Fox, Funderburk, Ryan Matuszak, Matheis, Gia Santoro, Mandi Arak and Karatanevski. The four Carolina women comprised half the field for the one-meter finals. Carolina had a total of 10 divers in the championship finals of the men's and women's one-meter and three-meter competitions, more than any other school in the league. Funderburk received All-ACC honors on both boards.

During the summer of 2006, Funderburk qualified for the 2006 U.S. Senior Nationals where he

made it to the semifinals on the one-meter board, finishing seventh.

During the 2004-05 campaign, Carolina was the only men's team to have three divers make the championship final in any event at the ACC meet with three in the finals of one-meter. The UNC men also scored more points for their team than any other group of divers in the ACC and had the most total finalists of any squad. During the dual-meet season, UNC's men won 16 of the 20 diving events. Lawrence coached Santoro to All-ACC status and Fox was a championship finalist on both boards. Matuszak finished in one-meter and platform diving while Funderburk finished in the Top 12 of both boards and also finished on platform.

In 2003-04, Lawrence led Eric Poitras to ACC Diver-of-the-Year honors and the ACC championship in three-meter diving. No Carolina diver had won those awards since 1994 when Joe Craft did so. Seven Tar Heel divers qualified for the 2004 NCAA Zone Diving Championships and Poitras became the first Tar Heel men's diver in 13 years to advance to the NCAA national meet since Nunzio Esposto's appearance in 1991. Altogether, five UNC divers made seven championship finals at the 2004 ACC meet.

During the 2002-03 season, Lawrence coached four different divers to finals at the ACC Championships. Poitras was runner-up on three-meter, setting a new school record in the process, and Lindsay Waddell also finished on both boards. Poitras earned All-ACC honors in the process. Carolina also qualified six divers for the NCAA zone meet, where Poitras and Stephen Krebs finished as the first and second alternates in qualifying for the NCAA Championships. In June 2003, Lawrence traveled to Winnipeg, Manitoba to coach Poitras in the Canadian Senior Nationals. Poitras was a finalist in both events, finishing eighth on the one-



meter and seventh on the three-meter.

From 1997 to 2002, Lawrence was the diving coach at the University of Kansas. At Kansas, he coached 11 different divers who finished 22 times on the one-meter, three-meter and platform events at the Big 12 Conference Championships. Additionally, 13 different divers qualified for the NCAA Zone D Championships, including four divers who finished in the Top 10 at that meet. He coached the 2002 women's Big 12 one-meter runner-up who was a University of Kansas female athlete-of-the-year finalist. Both the Kansas men's and women's platform record holders competed under the tutelage of Lawrence.

Prior to going to Kansas, Lawrence was the diving coach at St. Cloud State University for five years. He coached eight athletes to a total of 25 All-America citations there, including the 1997 NCAA Division II women's one-meter national champion. He was named the North Central Conference Diving Coach of the Year in 1994, 1996 and 1997. His divers won 10 conference titles during his tenure and were named all-conference a total of 22 times. Three of his athletes were honored a total of five times as the NCC's Diver-of-the-Year.

Lawrence attended Western Illinois University from 1989-92, studying elementary education, competing as a diver and compiling a 3.4 grade point average. He was named to the Dean's List three times. As a diver at WIU, he was named All-Conference in 1990 and 1991 and won the school's Academic/Athletic Achievement Award. He is the Leathernecks' three-meter diving record holder and was an NCAA zone qualifier. He finished his Bachelor of Science degree in elementary education with an emphasis in social sciences at St. Cloud State in 1994, graduating Magna Cum Laude with a 3.65 GPA.

Lawrence is a native of Wisconsin where he was a three-time All-State selection as a high school diver and runner-up at the 1989 state high school meet.

Lawrence served a four-year term as the Diving Rules Chairman for the NCAA Swimming and Diving Rules and Championships Committee from 2000-04. He has also chaired the Zone D Diving Subcommittee, holds membership in U.S. Diving and is a past member of the College Swimming Coaches Association of America.

Lawrence's hobbies include running, lifting, eating healthy and hanging out with his son D.J. He enjoys getting the slice of free dessert cake at Nantucket on Tuesday evenings, and memorizing famous quotes from movies. His two coaching role models are current Men's UNC Basketball Coach Roy Williams and UNC Women's Soccer Coach Anson Dorrance. Kevin's favorite quote from Anson is "Remember, while running, you will pass out before you die."

Lawrence and his son, D.J., reside in Durham, N.C. Lawrence is also active in community service projects. He organized Adopt-a-Family for the KU Swimming program and served as a lecturer at St. Lawrence Cathedral. While at St. Cloud, he worked with the Big Brothers/Big Sisters of St. Cloud while serving as the lecturer at St. Mary's Cathedral of St. Cloud.

Mike Litzinger starts his third season with the Carolina swimming program this year. Litzinger had tremendous success coaching the middle distance program for the 2008-2009 season. Junior Jason McLaughlin broke a school record in the 200-yard butterfly and was named All-ACC



for his performance in this event last season. Junior Ashley Howard made NAAs in the 200-yard backstroke after setting the school record. Litzinger coached juniors Megan Steeves and Eliza Butts who also qualified for NAAs on the record breaking 400 and 800-yard freestyle relays. There were a total of eight relay records broken by Litzinger's swimmers. Butts and Steeves each helped set three records and McLaughlin one. Junior Jeff James helped break the 400-medley, 400-free and 200-freestyle relay records also. Freshman Evan Reed helped to break the 200, 400 and 800-yard freestyle relays.

During the 2007-2008 season, Litzinger had two All-ACC swimmers at the ACC Championships. Sophomore Megan Steeves placed third in the 100 backstroke and freshman Vinny Pryor finished second in the 200 breaststroke. Litzinger was part a staff that sent 27 Tar Heels to Olympic Trials in June 2008.

Litzinger, most recently the former head swimming coach at the University of Utah, was hired in June 2007 to be a new full-time assistant swimming coach at the University of North Carolina. Litzinger is involved in all aspects of the program with his primary emphasis on coaching the middle distance group.

"We were thrilled to add Mike Litzinger as an assistant swimming coach at North Carolina. Mike is an outstanding person with a tremendous coaching record," Tar Heel head coach Rich DeSelm says. "His coaching, administrative and recruiting skills are helping us compete at a higher level nationally. Mike has earned respect nationally from his peers as a terrific coach and a true professional. We are thrilled to have Mike, his wife, Julie, and their family here in Chapel Hill."

In seven seasons in Salt Lake City, Litzinger reinvigorated the University of Utah men's and women's swimming and diving and teams, making them into a pair of the top teams in the Mountain West Conference and the nation.

Litzinger is known as an innovative coach with his on-deck coaching techniques and a great evaluator of talent. He turned Utah into a highly competitive program with an influx of talent and a winning attitude.

The Utes program excelled in his last season there in 2006-07. The women went undefeated in dual meets at 10-0, upping their mark over the past three seasons to an impressive 28-1. The women had three conference champions, while Amber Walter won the MWC Swimmer of the Year award and Kelsey Patterson garnered the MWC Diver of the Year award. The women established six school records in 2007 and placed 12 individuals and four relay teams on the all-conference squad. At the 2007 NCAA Championships, Alison McIntuff of the Utes earned All-America honors in the 200-yard freestyle with a scorching time of 1:46.56.

The men's team finished the 2006-07 campaign with six Ute swimmers and divers landing on the all-conference squad. Breaststroker Michael DeCarolis garnered two of the all-conference honors.

Litzinger's teams in 2005-06 were also excellent as the women's team won its third straight regular-season MWC title. Diver Sterling Richards' fifth-place NCAA finish earned the senior All-America honors. The MWC honored Litzinger as the conference's Coach of the Year for the second time during his tenure there. In 2005-06, the team set 13 school records, five MWC records and put a record number of athletes on the MWC All-Academic team.

At the 2005 MWC Championships, Litzinger coached seven conference champions, including Marta Stepanczuk, Alison McIntuff, Michelle Blair, Rachael Curci, Loren Sweny, Cody Rempfer and Jonathan Larsen. The women's team enjoyed unprecedented success in 2005, capturing its second straight MWC title and its first-ever outright title with a 7-0 conference mark.

Litzinger guided his 2004 squad to a 9-0 overall dual-meet record. That was the second most wins in school history. Only the 2003 swimming Utes had more wins in school history with a 10-8 record.

Thirteen Utes from the women's team garnered all-MWC accolades, including first-team selections Michelle Blair, Rachael Curci, Marissa Martin, Alison McIntuff, Kelsey Patterson, Marta Stepanczuk and Jamie Trapp. Stepanczuk qualified for the NCAA Championships in the 500 and 1650 freestyles. On the men's side, the Utes won a share of the MWC title, the team's first championship since 1995, after tallying a 3-1 conference mark. The men finished the season 4-2 overall. Eight men earned all-MWC honors, including first-team honorees Damien Brown, Evan Castro, Andrew Cole, Jonathan Larsen, Matan Ratz, Cody Rempfer and Sterling Richards.

In 2002-03, the Utah women set a school record with 10 wins. The Utes turned in a 10-8 overall mark, going 5-2 in conference. The men also had a landmark season with a five dual-



meet wins, the first time since 1999 that the squad had more than four wins in a season. The Utes also had strong finishes at the 2003 Mountain West Conference and Utah also added a 19th-place finish at the Phillips 66 U.S. National Championships.

In 2001-02, Litzinger was recognized as the Mountain West Conference women's Coach of the Year after the Utes broke six school records and placed 25th at the Phillips 66 U.S. National Championships.

Overall, in Litzinger's seven years, the Utes broke 35 school records, qualified eight athletes in 23 different events at the NCAA Championships and 14 swimmers for the U.S. Nationals. Both programs garnered academic All-America status from the College Swimming Coaches Association of America.

Litzinger has received numerous accolades for his dedication to the sport of swimming. He was awarded Eastern Intercollegiate Coach of the Year awards in 1992 and 1994 and Atlantic 10 Conference Coach of the Year accolades in 1996 and 1997 while serving as the head coach at St. Bonaventure University.

Before going to Utah, Litzinger was the assistant men's coach at Ohio State University from 1997-2000. While there, he helped lead the team to a 20th-place finish in the NCAA meet in 1998 and a 25th-place finish in 2000.

At St. Bonaventure University from 1989-97, Litzinger was head coach of the women's swimming program. He led the Bonnies to an Eastern Intercollegiate Conference title and two Atlantic 10 Conference championships in his tenure there.

Litzinger began his coaching career at Fredonia State University in New York in 1988-89. While at Fredonia State, Litzinger took the Blue Devils to a second place SUNYAC Conference finish.

A 1984 graduate of Hobart College, Litzinger received his Bachelor's Degree in English and was captain of the Hobart swimming team in 1983-84. The same year he was voted the program's Most Valuable Swimmer. In 1988, he received his master's degree in exercise science from the University of Iowa. While working on his master's degree, Litzinger was the Hawkeyes' graduate assistant men's coach.

The New York native and his wife, Julie, reside in Durham, N.C. The Litzingers have two children, Gabrielle, three years old, and Grace, two years old.



Eric Stefanski begins his third year as the sprint coach for the Carolina swimming program this year. During his second season, Stefanski had a productive year with the Tar Heel sprinters. Sophomore Tommy Wyher was ACC champion and broke the ACC conference records in the 100-yard butterfly and 100-yard backstroke. Wyher also broke the Carolina school record in the 100 and 200-yard backstrokes, the 100-yard butterfly and the 200 and 400-yard medley relays. Wyher was also a consolation finalist in the 100-meter butterfly at World Champ Trials this past summer in Indianapolis. Sophomore Rebecca Kane achieved All-ACC Honors as well finishing second in the 100-yard freestyle and third in the 50-yard freestyle. Both Tommy Wyher and Rebecca Kane also qualified for the 2009 NCAA championships last season. Stefanski also coached sophomore Brad Hamilton who competed at 2009 World Championships in Rome this past summer, representing Jamaica and sprinter Steve Cerbertowicz, who broke the school record in the 100-yard and 100-meter freestyles this past year.



In Stefanski's first season as the sprint coach for Carolina, three of his swimmers achieved All-ACC Honors at the ACC Championships. Freshman Tommy Wyher took first place in the 100-yard backstroke, senior Kelsey Morrissy finished second in the 100-yard freestyle and freshman Rebecca Kane finished third in the 50-yard freestyle. Morrissy qualified for 2008 NCAA Championships in the 100 & 200 Freestyles. Stefanski was also part of the Carolina staff that sent 27 Tar Heels to Olympic Trials in June 2008.



In 2007, Head Coach Rich DeSelm added a fifth full-time member to his coaching staff at UNC with the hiring of Eric Stefanski as an assistant coach. Stefanski, a University of Pittsburgh alumnus, joined DeSelm, diving coach Kevin Lawrence and assistant Mike Litzinger in comprising Carolina's largest full-time staff in the history of the program. Stefanski coaches the sprint group at Carolina, is one of Carolina's chief recruiters and oversees meet management.

Stefanski is a former head coach at the University of Rochester and assistant coach at the University of Pittsburgh. He was a conference coach of the year winner in 2003 and was a member of the USA Swimming race analysis team from 2004-2008.

Stefanski began his coaching career at the high school and USA Swimming Club level in 1998 and started his college coaching tenure in 2002. Stefanski entered the field immediately after earning a Bachelor of Science degree in psychology from the University of Pittsburgh in 1998. He went on to merit a Master of Science

degree in kinesiology with an emphasis in sports psychology from Georgia Southern University in Statesboro, Ga., in 2002.

As a Panther student-athlete, Stefanski was an NCAA Division I Championship qualifier and a 1998 Big East individual champion. He was a two-year selection as the Pitt team's Most Valuable Performer while also captaining the team from 1995-98. In April 1998, Stefanski earned the University of Pittsburgh's Senior of Distinction Award from the athletic department, given to a few select athletes from all sports who exemplify great Pitt athletics. Individually, he qualified and competed in four events at the 2000 U.S. Olympic Trials.

From 2004-2007 Stefanski coached at his alma mater, Pitt, as assistant coach and coordinator of men's recruiting. While at Pittsburgh, he coached two women's NCAA qualifiers, five Big East Conference individual champions, and seven USA Swimming National Championships qualifiers.

For one season, 2003-04, he garnered head coaching credentials at the University of Rochester (N.Y.) where he simultaneously served as aquatics director. Stefanski had been an assistant coach at the U of R for one season after arriving in 2002. During his time as head coach at Rochester, he was the UAA Conference Women's Coach of the Year in 2003-04 as his team improved four spots in the conference meet from seventh to third. Stefanski had a freshman swimmer qualify in two individual events for the 2004 Division III National Championships.

While earning his master's degree, Stefanski was a teaching assistant at GSU from 2000-02 while at the same time bulking up his experience level with a two-year gig as swimming coach of the Statesboro Bulloch County Sharks. Prior to going to Georgia Southern, he served a two-year coaching stint at the Seneca Valley Swim Club in Zelienople, Pa., and with the Seneca Valley School District.

"We are thrilled to add Eric Stefanski to our coaching staff at North Carolina. Eric brings a tremendous coaching knowledge and experience that has had an immediate impact on our program," DeSelm says.

"His recruiting skills have enhanced our efforts in that critical area and his additional background in sports psychology, video analysis and triathlon training will benefit all aspects of our aquatics program here at UNC," DeSelm explains.

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Assistant Coaches Christy Garth & Sean Quinn • Carolina Swimming and Diving

Christy Garth will enter her second season as an assistant coach for the Carolina Men and Women's Swimming Team this year. Garth was added as the fifth full-time member of the Carolina Swimming coaching staff in September 2008. Garth, a 1996 alumna of the University of North Carolina and a four



year letter-winner on the Carolina swim team, brings excitement, experience and depth to the coaching staff.

Garth was a decorated swimmer at Carolina during her four year tenure. She was an All-ACC Selection from 1993-96 and was part of four ACC Championship winning teams. Garth was a two-year team captain and winner of the Hill Carrow Spirit Award in 1994-95 and 1995-96. She qualified for U.S. Olympic Trials in 2000 and was an Olympic torch bearer in 2002.

Her collegiate coaching experience includes two seasons as an assistant coach at the University of Maryland earlier this decade. She also served as an interim assistant coach for women's swimming at the University of Michigan during the 2000-01 season. While at Michigan, Garth also coached at Club Wolverine for two seasons.

Garth has worked in a variety of sports-related jobs. Out of college, she worked for the United States Golf Association as the U.S. Women's Open director's assistant. Following that, she was on the production crew for ABC Sports from 1996-98. Garth also worked for NBC during the 2000 Sydney Olympic Games as part of the production crew. From 2001-03, she worked for Speedo as an Accounts Manager before she began coaching at the University of Maryland. Most recently, Garth was the head swim coach at Duchesne Academy in Houston, Texas.

Garth studied political science and communication studies at North Carolina. Today, she continues to swim and was recently honored as a Top 10 Master's swimmer in 2007.



The Tar Heel school record holder in the 200-yard breaststroke, 100-meter breaststroke and 200-meter breaststroke, Sean Quinn, will begin his first official year as an assistant coach for the Carolina swimming program. Quinn was a volunteer coach for six previous seasons. In 2006-07, Quinn played a key role in the Carolina women capturing the ACC championship. He is also head age group coach for the North Carolina Aquatic Club and was selected as a North



Carolina Zone Team coach this past summer in Orlando. Quinn helped coach the North Carolina team to a third place finish.

A native of Lancaster, S.C., and 1999 alumna of Lancaster High School, Quinn was a three-time All-America selection as a Tar Heel, earning those honors in 2000, 2002 and 2003. His best NCAA finish was an eighth place in the 200-meter breaststroke as a freshman in 2000. He also finished 10th in the 200-yard breaststroke at the NCAA Championships in 2002.

Quinn, a tri-captain of the 2002-03 Tar Heel team, won a silver medal in the 200-meter breaststroke at the 2003 Pan American Games in Santo Domingo, Dominican Republic. He finished fifth in the 200-meter breaststroke at the 2000 U.S. Olympic Trials. He was offered a slot on the United States Team at the 2002 Short Course World Championships in Moscow but turned it down in order to compete for the Tar Heels collegiately that season. During his freshman year at UNC, he competed in the Short Course World Championships in Athens, Greece. Before enrolling at Carolina, he swam in the 1999 U.S. Junior World Championships in Barcelona. That international team was coached by former Tar Heel head mentor Frank Comfort.

Quinn won ACC individual championships in the 200-yard breaststroke in 2000 and 2003. He holds the Tar Heel school record in the 200-yard breaststroke at 1:56.39 and he ranks fourth in school history in the 100-yard breaststroke with a career best time of 55.15. A four-time All-ACC selection, Quinn swam for the Mecklenburg Aquatic Club while in high school and was coached there by Pat Hogan. Quinn was named the University of North Carolina's most outstand-

ing swimmer in 2000 and 2002 and the team's most valuable swimmer in 2003. His sister Kathleen swam for four years at UNC and was a tri-captain of the 2004-05 women's team.



Griff Helfrich will begin his first season as a volunteer assistant coach for the Carolina Swimming Program. Helfrich received a Bachelor of Arts degree in Philosophy from UNC in 2005. He was a member of the UNC men's swim team from 2001-2004.



Helfrich began working with the North Carolina Aquatic Club as an assistant swim coach in April 2008. He coaches various different ages from age group kids to masters swimmers. Along with coaching, Helfrich coordinates team media for NCAC which includes website design and maintenance along with updating the newsletter.



Helfrich came to NCAC from Tar Heel Aquatic Club in 2008. He worked with THAT for two years as an assistant swim coach. Helfrich worked with multiple Age Group Sectional Finalists as well as a Masters national champion. Helfrich also coached many National and Olympic Trials qualifying athletes.

Before his club coaching experience, Helfrich was an assistant and head coach for Durham Academy High School where he led the men's team to a second place finish in their conference.

Helfrich specialized in butterfly and breaststroke events at during his career at UNC.

Jon Fox will begin his second year as an assistant volunteer diving coach for the Carolina diving program. He will also volunteer in the weight room and assist with strength and conditioning for the divers. Fox graduated from UNC in the spring of 2007 with a Bachelor of Arts degree in Exercise and Sports Science and dove for Carolina from 2003-07.



Fox had a very successful diving career while at UNC. In 2006, he qualified for the NCAA Swimming and Diving Championships.

He was a four-time ACC finalist and a 4-time NCAA Zone qualifier. In 2006, he was awarded the David F. McInnis Diving Award for most outstanding diver. Fox was also a team captain for the 2006-07 season, the third diver ever chosen as a team captain under Frank Comfort's 30-year tenure.

Fox plans to graduate from the three-year Doctor of Physical Therapy program at UNC in August 2010.



Carolina Athletic Administration & Swimming and Diving Support Staff



Kathy Griggs
Administrative Assistant



Wayne Walden
Academic Advisor



Chris Hirth
Head Athletic Trainer



Lizzie Hibbard
Graduate Athletic Trainer



Will Bondurant
Student Manager



Laura Murphy
Student Manager



Mary Lanier
Zaytoun Student Mgr.



Colin Sullivan
Student Manager



Brianna Apple
Marketing Director



Dave Lohse
Communications Director



Sarah Stankavage
Communications Assistant



Steve Gisselman
Strength & Conditioning



Angie Bitting
Smith Center Director



Clara Andrews
Koury Natatorium Supervisor



Ronnie Sykes
Koury Natatorium Security



Allison Barnes
Undergraduate Assistant Coach



**Austin
BRADYHOUSE**
Senior
5-3
Diving
Raleigh, N.C.

Collegiate Career Best Scores: 329.35 in one-meter diving; 319.65 in three-meter diving.

General: Three-time returning letterman who has gained valuable experience the past three years...has developed into one of UNC's most consistent performers on the boards...ranks sixth on the all-time UNC scoring list in one-meter diving and in three-meter diving...is one of two senior men's divers on the Tar Heel squad this season, joining teammate David Solarz...an outstanding student who has been on the Dean's List and ACC Honor Roll.

2008-09 (Junior): Set career high scores at the Gamecock Invitational with scores of 329.25 in a one-meter diving and 319.65 in three-meter diving...named to the 2008-09 ACC Academic Honor Roll.

2007-08 (Sophomore): Set career high scores in one-meter dual meet competition with a score of 284.85 against Clemson and in three-meter dual meet competition with a score of 301.58 against Johns Hopkins and Emory...finished fifth with Katy Pritchett in mixed synchronized diving at the ECU Invite with a score of 378.68...named to 2007-08 ACC Academic Honor Roll...a fall 2007 Dean's List selection...competed in the ACC Championships as an exhibition entry in the one-meter and three-meter springboard events.

2006-07 (Freshman): Competed in the ACC Championships in the one-meter and three-meter diving events, placing 19th in the three-meter with a score of 238.15...placed 15th at the 2006 Nike Cup in three-meter diving, recording a score 239.25...named to the 2006-07 ACC Academic Honor Roll.

Prep: Graduated on June 10, 2006 from Leesville Road High School...was a member of the diving team there for four years...served as team captain.

Personal: Given name is Austin Lee Brady-

Bradyhouse's Bibliography

Academic Major at Carolina: Business Administration

Career Plans: Undetermined

Hobby: Reading

Athlete I Most Admire: Mike Tyson

Biggest Sports Thrill: Diving in the ACC Championships

People Who Have Had The Greatest Influence on My Athletic Career: My Parents

Favorite Book: Vertical Run by Joseph Garber

Favorite Food: Sushi

Favorite Movie: The Usual Suspects

Favorite TV Show: Family Guy

Favorite Website to Visit: TarHeelBlue.com

City I've Never Been To But Want To Visit: Rome, Italy

house...son of David and Judy Bradyhouse...was born February 25, 1988 in Nashville, Tenn. ...has one brother, Peter, 21, and one sister, Audrey, 19.



**Andy
BRAKE**
Junior
6-0
IM, Fly
Springfield, Va.

Career Best Times: 1:49.70 in the 200-yard individual medley; 3:50.77 in the 400-yard individual medley (2nd in school history); 1:48.71 in the 200-yard butterfly; 2:05.37 in the 200-yard breaststroke.

General: One of Carolina's most versatile swimmers...a two-time returning letterman whose best events are the two IMs...he can also be counted on to swim fast times in the fly, back and breast as well...was a highly-recruited prospect from the Washington, D.C. area coming out of high school.

Long Course Highlights: Competed in the 2008 U.S. Olympic Trials in the 200-meter and 400-meter individual medley events.

2008-09 (Sophomore): Swam career best times in the 400-yard individual medley (3:50.77), 200-yard individual medley (1:49.70) and 200-yard butterfly (1:48.71) at the 2009 ACC Championships...his highest placing was ninth in the 400-yard individual medley where he achieved an NCAA B standard...named to the 2008-09 ACC Academic Honor Roll.

2007-08 (Freshman): Set a career best time in the 400-yard IM with a time of 3:51.60 at the ACC Championships, finishing third in the event...his time in the 400-yard IM put him into third place in school history in the event at the time...was a consolation finalist in the 200 IM at the meet...earned first-team All-ACC honors... named to the 2008 All-ACC Academic Men's Swimming and Diving Team, one of eight Tar Heels selected.

Prep: Graduated on August 13, 2007 from Lake Braddock High School in Burke, Va. ...a four-year swimming letterman in high

Brake's Bonus Coverage

Academic Major at Carolina: English

Career Plans: Join the Peace Corps

Hobbies: Music, reading

Athlete I Most Admire: Tiger Woods

Biggest Sports Thrill: Winning all-star relays with my summer league team

People Who Have Had The Greatest Influence on My Athletic Career: My Parents

Favorite Book: Fear and Loathing in Las Vegas by Hunter S. Thompson

Favorite Magazine: Rolling Stone

Favorite Food: Lamb

Favorite Movie: Requiem for a Dream

Favorite TV Show: South Park

Place I've Never Been To But Want To Visit: Caves of Borneo

Historical Figure I'd Most Like To Have Dinner With: Shakespeare

school...swam for seven years with the Curl-Burke Swim Club...his high school team finished in second place three years in a row at the state championship meet...individually, he won the 200 IM at the state meet two years in a row and set a state high school record in the process...was the team captain...a high school All-America...made NCSA all-star team.

Personal: Full name is Andrew Jeffrey Brake...the son of Jeff and Marlene Brake...was born September 20, 1988 at Andrews Air Force Base in Maryland...has one sister, Meghan, 25.



**Hank
BROWNING**
Senior
6-1
Middle Distance
Freestyle
Cincinnati, Ohio

Career Best Times: 44.63 in the 100-yard freestyle (10th in school history); 1:36.29 in the 200-yard freestyle (4th in school history); 4:19.99 in the 500-yard freestyle (6th in school history); 9:13.12 in the 1000-yard freestyle; 15:10.75 in the 1650-yard freestyle (7th in school history); 1:50.35 in the 200-yard backstroke.

General: One of the ACC's best swimmers...ranks No. 1 on the 2009-10 UNC preseason depth chart in the 200-yard freestyle at 1:36.29...a two time ACC champion in the 200-yard freestyle...can swim any freestyle event from 100 yards through 1650 yards with equal aplomb.

Long Course Highlights: Swam the 100-meter, 200-meter and 400-meter freestyles at the 2009 US Open in Federal Way, Wash.

2008-09 (Junior): Made a successful return to the pool after a redshirt year due to shoulder surgery...was a part of the school record-setting 800-yard freestyle relay team...also swam the 500, 200 and 1650-yard freestyle events at the 2009 ACC Championships, placing 11th (4:22.36), 12th (1:37.31) and 15th (15:26.97) respectively...named to the 2008-09 ACC Academic Honor Roll.

2007-08 (Redshirt Year): Redshirted the entire season to recover from shoulder surgery.

2006-07 (Sophomore): He won the Jamerson Memorial Award as UNC's Most Valuable Swimmer for the second year in a row...was the ACC champion in the 200-yard freestyle for the second season in a row with a time of 1:36.43, meriting him fourth place on Carolina's All-Time Top 10 list...named UNC's Progress Energy Performer of the Week after his performance at the 2007 ACC Championships...a 2007 All-Atlantic Coast Conference performer in both the 200 and 500 freestyle events...swam a career best 4:19.99 while finishing second in the 500 freestyle at the ACC Championships, moving him into sixth place on the All-Time Top 10 list at Carolina...also placed seventh in the 1650 freestyle at the ACC meet...named the ACC Men's Swimming Performer of the Week on January 29,

2007...qualified for and competed at the NCAA Championships in the 200, 500,1650 freestyles and on the 800-yard freestyle relay...during the season he also achieved a career best in the 100-yard free that landed him eighth on the UNC All-Time Top 10 list for the event.

2005-06 (Freshman): ACC Men's Swimming Freshman of the Year...won the ACC championship in the 200-yard freestyle...earned honorable mention All-America honors in 500-yard freestyle by finishing 12th at NCAA Championships...All-ACC in the 200 and 500-yard freestyle events...excelled in both the ACC and NCAA Championships, setting career bests in the 500, 1000 and 1650-yard freestyles at NAAs and the 100- and 200-yard freestyle events at the ACC Championships...ranked No. 1 on UNC's end-of-the-year depth chart in four freestyle events... his 15:10.75 in the 1650-yard freestyle at the NCAA Championships ranked as the third-best time in UNC history... finished sixth in the 1650-yard freestyle and third in the 500-yard freestyle at the ACC Championships...voted Carolina's Most Valuable Swimmer.

Prep: Graduated from Turpin High School in June 2005...the YMCA national champion in the 500, 1000 and 1650-yard freestyles in 2004...high-point winner and Swimmer-of-the-Meet at YMCA Nationals...helped set a YMCA national record in the 800-yard freestyle relay in 2004...member of U.S. Swimming's Junior National Team...competed in 2005 Junior Pan Pacific Games in Hawaii...received the prestigious honor in 2003 of attending a U.S. Swimming Training Camp in Colorado Springs...Ohio state champion in 200 and 500-yard freestyles in 2005...Cincinnati Enquirer Swimmer of the Year in 2005...four-time high school All-America...holds 14 of 20 Turpin High School pool records...holds 20 of the 25 Turpin school records...his high school retired his swimming cap and goggles, placing them in the memorabilia area of the gymnasium...selected to attend the 2004 Anthony Munoz Leadership Conference...editor-in-chief of the Turpin newspaper, The Lancer.

Personal: Given name is Harrison John Browning...born February 19, 1987 in Cincinnati, Ohio...has one brother, Parker, 20...son of Bill and Diana Browning.

In The Huddle With Hank

Academic Major at Carolina: English
Career Plans: Undetermined
Hobbies: Napping, dancing, Halo
Athletes I Most Admire: Chad Johnson, Barry Larkin
Biggest Sports Thrill: Becoming an ACC Champion
People Who Have Had The Greatest Influence on My Athletic Career: My parents
Favorite Book: In Cold Blood by Truman Capote
Favorite Food: Pizza
Favorite Movie: American Beauty
Favorite TV Show: South Park
City I've Never Been To But Want To Visit: Penang, Malaysia
Entertainment Figure I'd Most Like To Have Dinner With: Oprah Winfrey



Steve CEBERTOWICZ
Sophomore
6-3
Sprint Freestyle
Milwaukee, Wis.

Career Best Times: 20.19 in the 50-yard freestyle (6th in school history); 43.91 in the 100-yard freestyle (School Record); 1:37.21 in the 200-yard freestyle (8th in school history).

General: A talented freestyle sprinter...enters his sophomore year ranked 2nd on UNC's pre-season depth chart in the 50 free, first in the 100 free where he owns the school record and 5th in the 200 free.

Long Course Highlights: Competed in the 2009 U.S. Open in the 50,100 and 200-meter freestyle...set a school record in the 100-meter freestyle with a time of 50.58.

2008-09 (Freshman): Competed at the 2009 ACC Championships in the 50, 100, and 200-yard freestyle events where he placed 19th, 15th, and 9th respectively... broke the school record in the 100-yard freestyle with a time of 43.91...he was also a member of the 4th and 5th place 200-yard medley and freestyle relays and also swam the 2nd leg on the 5th place 400-yard freestyle relay team...all three relays he swam on set new school records.

Prep: Graduated from Nicolet High School in June 2008...swam on the varsity swim team for four years...six-time YMCA National Champion in individual freestyle events and on relay teams...six-time NISCA All-America selection...captain of the Nicolet High School team...captain of the Schroeder YMCA squad.

Personal: Name is Steven Michael Cebertowicz...grandson of Richard and Mary Purrucker...was born October 17, 1989 in Milwaukee, Wis. ...has twin sisters, Nicky and Jenny, 23.

Speaking of Steven

Academic Major at Carolina: Undeclared
Career Plans: To be the first person to circumnavigate the world via submarine
Hobbies: Eating contests, collecting fortune cookies
Athlete I Most Admire: Michael Jordan
Biggest Sports Thrill: Being a part of breaking the 15-18 400 medley relay national record at the 2008 Long Course Junior National Championships
People Who Have Had the Greatest Influence on My Athletic Career: My grandparents; Adam Mania; Jason Procto
Favorite Book: Merriam-Webster's Collegiate Dictionary
Favorite Magazine: Cook's Illustrated
Favorite Food: Mahi Mahi
Favorite Movie: Ocean's 11
Favorite TV Show: Entourage
Favorite Website to Visit: Google
City I've Never Been To But Want To Visit: Rio de Janeiro, Brazil
Entertainment Figure I'd Most Like To Have Dinner With: Adriana Lima



Will COLBERT
Freshman
6-0
Breaststroke, Freestyle
Mequon, Wis.

Career Best Times: 54.27 in the 100-yard breaststroke, 2:02.30 in the 200-yard breaststroke, 21.68 in the 50-yard freestyle, and 48.17 in the 100-yard freestyle.

General: One of the top breaststroke recruits in the country...comes to Carolina already owning a time which would be the school record in the 100-yard breaststroke...a member of the USA National Youth Team in 2008-09.

Long Course Highlights: Holds the eighth fastest time for 15-16 year olds in United States history in the 100-meter breast...competed this summer at the 2009 US Open.

Prep: Attended the University School of Milwaukee in River Hills, Wis. where he was a member of the swim team for all four year...also played football his freshman year... a two-time Wisconsin high school swimming state champion and eight-time YMCA national champion...holds the national age group record in the 400 medley relay with his club team, Schroeder YMCA.

Personal: Name is Virgis William Colbert...son of Virgis and Angela Colbert...born August 10, 1991 in Mequon, Wis.

Candidly Colbert

Academic Major at Carolina: Undeclared
Career Plans: Undecided
Hobbies: Traveling, fishing, boating
Biggest Sports Thrill: Representing Team USA at a swim meet in Vancouver, B.C.
Person Who Has Had The Greatest Influence on My Athletic Career: My Mom
Favorite Book: In the Lake of the Woods
Favorite Magazine: ESPN The Magazine
Favorite Food: Mozzarella Sticks
Favorite Movie: Bad Boys 2
Favorite TV Show: NCIS
Favorite Website to Visit: Youtube.com
City I've Never Been To But Want To Visit: Sydney, Australia
Entertainment Figure I'd Most Like To Have Dinner With: Will Smith

Steve Cebertowicz





**Hunter
CWALINSKI**
Freshman
6-0
Freestyle
Fort Lauderdale,
Fla.

Career Best Times: 21.13 in the 50-yard freestyle; 45.46 in the 100-yard freestyle; 1:42.89 in the 200-yard freestyle.

General: A talented freshman sprinter who will add depth to the sprint group at Carolina.

Prep: Graduated on May 24, 2009 from Cardinal Gibbons High School in Fort Lauderdale, Fla. ...specializes in the sprint freestyle events...was named All-County and team MVP during his four years at Cardinal Gibbons...also served as team captain...a four-year honor roll recipient as well.

Personal: Full name is Hunter David Cwalinski...the son of Paul and Helen Cwalinski...was born August 22, 1991 in Fort Lauderdale, Fla. ...has two brothers, Saxon, 16, and Justin, 5...also has a sister, Ana, 12.

Hunter's Highlights

Academic Major at Carolina: International Studies

Career Plans: Foreign relations

Hobbies: Fishing, hanging out, meeting people

Athlete I Most Admire: Former teammate Donald Sutton, III

Biggest Sports Thrill: Watching Jason Lezak beat the French at the 2008 Olympics

People Who Have Had The Greatest Influence on My Athletic Career: My coach, Duffy Dillon, and my parents.

Favorite Book: Into the Green

Favorite Magazine: Splash

Favorite Food: Apple Pie

Favorite Movie: Gladiator

Favorite TV Show: House

City I've Never Been To But Want To Visit: Warsaw, Poland.

Entertainment Figure I'd Most Like To Have Dinner With: Adriana Lima



**Jim
FLANNERY**
Sophomore
6-0
Backstroke
Bronxville, N.Y.

Career Best Times: 49.12 in the 100-yard backstroke (5th in school history); 1:46.35 in the 200-yard backstroke (6th in school history); 1:53.70 in the 200-yard individual medley.

General: A force in the backstroke events, Flannery brings tremendous scoring potential in both the 100 and 200-yard backstroke events in dual and championship meets...looking to improve upon a fast freshman season for the Tar Heels.

Long Course Highlights: Swam the 100 and 200-meter backstrokes at the 2009 U.S. Open in Federal Way, Wash....set lifetime bests in both events at 1:00.00 and 2:08.28, respectively.

2008-09 (Freshman): Won the 200-yard backstroke in the dual meet with Duke with a time of 1:49.68...also swam personal best times in the 100-yard backstroke (49.12), 200-yard backstroke (1:46.35), and 200-yard individual medley (1:53.70) at the Tar Heel Last Chance Meet.

Prep: A graduate of Bronxville High School...active in club swimming since he was nine years old...swam for his high school team for three years...named a high school All-America three times in the 100-yard backstroke...team captain of Section One Boys' High School Swim Team...was the David Engalls Award recipient, an award given to the athlete who shows dedication and determination in scholarship and athletics at his high school.

Personal: Name is James Joseph Flannery...son of Robert and Nonie Flannery...was born March 20, 1990 in New York City...has three brothers, Dayton, 14, John, 12, and Aidan, 8, and two sisters, Hayley, 20, and Tori, 17.

Figuring Out Flannery

Academic Major at Carolina: Undeclared

Career Plans: Undecided

Hobbies: Swimming

Athlete I Most Admire: Derek Jeter

Biggest Sports Thrill: Achieving All-America honors for the first time

Person Who Has Had The Greatest Influence on My Athletic Career: My Dad

Favorite Book: To Kill a Mockingbird by Harper Lee

Favorite Magazine: Sports Illustrated

Favorite Food: Sloppy Joes

Favorite Movie: Scent of a Woman

Favorite TV Show: ESPN SportsCenter

Favorite Website to Visit: espn.com

City I've Never Been To But Want To Visit: Rome, Italy

Entertainment Figure I'd Most Like To Have Dinner With: Will Farrell



**Robert
GRIMMETT-
NORRIS**
Junior
6-1
Fly, Free
Herndon, Va.

Career Best Times: 48.15 in the 100-yard butterfly (7th in school history); 1:47.26 in the 200-yard butterfly (8th in school history); 4:29.18 in the 500-yard freestyle.

General: Two-time returning letter winner who excels in the butterfly events...was one of the several talented freshman recruits from the D.C. area in the recruiting class of 2007.

Long Course Highlights: Competed in the 2009 British Gas ASA Championships in Sheffield, England where he swam the 100-meter backstroke and 100 and 200-meter butterfly events.

2008-09 (Sophomore): Set career best times at the 2009 ACC Championships in the 100-yard butterfly (48.15), 200-yard butterfly (1:47.26) and 500-yard freestyle (4:29.18)...a member of the 2008-09 ACC Honor Roll.

2007-08 (Freshman): Set a trio of career best times in the 100-yard butterfly by posting a time of 49.06, in the 200-yard butterfly with a time of 1:49.02 and in the 500-yard freestyle with a time of 4:32.25, all set at the ACC Championships...was a consolation finalist in the 200-yard butterfly...tapped for the 2007-08 ACC Academic Honor Roll.

Prep: A graduate of Georgetown Preparatory School in North Bethesda, Md. ...was the captain of swim team at Georgetown Prep...Potomac Valley Swimming Performer of the Year in 2000 and 2004 for his age group with his club team...a four-year high school All-America selection... was a U.S. Swimming senior na-

The Goods On Grimmey

Academic Major at Carolina: Journalism

Career Plans: Attend Law School

Hobbies: Rock Band

Athlete I Most Admire: Michael Jordan

Biggest Sports Thrill: Watching the Tar Heels win the 2009 NCAA championship

Person Who Has Had The Greatest Influence on My Athletic Career: The head coach of my club team, Tim Kelly

Favorite Books: Angels & Demons by Dan Brown; The Bourne Identity by Robert Ludlum; The Bourne Supremacy by Robert Ludlum

Favorite Magazine: Car and Driver

Favorite Food: Surf n' Turf

Favorite Movie: Ace Ventura: When Nature Calls

Favorite TV Shows: South Park, The Fresh Prince of Bel-Air, Entourage

Favorite Websites To Visit: TarHeelBlue.com; espn.com

City I've Never Been To But Want To Visit: Cape Town, South Africa

Entertainment Figure I'd Most Like To Have Dinner With: The Fresh Prince of Bel-Air, Will Smith



Jim Flannery

tional qualifier in the 100 fly...was a member of the NCSA junior national all-star team.

Personal: Given name is Robert Wade Grimmett-Norris...the son of Sally Grimmett and Drury Norris...nicknames include Grimmy, Grimbo, Grimy, Grommett, RGB and Bizzle...was born July 10, 1989 in Watford, England...has two brothers, Michael, 17, and Christopher, 15.



Josh HAFKIN
Junior
6-1
Backstroke
Rockville, Md.

Career Best Times: 47.76 in the 100-yard backstroke (2nd in school history); 1:44.47 in the 200-yard backstroke (2nd in school history); 20.73 in the 50-yard freestyle.

General: Specializes in the backstroke events but can also swim the freestyle sprints...ranks second on UNC's preseason depth chart in the 100 and 200-yard backstroke events...a two-time returning letter winner who has had an excellent first two years at Carolina...came to UNC in 2007 as one of the nation's top high school backstrokers.

Long Course Highlights: Competed for Team USA at the 2009 Maccabiah Games in Israel...a member of the victorious 400-meter medley relay swimming with U.S. Olympic gold medalist and world record holder, Jason Lezak...Hafkins swam on the backstroke leg on that relay team.

2008-09 (Sophomore): Worked hard to bounce back from an injury suffered during the spring of his freshman year...achieved personal best times at the ACC meet in the 100-yard backstroke (47.76) and 200-yard backstroke (1:44.47).

2007-08 (Freshman): Had a season best time of 48.49 seconds in the 100-yard backstroke, a time which moved him into third place on UNC's all-time Top 10 list...top time in the 200-yard backstroke was 1:47.78, which placed him sixth in Tar Heel history...had some solid swims at the 2008 ACC Championships...swam the backstroke leg of the 200-yard medley relay team that finished fourth with a time of 1:27.97, a school record...finished seventh in the 100-yard backstroke with a time of 48.95...led off the 400-yard medley relay team that took fifth place with a time of 3:17.89...his time of 1:47.78 in the 200-yard backstroke claimed 10th place.

Prep: Graduated in May 2007 from Georgetown Preparatory School in North Bethesda, Md. ...three-year swimming letterman for Georgetown Prep...lettered as a freshman in swimming at Bullis School in Potomac, Md. ...15-time high school All-America selection, including nine times as an individual choice and six mentions on relay teams...four-year All-Interstate Athletic Conference selection...four-year Washington Post All-Met Team honoree and the newspaper's All-Met Swimmer of the Year in both 2006 and 2007...four-time Mont-

gomery County All-Gazette swimming and diving team selection, winning the paper's swimmer of the year accolade in '06 and '07...named to All-Washington Examiner swimming and diving team four years and was its swimmer of the year as a junior and senior...team captain of Georgetown Prep in the 2006-07 season...led his high school to three metro team championships...won the metro outstanding performance award...National Catholic Championships Swimmer of the Meet in 2006...Washington Metropolitan Prep School Swim and Dive League swimmer of the year selection...an Olympic Trials qualifier...2006 U.S. Swimming National Junior Team member...named to 2005 U.S. team which competed at the Maccabiah Games in Ramat Gan, Israel...chosen for 2003 U.S. Swimming National Select Camp...copped a spot on the 2007 National Club Swimming Association All-America Team...Potomac Valley Swimming's performer of the year for his age group in 2002, 2003, 2004, 2005, 2006 and 2007...swam the backstroke leg of a national age group record-setting medley relay team...led the Rockville Montgomery Swim Club to a junior national championship in 2007...holds 32 RMSC records.

Personal: Given name is Joshua Victor Hafkin...the son of Nancy and Marc Hafkin...has one brother, Jake, 25, and one sister, Bridget, 34.

Hafkin: Habitué Of The Pool

Academic Major at Carolina: Communications (Interpersonal Relations)

Career Plans: Undetermined

Hobbies: Collecting Star Wars cards

Athlete I Most Admire: Tiger Woods

Biggest Sports Thrill: Coming from behind to win the 4x100 freestyle relay against our arch rival Gonzaga

Person Who Has Had The Greatest Influence on My Athletic Career: My club coach, Jim Williams

Favorite Books: Gold in the Water by P.H. Mullen; The Peaceful Warrior by Dan Millman

Favorite Magazine: Sports Illustrated

Favorite Food: Anything from The California Pizza Kitchen

Favorite Movie: Spaceballs

Favorite TV Show: Scrubs

Favorite Website To Visit: Facebook

Place I've Never Been To But Want To Visit: Rapa Nui

Entertainment Figure I'd Most Like To Have Dinner With: Megan Fox



Brad Hamilton



Brad HAMILTON
Sophomore
6-2
Free, Fly,
Breast
St. Andrew
Parish, Jamaica

Career Best Times: 20.09 in the 50-yard freestyle (3rd in school history); 44.16 in the 100-yard freestyle (2nd in school history); 57.16 in the 100-yard breaststroke; 48.53 in the 100-yard butterfly.

General: An outstanding sprinter who will be a leader in UNC's 2009-10 sprint corps...versatile swimmer who can swim any of the sprint freestyle, breaststroke and butterfly events...on Carolina's preseason depth chart, he ranks first in the 50 free at 20.09, tied for second in the 100 free at 44.16, fifth in the 100 fly at 48.53 and fourth in the 100 breast at 57.16.

Long Course Highlights: Competed for his native country, Jamaica, at the 2009 World Championships in Rome, Italy.

2008-09 (Freshman): Started his career at Carolina with an impressive freshman campaign...placed 13th at the ACC Championships in the 50-yard freestyle with a time of 20.09, only .03 off the school record...also placed 10th in the 100-yard freestyle (44.16) and 20th in the 100-yard butterfly (48.61).

Prep: A graduate of the Baylor School in Chattanooga, Tenn. ...swam sprint freestyle, butterfly and breaststroke in high school...captain of the varsity team...two-time Tennessee high school state champion...two-time Eastern Swimming champion...Academic All-America selection.

Personal: Name is Brad Anthony Hamilton...son of Ransford and Merlene Hamilton...was born November 20, 1989 in St. Andrew Parish, Jamaica...has one sister, Nicole, 25.

Brad's Basics

Academic Major at Carolina: Psychology

Career Plans: Sports psychologist

Hobbies: Eating, sleeping, playing tennis, listening to music

Athlete I Most Admire: Michael Jordan

Biggest Sports Thrill: Breaking a 36-year-old Jamaican swimming record

People Who Have Had The Greatest Influence on My Athletic Career: My Parents

Favorite Book: It's Not About the Bike: My Journey Back to Life by Lance Armstrong

Favorite Magazine: Sports Illustrated

Favorite Food: Asian Cuisine

Favorite Movies: Gladiator; The Italian Job

Favorite TV Show: House

Favorite Website to Visit: Facebook

City I've Never Been To But Want To Visit: Geneva, Switzerland

Entertainment Figure I'd Most Like To Have Dinner With: Rihanna



Tyler HARRIS
Junior
5-10
IM, Fly,
Breast, Free
Richmond, Va.

Career Best Times: 1:44.86 in the 200-yard individual medley (School Record); 3:43.52 in the 400-yard individual medley (School Record); 1:47.06 in the 200-yard butterfly (6th in school history); 1:56.45 in the 200-yard breaststroke (2nd in school history); 1:38.56 in the 200-yard freestyle; 4:26.64 in the 500-yard freestyle.

General: Holds school records in the 200 IM (1:44.86) and 400 IM (3:43.52)... also ranks high on the UNC depth chart in the 200 fly, 200 breast and middle distance free events... a two-year returning letter winner who is one of the most versatile swimmers at Carolina in many years...a two-year NCAA qualifier.

Long Course Highlights: Broke his own University records in the 200-meter IM (2:03.13) and 400-meter IM (4:19.21) at the 2009 U.S. Open...at that meet he finished 16th in the 200-meter butterfly, 6th in the 400-meter IM and 15th in the 200-meter IM...had set a pair of University long course records in the summer of 2008 in both IM events...also set Virginia state U.S.S. long course records in summer 2008 in the 200 IM and 400 IM...he went 2:04.39 in the 200-meter individual medley and 4:21.94 in the 400-meter individual medley at the 2008 U.S. Open to establish those marks... finished ninth in the 400-meter IM and 13th in the 200 fly and 200 breaststroke...qualified for the 2008 U.S. Olympic Trials in three events — the 200-meter fly, the 200-meter IM and the 400-meter IM...at the Trials, he set what were then school records in the 200 IM at 2:05.89 and in the 400 IM where he placed 12th...finalized in the 400 IM at 2007 summer senior nationals, taking 15th place.

2008-09 (Sophomore): Capped off an excellent sophomore season with a trio of swims at the NCAA Championships, finishing 26th in the 200-yard individual medley (a school record 1:44.86), 12th in the 400-yard individual medley (3:44.93), and 29th in the 200-yard breaststroke (1:57.81) ...named an honorable mention All-America in the 400 IM for the second straight year...at the ACC Championships he placed ninth in the 200-yard individual medley, second in the 400-yard individual medley with a school record time of 3:43.52 and fourth in the 200-yard breaststroke in a career best time of 1:56.45...was a member of the fifth-place 800-yard freestyle relay team which set the school record...2009 All-ACC selection...won the team's most valuable swimmer award...named to the 2008-09 Academic All-ACC Team for the second straight year...a member of the 2008-09 ACC Academic Honor Roll...was twice named the ACC Men's Swimming Performer of the Week on Novem-

ber 4 and November 25.

2007-08 (Freshman): Earned All-America honors with a 14th-place finish in the 400-yard individual medley at the NCAA Championships...was the ACC champion in the 400-yard individual medley...at the ACC Championships he set career best times in the 400-yard IM with a time of 3:47.04 and in the 200-yard butterfly with a time of 1:47.35...set a career best in the 200-yard IM with a time of 1:48.76 at the NCAA Championships...also set a career best time in the 1000-yard freestyle with a time of 9:14.36 in the dual meet against Minnesota...his time of 3:47.04 in the 400-yard IM was a school record and gave him the league title...named ACC Men's Swimmer of the Week on November 13, 2007 after winning a trio of individual events in the Tar Heels' dual meet win against Duke...was a member of the 800-yard freestyle relay that finished fourth at the ACC Championships with a time of 6:34.66, knocking more than 12 seconds off the relay's seed time...placed sixth in the 200-yard IM with a time of 1:49.65...his performance in the 400 IM at the ACC Championships made him the first Tar Heel to take the title in that event since 1986...his time of 1:47.53 in the 200 butterfly at the ACC Championships earned him seventh place...earned All-ACC honors ... named All-America, one of the three Tar Heels selected, the most for UNC since 2004...won the team's most valuable swimmer award... named to the 2008 ACC All-Academic Team.

Prep: A June 2007 graduate of The Steward School...a four-year swimming letterman there...competed in club swimming for Poseidon Swimming...attained U.S. Swimming senior national qualifying times in the 200 breast, 200 fly, 200 IM, 800 free, 400 free and 400 IM as a member of Poseidon...entered college having already qualified for the 2008 Olympic Trials in the 200 IM, 400 IM and 200 fly...Richmond Times-Dispatch 2007 Scholar-Athlete of the Year finalist...was named by the newspaper as its 2007 high school male

Typing Up The Trends Of Tyler

Academic Major at Carolina: Journalism (Public Relations)
Career Plans: To do something that involves traveling
Hobbies: Sitting around, hanging around with friends, fishing
Athlete I Most Admire: Lance Armstrong
Biggest Sports Thrill: Making my first Olympic Trials cuts
Person Who Has Had The Greatest Influence on My Athletic Career: My club team coach, Ted Sallade
Favorite Book: Oh, the Places You'll Go! by Dr. Suess
Favorite Magazine: ESPN The Magazine
Favorite Food: Barbecue Sandwiches
Favorite Movie: Men of Honor
Favorite TV Show: The Office
Favorite Website To Visit: espn.com
City I've Never Been To But Want To Visit: Aspen, Colo.
Entertainment Figure I'd Most Like To Have Dinner With: Bear Grylls of Man vs. Wild

swimmer of the year...broke Virginia's 17-18 age group records in both the 200-yard fly at 1:47.75 and 200-meter fly at 2:02.52...a Scholastic All-America selection...qualifier for U.S. Junior Nationals in 11 events, including at least one event each in the freestyle, backstroke, butterfly and breaststroke...attended 2006 U.S. Swimming National Select Camp...March 2007 Richmond Times-Dispatch athlete of the month...honor roll student...member of FCA and treasurer of National Honor Society.

Personal: Given name is William Tyler Harris...is the son of Chip and Bev Harris...was born September 23, 1988 in Los Angeles, Calif. ...has one sister, Sommer, age 14.



Alex ISMAIL
Junior
6-3
Freestyle
Zionsville, Ind.

Career Best Times: 20.74 in the 50-yard freestyle; 44.89 in the 100-yard freestyle; 1:38.89 in the 200-yard freestyle.

General: A solid middle distance and sprint freestyler...two-time letterman...as a junior he will continue his role in adding depth to the team and challenging for a place among the top-tier freestylers in Carolina's excellent freestyle group...was only the second men's swimmer from Indiana to enroll at Carolina in the past three decades, joining Chad Ames of Crawfordsville (2003-06).

Long Course Highlights: Competed at the 2009 Speedo Sectional Championships in Knoxville, Tenn....earned three lifetime best times in the 50-meter freestyle (23.83), 200-meter freestyle (1:54.32) and 100-meter freestyle (52.34).

2008-09 (Sophomore): Spent most of the year battling an injury but finished the season on a positive note, achieving personal best times in the 50, 100, and 200-yard freestyle events at the Carolina Last Chance Meet...had his best dual meet finish of the season against Duke, placing second in the 200-yard freestyle behind teammate Chip Peterson...named to the 2008-09 ACC Academic Honor Roll...a fall 2008 Dean's List selection.

2007-08 (Freshman): Set career best times in the 50-yard (21.25) and 200-yard freestyle events (1:40.81) at the ACC Championships...competed for the Tar Heels at the conference meet as an exhibition entry...named to the 2007-08 ACC Academic Honor Roll.

Prep: Graduated in June 2006 from Zionsville Community High School, just northwest of Indianapolis in Boone County...swam for the Eagles' swimming team for four years...captain of the swim team from 2005-2007...three-time state high school qualifier in the 200-yard freestyle, finishing third as a senior...also finished third in the state meet as a senior in the 100-yard freestyle...ZCHS record holder in the

100, 200 and 500 freestyles, 100 back and as a member of the 200 medley, 200 freestyle and 400 freestyle relay squads...team MVP all four years...coached by Charlie Fry at the Washington Township Swim Club in Indianapolis...junior national qualifier in the 50, 100, 200 and 400-meter freestyles as well as the 200 back and on 400 free, 400 medley and 800 free relay units...member of National Honor Society...participated in PEER facilitating with elementary and middle school students.

Personal: Full name is Alexander Rashad Ismail...son of Richard Ismail and Betsy Ismail...was born April 3, 1989 in Cincinnati, Ohio...has one sister, Alison, 15.

Alex's Attributes

Academic Major at Carolina: International Area Studies

Career Plans: Undetermined

Hobbies: Listening to music, reading, watching foreign films, playing tennis, and watching professional soccer, college football and basketball

Athlete I Most Admire: Tom Dolan

Biggest Sports Thrill: Swimming in the finals of the Indiana State High School Athletic Association swimming championships

Person Who Has Had the Greatest Influence on My Athletic Career: My former Washington Township Swim Club coach Mark Hesse

Favorite Book: In Cold Blood by Truman Capote

Favorite Magazine: Men's Health

Favorite Food: Anything from Fresh Market

Favorite Movie: Forrest Gump

Favorite TV Shows: Eastbound and Down, It's Always Sunny in Philadelphia, 30 Rock, The Office

Favorite Website To Visit: surfthechannel.com

City I've Never Been To But Want To Visit: Alexandria, Egypt

Entertainment Figure I'd Most Like To Have Dinner With: Keith Richards



Jeff JAMES
Senior
6-5
IM, Back, Free
Chapel Hill, N.C.

Career Best Times: 1:49.23 in the 200-yard individual medley (10th in school history); 49.33 in the 100-yard backstroke (9th in school history); 1:45.63 in the 200-yard backstroke (4th in school history); 20.73 in the 50-yard freestyle; 45.81 in the 100-yard freestyle; 1:39.84 in the 200-yard freestyle.

General: Was a tri-captain of the 2008-09 UNC men's team...ranks No. 3 on UNC's pre-season depth chart in the 200 back with a time of 1:45.63 and in the 200 IM with a time of 1:49.23...is fourth on the depth chart in the 100 back at 49.33...three-time returning letter winner who is one of Carolina's most versatile swimmers...an outstanding individual medley swimmer, backstroker and middle distance and sprint freestyler...swam for the North Carolina Aquatic Club in Chapel Hill before enrolling at Carolina.

Long Course Highlights: Qualified for the 2008 U.S. Olympic Trials in the 100-meter back, 200-meter back and 200-meter IM.

2008-09 (Junior): Capped off a successful junior season with school record-breaking swims as a member of the 400-yard medley relay, 400-yard freestyle relay and 200-freestyle relay...all three relays finished fifth at the ACC meet...swam the fastest legs of the 200- and 400-yard freestyle relays with splits of 19.08 and 43.52, respectively...his top individual swims of the ACC meet were two 15th place finishes in the 100 and 200-yard backstrokes...named to the 2008-09 ACC Academic Honor Roll...selected for the UNC Dean's List in both semesters of the school year...chosen as the ACC Performer of the Week on February 3 for his performances in the dual meet against Duke.

2007-08 (Sophomore): Set a new career best in the 200-yard backstroke by posting a time of 1:46.05 in the event at the ACC Championships...his time in the 200-yard backstroke moved him from third place into second place in school history...was a member of the 800-yard freestyle relay unit that finished fourth at the ACC Championships with a time of 6:34.66, knocking more than 12 seconds off the relay's seed time...also swam on three other relay teams at the ACC meet... his time of 1:46.05 in the 200-yard backstroke at the ACC Championships claimed sixth place...his time of 49.48 in the 100 backstroke claimed 10th place at the ACC Championships...placed 13th in the 200-yard individual medley at the league meet...named to the 2008 ACC All-Academic Men's Swimming and Diving Team, one of eight Tar Heels selected...selected for the 2007-08 ACC Academic Honor Roll, the Fall 2007 Dean's List and the Spring 2008 Dean's List.

2006-07 (Freshman): Competed in two events at the NCAA Championships — the

200-yard individual medley and as a member of the 800-yard freestyle relay...swam a career best in the 200 IM, placing ninth at ACC Championships and moving him into eighth place on UNC's All-Time Top 10 list...finished seventh in the 200-yard backstroke at the league championships...his performance in the 200-yard back was fast enough to place him third on the UNC All-Time Top 10...was just off a career best with a 1:39.95 in the 200 freestyle at the meet...was on the 800-yard freestyle relay which placed third at the ACC Championships...named to 2006-07 ACC Academic Honor Roll...was a fall semester 2006 Dean's List selection.

Prep: Graduated from Chapel Hill High School in June 2006...swam at CHHS for four years competing in the 100 & 200 backstrokes, 200 & 400 IMs and 50, 100 and 200 frees...senior national U.S. Swimming qualifier while in high school...won multiple high school individual state titles...achieved 2008 U.S. Olympic Trials qualifying times in multiple events while still in high school.

Personal: Given name is Jeffrey Edward James...nicknamed Thunderbreeze or The Spaniard...son of Steve and Linda James...was born August 26, 1988 in Pittsburgh, Pa. ...has three brothers, Steve, 26, Dave, 23, and Scott, 15.

The Gist of Jeff

Academic Major at Carolina: Journalism

Career Plans: Become a stay-at-home dad or run a restaurant with former teammate Michael Wilson

Hobbies: Long walks on the beach, picking berries

Athlete I Most Admire: Jared Kleber

Person Who Has Had The Greatest Influence on My Athletic Career: Andre Agassi

Favorite Book: Pride and Prejudice by Jane Austen

Favorite Food: Escargot

Favorite Movies: Sweet Home Alabama, Rudy

Favorite TV Show: Scrubs

Country I've Never Been To But Want To Visit: Australia

Entertainment Figures I'd Most Like To Have Dinner With: The Ladies of The View



Flynn JONES
Junior
6-0
Breaststroke
Cary, N.C.

Career Best Times: 55.41 in the 100-yard breaststroke (8th in school history); 2:02.07 in the 200-yard breaststroke; 1:53.57 in the 200-yard individual medley.

General: A two-time returning letter winner in UNC's talented breaststroke group...earned a spot on UNC's scoring team at the ACC Championships as a freshman...comes from a family of life-long Carolina fans.

Long Course Highlights: Competed at the



Jeff James

2009 U.S. Open in Federal Way, Wash. in the 100-meter breaststroke.

2008-09 (Sophomore): Swam personal best times at the ACC meet in the 100-yard breaststroke (55.41), the 200-yard breaststroke (2:02.07) and the 200-yard individual medley (1:53.57)...named to the 2008-09 ACC Academic Honor Roll...a fall 2008 Dean's List selection...received the Richard E. Jamerson Memorial Award as the Most Improved Swimmer for the second straight year.

2007-08 (Freshman): Set a career best time in the 100-yard breaststroke with a time of 58.36 at the ACC Championships...had his career best in the 200-yard breaststroke with a time of 2:08.21 in the dual meet against Virginia... received the team's Richard E. Jamerson Memorial Award as the Most Improved Swimmer.

Prep: A 2007 graduate of Green Hope High School...was a member of the swimming team there for four years and the soccer team for two years...was the swim team's MVP three years and coaches award winner once...All-Tri-8 Conference selection...swim team captain as a junior and senior...member of Spanish National Honor Society.

Personal: Given name is Michael Flynn Jones...son of Pete and Mary Jones...was born August 17, 1989 in Raleigh, N.C. ...has one sister, Amelia.

Featuring Flynn

Academic Major at Carolina: Journalism (Advertising)

Career Plans: Lottery winner

Hobbies: Tennis, sleeping

Athlete I Most Admire: Tiger Woods

Biggest Sports Thrill: Any race I've ever won

People Who Have Had The Greatest Influence on My Athletic Career: My parents

Favorite Book: Catcher in the Rye by J.D. Salinger

Favorite Magazine: ESPN The Magazine

Favorite Food: A bacon, egg and cheese sandwich from Sutton's

Favorite Movies: Apocalypse Now, Pulp Fiction

Favorite TV Shows: Chappelle's Show, Reno 911

Favorite Website To Visit: espn.com

City I've Never Been To But Want To Visit: Rio de Janeiro, Brazil

Entertainment Figure I'd Most Like To Have Dinner With: Dr. Dre



Ryland JONES
Freshman
5-9
Diving
Chapel Hill, N.C.

General: Diving coach Kevin Lawrence is high on the promise of freshman diver Ryland Jones...Quoting Lawrence: "I've had the pleasure of working with Ryland the last seven years as a diver for the Tar Heel Diving Club, and I am very fortunate that he has decided to become a Tar Heel. He is a gifted diver with many strengths, and will immediately add depth and talent to our program. His past success has come from internal motivation and really there is nothing he cannot accomplish if he puts his mind to it. His values and what he stands for is second to none."

Prep: Dove for East Chapel Hill High school where he was the captain of the team his senior year...named an All-America all four years of his high school career...also dove for the NCAC Diving Club since 2004...named NCAC Diver of the Year in 2008.

Personal: Given name is Ryland Oakes Jones... son of Randal and Mary Jones...born January 3, 1991 in London England...has one brother Barrett, 19, and two sisters, Madison, 15, and Marina, 13.

Ruminating With Ryland

Academic Major at Carolina: Undeclared

Career Plans: Undecided

Hobbies: Diving, Basketball, Fishing

Athletes I Most Admire: He Chong, Diego Sanchez

Person Who Has Had The Greatest Influence on My Athletic Career: Kevin Lawrence

Favorite Book: Cold Mountain by Charles Frazier

Favorite Magazine: National Geographic

Favorite Food: Burgers

Favorite Movie: Dumb and Dumber

Favorite TV Show: The Simpsons

Favorite Website To Visit: YouTube.com

City I've Never Been To But Want To Visit: San Diego, Calif.

Entertainment Figure I'd Most Like To Have Dinner With: Jim Carrey

Joe Kinderwater



Joe KINDERWATER
Junior
5-11
Distance
Freestyle
Lancaster, Pa.

Career Best Times: 4:22.10 in the 500-yard freestyle (10th in school history); 8:56.26 in the 1000-yard freestyle (School Record); 14:46.06 in the 1650-yard freestyle (School Record); 3:52.70 in the 400-yard individual medley (8th in school history).

General: A 2008 U.S. Olympic Trials finalist in the 1500-meter freestyle...heads into the season as Carolina's top returning performer in the 1000 free at 8:56.28 and the 1650 free at 14:46.06...a two-year returning letterman who was one of the nation's top distance freestylers coming out of the high school ranks in 2006-07.

Long Course Highlights: Finished fourth in the 1500-meter freestyle at the 2009 U.S. World Championship Trials with a career best 15:13.83...named to the 2009 U.S. Swimming National Team after that performance...qualified for the 2008 Olympic Trials in the 1500-meter freestyle...finished eighth in the event with a new career best time of 15:21.84... finished fifth in the 1500-meter freestyle at the 2008 U.S. Open with a time of 15:23.26...took fourth in the 800-meter freestyle at the 2008 U.S. Open with a time of 8:06.78, a new career best...was a finalist in two events at the 2007 U.S. Swimming summer nationals, placing seventh in the 1500-meter freestyle and 12th in the 800-meter freestyle.

Open Water Highlights: In 2009, he was named to the U.S. Swimming Open Water National Team for the third straight year...at the 2008 U.S. Open Water Championships in Minneapolis, he had a third place finish with a time just under two hours in the 10k event...finished third in the 2007 U.S. 10k Open Water Swimming World Championship Trials...that earned him a spot to compete in the 2008 Open Water World Championships in Seville, Spain in the 5k race... finished 15th in the 2008 FINA World Open Water Swimming Championships in Spain in the 5k event with a time of 55 minutes and 21 seconds...was the ninth-place finisher in the spring of 2007 in the 5k event at the U.S. Championships.

2008-09 (Sophomore): Qualified for the NCAA Championships for the second straight season in the 1650-yard freestyle where he finished eighth in a school record time of 14:46.06, earning first-team All-America honors for the second consecutive year in the event...also competed in the 500-yard freestyle and 400-yard individual medley at the NCAA meet...at the ACC Championships, he finished 10th in the 500-yard freestyle (4:22.10), 13th in the 400-yard individual medley (3:52.70) and fourth in the 1650-yard freestyle (14:46.93)...selected as the ACC Performer of the Week for the week on November 11, 2008...won the team's Hill Carrow Spirit Award...named to 2008-09 ACC All-Aca-

demc Team.

2007-08 (Freshman): The ACC champion in the 1650-yard freestyle event...fifth-place finisher in the 1650-yard freestyle at the NCAA Championships...set career bests in the 500-yard freestyle with a time of 4:24.12 and in the 1650-yard freestyle with a time of 14:53.57 at the NCAA Championships...set a career best in the 1000-yard freestyle with a time of 8:58.09 in the dual meet against Virginia...his times in the 1000-yard and 1650-yard freestyles both set school records...named the ACC Men's Swimmer of the Week for two straight weeks in January after winning two events each against both Clemson and Virginia in dual meet action...those honors came on January 15 and 22, 2008, respectively...honored by CollegeSwimming.com as the National Collegiate Swimmer-of-the-Week (NCSW) for two straight weeks as determined by a panel of collegiate coaches (January 16 and January 23, 2008)...was selected as the UNC Progress Energy Performer of the Week after setting two career bests and winning two events in the Tar Heels' first dual-meet victory against Virginia in 10 years...earned ACC Men's Swimmer of the Week honors for a third time on February 5, 2008 after earning a pair of first-place finishes in dual meets against NC State and a tri-meet with Johns Hopkins and Emory...he was the only men's swimmer in the ACC to receive the weekly conference honor three times in 2007-08...finished fifth at the ACC Championships in the 500-yard freestyle with a time of 4:24.41...his title-earning time of 14:57.78 at the ACC Championships helped the Tar Heels claim second place in the team standings, their best finish since 2001...that time also qualified him for the 2008 NCAA Championships...he was one of three Tar Heels to win a title at the ACC meet...earned All-ACC honors...placed fifth in the 1650-yard freestyle at the NCAA Championships, the highest individual finish for a Tar Heel at the NCAA meet since 1993...honored as a first-team All-America...received the team's Richard E. Jamerson Memorial Award as the Most Outstanding Swimmer... named to the 2008 ACC All-Academic Men's Swimming and Diving Team, one of eight Tar Heels selected...2007-08 ACC Academic Honor Roll selection.

Prep: Graduated from Hempfield High School in Landisville, Pa., on June 5, 2007...swam four years for his high school team as a 200 and 500 freestyler and 200 IM specialist...a brilliant swimmer in the distance freestyle events from ages 9-18 for the Trident Swim Club...currently swims under Mike Gobrecht at the West Shore YMCA...2007 Pennsylvania state champion in the 500 free...a high school All-America in the 500 free his sophomore through senior campaigns...All-State selection in the 500 free and 200 IM in 2005, 2006 and 2007...captained his high school and club teams in 2007...member of U.S. Swimming's 2007 National Junior Team...as a high school swimmer, he already was an Olympics Trials qualifier for 2008...a high school academic All-America...National Honor Society member...member of National Foreign Language Honors Society.

Personal: Given name is Josef Henry Kinderwater...son of Craig and Pamela Kinderwa-

ter...was born March 31, 1989 in Baltimore, Md. ...has one sister, Kate, 17.

Deciphering The Kinder Code

Academic Major at Carolina: Exercise & Sports Science

Career Plans: To become a pediatrician

Hobbies: Traveling, cooking, going to the beach, tennis

Athlete I Most Admire: Roger Federer

Biggest Sports Thrill: Making the finals at the 2008 Olympic Trials in the 1500-meter freestyle

People Who Have Had The Greatest Influence on My Athletic Career: Coaches Peter Clark and Catherine Vogt

Favorite Book: The Outsiders by S.E. Hinton

Favorite Magazine: Sports Illustrated

Favorite Food: Everything

Favorite Movies: Home Alone, Ocean's 11

Favorite TV Show: House

Favorite Website To Visit: TarHeelBlue.com

City I've Never Been To But Want To Visit: College Station, Texas

Entertainment Figure I'd Most Like To Have Dinner With: Jack Black



Jake KINZBACH
Freshman
5-9
Diving
Montgomery,
Texas

General: UNC diving coach Kevin Lawrence is high on the potential of freshman on Jake Kinzbach. Quoting Lawrence: "Jake comes from one of the strongest age group programs in the country at The Woodlands and has developed into a top notch and complete diver. He is an excellent competitor and will push himself as well as the rest of the team to excellence. Another diver with a great code of ethics, he is an excellent fit into the Carolina diving family. UNC is very fortunate to have

Kinzbach Quick Facts

Academic Major at Carolina: Advertising

Career Plans: To be successful in whatever field I get into.

Hobbies: Paintball, Music, Hanging out with friends

Athlete I Most Admire: Travis Pastrana

Biggest Sports Thrill: Hearing the roar of the crowd after nailing a dive.

Person Who Has Had The Greatest Influence on My Athletic Career: My Mom

Favorite Book: I Hope They Serve Beer in Hell by Tucker Max

Favorite Magazine: Alternative Press

Favorite Food: Seafood

Favorite Movie: The Boondock Saints

Favorite TV Show: Scrubs

Favorite Website to Visit: Facebook.com

City I've Never Been To But Want To Visit: Tokyo, Japan

Entertainment Figure I'd Most Like To Have Dinner With: Seth Rogan

him dive at Carolina."

Prep: Won the 4A Texas state championship his junior and senior years after placing third and fourth in his freshman and sophomore seasons...in 2008, placed fourth and fifth at the U.S. Junior West National Championships and seventh at the U.S. Junior National Championships...invited to be on the U.S./Great Britain Challenge team...a U.S. Senior Nationals qualifier in the one-meter, three-meter, and 3-meter synchro events.

Personal: Full name is Jacob Charles Kinzbach...son of Jennifer Kinzbach and Jeff Kinzbach ...was born October 26, 1991 in Bedford, Texas...has one brother, J.J., age 20.



Sean LANE
Sophomore
6-2
Distance
Freestyle
Garden City, N.Y.

Career Best Times: 4:27.55 in the 500-yard freestyle; 9:15.11 in the 1000-yard freestyle; 15:36.05 in the 1650-yard freestyle.

General: A returning letter winner in the distance freestyle events...ranks fifth on UNC's preseason depth chart in the 1000 free and seventh in the 1650 free.

Long Course Highlights: Competed at the 2009 U.S. World Championship Trials in the 1500-meter freestyle.

2008-09 (Freshman): Competed at the ACC Championships as an exhibition swimmer...had career best times in the 500-yard freestyle (4:27.55) and 200-yard freestyle (1:42.58) at the ACC meet.

Prep: Graduated from Garden City High School in Garden City, N.Y. in June 2008...was a four-year letterman in swimming

The Lowdown On Lane

Academic Major at Carolina: Undeclared
Career Plans: Become a sports psychologist

Hobbies: Sports, sleeping, hanging out with friends, eating

Athletes I Most Admire: Muhammad Ali, Tim Shaw

Biggest Sports Thrill: Being a part of the first age group team to beat the New York Athletic Club in over 15 years

Person Who Has Had The Greatest Influence on My Athletic Career: My club coach Dave Ferris

Favorite Books: The Harry Potter books by J.K. Rowling

Favorite Magazine: Sports Illustrated

Favorite Food: Lasagna

Favorite Movie: 300

Favorite TV Show: Lost

Favorite Website to Visit: Yahoo

City I've Never Been To But Want To Visit: Sydney, Australia

Entertainment Figure I'd Most Like To Have Dinner With: Will Smith

there...served as the captain of his team his senior year...twice was named Long Island's Most Valuable Swimmer...a senior national qualifier in the 800-meter and 1500-meter freestyles...two-time high school All-America selection.

Personal: Full name is Sean Michael Lane...Sean is the son of Thomas and Linda Lane...was born June 21, 1990 in the borough of Queens, in New York City ...has one brother, Thomas, age 12.



Victor LeCLERE
Sophomore
5-10
Butterfly
Brookfield, Wis.

Career Best Times: 4:32.17 in the 500-yard freestyle; 9:25.87 in the 1000-yard freestyle; 49.41 in the 100-yard butterfly; 1:47.80 in the 200-yard butterfly.

General: Earned membership in 2009 on the French U22 National Team...a returning letter winner who excels in the butterfly events and also swims distance freestyle...heads into his sophomore campaign ranked fourth on the preseason UNC depth chart in the 200-yard butterfly and seventh in the 100-yard butterfly...finished sixth in the 200-meter butterfly in the 2008 French Olympic trials ...competed under the banner of the French Tricolore in the Tri-Nations Cup in the summer of 2008.

Long Course Highlights: Competed at the 2009 U.S. Open in Federal Way Washington for his hometown club team, Schroeder YMCA. **2008-09 (Freshman):** Qualified for the scoring team at the ACC Championships as a freshman...swam personal best times at the conference meet in the 500-yard freestyle (4:32.17), and the 100 (49.41) and 200-yard butterfly events (1:47.80)...he finished 11th in the ACC meet in the 200 fly...named to the 2008-09 ACC Academic Honor Roll...chosen for the 2008-09 ACC All-Academic Men's Swimming and Diving Team.

Prep: Swam butterfly and freestyle for the Schroeder YMCA club team...swam butterfly and freestyle for his varsity high school team for three years at Brookfield High School...member of his high school's varsity track and field and cross country teams...member of medley relay teams that hold the Wisconsin state records at the 200 and 400 distances...member of the 200 and 400 medley relay teams and 200 freestyle relay team that won titles the YMCA National Championships...named MVP of his high school team three years straight...named U.S. Swimming's Wisconsin state champion in the 100 and 200 butterfly events...named AP Scholar with distinction his junior year...named to the honor roll for four years...Scholastic All-America selection...member of the Spanish National Honor Society...graduated as a National AP Scholar.

Personal: Name is Victor Clement Leclere...son of Igor and Isabelle

Leclere...was born December 8, 1989 in Melun, France...has two brothers, Flavien, 22, and Theodore, 17.

Leclere Of Les Bleus
Academic Major at Carolina: Biology
Career Plans: Undecided

Hobbies: Swimming, running, Frisbee, drawing

Athlete I Most Admire: Erik Vendt

Biggest Sports Thrill: Swimming in the 2008 French Olympic Trials

Person Who Has Had The Greatest Influence on My Athletic Career: My age group club coach Robert White

Favorite Book: Angels and Demons by Dan Brown

Favorite Magazine: National Geographic

Favorite Food: Anything

Favorite Movie: American History X

Favorite TV Show: The Office

Favorite Website to Visit: floswimming.com

City I've Never Been To But Want To Visit: Lhasa, Tibet

Entertainment Figure I'd Most Like To Have Dinner With: Edward Norton



Tom LUCHSINGER
Freshman
6-2
IM, Fly
Mt. Sinai, N.Y.

Career Best Times: 1:37.12 in the 200-yard freestyle; 4:24.80 in the 500-yard freestyle; 1:49.26 in the 200-yard butterfly; 48.37 in the 100-yard butterfly; 49.56 in the 100-yard backstroke; 1:48.35 in the 200-yard backstroke.

General: One of Carolina's top recruits from the high school class of 2009...had an excellent summer season, finishing in 11th place in the 200-meter butterfly at the U.S. World Championship Trials and setting a new university record in the event before he even set foot on campus.

Long Course Highlights: Competed in the 2009 U.S. World Championship Trials in the 200-meter butterfly...placed 11th in the event with a time of 1:59.93...also swam at the Junior Pan Pacific Championships in January 2009, placing fourth in the 200-meter butterfly, 10th in the 100-meter butterfly and 10th in the 200-meter individual medley.

Prep: Swam eight years for the Three Village Swim Club under Coach Barry Roffer and four years for Mt. Sinai High School...All-America in the 200-yard freestyle and 100-yard butterfly...won the Scholar-Athlete Award for the Long Island Swimming Officials Association...named Swimmer of the Year and All-Star Long Island Athlete for 2009 by Newsday...also won the NYS Award for Sportsmanship...NYS record holder in the 200-yard freestyle and 100-yard butterfly...multiple time state champion...2009 National Junior Team

Member...2008-09 USA Swimming Scholastic All-America.

Personal: Full name is Thomas James Luchsinger...the son of Jack and Liz Luchsinger...was born February 28, 1991 in Bethpage, N.Y...has two brothers, Ryan, 20 and Sean, 16.

A Little Bit About Luchsinger
Academic Major at Carolina: Undecided
Career Plans: Undecided

Hobbies: Swimming, Biking, Running, Water Skiing, Wake boarding, Anything active

Athlete I Most Admire: Lance Armstrong

Biggest Sports Thrill: Breaking a 23 year old New York State High School Record

People Who Have Had The Greatest Influence on My Athletic Career: My Parents

Favorite Books: Five People You Meet in Heaven

Favorite Magazine: People

Favorite Food: Italian Food

Favorite Movie: My Cousin Vinny

Favorite TV Show: Friends

City I've Never Been To But Want To Visit: Athens, Greece

Entertainment Figure I'd Most Like To Have Dinner With: Jennifer Aniston



David MacDONALD
Sophomore
5-7
Diving
Darien, Conn.

Collegiate Career Best Scores: 353.10 in one-meter diving (2nd in school history); 387.70 in three-meter diving (3rd in school history); 233.45 in 10-meter platform diving (4th in school history).

General: An outstanding diver who again is expected to be one of the top divers in the ACC...earned his first letter after redshirting as a true freshman...ranks second in school history in one-meter diving, third in three-meter diving and fourth in platform diving.

2008-09 (Freshman): Achieved his top scores of the season in the one and three meter events at the Gamecock Invitational...his top platform performance of the season came at the ACC Championships...was a finalist in three-meter diving at the ACC Championships, finishing eighth.

2007-08: Redshirted during his true freshman season.

Prep: Graduated from Darien High School in 2007...a three-time high school All-America honoree...four-time Connecticut high school diving champion...YMCA national diving champion in the one-meter and three-meter springboard events...competed in East Nationals and was a finalist in Speedo Nationals.

Personal: Full name is David James MacDonald...son of Tom and Deb MacDonald...was born February 3, 1989 in Minneapolis, Minn. ...has one sister, Kim, 24.

Digging Up Dirt On David
Academic Major at Carolina: Undeclared
Career Plans: Not sure
Hobbies: Pokemon
Athlete I Most Admire: Reggie White
Biggest Sports Thrill: Winning the high school state diving championships for the 4th year in a row
Person Who Has Had The Greatest Influence on My Athletic Career: My club coach Joe Somma
Favorite Book: Angels and Demons by Dan Brown
Favorite Magazine: Snowboarder
Favorite Food: Pancakes
Favorite Movie: Friday
Favorite TV Show: South Park
Favorite Website To Visit: Oprah.com
City I've Never Been To But Want To Visit: Sydney, Australia
Entertainment Figure I'd Most Like To Have Dinner With: Bruce Bruce



Jason McLAUGHLIN
Senior
5-10
Fly, Free, IM
White Plains, N.Y.

Career Best Times: 4:23.42 in the 500-yard freestyle; 3:56.13 in the 400-yard individual medley; 1:44.37 in the 200-yard butterfly (School Record); 47.77 in the 100-yard butterfly (4th in school history).

General: One of UNC's most versatile and dependable swimmers...three-time returning letterman who owns the school record in the 200-yard butterfly... excels in the distance free, butterfly and IM events.

Long Course Highlights: Swam the 100 and 200-meter butterfly and 400-meter freestyle at the 2009 U.S Open.

2008-09 (Junior): Had a breakout season that was capped off by establishing the school record in the 200-yard butterfly individually and being a member of the 400-yard medley relay at the ACC Championships...named to the All-ACC Team for his performance in the 200-yard butterfly...finished as the runnerup in the event, just .64 of a second out of first place...also placed 13th in the 500-yard freestyle with a time of 4:23.46 and 11th in the 100-yard butterfly with a time of 47.77 at the ACC Championships...named to the 2008-09 Academic Honor Roll...named to the Dean's List in the spring semester of 2009.

2007-08 (Sophomore): At the ACC Championships he set career best times in the 500-yard freestyle with a time of 4:26.96, in the 400-yard IM with a time of 3:56.13 and in the 200-yard butterfly with a time of 1:47.73...placed 12th in the 500 free at ACCs...his time in the 200-yard butterfly lifted him into The Top 10 in school history and claimed eighth place at the Championships...his time of 3:57.43 in the 400 IM at the ACC Championships earned him eighth place... was the recipient of the Bruce Webster Memorial Award

as Most Dedicated Men's Swimmer on the squad.

2006-07 (Freshman): Competed in three events at the ACC Championships in his freshman season...placed fourth in the 200-yard fly and was the top finisher for Carolina in the event with his time of 1:48.04, moving him up to ninth place on Carolina's All-Time Top 10 list...took ninth place in the 1650 freestyle with a career best 15:25.71...also recorded a career best in the 400-yard IM where he finished seventh in championship finals...finished the year with ACC Top 10 Times in the 1000 and 1650 freestyles and the 400-yard individual medley.
Prep: Was a senior national qualifier in 1000 and 1650 freestyles as a prepster...was the captain of his high school team as a senior...2005-06 high school All-America in the 500 free...four-time All-Section honoree...four-time qualifier for N.Y. state high school championship meet.

Personal: Given name is Jason Oliver McLaughlin...nicknamed Jay...born April 28, 1988 in White Plains, N.Y. ...son of Stephen and Donna McLaughlin...has one brother, Sean, 22, and one sister, Lyndsey, 23.

The Jewel That Is Jason

Major: Sports Administration
Career Plans: Undecided
Hobbies: Playing and watching all sports, beating Hank Browning in all sports
Athlete Most Admired: Derek Jeter
Biggest Sports Thrill: Aaron Boone's walk-off home run in the 2003 ALCS game 7 against the Red Sox
Person With Greatest Influence on Athletic Career: High School Coach Ilan Noach
Favorite Book: Snow in August by Pete Hamill
Favorite Magazine: Sports Illustrated
Favorite Foods: Cheeseburger and French Fries
Favorite Movie: Rudy
Favorite TV Shows: The Simpsons, ESPN SportsCenter, Scrubs
Favorite Website To Visit: espn.com



Jesse MENDES
Sophomore
5-11
Distance
Freestyle
Chapel Hill, N.C.

Career Best Times: 4:32.55 in the 500-yard freestyle; 9:24.71 in the 1000-yard freestyle; 15:54.66 in the 1650-yard freestyle; 3:59.60 in the 400-yard individual medley.

General: A top-flight distance freestyle specialist who joins the Tar Heels for his second season after swimming for Chapel Hill High School and the North Carolina Aquatic Club...in addition to the distance events he also swims the individual medley.

Long Course Highlights: Competed at the 2009 Speedo Sectionals in Knoxville, Tenn.

2008-09 (Freshman): Swam personal best times in the 500-yard freestyle (4:32.55) and

400-yard individual medley (3:59.60) at the Tar Heel Last Chance Meet...named to the Dean's List in the fall semester of 2008.

Prep: Swam all four years of high school at Chapel Hill High School...ran cross country for three years as well...had a four-year undefeated dual meet career in high school swimming, finishing 29-0 over those four campaigns...team captain his senior year...helped lead the 2007-08 team to the North Carolina 4-A state high school championship...two-time U.S. Swimming Scholastic All-America honoree...had 14 different citations on his high school's All-Conference...was the runnerup in the 2008 state championships in the 200-yard freestyle...North Carolina state champion in the 500, 1000 and 1650-yard freestyles in 2008.

Personal: Name is O Jesse Nathan Mendes...son of Robert and Nicole Mendes...was born November 17, 1989 in Melbourne, Fla. ...has one brother Bryce, 17, and one sister Alexa, 15.

The Meaning of Mendes

Academic Major at Carolina: Biology
Career Plans: To become a surgeon
Hobbies: Chess, Scrabble, playing Super Smash Brothers
Athlete I Most Admire: Golfer Brandt Snedeker
Biggest Sports Thrill: Third Annual Winter Egg Fight
Person Who Has Had The Greatest Influence on My Athletic Career: Bryce Mendes
Favorite Book: Holes by Louis Sachar
Favorite Magazine: Endovascular Today
Favorite Foods: Chicken Wings, Sesame Chicken
Favorite Movie: How the Grinch Stole Christmas (2000)
Favorite TV Show: Friends
Favorite Website to Visit: TarHeelBlue.com
City I've Never Been To But Want To Visit: Penang, Malaysia
Famous Person I'd Most Like To Have Dinner With: Dean Smith



Mike MOHR
Freshman
5-11
Backstroke,
Freestyle
Mequon, Wis.

Career Best Times: 51.11 in the 100-yard backstroke; 1:50.13 in the 200-yard backstroke; 1:41.97 in the 200-yard freestyle; 21.78 in the 50-yard freestyle.

General: The fourth member of the Mohr family to enroll at Carolina and be a member of the men's swimming team in the past decade joining his three older brothers Stephen (2000-03), Eric (2002-05) and Mark (2005-08)...is also the fourth swimmer from the Milwaukee, Wis. area to join the UNC team in the past two years joining teammates Will Colbert, Victor Leclere and Steve Cebertowicz...will add

depth to the UNC backstroke and freestyle crops.

Prep: Short course national qualifier in the 200 backstroke...twice a top three finisher at the Speedo Sectional Swim Meet...a five-time individual Wisconsin state champion...helped Homestead High School continue its streak of 13 consecutive conference championships...achieved academic honor roll all four years of high school...an avid golfer and sports fan.

Personal: Given name is Michael Jon Mohr...son of Jim and Aline Mohr...has three brothers, all UNC swimming alums, Steve 28, Eric 25, and Mark 23.

More About Mohr

Academic Major at Carolina: Undeclared, possibly business or journalism

Career Plans: Join the Peace Corps

Hobby: Golfing

Athlete I Most Admire: Tiger Woods

Biggest Sports Thrill: Getting second place in the 200-yard backstroke at the Speedo Championship Series; attending the 2009 NCAA Final Four in Detroit where I saw UNC win the national championship.

People Who Have Had The Greatest Influence on My Athletic Career: My coach Dave Westfahl and my three older brothers.

Favorite Books: Next Man Up by John Feinstein

Favorite Magazine: Sports Illustrated

Favorite Food: Pizza

Favorite Movie: Gladiator

Favorite TV Show: The Office

Favorite Website: espn.com

City I've Never Been To But Want To Visit: Rome, Italy.

Entertainment Figure I'd Most Like To Have Dinner With: Tiger Woods



Drew OBERG
Freshman
5-10
IM, Fly, Back
Spartanburg,
S.C.

Career Best Times: 48.69 in the 100-yard butterfly; 46.72 in the 100-yard freestyle; 1:50.96 in the 200-yard individual medley; 50.39 in the 100-yard backstroke.

General: A versatile swimmer who excels in the sprints and middle distance events in butterfly, backstroke, freestyle and individual medley...will begin his freshman year competing for one of the top spots in the 100 butterfly lineup.

Prep: Graduated from Spartanburg High School on May 20, 2009...swam all four years of his high school career specializing in the 200 IM and 100 fly...was a seven-time South Carolina high school individual state champion...also a member of the National Honor Society, Interact Club and Mu Alpha Theta while at Spartanburg High.

Personal: Full name is Thomas Andrew Oberg Jr. ...the son of Andy and Paige Oberg...was born May 2, 1991 in Spartanburg, S.C. ...has a brother, Brad, 13, and a sister, Chrissy, 16.

The Authority On Andrew

Academic Major at Carolina: Business

Career Plans: Orthodontist

Hobbies: Basketball, Ping Pong

Athlete I Most Admire: Vince Carter

Biggest Sports Thrill: Winning the 200 IM at the South Carolina high school state meet as a freshman

People Who Have Had The Greatest Influence on My Athletic Career: My club coach Mike Faltraco

Favorite Books: Harry Potter

Favorite Magazine: ESPN The Magazine

Favorite Food: Hamburgers



Pat O'DONOVAN
Freshman
6-2
Back, Free
Auburn, N.Y.

Career Best Times: 49.68 in the 100-yard backstroke; 1:50.43 in the 200-yard backstroke; 21.00 in the 50-yard freestyle; 46.89 in the 100-yard freestyle.

General: A spring 2009 signee who will fill out the backstroke group, making it one of the deepest in the ACC...joins fellow Tar Heels Jason McLaughlin, Sean Lane, Jim Flannery and Tom Luchsinger from the state of New York on the Tar Heels' roster.

Prep: Graduated from Auburn High School on June 26, 2009...a four-year member of the Auburn High varsity swimming team...captained the Section 3 championship team his senior year...New York 100-yard backstroke champion his senior year...New York State Section III record holder in the 100-yard backstroke...a National Honor Society Member

Personal: Full name is Patrick James O'Donovan...the son of Kathleen and James O'Donovan...was born February 2, 1991 in Auburn, N.Y....has one sister, Kelly, 19.

Patrick's Particulars

Academic Major at Carolina: Undeclared

Career Plans: Undetermined

Hobbies: Basketball, cliff diving

Athlete I Most Admire: Marshawn Lynch

Biggest Sports Thrill: Winning the 400-yard freestyle relay to win the overall team section championship.

Person Who Has Had The Greatest Influence on My Athletic Career: My varsity swim coach, Rich Hamberger

Favorite Book: The Catcher in the Rye by J.D. Salinger

Favorite Magazine: Sports Illustrated

Favorite Food: Chicken Alfredo

Favorite Movie: Anchorman

Favorite TV Show: Weeds

City I've Never Been To But Want To Visit: Dublin, Ireland.

Entertainment Figure I'd Most Like To Have Dinner With: Dane Cook



Brock PARK
Sophomore
6-3
Freestyle
Kensington, Md.

Career Best Times: 20.73 in the 50-yard freestyle; 45.19 in the 100-yard freestyle; 1:37.82 in the 200-yard freestyle.

General: A returning letter winner who excels at the sprint and middle distance freestyle events...can also swim the butterfly...ranks in the Top 7 on the preseason depth chart in the 50, 100 and 200 freestyles.

Long Course Highlights: Swam the 200-meter freestyle at the 2009 U.S. Open in Federal Way, Wash.

2008-09 (Freshman): Swam as an exhibition entry at the ACC Championships where he swam personal best times in the 50-yard freestyle (20.73), 100-yard freestyle (45.19) and 200-yard freestyle (1:37.82)...named to the 2008-09 ACC Academic Honor Roll.

Prep: A 2008 graduate of the Landon School in Washington, D.C. ...swam in sprint freestyle events and ran cross country...named All-America in the 50 and 100-yard freestyles his senior year...Academic All-America his junior year...high school swim captain...was the champion at his high school Metro meet in the 100-yard free his sophomore year and in the 50-yard free his senior year...All-Met swimmer his senior year...an age group national champion in long course meters 50 freestyle in 2002 and 2004 and a fifth-place finisher in 2006...part of Curl-Burke's NCSA Junior National team for the four years where he helped the squad win the combined team high score awards in 2005 and 2006... swam on Curl-Burke men's teams that posted overall high score in 2007 at nationals and took third place in 2008.

Personal: Name is Nicolas Brock Park...son of Nicholas and Celeste Park...was born September 4, 1989 in Silver Spring, Md ...has one sister, Sarah, 20.

Brock Biostatistically

Academic Majors at Carolina: History & Political Science

Career Plans: Lawyer

Hobbies: Bass guitar, reading, sewing, bridge, dominos

Athlete I Most Admire: Jeff James

Biggest Sports Thrill: Winning the Ash Can relay at Kenwood

People Who Have Had The Greatest Influence on My Athletic Career: My Parents

Favorite Book: Where the Wild Things Are

Favorite Magazine: Muscle and Fitness

Favorite Food: Eggs

Favorite Movie: Aladdin

Favorite TV Show: Dragonball Z

Favorite Website to Visit: Google

City I've Never Been To But Want To Visit: Rio de Janeiro

Entertainment Figure I'd Most Like To Have Dinner With: Steve Ceberetowicz



**Chip
PETERSON
Junior
6-0
Freestyle, IM
Pine Knoll
Shores, N.C.**

Career Best Times: 1:39.28 in the 200-yard freestyle; 4:18.18 in the 500-yard freestyle (School Record); 8:58.21 in the 1000-yard freestyle (2nd in school history); 14:48.86 in the 1650-yard freestyle (2nd in school history); 3:51.36 in the 400-yard individual medley (4th in school history).

General: One of the collegiate ranks' premier distance swimmers...ranks No. 1 on UNC's preseason depth chart in the 500 free at 4:18.18, the school record in the event...came in as one of the nation's top recruits his freshman season in 2006-07 and did not disappoint with his first-year efforts...took a redshirt year in 2007-08 to concentrate on training for international open water events...came back strong with an outstanding 2008-09 season...set school records in the 1000 and 1650 freestyles as a freshman and now ranks second in school history in both events...ranks as one of the world's premier open water swimmers.

Long Course Highlights: Qualified for the 2008 Olympic Trials in the 200, 400 and 1500-meter freestyles and the 400-meter IM...placed 12th in the 1500-meter free at the Trials...later that summer he came back to finish fourth in the same event at the 2008 U.S. Open with a time of 15:21.12...set a career best with a time of 4:31.34 in the 400-meter IM at the 2008 U.S. Open...holds a trio of school long course...he went 3:52.74 in the 400-meter freestyle at the 2007 U.S. Swimming Championships, 8:02.59 in the 800-meter freestyle at the 2007 Santa Clara Grand Prix and 15:12.33 in the 1500-meter freestyle at the 2007 Pan American Games to set those standards...at the 2007 Pan American Games in Brazil he captured the gold medal in the 1500-meter freestyle... had an outstanding 2007 summer U.S. Nationals, copping third place in the 1500 meters and 13th in the 400 meters... won the 800-meter freestyle at the 2006 Pan Pacific Championships...was the 2005 U.S. national champion in the 1500-meter free.

Open Water Highlights: Placed 13th in the 2008 World Open Water Swimming Championships where his time was a scant 2.2 seconds from qualifying for the 2008 Olympics...finished second in the 10k 2007 U.S. Open Water World Championships Trials...at the 2007 Pan American Games in Brazil he earned the silver medal in 10k open water swimming...at the 2007 U.S. Open Water National Championships he captured first place in both the 5k and 10k races... at the 2006 World Open Water Championships he finished second in the 5k and sixth in the 10k...won the 10k open water event at the 2006 Pan Pacific Championships...won the 5k and 10k open water swims at the 2006 U.S. Nationals...2005 U.S. champion and world champion in the 10k open water swimming events... was named the

2005 co-U.S. Swimming Open Water Performer of the Year...U.S. National Team member in 2005, 2006, 2007 and 2008...member of U.S. Junior National Team in 2004.

2008-09 (Sophomore): Swam the 500 freestyle, 400 IM and 1650 freestyle at the 2009 Championships...finished 10th in the 1650-yard freestyle with a time of 14:49.78, earning honorable mention All-America honors...was 20th in the 500-yard freestyle in a school record time of 4:18.18...at the 2009 ACC Championships, he placed sixth in the 500-yard freestyle, 11th in the 400-yard individual medley and sixth in the 1650-yard freestyle...swam the fastest split (1:34.74) on the Tar Heels' 800-yard freestyle relay which set a school record at ACCs...named to the 2008-09 ACC Academic Honor Roll...was named to the Dean's List in both semesters of the 2008-09 school year...won the Bruce Webster Award as the squad's most dedicated swimmer...tapped for the ACC All-Academic Swimming Team...2009 ESPN The Magazine Third-Team At-Large Academic All-America selection after being named to the ESPN The Magazine District Three All-Academic Team...selected for the CSCAA Scholar-Athlete Team.

2007-08 (Redshirt): Redshirted during the season to concentrate on open water swimming while training for various international competitions...named to 2007-08 ACC Academic Honor Roll...earned mention on the fall 2007 Dean's List.

2006-07 (Freshman): Competed at the NCAA Championships in three events...his career best time in the 500 free in the NCAA prelims was good for third place on the Tar Heels' all-time depth chart...he finished 14th overall in the event...he took sixth place in the NCAA meet in the 1650-yard freestyle, achieving a career best clocking and smashing the school record previously held by Yuri Suguiyama...his 1000-yard split in the race also broke the school record for that distance...swam three NCAA consideration qualifying times at the ACC Championships in the 500 free, 1650 free and as a member of the 800 freestyle relay... helped that relay place third in the league meet...finished fifth in the 500 freestyle, 11th in the 400-yard individual medley and second in the 1650-yard freestyle at ACCs...honored as a first-team All-ACC selection...also named a 2007 first-team All-America in the 1650-yard free and an honorable mention All-America in the 500-yard free...won the Jamerson Award as the team's Most Outstanding Swimmer...named to the 2006-07 ACC Academic Honor Roll...named to the UNC Dean's List in both semesters of the 2006-07 school year...tapped for the ACC All-Academic Swimming Team.

Prep: Graduated from West Carteret High School in 2006...a distance freestyler, he swam in high school for four years and also competed in club swimming for 13 years...salutatorian of high school class...a National Merit Scholar.

Personal: Given name is Charles Bowne Peterson...son of Nancy and Pete Peterson...was born December 3, 1987 in Morehead City, N.C. ...has one brother, Perry, 24.

Chatting Up The Chipster

Academic Major at Carolina: Biology

Career Plans: Undetermined

Hobbies: Surfing

Athlete I Most Admire: Michael Jordan

Biggest Sports Thrill: Winning the world open water swimming championship

Person Who Has Had The Greatest Influence on My Athletic Career: Catherine Vogt

Favorite Book: Who Moved My Cheese by Spencer Johnson

Favorite Magazine: Newsweek

Favorite Food: Peanut Butter

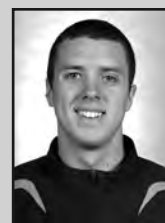
Favorite Movie: The Nightmare Before Christmas

Favorite TV Show: The Blue Planet

Favorite Website to Visit: purevolume.com

City I've Never Been To But Want To Visit: Sydney, Australia

Entertainment Figure I'd Most Like To Have Dinner With: Keira Knightley



**Vinny
PRYOR
Junior
6-2
Breast, IM
Jaffrey, N.H.**

Career Best Times: 54.35 in the 100-yard breaststroke (School Record); 1:57.96 in the 200-yard breaststroke (3rs in school history); 1:48.45 in the 200-yard individual medley (5th in school history).

General: A two-time returning letter winner who was Carolina's top breaststroker his freshman and sophomore seasons...ranks second on UNC's preseason depth chart in both breaststroke events with a career best 1:58.74 in the 200 and a personal best 54.35 in the 100.

Long Course Highlights: Swam the 100 and 200-meter breaststrokes at the 2009 U.S. World Championship Trials in Indianapolis, Ind. ...had career best times in both events there...earned a "C" final swim in the 200-meter breaststroke where he finished in 20th place in 2:19.83...finished 28th in the 100-meter Breaststroke in 1:04.96...qualified for the 2008 U.S. Olympic Trials in the 200-meter breaststroke.

2008-09 (Sophomore): Bettered his personal best times in the 100-yard breaststroke (54.35), 200-yard breaststroke (1:58.77) and 200-yard individual medley (1:48.63) at the ACC Championships...he placed ninth in the 100 breast, sixth in the 200-yard breast and 13th in the 200-yard IM...set the school record in the 100 breast and moved in to third place on the all-time UNC depth chart in the 200 breast...named to the 2008-09 ACC Academic Honor Roll...made the spring semester 2009 Dean's List.

2007-08 (Freshman): Set career best times in 100-yard breaststroke with a time of 56.10, in the 200-yard breaststroke with a time of 1:58.74 and in the 200-yard IM with a time of 1:51.59, all achieved at the ACC Championships...his time in the 200-yard breaststroke

placed him in second place in school history in the event...claimed second place at the ACC Championships in the 200 breast...was a consolation finalist in the 100 breast and won the bonus consolation final in the 200 IM at ACCs...earned first-team All-ACC honors.

Prep: Graduated from Conant High School on June 16, 2006...competed in club swimming for 15 years in the 100 breast, 200 breast and 200 IM...swam on high school team as a sophomore and junior and competed on the cross country team as freshman and sophomore...won state titles individually in the 200 free, 200 IM and the 500 freestyle...a high school All-America in the 200 IM.

Personal: Full name is Walter Vincent Pryor, III...son of Walt and Carol Pryor...was born March 9, 1988 in Orlando, Fla. ...has one brother, Michael, 18, and one sister, Katy 23.

Vetting Vinny

Academic Major at Carolina: Communications

Career Plans: Undetermined

Hobbies: Watching movies, Guitar Hero, Cooking, Sudoku, Reading the "kvetching board" in the DTH.

Athletes I Most Admire: Michael Jordan, Erik Vendt

Biggest Sports Thrill: Swimming in dual meets against Virginia

People Who Have Had The Greatest Influence on My Athletic Career: The whole Carolina Swimming and Diving Team

Favorite Book: To Kill a Mockingbird by Harper Lee

Favorite Magazine: Splash

Favorite Food: Sutton's

Favorite Movie: The Godfather

Favorite TV Show: ESPN SportsCenter, Sons of Anarchy, Entourage

Favorite Websites To Visit: Facebook, collegeswimming.com, textsfromlastnight.com

City I've Never Been To But Want To Visit: Rome, Italy

Entertainment Figure I'd Most Like To Have Dinner With: Sean Lane



Evan REED
Sophomore
6-1
Sprint Freestyle
Berwyn, Pa.

Career Best Times: 20.45 in the 50-yard freestyle; 44.16 in the 100-yard freestyle (tied for 2nd in school history); 1:36.59 in the 200-yard freestyle (7th in school history); 4:27.48 in the 500-yard freestyle.

General: A returning letterman who was one of the Tar Heels' top recruits in the Class of 2008...comes into the 2009-10 campaign as one of UNC's best freestyle sprinters...begins his sophomore season ranked No. 4 on the Tar Heel depth chart in the 50-yard freestyle at 20.45, tied for No. 2 in the 100-yard freestyle at 44.16 and No. 3 in the 200-yard freestyle at

1:36.59.

Long Course Highlights: Swam the 50, 100 and 200-meter freestyles at the 2009 U.S. Open...placed 13th in the 100-meter freestyle with a time of 50.68, breaking his own school record in the event, and 14th in the 200-meter freestyle in 1:51.71...saw his school record broken in the same meet by teammate Steve Cebertowicz at 50.58...originally set the school's long course record in the 100-meter freestyle at 50.91 at the 2008 Junior Pan Pacific after he had signed his letter-of-intent to attend UNC but before he had enrolled at the University...qualified for the 2008 U.S. Olympic Trials in the 100-meter freestyle.

2008-09 (Freshman): At the ACC Championships, he placed 10th in the 200 free (1:36.59) and 17th in the 100 free (44.16)...had career best times in both of those events...had many great performances during the dual meet season as well...among those were winning the 100 and 200 freestyles against Georgia in his first collegiate competition.

Prep: Graduated from Delaware County Christian School in Newtown Square, Pa. in June 2008...swam sprint and middle distance freestyle events for his high school team...multi-event winner in the 2007 and 2008 Eastern School Championships in the 50, 100 and 200 freestyles...multiple YMCA national champion and record holder...member of the U.S. Junior National Team...winner of the 50-meter freestyle at the 2008 YMCA National Championships with a time of 23.66.

Personal: Name is Evan Matthew Reed...son of Brent and Catherine Reed...was born November 16, 1989 in Bryn Mawr, Pa. ...has one brother, Nathan, 17.

The Remainder That Is Reed

Academic Major at Carolina: History

Career Plans: Law

Hobbies: Anything athletic except swimming

Athlete I Most Admire: Brett Favre

Person Who Has Had The Greatest Influence on My Athletic Career: My club team head coach Glenn Neufeld

Favorite Book: The Iliad by Homer

Favorite Magazine: Sports Illustrated

Favorite Food: Tacos

Favorite Movie: Gladiator

Favorite TV Show: South Park

Favorite Website to Visit: The Drudge Report

City I've Never Been To But Want To Visit: Athens, Greece

Evan Reed



Wil SINGLEY
Sophomore
5-11
Distance
Freestyle
Southlake, Texas

Career Best Times: 45.64 in the 100-yard freestyle; 1:36.54 in the 200-yard freestyle (5th in school history); 4:21.07 in the 500-yard freestyle (8th in school history); 9:18.49 in the 1000-yard freestyle; 15:06.52 in the 1650-yard freestyle (4th in school history).

General: A returning letterman who is the son of a former Carolina swimmer...is one of the team's most versatile freestyle swimmers...can contribute to the team with solid times at every distance from 100 yards through 1650 yards...going into his sophomore season, he ranks No. 2 on the UNC depth chart in the 200, No. 3 in the 500, No. 3 in the 1000 and No. 3 in the 1650.

Long Course Highlights: Turned in a magnificent performance at the 2009 U.S. Open...finished 18th in the 1500-meter freestyle with a time of 15:50.39, 26th in the 400-meter freestyle with a time of 3:59.46 and 17th in the 800-meter freestyle with a time of 8:17.12...his time in the 800 meters was a second faster than his previous career best at the 2008 U.S. Open and he also improved his standing in the event by one spot.

2008-09 (Freshman): Bettered his personal best times in the 200, 500 and 1650-yard freestyles at the ACC Championships...finished seventh in the 500 free with a time of 4:21.07, ninth in the 200 free with a time of 1:36.54 and seventh in the 1650 free with a time of 15:06.52.

Prep: Graduated from Southlake Carroll Senior High School in June 2008...four-year letter winner on the varsity swim team...named captain of his high school team his senior year...competed in club swimming since 2002...as a freshman, he was chosen to represent Team North Texas in a zone meet in Florida...competed in the finals at the Texas 5A high school swimming state championships...NISCA four-year All-America selection...participated in three Junior National meets, one Senior National Championship and one Spring National meet while in high school...member of the winning 4x100 freestyle relay unit at the Texas 5A high school state meet...competed in club swimming for the North Texas Nadadores...in 2007, his club team earned its highest national finish ever, taking fifth place... member of the computer club at his high school...organized a "Walk for Autism" his junior year along with a fellow classmates to support a team member who is autistic.

Personal: Name is David Wilson Singley, III...son of David Singley and Catherine Singley...his father swam at Carolina in the mid-1970s...was born May 22, 1990 in Raleigh, N.C. ...has one brother, Ted, 15, and one sister, Claire, 17.

Singling Out Singley

Academic Major at Carolina: Computer Science or Broadcast Journalism
Career Plans: Undetermined
Hobbies: Computers, DJing, music, video games
Athlete I Most Admire: Michael Jordan
Biggest Sports Thrill: Watching my high school football team win state title three years in a row
People Who Have Had The Greatest Influence on My Athletic Career: All of my coaches, both high school and club, my parents, my friends and my teammates
Favorite Book: Angels and Demons and The Da Vinci Code, both by Dan Brown
Favorite Food: Texas barbecue, Chinese food, Italian food
Favorite Movies: Die Hard, Fight Club, American History X
Favorite TV Show: Weeds
Favorite Website to Visit: www.DI.fm
Places I've Never Been To But Want To Visit: Rio de Janeiro; Ibiza; Sydney, Australia
Entertainment Figures I'd Most Like To Have Dinner With: Denzel Washington, Bruce Willis, Edward Norton, Johnny Depp



Tyler SMITH
Junior
6-2
Back, Fly, Free
Lighthouse Point, Fla.

Career Best Times: 48.47 in the 100-yard butterfly 51.41 in the 100-yard backstroke; 20.82 in the 50-yard freestyle; 46.11 in the 100-yard freestyle.

General: A two-time returning letterman ...a versatile swimmer who has quality career times in the 100 fly, 100 back and 50 free.

2008-09 (Sophomore): Earned a spot on UNC's scoring team at the ACC Championships for the second straight season...swam the butterfly leg on Carolina's fourth-place 200-yard medley relay team that broke the school record in the event...also had personal best times in the 100 fly, 100 free and 50 free at 48.47, 46.11, and 20.82, respectively.

2007-08 (Freshman): Earned a spot on UNC's scoring team at the 2008 ACC Championships...set career best standards in the 100-yard butterfly with a time of 48.70, in the 100-yard backstroke with a time of 51.41, in the 50-yard freestyle with a time of 20.96 and in the 100-yard freestyle at 46.74, all at the ACC Championships...was a consolation finalist in the 100 fly at ACCs...his time in the 100-yard butterfly moved him into ninth place in history.
Prep: Graduated from the Pine Crest School in 2007...participated on the swimming team there in the sprint events in the fly, free and back...team captain...high school All-America selection.

Personal: Given name is Tyler Dustin Smith...son of Dennis and Mary Smith...was born July 9, 1988 in Fort Lauderdale, Fla. ...has one sister, Claire, 22.

Talking With Tyler

Academic Major at Carolina: Economics
Career Plans: Undetermined
Hobbies: Fishing, surfing, wakeboarding, hunting, tubing, paintball
Athlete I Most Admire: Gary Hall, Jr.
Biggest Sports Thrill: Getting an All-America time in the 100 fly at regionals as a senior in high school
Person Who Has Had The Greatest Influence on My Athletic Career: My coach, Jay Fitzgerald
Favorite Book: Splinter Cell by Tom Clancy
Favorite Food: Sticky Date Pudding
Favorite Movie: Fight Club
Favorite TV Show: The Unit
Favorite Website To Visit: Facebook
City I've Never Been To But Want To Visit: Boston, Mass.
Entertainment Figure I'd Most Like To Have Dinner With: Jim Gaffigan



David SOLARZ
Senior
6-0
Diving
Westlake, Ohio

Collegiate Career Best Scores: 355.90 in one-meter diving (first in school history); 384.00 in three-meter diving (second in school history); 338.25 in 10-meter platform diving (School Record).

General: Carolina's top returning diver...a 2009 NCAA nationals qualifier, advancing from the zone meet for the first time in his career...three-year letterman who was an ACC finalist in his sophomore year in two events and in his junior year in three events...his career best scores rank first all-time in men's one-meter diving, second in three-meter diving and first in men's platform diving on the school's Top 10 list.

2008-09 (Junior): Qualified for the NCAA Championships after placing 11th in the platform competition at the NCAA Zone B Diving Championships in Knoxville, Tenn. ...at nationals, he placed 29th in the one-meter with a score of 277.20, 24th in the three-meter with a score of 317.75 and 19th on the 10-meter with a score of 307.95...placed fourth on the platform, fifth on the three-meter and seventh on the one-meter at the ACC Championships...won the David McInnis Award as the team's most valuable diver...named to the 2008-09 ACC Academic Honor Roll...qualified for the Dean's List in both semesters of his junior year...named to the 2008-09 ACC All-Academic Men's Swimming and Diving Team...made CSCAA Scholar-Athlete Team.

2007-08 (Sophomore): Set a career high score in platform diving by posting a tally of 276.90 at the ACC Championships...he qualified for NCAA Zone Championships in both the one-meter and three-meter diving events...finished third in coed synchronized diving at the ECU Invite with Erica Shiffer, posting a score of 448.35...took seventh at

the ACC Championships in three-meter diving with a score of 317.45 and eighth in 10-meter platform diving with a score of 276.60...also finished 12th in one-meter diving at ACCs...named to the 2007-08 ACC All-Academic Men's Swimming and Diving Team, one of eight Tar Heels selected...named to the 2007-08 ACC Academic Honor Roll and to the Dean's List in both semesters of the school year.

2006-07 (Freshman): Was the most outstanding freshman men's diver for Carolina in 2006-07 based on dual meet scores, championship meet scores and ACC finishes...competed in both springboard diving events at the ACC Championships...earned 16th place on the one-meter springboard and 13th on the three-meter board...recorded a career best score in a one-meter dual meet format with 309.90 points against Johns Hopkins...set what was then a career best for a dual setting in the three-meter with a 324.65 tally versus Minnesota...both dual meet scores placed him third for the year on the team depth chart...named to the 2006-07 ACC Academic Honor Roll...merited a spot on the UNC Dean's List in both semesters of the 2006-07 school year.

Prep: Graduated on June 10, 2006 from Westlake High School...dove there and also swam the backstroke for fours years on his high school team...was a hurdler and pole vaulter on the track team for three years...also played a year of tennis...a first-team All-America and first-team All-State selection in diving...Junior National diving qualifier...sectional and district champion and conference record holder...captain of team and scholar-athlete award winner...led swimming team to conference championship...as a pole vaulter, he was first-team All-Conference choice and a district and regional qualifier...AP scholar...graduated Summa Cum Laude...National Honor Society member.

Personal: Given name is David Alan Solarz...son of Mike and Martha Solarz...was born September 15, 1987 in Fairview, Ohio...has one brother, Mike, 20, and two sisters, Sarah, 19, and Julie 14.

Sitting Down With Solarz

Academic Major at Carolina: Chemistry
Career Plans: Go to medical school
Hobbies: Tennis, reading, any recreational activity
Athlete I Most Admire: Roger Federer
Biggest Sports Thrill: Finaling on three-meter springboard and platform at ACCs in 2008
Person Who Has Had The Greatest Influence on My Athletic Career: My club coach, Jeff Arnold
Favorite Books: Catcher in the Rye by J.D. Salinger; The Harry Potter series by J.K. Rowling
Favorite Magazine: The Economist
Favorite Food: Chipotle
Favorite Movie: Napoleon Dynamite
Favorite TV Show: ESPN SportsCenter
Favorite Website to Visit: TarHeelBlue.com
City I've Never Been To But Want To Visit: Nairobi, Kenya
Entertainment Figure I'd Most Like To Have Dinner With: Jack Bauer



Chandler THOMAS
Junior
6-0
Breaststroke
Charlotte, N.C.

Career Best Times: 57.18 in the 100-yard breaststroke; 2:05.27 in the 200-yard breaststroke.

General: A two-time returning letter winner for the Tar Heels who competes in a talented breaststroke corps...had a splendid sophomore year in which he shattered his previous career bests.

Long Course Highlights: Swam long course personal best times in the 100 and 200-meter breaststrokes at the 2009 Speedo Sectional Championships in Knoxville, Tenn.

2008-09 (Sophomore): Swam personal best times in the 100-yard breaststroke (57.18) and in the 200-yard breaststroke (2:05.27) at the Carolina Last Chance Meet...named to the 2008-09 ACC Academic Honor Roll.

2007-08 (Freshman): Had season best times as a freshman in the 100 breast at 59.99 in the dual meet against Georgia and 2:12.12 in the 200 breast, also against the Bulldogs...his top time in the 200 IM came in the Nike Cup.

Prep: Graduated from South Mecklenburg High School on June 11, 2007...four-year letterman on the SMHS varsity swimming team...competed for the Mecklenburg Aquatic Club beginning in 2000 in the 100 and 200 breast events...led the South Meck swimming team to state runnerup finishes in 2006 and 2007...member of the 2007 state champion 200 medley relay squad...2007 state champion in the 100 breast...scholastic All-America in 2005, 2006 and 2007...member of National Honor Society and National Technical Honor Society...four-year honor roll member...2006 second-team All-Mecklenburg County selection in the 100 breast...first-team All-Charlotte Observer and All-Mecklenburg County selection in the 100 breast in 2007...swam on an All-America and school-record holding 200 medley

Chandler Thomas



relay team in 2006...2006 MAC coaches award winner.

Personal: Full name is Chandler Page Thomas...son of Tamara Thomas and Randy Thomas...was born September 6, 1989 in Charlotte, N.C. ...has one brother, Randy, 31, and three sisters, Maigen, 28, Kelsey, 15, and Amy 4.

Chewing The Fat With Chandler Academic Major at Carolina: Exercise & Sports Science

Career Plans: Undetermined

Hobbies: Basketball, football, watching sports

Athletes I Most Admire: Steve Smith, Vince Carter

Biggest Sports Thrill: Watching Brendan Hansen's world record-breaking performance in the 200-meter breaststroke at the 2006 National Championships

People Who Have Had The Greatest Influence on My Athletic Career: My Parents; Russ Kasl, my MAC coach for three years

Favorite Book: The DaVinci Code

Favorite Magazine: Sports Illustrated

Favorite Foods: Steak, ribs, potatoes

Favorite Movie: Top Gun

Favorite TV Show: ESPN SportsCenter

Favorite Website To Visit: www.NFL.com

City I've Never Been To But Want To Visit: Sydney, Australia

Entertainment Figure I'd Most Like To Have Dinner With: Denzel Washington



Bryant WOOTEN
Freshman
5-8
Diving
Cary, N.C.

General: Diving Coach Kevin Lawrence comments on Bryant Wooten: "Bryant is an untapped diamond that is very talented and will become a great diver for Carolina. He comes from a wonderful set of parents, and his values and what he stands for are exactly the type of diver that UNC has succeeded with since I have been the coach of the program here. He is redshirting this year due to our depth and numbers. He is extremely valuable to the future and success of our program."

Prep: Graduated on June 12, 2009 from Green Hope High School in Cary, N.C. ...a four-year diving letterman in high school where he specialized in one-meter springboard diving...dove for two years at the Tar Heel Diving Club where he focused on both the one and three-meter springboard events...was a three-time conference and regional champion... finished fifth at the North Carolina state meet twice during his junior and senior seasons...was the team captain his senior year.

Personal: Full name is Bryant Hampton Wooten...the son of Chip Wooten and Melody Wooten...was born March 28, 1991 in Raleigh, N.C....has one sister, Meghan, 25.

Wooten's Whats, Wheres and Whys

Academic Major at Carolina: Psychology

Academic Minor at Carolina: Biology (Pre-Dental)

Career Plans: Orthodontist

Hobbies: Hanging out with friends, going to the beach

Athlete I Most Admire: Lance Armstrong

Biggest Sports Thrill: Winning regional championship three years in a row.

People Who Has Had The Greatest Influence My Your Athletic Career: Both of my parents

Favorite Books: The Harry Potter Series by J.K. Rowling; The Great Gatsby by F. Scott Fitzgerald

Favorite Magazine: Sports Illustrated

Favorite Food: Anything Italian

Favorite Movie: Forrest Gump

Favorite TV Show: House

Favorite Website To Visit: TarheelBlue.com

City I've Never Been To But Want To Visit: Rome, Italy

Entertainment Figure I'd Most Like To Have Dinner With: Will Farrell



Tommy WYHER
Junior
6-4
Fly, Back, Free
New Port Richey, Fla.

Career Best Times: 20.26 in the 50-yard freestyle (7th in school history); 45.37 in the 100-yard freestyle; 1:42.30 in the 200-yard backstroke (School Record); 46.41 in 100-yard backstroke (School & ACC Record); 46.21 in the 100-yard butterfly (School & ACC Record).

General: The returning ACC champion and ACC record holder in the 100-yard backstroke and 100-yard butterfly...has won the past two ACC crowns in the 100 back...also broke the school record last year in the 200-yard backstroke ...looking to continue his already illustrious career at Carolina by attaining further accolades in 2009-10...was a prized recruit in the Class of 2007 who is an incredibly versatile swimmer, specializing in sprint backstroke, butterfly, and freestyle.

Long Course Highlights: Swam at the 2009 World Championship Trials in Indianapolis, Ind., where he competed in the 100-meter butterfly and 100 and 200-meter backstroke events...finished 13th in the 100-meter backstroke with a time of 55.85, setting a University long course record in the process...placed 15th in the 100-meter butterfly with a time of 54.45, another University long course record...also finished 35th in the 200-meter backstroke with a time of 2:07.76...qualified for the U.S. Olympic Trials in both the 100-meter backstroke and the 100-meter butterfly.

2008-09 (Sophomore): Won the ACC Championship in the 100-yard backstroke and 100-yard butterfly in the same session at the conference meet, setting ACC records in both

events with times of 46.41 and 46.21, respectively... also placed third in the 200-yard backstroke, breaking the school record with a time of 1:42.30...also had a career best in the 50-yard freestyle with a time of 20.26 at a last chance meet, moving him into seventh place all-time at UNC...qualified for the 2009 NCAA Championships in the 100 and 200-yard backstrokes and the 100-yard butterfly...led off two medley relay teams at the ACC Championships that set school record times...an All-ACC selection for the second straight year...won the Richard Jamerson Memorial Award as the team's Most Outstanding Swimmer.

2007-08 (Freshman): The ACC champion in the 100-yard backstroke with a time of 48.27...he was the first Tar Heel to win that event at ACCs since Ted Brisson in 1998...set career best times in the 50-yard freestyle with a time of 20.63 and in the 100-yard freestyle with a time of 45.37, both swum at the ACC Championships...his season best in the 100-yard backstroke was 48.12, a time swum at a post-ACC meet time trial...his time in the 100-yard backstroke put him in 2nd place in school...had a season best 48.18 in the 100 fly in the prelims at the ACCs...that time was short of his career high but it moved him into sixth place in UNC history in the event...in the championship final he finished eighth with a time of 48.56...swam the butterfly leg on the 200-yard medley relay that finished fourth at the ACC Championships with a time of 1:27.97, the new school record...swam a leg on three other relays at ACCs...earned first-team All-ACC honors.

Prep: Graduated from Jesuit High School in Tampa, Fla. on May 24, 2007...an outstanding swimmer and basketball player as a prepster...competed in club swimming for 13 years and played AAU basketball for five years...swam in high school for four years in the sprint freestyle, backstroke and butterfly disciplines...played high school basketball for three years as a center and forward...six-time junior national swimming champion...junior national record holder in the 50-yard butterfly...received 13 high school swimming All-America citations...a two-time high school Academic All-America choice...as a club swimmer he was a U.S. Senior Nationals qualifier and 2008 Olympic Trials qualifier...2006 Florida Swimmer of the Year...swam on Tampa Bay Aquatics club team which won long course junior national championship...member of National Honor Society and Spanish Honor Society...logged over 200 hours of hospital volunteer work during high school.

Personal: Full name is Tommy Jason Wyher...son of Donald and Maria Wyher...was born October 17, 1988 in New Port Richey, Fla.



Tommy Wyher

What Drives Wyher

Academic Major at Carolina: Psychology
Career Plans: Something that makes me happy
Hobbies: Sports
Athletes I Most Admire: Robert Margalis, Shawn Kemp
Biggest Sports Thrill: Winning the 100 butterfly as a sophomore at the Florida high school state championships from lane eight against the rest of the field which included all seniors
People Who Have Had The Greatest Influence on My Athletic Career: My grandparents and my high school coach, Bill Shaffer
Favorite Book: Catcher in the Rye by J.D. Salinger
Favorite Food: Peanut Butter
Favorite Movie: Zoolander
Favorite TV Show: Rescue Me
Favorite Website To Visit: Facebook
City I've Never Been To But Want To Visit: Edinburgh, Scotland
Entertainment Figure I'd Most Like To Have Dinner With: Jessica Alba



David ZOLNO
Junior
6-1
Freestyle
Austin, Texas

Career Best Times: 20.71 in the 50-yard freestyle; 45.74 in the 100-yard freestyle; 1:41.84 in the 200-yard freestyle; 57.71 in the 100-yard breaststroke.

General: A two-time returning letter winner who excels in the sprint freestyle and breaststroke events for UNC.

Long Course Highlights: Competed at the 2009 Maccabiah Games for Team USA alongside teammate Josh Hafkin...won the bronze medal in the 100-meter breaststroke...was a member of silver medal-winning 4x200-meter freestyle relay and a member of the gold medal-winning 4x100-meter medley where he swam the breaststroke leg...that relay broke the Israeli Open Record in the event.

2008-09 (Sophomore): Added another impressive season to his resume as a member of the Tar Heels... swam personal best times in the 50 and 200-yard freestyle as well as the 100-yard breaststroke at a meet in his hometown of Austin...swam his career best in the 100 free at a Tar Heel Last Chance meet...2008-09 ACC Honor Roll selection.

2007-08 (Freshman): Competed in the 2008 ACC Championships as an exhibition entry...set a career best time in the 200-yard freestyle with a time of 1:43.06 at the ACC Championships ...named to 2007-08 ACC Academic Honor Roll.

Prep: Graduated on May 25, 2007 from

Westlake High School...played one year of basketball as a shooting guard...swam on the high school squad for four years in the three sprint free events and the 100 breast...earned 10 high school All-America citations and was an 11-time All-State selection...qualified for Texas 5A state championships his sophomore through senior years...led Westlake to a state title his junior year...swam on the 200 free relay which took first in the state meet and was ranked No. 1 in the nation his junior year...also a member of a second-ranked 400 free relay unit...was seventh in state meet his junior year in the 50 free...as a senior he placed fifth in the 100 free and sixth in the 50 free...swam on a second-place 200 medley relay squad...swam club with Longhorn Aquatics and was the leadoff swimmer on 200 and 400 free relays which took first place and set meet records at the 2006 Junior Nationals...the 200 free relay also set the 15-18 national age group record in the event...made the B final of the 50 free at 2007 Junior Nationals and led the 400 free relay which broke Longhorn Aquatics' own meet record set the year before and established a 15-18 national age group record yet again...member of National Honor Society and Mu Alpha Theta math honor society...graduated in Top 10 percent of his class...U.S. Swimming Scholastic All-America for three years...NISCA academic All-America.

Personal: Full name is David James Brette Zolno...is a collector of nicknames including D-Zol, Slowno, Cholo, Juno, Zoino, DZ, Dizzle, Zizzle, Sizzle, Zolnuts, Birdman...son of Ron and Lida Zolno...was born September 23, 1988 in Houston, Texas...was named the Director of Philanthropy for the Kenan-Flagler Business School Student Government for the 2009-10 school year.

David's Dictionary

Academic Major at Carolina: Business
Career Plans: Law/Business
Hobbies: Hanging out with friends, playing basketball and golf, watching TV and movies
Athletes I Most Admire: Lance Armstrong and Tiger Woods
Biggest Sports Thrill: Being on a gold medal-winning relay with Jason Lezak.
People Who Have Had The Greatest Influence on My Athletic Career: My parents
Favorite Books: To Kill a Mockingbird by Harper Lee; Devil in the White City by Erik Larson
Favorite Magazine: Sports Illustrated
Favorite Food: Filet Mignon
Favorite Movies: American Beauty, The Graduate
Favorite TV Show: Entourage
Favorite Websites To Visit: Facebook, youtube.com
Place I've Never Been To But Want To Visit: Santorini
Entertainment Figure I'd Most Like To Have Dinner With: Morgan Freeman



**Kristin
ARNOLD**
Sophomore
5-2
Diving
Miami, Fla.

Collegiate Career Best Scores: 282.00 in one-meter diving (third in school history); 279.00 in three-meter diving (fifth in school history); 197.30 in 10-meter platform diving (third in school history).

General: A three-time All-America selection in high school...will take on an important leadership role for the young diving squad...as a freshman she attained scores which rank her third in school history in one-meter diving, fifth in three-meter diving and third in 10-meter platform diving.

2008-09 (Freshman): Part of the 20-member ACC scoring squad as a first-year participant...she competed in one and three-meter and well as platform at the ACC Championships.

Prep: Graduated from Miami Palmetto Senior High in June 2008... made finals at her high school state competitions all four years in one-meter diving...named All-America on one-meter her sophomore, junior and senior years...named an NISCA Top 40 selection as a one meter diver her junior and senior years...named to the Miami-Dade All-County Second Team her freshman, sophomore and junior years...named to the All-County First Team her senior year...qualified for Nationals from 2003-2008.

Personal: Name is Kristin Lee Arnold...daughter of John and Tracy Arnold...was born September 16, 1989 in Miami, Fla. ...has two brothers: Mike, 22, and Danny, 15.

All About Arnold

Academic Major at Carolina: Undeclared

Career Plans: Undecided

Hobbies: Reading, biking, going to the beach, watching movies, anything outdoors

Athlete I Most Admire: Shannon Miller, Olympic Gold Medalist Gymnast

Biggest Sports Thrill: Having the opportunity to train with and learn from Olympic divers such as Kyle Prandi and Michelle Davison

Person Who Has Had The Greatest Influence on My Athletic Career: My grandfather, Peter Hochreiter, who played baseball at Duke and was the captain of the soccer team

Favorite Book: The Great Gatsby by F. Scott Fitzgerald

Favorite Magazine: People

Favorite Food: Chicken Parmesan

Favorite Movie: Indiana Jones and The Temple of Doom

Favorite TV Show: Gossip Girl

Favorite Website to Visit: Tarheelblue.com

City I've Never Been To But Want To Visit: Tuscany, Italy

Entertainment Figure I'd Most Like To Have Dinner With : Matt Damon



**Brooke
ATKINSON**
Sophomore
5-8
Backstroke
Boca Raton, Fla.

Career Best Times: 23.56 in the 50-yard freestyle; 51.10 in the 100-yard freestyle; 55.87 in the 100-yard backstroke; 2:00.96 in the 200-yard backstroke.

General: A returning letter winner who will continue to excel in the backstroke and freestyle events...is ranked sixth on UNC's depth chart in the 50-yard freestyle for the upcoming year, eighth in 100-yard backstroke and ninth in the 200-yard backstroke...was a 10-time high school All-America selection, including four straight citations in the 100-yard backstroke.

2008-09 (Freshman): Was one of Carolina's exhibition entries at the ACC Championships and achieved career best times in the 100-yard backstroke and 200-yard backstroke...went a career best time of 55.87 in the 100-yard backstroke at ACCs...in the 200-yard backstroke she went a personal best time of 2:00.96...also had a personal best in the 50-yard freestyle at ACCs with a time of 23.56.

Prep: Graduated from the Pine Crest School on May 23, 2008...four-year letter winner in swimming in the backstroke and freestyle...four-year track letter winner in the 800-meter run, mile run, pole vault, long jump and on the 4x200-meter relay...2007 Florida high school state champion in the 50-yard freestyle and runner-up in the 100-yard backstroke...2007 Florida high school record holder and state champion as a member of Pine Crest's 200-yard freestyle relay...named a high school All-America 10 times, including four straight years in the 100-yard backstroke...holds the record at her high school in the 100-yard backstroke...named team captain her junior and senior years... qualified for Senior National, US Open and Junior National

The Short Book on Brooke

Academic Major at Carolina: Undeclared

Career Plans: Undecided

Hobbies: Wakeboarding, art, going to the beach

Athletes I Most Admire: Steve Prefontaine, Lenny Krayzelburg

Biggest Sports Thrill: Being a part of the 2006 FGC zone team; we were the first Florida Gold team to win zones

People Who Have Had The Greatest Influence on My Athletic Career: My coaches Jay Fitzgerald and Eddie Lovell, and my parents

Favorite Book: Tuesdays with Morrie by Mitch Albom

Favorite Food: Lasagna

Favorite Movie: The Notebook

Favorite TV Show: Gossip Girl

Favorite Website to Visit: YouTube.com

Country I've Never Been To But Want To Visit: Thailand

Entertainment Figure I'd Most Like To Have Dinner With: Taylor Swift

meets...named FGC MVP...captain of the first FGC zone team to win the Southern Zone Championship at the 2006 Southeastern Zones...honored with the 2006 State Farm Sportsmanship Award

Personal: Name is Brooke Eve Atkinson...daughter of John Atkinson and Susan Atkinson...was born June 14, 1989, in Boynton Beach, Fla. ...has two brothers, John 26, and James, 21...her father swam for the University of Pennsylvania...her brother John swam for Yale University...her brother James currently swims for the University of Georgia.



**Layne
BRODIE**
Sophomore
5-11
Breaststroke, IM
Atlanta, Ga.

Career Best Times: 1:00.02 in the 100-yard breaststroke (School & ACC Record); 2:10.04 in the 200-yard breaststroke (School & ACC Record); 1:57.68 in the 200-yard individual medley (School Record); 55.34 in the 100-yard butterfly.

General: An incredible breastroker and individual medley swimmer who broke two individual ACC records and another UNC school record at the ACC Championships last season...goes into 2009-10 with the team's top times in the 100-yard breaststroke, 200-yard breaststroke, and 200-yard individual medley on the squad's depth chart...was the only Tar Heel to earn an NCAA automatic qualifying time in 2008-09...named ACC Women's Freshman of the Year in 2008-09, the first Tar Heel to win the award since Jessi Perruquet in 2001.

Long Course Highlights: Qualified for the 2008 U.S. Olympic Trials in the 100-meter and 200-meter breaststrokes.

2008-09 (Freshman): Won the Richard Jamerson Memorial Award as the team's most valuable swimmer...placed second in the 100-yard breaststroke, 200-yard breaststroke and 200-yard IM with times of 1:02.59, 2:15.40, and 2:02.93, respectively, at the Lady Mustang Dallas Classic...was named the ACC Performer of the Week the week for October 24, 2008 after being the leading-point award recipient at the Dallas Classic...won the 200-yard IM at the Gamecock Invitational in a time of 2:02.44...swam the breaststroke leg of the 200-yard medley relay at the ACC Championships that took third place and broke the school record with a time of 1:38.99...placed second in the 200-yard IM at the ACC Championships and broke the school record with a time of 1:57.68...won the championship in the 100-yard breaststroke and broke the 10-year-old ACC record in a time of 1:00.02... won the 200-yard breaststroke and set the conference record with a time of 2:10.04...swam the breaststroke leg on the 400-yard medley relay that set a new school record of 3:36.79...named TarHeelBlue.com's Progress

Energy Performer of the Week February 23, 2009 after her incredible performance at ACC Championships...All-ACC selection...ACC Women's Swimming Freshman of the Year...was the only Tar Heel to earn an automatic qualifying time for the NCAA Championships...swam the 100 and 200-yard breaststrokes at NCAAs along with the 200-yard IM...was a member of the 200-yard medley relay and the 400-yard medley relays at NCAAs...member of the ACC All-Academic Swimming and Diving Team.

Prep: Graduated from the Westminster School in May 2008...named swimming MVP there three times...six-time state champion...took first place in the 100-yard breaststroke at the state meet all four years of high school...five-time Metro champion...received All-State honors four times...won 10 All-America citations...honored as the Atlanta Journal-Constitution Swimmer of the Year twice...named to the Atlanta Journal-Constitution All-City Team...holds the record at her high school in the 100-yard breaststroke and the 200-yard IM...holds the state record in the 100-yard breaststroke...named team captain her senior year...qualified for the Olympic Trials in 100-meter and 200-meter breaststrokes...honored with the Outstanding Swimmer Award at the 2007 Georgia Senior Short Course Championships...named to the Georgia Zone team twice...was the 2006 and 2008 Southeastern Sectional Champion in the 100-yard breaststroke...named the 2007 Georgia Senior Short Course Champion in the 100-yard breaststroke...honored as a member of the U.S. Swimming Scholastic All-America three times...member of the National Honor Society...recipient of the Dean's Award...honored as a National Merit Commended Student and an AP Scholar with Honors...elected class vice president as a senior...president of her school's French Club...captain of the Wildcat Spirit

Layne's Lore

Academic Majors at Carolina: Art History & Entrepreneurship
Career Plans: Art Buyer, Gallery Owner, Philanthropy
Hobbies: Drawing, reading, cooking, music
Athletes I Most Admire: Most teammates I have had or will have as they are the ones who truly understand how hard most swimmers work everyday
Biggest Sports Thrill: Seeing my teammates do well
Person Who Has Had The Greatest Influence on My Athletic Career: Pete Higgins (UNC '56), my high school swim coach at Westminster
Favorite Book: The Truth About Forever by Sarah Dessen
Favorite Magazine: Lucky
Favorite Food: Something homemade
Favorite Movie: Oceans 11, 12, and 13 and Panic Room
Favorite TV Show: CSI
Favorite Website to Visit: Google
City I've Never Been To But Want To Visit: Florence, Italy
Entertainment Figures I'd Most Like To Have Dinner With: The cast of Extreme Makeover Home Edition

Squad...named to the Homecoming Court.
Personal: Name is Layne Wallis Brodie...daughter of Hall and Brenda Brodie...was born November 27, 1989, in Dhahran, Saudi Arabia...has one brother, Kyle, 24; and her 12-year-old golden retriever, Abby.



Eliza BUTTS
Senior
5-9
Sprint Freestyle
Weston, Mass.

Career Best Times: 22.99 in the 50-yard freestyle; 49.72 in the 100-yard freestyle (9th in school history); 1:47.50 in 200-yard freestyle (6th in school history).

General: Continues to be one of the top Tar Heel freestylers...ranks third in both the 50-yard and 100-yard freestyles on UNC's preseason depth chart and fourth in the 200-yard freestyle...was a member of the 200-yard medley and 200-yard, 400-yard and 800-yard freestyle relays that broke school records at the ACC Championships last season...attended the 2009 NCAA Championships where she swam on those two record-breaking relays and the 100-yard and 200-yard freestyles as bonus events...swam the 100-meter freestyle at the 2008 Olympic Trials.

Long Course Highlights: Qualified for the 2008 U.S. Olympic Trials in the 100-meter freestyle.

2008-09 (Junior): Swam the freestyle leg of the 200-yard medley relay that took third place at ACC Championships and broke the school record in a time of 1:38.99...member of the second place 800-yard freestyle relay that broke the school record in a time of 7:08.07...member of the 200-yard freestyle relay that took fourth in a time of 1:30.24 and broke the school record...also swam on the 400-yard freestyle relay that broke the school record...individually, she placed seventh in the 100-yard freestyle and eighth in the 200-yard freestyle at the ACC Championships in times of 49.72 and 1:47.68, respectively...swam her career best time in the prelims at the ACC Championships in 200-yard freestyle in a time of 1:47.50, a clocking which puts her in sixth place in school history...swam on three freestyle relay teams at the NCAA Championships...she swam the 100-yard 200-yard freestyles at the NCAA Championships...in the 200 free, she was just .01 off her career best with a time of 1:47.51.

2007-08 (Sophomore): Member of the 200-yard freestyle relay team that set a school record of 1:31.09 at the Bulldog Invitational...that same relay had recently broken the University mark at the ACC Championships...swam a leg of the 400-yard freestyle relay team at the ACC Championships that finished second with a time of 3:18.82, setting a school record in the process...finished 10th in the 100-yard freestyle at the ACC Championships, one of four Tar Heels to finish in the Top 10.

2006-07 (Freshman): Swam in three individual events and in three relay events at the NCAA Championships...competed in the 50, 100 and 200 freestyles...placed in the top four in seven events at ACC Championships, three individual races and four relays...took third in the 100 free at 49.77 and second in the 200 free at 1:47.96, earning NCAA qualifying standards in both...fin-



Rebecca BROOKS
Freshman
6-1
Freestyle
Sprints, Back
Rochester Hills, Mich.

Career Best Times: 24.09 in the 50-yard freestyle; 51.75 in the 100-yard freestyle; 1:50.38 in the 200-yard freestyle; 55.40 in the 100-yard backstroke; 1:57.12 in 200-yard backstroke

General: Will be a great addition to the sprint group with her freestyle and backstroke skills...is ranked fifth in the 100-yard backstroke and tied for second in the 200-yard backstroke on UNC's depth chart for the upcoming season...with her best high school time, Brooks would be tied for second in UNC school history along with fellow incoming freshman, Carly Smith, in the 200-yard backstroke
Prep: Graduated from Rochester Adams High School in June 2009...was a member of her high school swim team for two years...member of the Washington Township Recreation Sharks club team for two years and the Oakland Live Y'ers club team for two years...qualified for the 2008 Olympic Trials...Junior Nationals finalist...placed second in the 100-yard backstroke as a freshman at high school state championships while leading the team to a third-place finish...member of National Honor Society

Personal: Given name Rebecca Jane Brooks...born August 12, 1991 in Detroit, Mich. ...daughter of Dan and Sonya Brooks...has one brother, Greg, 20.

The Rundown on Rebecca

Academic Major at Carolina: Business
Career Plans: Accountant
Hobbies: Hanging out with friends, going to the movies, baking and reading
Athlete I Most Admire: Lance Armstrong
Biggest Sports Thrill: Qualifying for Olympic Trials
Person Who Has Had The Greatest Influence On My Athletic Career: Mark Davis
Favorite Book: This Lullaby
Favorite Magazine: Taste of Home
Favorite Food Types: Italian and Mexican
Favorite Movie: Parent Trap
Favorite TV Show: America's Next Top Model
Favorite Website to Visit: Weather.com
City I've never Been To But Want To Visit: Florence, Italy
Entertainment Figure I'd Most Like To Have Dinner With: Will Smith

ished third in the 50-yard freestyle with a career best 23.18 and an NCAA "B" qualifying time...member of two first-place relays at ACCs...Carolina's winning 800 free relay set a new pool record and the victorious 400 free relay set a new conference record...named All-Conference Performer for the 400 and 800 free relays and the 50, 100 and 200 freestyles...finished her freshman year ranked on the UNC All-Time Top 10 depth chart in the 50, 100 and 200 freestyles.

Prep: A June 2006 alumna of Weston High School...three-year letter winner there...also competed in club swimming since age seven...captained high school squad...earned All-America honors in the 50, 100 and 200 frees and the 100 breast...three-time selection as Boston Globe Swimmer of the Year...won Massachusetts state high school titles in the 50, 100 and 200 frees and set state records in the 50 and 100...twice named the Massachusetts state high school swimmer of the year by the NISCA...Dual County League All-Star and All-Scholastic selections...2006 Daily News Female Athlete of the Year... National Team member while swimming for Bluefish Swim Club

Personal: Given name is Eliza Longpre Butts...daughter of Susan Butts and Frederic Butts...born August 31, 1988 in Newton, Mass...has two brothers, Eric, 24, Stuart, 18, one half brother Jack, seven, and one half sister, Kela, 12.

Edifying You On Eliza

Academic Major at Carolina: Exercise and Sports Science

Career Plans: Undetermined

Hobbies: Listening to music, shopping, eating, talking

Athlete I Most Admire: Dara Torres

Biggest Sports Thrill: Making my Olympic Trial cut in the 100-meter freestyle

Person Who Has Had The Greatest Influence on My Athletic Career: My Mom

Favorite Book: The Kite Runner by Khaled Hosseini

Favorite Magazine: Any gossip magazine

Favorite Foods: Cheese, barbecue chicken

Favorite Movie: Sweet November

Favorite TV Show: Secret Life of an American Teenager

Favorite Website To Visit: Facebook

Entertainment Figure I'd Most Like To Have Dinner With: Britney Spears

Eliza Butts



Alison CLEMENS Senior 5-3 Breaststroke, IM Staten Island, N.Y.

Career Best Times: 1:02.01 in the 100-yard breaststroke (4th in school history); 2:13.21 in the 200-yard breaststroke (5th in school history); 2:00.76 in the 200-yard individual medley (5th in school history); 4:19.02 in the 400-yard individual medley.

General: Three-time returning letter winner who has been a top breastroker and IMer during her entire career at UNC...was a tri-captain of the 2008-09 team...on UNC's 2009-10 preseason depth chart, she is ranked second in both the 100-yard breast and the 400-yard IM and third in the 200-yard breast as well as the 200-yard IM.

Long Course Highlights: Qualified for the 2008 U.S. Olympic Trials in the 100-meter breaststroke, 200-meter breaststroke, 200-meter individual medley and 400-meter individual medley.

2008-09 (Junior): Was one of the three women's captains for the 2008-09 season...won the 200-yard breaststroke at the Gamecock Invitational in a time of 2:17.81 as well as taking the 400-yard individual medley in a time of 4:20.22...placed eighth in the 100-yard breaststroke at the ACC Championships in a time of 1:02.89...went a career best in the prelims with a time of 1:02.01, a time which places her third in school history...went a personal best time of 2:00.76 in the 200-yard IM at the ACC Championships putting her at fifth place in school history...placed 12th in the ACC Championships in the 200 IM, seventh in the 200 breast and eighth in the 100 breast.

2007-08 (Sophomore): Set a career best time in the 100-yard breaststroke at the Bulldog Invitational with a time of 1:02.22, putting her in third place in school history...her time in the 200-yard breaststroke of 2:13.21 also placed her third in school history...her time in the 400-yard individual medley at the Tar Heel Invitational put her in 10th place in school history...named the ACC Women's Swimmer of the Week on January 15, 2008 after winning three individual events and swimming a leg in the winning medley relay in a double dual meet against Clemson and Rutgers... finished fourth at the ACC Championships in the 400-yard IM...was a member of the 400-yard medley relay team that finished third at the ACC Championships...finished fourth at the ACC Championships in the 200 breaststroke...finished 19th in the 200-yard breaststroke at the 2008 NCAA Division I Women's Swimming and Diving Championships with a time of 2:13.45.

2006-07 (Freshman): Competed at the NCAA Championships in both individual and relay events...reached NCAA "B" qualifying standards in each of her three individual events at the ACC Championships...took second in the 200-yard individual medley with a career best

time of 2:01.51, the fourth best individual performance in school history...also set a career best in the 400 IM with a clocking of 4:20.25 which landed her third place in the championship final...took third in the 200-yard breaststroke at ACCs...was named ACC Women's Swimmer of the Week on January 22, 2007...her season best 1:03.21 in the 100 breast left her tied for fourth in school history...named an All-Conference Performer in the 200 breast, 200 individual medley and 400-yard individual medley.

Prep: A June 1, 2006 graduate of St. Joseph By The Sea High School...member of swimming team there for four years...captained her club swimming team...member of U.S. Junior National Team in 2005...competed in the 2005 Junior Pan Pacific Championships...a Top eight finisher at nationals in the breaststroke.

Personal: Given name is Alison Patricia Clemens...daughter of Thomas and Anne Clemens...was born October 7, 1988 on Staten Island, N.Y. ...has one sister, Clare, 22.

Clemens' Karma

Academic Major at Carolina: Exercise and Sports Science

Career Plans: Undetermined

Hobbies: Shopping, going to the beach, reading

Athlete I Most Admire: Rebecca Soni

Biggest Sports Thrill: Competing in the Olympic Trials

Person Who Has Had The Greatest Influence on My Athletic Career: My sister

Favorite Books: Memoirs of a Geisha by Arthur Golden; Something Borrowed by Emily Giffin

Favorite Magazines: US Weekly, Vogue

Favorite Food: Cheese

Favorite Movie: Wedding Crashers

Favorite TV Shows: The Hills, Entourage, Gossip Girl

Cities I've Never Been To But Want To Visit: Paris, France and Venice, Italy

Entertainment Figure I'd Most Like To Have Dinner With: Rihanna



Candace COOPER Sophomore 6-0 Backstroke, Freestyle Raleigh, N.C.

Career Best Times: 23.64 in the 50-yard freestyle; 51.35 in the 100-yard freestyle; 53.98 in the 100-yard backstroke (2nd in school history); 1:57.91 in the 200-yard backstroke (3rd in school history).

General: Had a tremendous finish to her freshman season at the ACC Championships...is UNC's top returning 100-yard backstroker with a time of 53.98...swims a strong 200-yard backstroke as well, ranking fourth on UNC's preseason depth chart.

2008-09 (Freshman): Missed much of the fall season with an ankle injury, but recovered nicely to swim an excellent ACC meet...her

time in the 100-yard backstroke in prelims would have ranked her seventh in the event had she been on the scoring team...her time was an NCAA "B" qualifying time of 53.98, moving her into second place in school history...would have ranked 11th overall with her exhibition swim in the 200-yard backstroke with a time of 1:57.91 at the ACC Championships ...that clocking in the 200-yard backstroke made her third in school history on the all-time depth chart.

Prep: Graduated from the Ravenscroft School in May 2008...named the NCISAA state girls' swimming overall champion twice...member of the NCISAA state girls' swimming championship 200 medley and 400 free relay teams...two-time NCISAA state girls' swimming individual champion in the 100 Free...named a National high school All-America on the 400 free and 200 medley relay teams ...named to the NCISAA All-Conference teams as a sophomore and junior...member of the NCISAA All-State team as a freshman, sophomore and junior...as a junior she broke the team record in the 200 IM...as a member of the YOTA Swim Team she was the team captain in 2007-08...named a U.S. Swimming Academic All-America in 2007... North Carolina Swimming All-Star in 2006 and 2007... she broke at least one club team record a year from 1998 to 2007...currently holds 20 of the 45 team records in the backstroke and on freestyle relays and medley relays... was a member of the North Carolina Aquablazers AAU Travel team...she was the National Black Heritage individual swimming champion in the 100 free and 100 back in 2007.

Personal: Name is Candace Danielle Cooper...nicknamed "Coop"...daughter of William Donald and Kathryn Jones Cooper...was born January 10, 1990 in Raleigh, N.C.

Holding Court With Cooper

Academic Major at Carolina: Exercise and Sports Science

Career Plans: Sports Attorney or Sports Agent

Hobbies: Watching sports, listening to music, watching movies, relaxing

Athletes I Most Admire: Kevin Garnett, LeBron James

Biggest Sports Thrill: Setting YMCA national record in my last year of club swimming after battling injury and illness all year

People Who Have Had the Greatest Influence on My Athletic Career: God and my parents

Favorite Book: Quiet Strength by Tony Dungy

Favorite Magazine: Cosmo Girl

Favorite Food: Soul Food

Favorite Movie: The Original Kings of Comedy

Favorite TV Show: Desperate Housewives

Favorite Website to Visit: TarHeelBlue.com

City I've Never Been to but want to Visit: New York City

Entertainment Figure I'd Most Like to Have Dinner With: Justin Tuck



Stephanie EISENRING
Freshman
5-9
Freestyle
Pompano Beach, Fla.

Career Best Times: 23.18 in the 50-yard freestyle; 49.97 in the 100-yard freestyle; 1:46.52 in the 200-yard freestyle; 4:50.63 in the 500-yard freestyle.

General: Comes from a strong base at the Pine Crest School...she will be a great addition to the Tar Heel freestyle unit...is UNC's top 200-yard freestyler on the preseason depth chart... she is also ranked fourth in the 50, 500 and 1000 freestyles and fifth in the 100 freestyle entering the upcoming season...competed in the World University Games this past summer as a member of the Swiss Team.

Long Course Highlights: Placed 12th in the 200-meter freestyle and 12th in the 800-meter freestyle at the 2009 World University Games where she competed for Switzerland.

Prep: Graduated from the Pine Crest School on May 22, 2009... co-captain of the high school swim team as a senior... FHSAA state champion as a freshman, sophomore and junior in the 50, 100 and 200 freestyles and as a member of the 200 free relay ... holds Pine Crest School records in the 50, 100 and 200-yard freestyles and as a member of the 200 and 400 free relays ... Sun Sentinel and Miami Herald Female High School Swimmer of the Year in 2008 ... High School All-America all four years ... undefeated in high school dual meets while at Pine Crest ... first-team Sun Sentinel selection in 2009 ... All-Broward County selection by the Miami Herald in 2009 ... qualified for USA Swimming Nationals.

Personal: Name is Stephanie Katharina Eisenring ... daughter of Otto and Elisabeth Eisenring ... was born November 18, 1990, in Zurich, Switzerland... has three brothers, Thomas, 18, Ryan, 15, and David, 15.

Steph's Story

Academic Major at Carolina: Undeclared
Career Plans: Swimming in 2012 Olympic Games

Hobbies: Surfing, Sculpture, Skateboarding

Athlete I Most Admire: Roger Federer

Biggest Sports Thrill: Being part of a national team

People Who Have Had the Greatest Influence on My Athletic Career: My parents

Favorite Book: The Glass House

Favorite Magazine: Vibe

Favorite Food: Cheese Fondue

Favorite Movie: Pirates of the Caribbean

Favorite TV Show: Lost

Favorite Website to Visit: Facebook

City I've Never Been To But Want to Visit: Cairo, Egypt

Entertainment Figure I'd Most Like to Have Dinner with: Lil' Wayne



Alex HAMILTON
Sophomore
5-3
Diving
Holly Springs, N.C.

Collegiate Career Best Scores: 194.40 in one-meter diving; 243.90 in three-meter diving.

General: Returning letter winner...an outstanding in-state diver who was a redshirt during the 2007-08 season...has three years left of athletic eligibility remaining.

2008-09 (Freshman): Had her collegiate career best scores against Duke...totaled 194.40 on the one-meter board and 243.90 on the three-meter board...made the 2008-09 ACC Academic Honor Roll.

Prep: Graduated from Southeast Raleigh High School on June 1, 2007...member of varsity diving team there for four years...dove with the North Carolina Aquatic Club's Junior Olympic program...conference and regional champion for three years...won North Carolina Academic Scholars Award.

Personal: Given name is Alexandra Samantha Christine Hamilton...daughter of Ken and Christine Hamilton...was born August 14, 1989 in Los Gatos, Calif. ...has one brother, Kenny, 15.

Assessing Alex

Academic Major at Carolina: Pharmacy

Career Plans: Pharmacist

Hobby: Photography

Athlete I Most Admire: Gabby Mayo, a high school classmate who held a world record in track

Biggest Sports Thrill: Finishing third at the 2006 state championships

Person Who Has Had The Greatest Influence on My Athletic Career: My Mom

Favorite Book: Cyrano de Bergerac by Edward Rostand

Favorite Magazine: Cosmopolitan

Favorite Food: Fried Cheesecake at Paddy's Hollow in Wilmington

Favorite Movie: The Little Mermaid

Favorite TV Show: Grey's Anatomy

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Paris, France

Entertainment Figure I'd Most Like To Have Dinner With: Will Farrell

Candace Cooper





Caroline HARTMANN
Junior
5-7
Backstroke
Williamsburg, Va.

Career Best Times: 55.57 in the 100-yard backstroke (9th in school history); 1:58.83 in the 200-yard backstroke (10th in school history).

General: Had a strong finish last season at the ACC Championships with career best times in both the 100 and 200-yard backstrokes ... her 100-yard backstroke time is sixth on the pre-season depth chart for UNC and her 200-yard backstroke time is seventh on the depth chart.

2008-09 (Sophomore): Swam a career best clocking in the 200-yard backstroke with a time of 1:58.83 at ACC Championships moving her into 10th place in school history...swam another career best time of 55.57 in the 100-yard backstroke at ACC Championships which puts her at ninth in school history...made the ACC Honor Roll for the second straight year.

2007-08 (Freshman): Set career best times of 56.81 in the 100-yard backstroke and 2:02:02 in the 200-yard backstroke at the ACC Championships... received the team's Richard E. Jamerson Memorial Award as Carolina's Most Improved Swimmer... named to the 2007-08 ACC Academic Honor Roll...qualified for the Dean's List in the spring semester 2008.

Prep: Graduated from Walshingham Academy on June 2, 2007...four-year high school letter winner in the 100 back and 200 IM...also played tennis in high school...competed in club swimming for three years as a backstroker ...All-State choice as a junior and senior...All-Conference selection all four years of high school...state champion and record holder in the 100 backstroke...won the Eloise Jacobs Leadership and Sportsmanship Award as a senior...high school All-America in the 100 back in the 12th grade...swim team captain as a junior and senior...was a member of a state championship team in 2006...with her club team she

Catching Up With Caroline

Academic Major at Carolina: Psychology

Career Plans: Undetermined

Hobbies: Boating, fishing

Athlete I Most Admire: Ryan Lochte

Biggest Sports Thrill: Being at Carolina when the basketball team won the national championship

People Who Have Had The Greatest Influence on My Athletic Career: My parents

Favorite Book: What is What by Dave Eggers

Favorite Foods: Funfetti cookies, spaghetti

Favorite Movie: Elf

Favorite TV Shows: Planet Earth, Family Guy

Favorite Website To Visit: Facebook

Cities I've Never Been To But Want To Visit: Paris, France and New York City

Entertainment Figure I'd Most Like To Have Dinner With: Will Ferrell

was a junior national qualifier and the 2006-07 team captain....member of National Honor Society and French National Honor Society.

Personal: Full name is Caroline Kimball Hartmann...nicknamed Caki or Cakattack...daughter of Paul and Barbara Hartmann...was born September 15, 1989 in Williamsburg, Va. ...has two brothers, John, 25, a UNC swimmer in the Class of 2005, and Will, 22.



Katura HARVEY
Junior
5-9
Distance Freestyle
Rockville, Md.

Career Best Times: 50.95 in the 100-yard freestyle; 1:46.94 in the 200-yard freestyle (3rd in school history); 4:39.12 in the 500-yard freestyle (2nd in school history); 9:37.57 in the 1000-yard freestyle (2nd in school history); 15:56.77 in the 1650-yard freestyle (2nd in school history).

General: Had an amazing sophomore year to match her tremendous freshman year...qualified for NCAA Championships both her freshman and sophomore year...named an NCAA first-team All-America after her career best time and seventh place finish in the 1650-yard freestyle at the 2009 NAAs...is Carolina's fastest 500, 1000 and 1650-yard freestyler going into this season...has made the Dean's List every semester while being at Carolina.

Long Course Highlights: Placed fifth in the 800-meter freestyle at the 2009 U.S. Open...also placed fifth in the 1500-meter free with a best time of 16:45.05...qualified for the 2008 U.S. Olympic Trials in the 400-meter freestyle.

2008-09 (Sophomore): Shared the Andrea Erben Memorial Award as the team's most dedicated swimmer... swam on UNC's school record-setting 400 and 800 free relay teams at the ACC Championships...member of the 800-yard freestyle relay team that broke the school record at ACC Championships in a time of 7:08.07...broke the 20-year-old ACC meet record in the 500-yard freestyle while winning the event in a time of 4:39.12, a standard which puts her in second place all-time in school history...placed third in the 200-yard freestyle at ACCs with a time of 1:46.94, making her third in school history in that event... placed second in the 1650-yard freestyle at ACCs in a time of 15:59.08...earned All-ACC honors in three events...first-team NCAA All-America in the 1650-yard freestyle...swam a personal best time and placed seventh in 1650-yard freestyle at the NCAA Championships with a time of 15:56.77, the second best time in UNC history... won women's at-large first-team ESPN The Magazine Academic All-District honors...also named to the 2009 ESPN The Magazine Third-Team Academic All-America At-Large Team...tapped for the 2009 ACC All-Academic Women's Swimming and Diving Team...made the Dean's List for both the fall and spring semesters...mem-

ber of the ACC Academic Honor Roll... recognized by the CSCAA for its Scholar-Athlete Team in 2009.

2007-08 (Freshman): All-ACC selection...her career best time of 4:44.42 in the 500-yard freestyle at the ACC Championships claimed third in the event and put her at second place all-time in school history...her career-best time of 16:16.57 in the 1650-yard freestyle at the NCAA Championships put her at third in school history...she finished fifth at the ACC Championships in the 1650 freestyle...placed 17th in the 1650 freestyle at the 2008 NCAA Championships, missing honorable mention All-America accolades by just one spot...honored as a College Swimming Coaches Association of America on its Scholar-Athlete Team...named to the 2008 ACC All-Academic Women's Swimming and Diving Team... named to 2007-08 ACC Academic Honor Roll...was selected for the Dean's List in both semesters of the school year.

Prep: Graduated from Richard Montgomery High School in June 2007...four-year letter winner in the distance freestyles...has competed in club swimming since 1994...All-Gazette and All-County first-team selection from 2004-07...All-Metropolitan first-team selection in 2006 and 2007...high school team captain in 2006-07...Metro Swimming Championships title winner in 200 free, 500 free and on the 400 free relay squad...AP Distinguished Scholar ...International Baccalaureate Program graduate...National Merit Commended Scholar

Personal: Name is Katura Margaret Harvey...daughter of Phil Harvey and Kathy Radimer...was born February 25, 1989 in Brisbane, Queensland, Australia...has one brother, Will, 23.

Hanging Around With Harvey

Academic Major at Carolina: International Studies

Career Plans: Work in the State Department
Hobbies: Sleeping, eating, reading, computers

Athlete I Most Admire: Dara Torres

Biggest Sports Thrill: Watching the UNC basketball team win the 2005 NCAA title

Person Who Has Had The Greatest Influence on My Athletic Career: One of my former coaches, Jim Williams

Favorite Book: Lord of the Rings by J. R. R. Tolkien

Favorite Magazine: Rolling Stone

Favorite Food: Strawberry Cheesecake

Favorite Movie: Lord of the Rings trilogy

Favorite TV Show: Scrubs

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: London, England

Entertainment Figure I'd Most Like To Have Dinner With: Johnny Depp



Katura Harvey



Kaci HOLLINGSWORTH
Sophomore
5-1
Diving
Mission Viejo, Calif.

Collegiate Career Best Scores: 259.55 in one-meter diving (8th in school history); 258.95 in three-meter diving (10th in school history); 207.66 in 10-meter platform diving (2nd in school history).

General: Was a strong presence as a freshman for the Tar Heel divers...was the top finisher for Carolina on 10-meter platform at ACCs...will take on an important leadership role for the young Tar Heel diving squad...four-time All-America in high school.

2008-09 (Freshman): Finished ninth in 10-meter platform diving at the ACC Championships with a score of 207.55...was UNC's top finisher in that event in her freshman year...also had her career best scores in the one-meter and the three-meter at the Gamecock Invitational...had a total of 259.55 on the one-meter and 258.95 on the three-meter...named to the 2008-09 ACC Academic Honor Roll.

Prep: Graduated from Trabuco Hills High School in Mission Viejo, Calif., in June 2008...competed in gymnastics for 10 years before turning to diving as her main sport...named the team captain of her high school diving team for three years...made All-America and competed in the CIF Championships all four years of high school...placed 12th at the U.S. Diving Summer Junior Nationals on platform...received the Most Dedicated Diver Award for her high school diving team.

Personal: Name is Kaci Ann Hollingsworth...nicknamed "Kacidilla"...daughter of Mark and Joanna Hollingsworth...was born August 23, 1990 in Fullerton, Calif. ...has one sister, Mindi, 22.

The History of Hollingsworth

Academic Major at Carolina: Undeclared
Career Plans: Undecided

Hobbies: Diving, going to the beach, shopping, kickboxing

Athlete I Most Admire: Kimiko Soldati

Biggest Sports Thrill: Winning Zones on platform

Person Who Has Had the Greatest Influence on My Athletic Career: Janet Ely

Favorite Book: Kite Runner by Khaled Hosseini

Favorite Magazine: Car and Driver

Favorite Food: Chocolate

Favorite Movie: Fool's Gold

Favorite TV Show: What I Like About You

Favorite Website to Visit: Facebook

City I've Never Been to but want to Visit: Barcelona, Spain

Entertainment Figure I'd Most Like to Have Dinner With: Matthew McConaughey



Ashley HOWARD
Senior
5-11
Backstroke, Freestyle
Durham, N.C.

Career Best Times: 55.83 in the 100-yard backstroke; 1:55.45 in the 200-yard backstroke (School Record); 1:48.44 in the 200-yard freestyle; 4:48.16 in the 500-yard freestyle (7th in school history).

General: For the second year in a row, ranks in the No. 1 spot on the preseason depth chart in the 200 back at 1:55.45 which is also the fastest time in school history...three-time returning letter winner...is ranked third on UNC's preseason depth chart in the 500-yard freestyle...qualified for the 2009 NCAA's in the 200-yard backstroke where she swam .08 of a second off her best time...member of the ACC All-Academic Women's Swimming and Diving Team for the 2008-09 season.

Long Course Highlights: Went a career best time in the 200-meter backstroke at 2009 U.S. Open with a time of 2:14.88...qualified for the 2008 U.S. Olympic Trials in the 200-meter backstroke.

2008-09 (Junior): Set the University record with a career best time of 1:55.45 in the 200-yard backstroke at the ACC Championships...finished fourth in the event for her best individual finish of the meet...went a best time in the 200-yard freestyle with a time of 1:48.44 at ACCs...finished 13th in both the 200 free and 500 free at ACCs...made the NCAA Championships in the 200-yard backstroke and was just .08 off her career best time with a standard of 1:55.53...went a career best in the 500 free at the NCAA Championships with a time of 4:48.16...made the Dean's List for the spring semester 2009...selected for the 2008-09 ACC Academic Honor Roll... recognized by the College Swimming Coaches Association as one of its 2009 Scholar-Athlet award winners...named to the ACC All-Academic Women's Swimming and Diving Team...shared the Andrea Erben Memorial Award as the squad's most dedicated swimmer.

2007-08 (Sophomore): Set career best times in the 100-yard backstroke and 500-yard freestyle at the ACC Championships with standards of 56.63 and 4:51.70, respectively...her time of 1:57.84 in the 200-yard backstroke at the U.S. Swimming Short Course National Championships in the fall semester lifted her into second place in school history, only .01 seconds from first place on the Tar Heel chart... finished fourth in the 200-yard backstroke at the ACC Championships... named to 2007-08 ACC Academic Honor Roll.

2006-07 (Freshman): Had a very successful ACC Championship meet...was a member of the victorious 800-yard freestyle relay unit...which set a new pool record and achieved an NCAA "B" qualifying standard...placed third in the 200-yard backstroke with a career best time, NCAA consideration time and what was

then the seventh fastest time in UNC history...was the ninth-place finisher in the 200-yard freestyle, achieving the NCAA "B" standard with a time of 1:50.04...took seventh in the 500-yard free with a career best time...named an All-Conference Performer in the 200 backstroke and as a member of the 800 freestyle relay team...won the Andrea Erban Award as the team's most dedicated swimmer.

Prep: Graduated from Riverside High School on June 9, 2006...four-year swimming letter winner there in the free, back and IM...a senior national qualifier in the 200 backstroke...also qualified for the U.S. Open in both the 100 and 200 backstrokes...named a North Carolina All-Star three times... named Riverside's MVP three times...four-year honor roll student...N.C. Scholar...National Honor Society member...junior national qualifier in the 100 and 200 backstrokes.

Personal: Given name is Ashley Brooke Howard...daughter of Ken and Jeannine Howard...was born January 13, 1988 in Durham, N.C. ...has one sister, Chelsea, 15.

The How To Of Howard

Academic Major at Carolina: Economics
Career Plans: Undetermined

Athlete I Most Admire: Lance Armstrong

Biggest Sports Thrill: Getting my Olympic Trials cut

People Who Have Had The Greatest Influence on My Athletic Career: My parents and my former coach Eric Steinger

Favorite Book: The Harry Potter series by J.K. Rowling

Favorite Food: Mexican Food

Favorite Movie: Wedding Crashers

Favorite TV Show: Friends

City I've Never Been To But Want To Visit: Paris, France

Entertainment Figure I'd Most Like To Have Dinner With: Vince Vaughn



Rebecca KANE
Junior
5-11
Sprint Freestyle
Toms River, N.J.

Career Best Times: 22.41 in the 50-yard freestyle (2nd in school history); 49.08 in the 100-yard freestyle (2nd in school history); 1:47.34 in the 200-yard freestyle (5th in school history).

General: Outstanding freestyle sprinter who, for the second year in a row, has the top time on the UNC depth chart in the 50-yard freestyle heading into the season at 22.41 seconds...is first on the depth chart for the 100-yard freestyle and third in the 200-yard freestyle as well...named ACC Women's Swimming Performer of the week three times last season...named All-ACC in the 50 and 100-yard freestyles at the 2009 ACC Championships...qualified for the 2009 NCAA Champi-

onships.

Long Course Highlights: Qualified for the 2008 U.S. Olympic Trials in the 50-meter freestyle.

2008-09 (Sophomore): Excelled in the regular season as well as the post-season...was a triple event winner in the double dual meet against Maryland and George Mason, winning the 50-yard and 100-yard freestyles and swimming on the 200-yard medley relay that won...was named the ACC Women's Performer of the Week on November 11, 2008 after her stellar performance against Maryland and George Mason...named the ACC Women's Performer of the Week on January 13, 2009 after being a triple event winner in the dual meet against Clemson...earned ACC Women's Performer of the Week honors on February 3, 2009 after being a triple event winner against Duke...swam on four relays which set school records at the ACC Championships...was a member of the 800-yard freestyle relay that broke the school record in a time of 7:08.07 while placing second at ACC Championships...she placed third in the 50-yard freestyle at the ACC Championships in a time of 22.41 which puts her second in school history, just .01 off the school record time...was a member of the 200-yard freestyle relay that broke the school record at ACCs in a time of 1:30.24 while taking fourth place...she placed fifth in the 200-yard freestyle with a time of 1:47.34, moving her into fifth place in school history...placed second in the 100-yard freestyle in a time of 49.25 after going 49.18 in prelims, a time which put her in second place in school history...swam the freestyle leg of the 400-yard medley relay that placed third at ACCs in a school record time of 3:36.79...led off the 400-yard freestyle relay team which set the school record in 3:17.10...named All-ACC in the 50 and 100-yard freestyles...qualified for the NCAA Championships...swam a career best time at NAAs in the 100-yard freestyle at 49.08, moving her into second place in school history...was one-tenth of a second off her best time in the 50-yard freestyle with a time of 22.51 at NAAs...swam on the 200 medley, 200 freestyle, 400 medley and 400 free relays at NAAs

2007-08 (Freshman): An All-ACC selection...set career best times of 22.77 in the 50-yard freestyle and 50.27 in the 100-yard freestyle at the ACC Championships...her time in the 50-yard freestyle claimed third place at the ACC Championships and put her in fourth place in school history...her time in the 100-yard freestyle put her at ninth on the all-time UNC Top 10 list and it claimed sixth place at the ACC Championships...swam a leg of the 400-yard freestyle relay at the ACC Championships that finished second with a time of 3:18.82, setting a school record in the process...member of the 200-yard freestyle relay team that set a school record of 1:31.09 at the Bulldog Invitational, breaking the record that was set the week before at the ACC Championships.

Prep: Graduated in June 2007 from Monsignor Donovan High School...swam four years there as a freestyle sprinter...nine-time high school All-America selection...U.S. Swimming senior national qualifier...high school swim team captain...state record holder in the 50

and 100 freestyles...first swimmer to ever swim faster than 51 seconds in the 100 freestyle in New Jersey history...NJSIAA New Jersey Swimmer of the Year selection...National Honor Society member.

Personal: Full name is Rebecca Lynn Kane...nicknamed Bec...daughter of Mike and Linda Kane...was born February 3, 1989 in Toms River, N.J. ...has two brothers, Mike, 17, and Wesley, 11, and two sisters, Erica 19, and Mikaela, 10.

Rebecca's Rules

Academic Major at Carolina: Communications with a minor in Journalism

Career Plans: Undecided

Hobbies: Puzzles, drawing, going to the beach, shopping, baking

Athlete I Most Admire: Lance Armstrong

Biggest Sports Thrill: Making NAAs for the 2008-09 season

Person Who Has Had The Greatest Influence on My Athletic Career: My Dad

Favorite Book: A Million Little Pieces

Favorite Magazine: Cosmo

Favorite Food: Pierogies

Favorite Movie: Remember The Titans

Favorite TV Shows: House, anything on Food Network

Favorite Websites To Visit: Facebook, TarHeelBlue.com, FML

City I've Never Been To But Want To Visit: Paris, France

Entertainment Figure I'd Most Like To Have Dinner With: Jennifer Aniston or Channing Tatum



Katie KEEL
Sophomore
5-7
Breaststroke
Knoxville, Tenn.

Career Best Times: 1:02.58 in the 100-yard breaststroke (5th in school history); 2:16.84 in the 200-yard breaststroke (10th in school history); 2:05.08 in the 200-yard individual medley.

General: Returning letter winner who was a great addition to the Tar Heel breaststroke group in 2008-09...ranks third in the 100-yard breaststroke on the preseason depth chart and fourth in the 200-yard breaststroke...went career best times in all of her events at the 2009 ACC Championships.

2008-09 (Freshman): Went a career best time of 2:16.84 in the 200-yard breaststroke in prelims at the ACC championships, moving her into 10th place in school history in the event...made the consolation final of the 100-yard breaststroke at the ACC Championships in a time of 1:02.58, placing her fifth in school history...went a career best time in the 200-yard IM at 2:05.08 at ACCs...placed 12th in the 100 breast and 15th in the 200 breast at the ACC meet...made the spring semester 2009 Dean's List...member of the 2008-09 ACC Academic Honor Roll.

Prep: Graduated from the Webb School of Knoxville, Tenn. in May 2008...played competitive soccer for nine years, basketball for two years and played softball for three years...was a competitive diver for four years...started swimming at age 13 for Pilot Swim Club...earned All-America citations five times...placed third in the 100-yard breaststroke at the state meet...was a short course national qualifier in the 100- and 200-yard breaststrokes...junior national qualifier in both the 100 and 200 breaststrokes...member of the National Honor Society.

Personal: Name is Katherine Marie-Annelise Keel...nicknamed KK...daughter of Beth Keel and the late Michael Keel...was born August 21, 1990, in Knoxville, Tenn.

Keel's Spiel

Academic Major at Carolina: Journalism

Career Plans: Become a broadcaster

Hobbies: Going to the lake, running, eating, dancing, reading

Athlete I Most Admire: Candace Parker

Biggest Sports Thrills: Finaling at ACCs and being on Franklin Street when UNC won the national championship in basketball

Person Who Has Had the Greatest Influence on My Athletic Career: Michael Keel, my father

Favorite Books: Angels and Demons by Dan Brown; The Phantom Tollbooth by Norton Juster

Favorite Magazine: People

Favorite Foods: Peaches, Guacamole

Favorite Movies: The Princess Bride, Remember the Titans

Favorite TV Show: Friends

Favorite Websites to Visit: Facebook, TarHeelBlue.com

City I've Never Been to but want to Visit: Sydney, Australia

Entertainment Figure I'd Most Like to Have Dinner With: Anthony Kiedis or Denzel Washington



Amber LEIKER
Freshman
5-6
Butterfly
Huntersville, N.C.

Career Best Times: 1:50.61 in the 200-yard freestyle; 55.68 in the 100-yard butterfly; 2:01.57 in the 200-yard butterfly.

General: An excellent butterflyer who will be a great addition to the team...she is seventh on the preseason depth chart in the 100-yard butterfly and sixth in the 200 butterfly heading into this season...five-time Academic All-American in high school...qualified for Olympic Trials in the 200-meter butterfly in 2008.

Prep: Graduated from Hopewell High School in Huntersville, N.C. on June 13, 2009...lettered in swimming for four years and soccer for one season...member of the Mecklenburg Aquatic Club for 10 years...high school state

champion in the 200-yard freestyle...five-time Academic All-America selection...USA Swimming Scholastic All-America Team choice...member of the 2007-08 National Junior Team...2007-08 Charlotte Observer Girls' Swimmer of the Year...qualified for Olympic Trials in 2008 in the 200-meter butterfly...member of the National Honor Society.

Personal: Full name is Amber Marie Leiker...born September 26, 1991 in Lakewood, N.J. ...is the daughter of Craig and Julie Leiker...has one sister, Molly, 12.

All About Amber

Academic Major: Undeclared

Career Plans: Undecided

Hobbies: Hanging out with friends, sleeping, listening to music

Athlete I Most Admire: Mark Gangloff

Biggest Sports Thrill: Swimming in the 2008 Olympic Trials

People Who Have Had the Greatest Influence on My Athletic Career: My parents

Favorite Book: Twilight by Stephenie Meyer

Favorite Magazine: People

Favorite Food: Hot Wings

Favorite Movie: The Notebook

Favorite TV Shows: Grey's Anatomy, 24, Gossip Girl

Favorite Website to Visit: Facebook

City I've Never Been to But Want to Visit: Rome, Italy

Entertainment Figure I'd Most Like to Have Dinner with: Dane Cook

school's depth chart.

Prep: Graduated from the Baylor School in Chattanooga, Tenn. on May 31, 2008....lettered there for four years as a backstroker and freestyle sprinter...named a high school Academic All-America in both 2007 and 2008...was the team's 2007-08 team captain...swam on 200 freestyle and 200 medley relay teams which held state records and on the school's record-setting 400 free relay team...won the Roger Vredevelde Coaches Award in 2006, an award named after another former star UNC swimmer, Class of '82.

Personal: Full name is Sarah Elizabeth List...is the daughter of Mark and Bonny List...was born on April 5, 1990 in Kirkland, Wash. ...has one brother, Luke, 24, and one sister, Bekah, 22.

List's List

Academic Major at Carolina: Undeclared

Career Plans: Undecided

Hobbies: Cooking, running, traveling, planning parties

Athlete I Most Admire: Vince Papale

Biggest Sports Thrill: Competing at the ACC Championships

Person Who Has Had the Greatest Influence on My Athletic Career: My high school swimming coach

Favorite Book: The Twilight Saga

Favorite Magazine: US Weekly

Favorite Food Type: Mexican

Favorite Movie: Center Stage

Favorite TV Show: So You Think You Can Dance

Favorite Website to Visit: Facebook

City I've Never Been to but want to Visit: Monterey, Mexico

Entertainment Figure I'd Most Like to Have Dinner With: Mark Wahlberg

Chatting With Chay

Academic Major at Carolina: Exercise and Sports Science

Career Plans: Athletic Trainer or Nutritionist

Hobby: Hanging out with friends

Athlete I Most Admire: Allison Brennan

Biggest Sports Thrill: Learning a new dive

Person Who Has Had the Greatest Influence on My Athletic Career: Brandon Hulko

Favorite Book: The Secret Life of Bees by Sue Monk Kidd

Favorite Magazine: USA Diving

Favorite Food: Pomegranates

Favorite Movie: Empire Records

Favorite TV Show: Instant Star

City I've Never Been to but Want to Visit: Sydney, Australia

Entertainment Figure I'd Most Like to Have Dinner With: Will Smith



Katie MARSH
Junior
5-10
Breaststroke
Ocean Ridge, Fla.

Career Best Times: 1:03.77 in the 100-yard breaststroke (10th in school history); 2:18.27 in the 200-yard breaststroke.

General: Two-time letter winner...fifth on the preseason depth chart for the 100 and 200-yard breaststrokes...once fully healthy, will be a key member to the Tar Heel breaststroke group

2008-09 (Sophomore): Had some early season injuries, but recovered in time to go a career best of 1:03.77 in the 100-yard breaststroke in the Tar Heel Last Chance Meet...that time put her 10th all-time in school history in the event...in that same meet, she had her season best in the 200-yard breaststroke at 2:19.50.

2007-08 (Freshman): A solid contributor dur-



Sarah LIST
Sophomore
5-9
Backstroke
Ringgold, Ga.

Career Best Times: 23.87 in the 50-yard freestyle; 54.13 in the 100-yard backstroke (4th in school history); 1:58.41 in the 200-yard backstroke (5th in school history).

General: Had an outstanding finish to her freshman year at the ACC Championships...went career best times in the 100 and 200-yard backstrokes at ACCs, times which rank second and fifth on UNC's 2009-10 preseason depth chart, respectively...she is the daughter of a pair of All-America swimmers at UNC, Mark List, Class of '78, men's co-captain with current UNC head coach Rich DeSelm that year, and Bonny Brown List, Class of '80, the school's Patterson Medal winner as the outstanding senior student-athlete in 1980.

2008-09 (Freshman): Went a best time in the 50-yard freestyle at the ACC championships with a clocking of 23.87...swam the 100-yard backstroke at ACCs on the non-scoring team, but went a career best time of 54.13 which was the seventh best time in the prelims of the event...that time moved her into fourth place in school history in the event...went a career best time of 1:58.41 which was the 12th best prelim time in the 200-yard backstroke at ACCs, moving her into the fifth spot all-time on the



Chay MALVASIO
Freshman
5-2
Diving
Columbia, S.C.

General: An excellent diver from South Carolina who will be a great addition to the young diving corps which is comprised of all sophomores and freshman...three-time high school All-America selection.

Prep: Graduated from Irmo High School on June 6, 2009...has been diving for eight years, specializing in springboard events...two-time district champion...PIAA state team championship member...state runner-up once and placed third and fifth in state competitions as well...Dennis McGinley Most Outstanding Diver Award...qualified for East Nationals since age 13...three-time high school All-America...three-time L.V.I.A.C. All-Star team participant...two-time team district champion...member of the National Honor Society.

Personal: Full name is Chay Nicole Malvasio...daughter of Michael and Lynda Malvasio...was born November 29, 1990 in Bethpage, N.Y.

Marsh Makes Her Mark

Academic Majors at Carolina: Psychology and Exercise and Sports Science

Career Plans: Undetermined

Hobbies: Photography, music, the beach

Athlete I Most Admire: Dara Torres

Biggest Sports Thrill: When the basketball team won the national title

People Who Have Had The Greatest Influence on My Athletic Career: My parents

Favorite Book: The Great Gatsby by F. Scott Fitzgerald

Favorite Magazine: Cosmo

Favorite Food: Everything except olives

Favorite Movie: Basically any comedy or drama

Favorite TV Shows: Entourage, Grey's Anatomy, Gossip Girl

Favorite Website to Visit: Facebook

Country I've Never Been To But Want To Visit: Australia

Entertainment Figure I'd Most Like To Have Dinner With: Paul Walker

ing her freshman season... a reliable dual meet swimmer... competed at the 2008 ACC Championships as a member of the scoring team.

Prep: A May 2007 graduate of Saint Andrew's School in Boca Raton, Fla. ...a U.S. Swimming Academic All-America selection...NISCA All-America in the 100 breaststroke for four years in a row...two-time state champion in the 100 breast...team MVP three times and the top rookie on the team as a freshman...Boca Raton News Swimmer of the Year choice...Sun-Sentinel Swimmer of the Year honoree...National Honor Society member...on the Dean's List for four years...qualified for nationals in 200-meter breast...FGC record holder in both breaststroke events...two-time 200-meter breast champion at Southern zone meet...broke zone meet record for 15-18 age group in 200-meter breast...member of zone meet record-breaking 200 free relay team.

Personal: Full name is Kathryn Leigh Marsh...daughter of Janet and Mark Marsh...was born Sept. 15, 1988 in Boynton Beach, Fla. ...has one sister, Jenny, 23.



Katelyn MARTIN
Sophomore
5-10
Distance
Freestyle
Chelmsford, Mass.

Career Best Times: 1:49.03 in the 200-yard freestyle; 4:47.21 in the 500-yard freestyle (5th in school history); 9:46.29 in the 1000-yard freestyle (3rd in school history); 16:13.56 in the 1650-yard freestyle (3rd in school history).

General: Returning letter winner who made a tremendous impact on the Tar Heel distance group in 2008-09...ranks second in the 500 freestyle, 1000 freestyle and 1650 freestyle on the Tar Heels' preseason depth chart...qualified for the NCAA Championships as a freshman last season.

2008-09 (Freshman): Placed 11th in the 500-yard freestyle at the ACC Championships in a personal best time of 4:47.21, moving her into fifth place in school history...set a career best time in the 1650-yard freestyle at the ACC Championships in a time of 16:13.56, placing her third in school history...she finished sixth in the event at the ACC meet...made the NCAA Championships where she swam the 500-yard freestyle and 1650-yard freestyle...also had season bests in the 200 free and 1000 free as a frosh.

Prep: Graduated from Chelmsford High School in June 2008...swam for her high school all four years where she primarily competed in the 200 and 500 free...holds the high school state record in the 500 free...went undefeated throughout her high school career in the 500 free...holds the New England resident record in the 1650 free...member of the National Honor Society and the Latin Honor Society.

Personal: Name is Katelyn Alyssa

Martin...daughter of Tom and Kathy Martin...was born April 27, 1990, in Newton, Mass. ...has two sisters, Jessica, 20 and Kristina, 17.

Martin's Minutiae

Academic Major at Carolina: Undeclared

Career Plans: Undecided

People Who Have Had the Greatest Influence on My Athletic Career: My parents

Favorite Book: The Lovely Bones by Alice Sebold

Favorite Magazine: Cosmopolitan

Favorite Food: Anything Mexican

Favorite Movie: The 40-Year-Old Virgin

Favorite TV Show: Grey's Anatomy

Favorite Website to Visit: Facebook

Place I've Never Been to but Want to Visit: Santorini

Entertainment Figure I'd Most Like to Have

Dinner With: Will Ferrell



Kerianne McAfee
Sophomore
5-9
Butterfly
Charlotte, N.C.

Career Best Times: 55.05 in the 100-yard butterfly (8th in school history); 2:00.86 in the 200-yard butterfly.

General: Returning letter winner who will continue to be an important part of the Tar Heel butterfly group...had personal best times in both of her main events, the 100-yard butterfly and 200-yard butterfly last season...is ranked third on UNC's preseason depth chart for the 100 fly and fifth in the 200 fly.

2008-09 (Freshman): Went a career best time of 2:03.86 in the 200-yard IM at the ACC Championships ...made the bonus consolation heat at ACCs in the 100-yard butterfly and finished with a career best time of 55.05 moving her into eighth place in school history...went a career best time of 2:00.86 in the 200-yard butterfly in the consolation heat at the ACC Championships, finishing 12th overall in the event.

Prep: Graduated from Charlotte Catholic High School in May 2008... honored as an All-Conference and All-State performer every year from 2005-08...four-year letter winner ...named an All-America in the 100 and 200 fly her senior year...named to the Charlotte Girls' first-team All-City Team in 2007-08...Charlotte's Swimmer of the Year in 2008...honored as MVP of both her high school and conference in 2008...named the NC 3-A MVP in 2008...holds the high school state record in the 100 fly...high school state champion in the 100 fly from 2005-08...high school champion in the 200 IM in 2008...named captain of her high school team her senior year...her high school won the state championship from 2005-08...named a North Carolina All-Star from ages 12 to 18...U.S. Swimming Senior National qualifier...qualified for the 2008 Olympic Trials...received academic honors all four

years.

Personal: Name is Kerianne Elizabeth McAfee...was born April 22, 1990 in Houston, Texas...daughter of Michael McAfee and Kim McAfee...has one brother, P.J., 17, and one sister, Kathleen, 22.

McAfee's Motivations

Academic Majors at Carolina: Communications & Public Relations

Career Plans: Something in the fashion industry

Hobbies: Snowboarding, reading, surfing, design, waterskiing, shopping

Athlete I Most Admire: Terra Wilson

Biggest Sports Thrill: Competing in the Olympic Trials

People Who Have Had The Greatest Influence On My Athletic Career: My parents and my former coach Dave Gibson

Favorite Book: Twilight Series by Stephenie Meyer

Favorite Magazines: Vogue, Cosmo

Favorite Food: Anything from Panera

Favorite Movie: My Best Friend's Wedding

Favorite TV Show: Grey's Anatomy

Favorite Website to Visit: Facebook

City I've Never Been To But Want To Visit: Paris, France

Entertainment Figure I'd Most Like To Have

Dinner With: Orlando Bloom



Ashley MILLER
Junior
5-11
Freestyle, IM
Cincinnati, Ohio

Career Best Times: 4:51.24 in the 500-yard freestyle; 10:02.71 in the 1000-yard freestyle; 16:46.96 in the 1650-yard freestyle.

General: Two-year letter winner who is an essential part of the tremendous Tar Heel distance corps...not only an outstanding performer in the pool, but in the classroom as well...member of the ACC Academic Honor Roll both of her years at Carolina...ranked No. 5 on the Tar Heel depth chart in the 500 free, and No. 4 in both the 1000 free and 1650 free for the upcoming season.

2008-09 (Sophomore): Went a career best time in the 1000-yard freestyle at 10:02.71 in the dual meet win over Duke...went her career best time in the 500-yard freestyle at 4:51.24 in the Tar Heel Last Chance Meet...was less than two seconds off her personal best 1650-yard freestyle time at the Tar Heel Last Chance meet...made the Dean's List for both the fall and spring semesters...a member of the ACC Academic Honor Roll.

2007-08 (Freshman): Set career best times of 4:56.43 in 500-yard freestyle and 4:28.90 in the 400-yard IM at the ACC Championships...set another career best time of 10:07.76 in 1000-yard freestyle in the dual meet against Minnesota...at the Nike Cup, she had a career-best time of 16:46.96 in the

1650-yard freestyle... named to 2007-08 ACC Academic Honor Roll... earned honors on the Dean's List in both semesters of the school year.

Prep: Graduated from Saint Ursula Academy... four-year varsity high school swimmer who also swam for the Anderson Barracudas club team since 1997... high school team captain... four-year state qualifier in the 200 IM and 500 free... Top 8 state qualifier in both events at the state meet her sophomore through senior years... a Cincinnati Enquirer 2006 All-City selection... four-time high school All-America selection... Ohio high school Scholar-Athlete... National Merit Finalist... AP Scholar Award... National Honor Society member... National French Honor Society member.

Personal: Given name is Ashley Lorraine Miller... daughter of Claire and Michael Miller... born August 2, 1988 in Cincinnati, Ohio... has one brother, Alex, 18.

The Accomplished Ashley

Academic Major at Carolina: Biology

Career Plans: Undecided

Hobbies: Cooking, arts and crafts, traveling, being with friends

Athlete I Most Admire: Carson Palmer

Biggest Sports Thrill: Carolina basketball winning the 2009 national championship

Person Who Has Had The Greatest Influence on My Athletic Career: My brother, Alex

Favorite Book: Water for Elephants by Sara Gruen

Favorite Magazine: People

Favorite Food: Panera, most desserts

Favorite Movies: Father of the Bride, Mean Girls

Favorite TV Shows: Saturday Night Live, Cincinnati Bengals Games

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Paris, France

Entertainment Figure I'd Most Like to Have Dinner with: Dierks Bentley or Sandra Bullock



Jenna MOORE
Sophomore
5-8
Diving
Matthews, N.C.

Collegiate Career Best Scores: 293.20 in one-meter diving (1st in school history); 291.05 in three-meter diving (4th in school history); 168.40 in 10-meter platform diving (5th in school history).

General: A returning letter winner who led the Tar Heel diving squad last season with a seventh place finish at ACCs on the one-meter board... that was the highest place of all the UNC divers at the conference meet... an excellent diver who will be an important leader as a sophomore... had Carolina's highest scores in the one and three-meter events as a fresh-

man... ranks first in school history all-time in the one-meter, fourth on the three-meter and fifth on the platform.

2008-09 (Freshman): Was the only Tar Heel diver invited to the Lady Mustang Dallas Classic... placed seventh at ACC Championships in one-meter scoring with a score of 278.65... made both the fall and spring Dean's List... member of the 2008-09 ACC Honor Roll... made the ACC All-Academic Women's Swimming and Diving Team... awarded the David F. McInnis Outstanding Diver of the Year Award by the Carolina coaches... qualified for the 2009 U.S. Summer National Diving Championships

Prep: Graduated from Providence High School... member of the swimming & diving team there for three years... dove for the Carolina Diving Academy Club Team for three years... named to the Providence High School Swimming & Diving Leadership Team... captain of her high school diving team... three-time Diver of the Year at Providence High School... two-time Southwestern 4A Diver of the Year... honored as a Diving All-America... qualified twice for the AAU Nationals... USA Diving Spring 2008 Junior National Qualifier and Senior National Qualifier... named a Junior Marshall... earned Honor Roll status all four years... recipient of the Providence High School Academic Award... graduated in the top three percent of her class... named an Academic All-America.

Personal: Name is Jenna Leigh Moore... daughter of Marty and Donna Moore... was born November 14, 1989, in Greensboro, N.C... has two sisters, Madison, 15, and Lacey, 15.

Mostly About Moore

Academic Major at Carolina: Undeclared (Most likely Journalism)

Career Plans: I hope to eventually work for a major magazine as a layout editor or pursue some type of graphic design career

Hobbies: Reading, art, writing poetry

Athlete I Most Admire: Jennifer Peterson

Biggest Sports Thrill: Finally accomplishing something that has been an obstacle to me

Person Who Has Had the Greatest Influence on My Athletic Career: Ted Hautau

Favorite Book: The Five People You Meet in Heaven by Mitch Albom

Favorite Magazine: Seventeen

Favorite Food: Steak and mashed potatoes

Favorite Movie: Step Up

Favorite TV Show: One Tree Hill

Favorite Website to Visit: Facebook

City I've Never Been to but Want to Visit: Los Angeles

Entertainment Figure I'd Most Like to Have Dinner With: Author Karen Kingsbury

Laura Moriarty



Laura MORIARTY
Sophomore
5-4
Fly, Breast, IM
Methuen, Mass.

Career Best Times: 1:02.88 in the 100-yard breaststroke (9th in school history); 2:11.12 in the 200-yard breaststroke (tied for 2nd in school history); 2:00.91 in the 200-yard individual medley (6th in school history); 4:10.85 in the 400-yard individual medley (School Record).

General: A tremendous breastroker and IMer who had an amazing first year at Carolina... All-Conference Performer in the 200-yard breaststroke and 400-yard IM as a freshman... broke UNC's 25-year-old school record in the 400-yard IM at the NCAA Championships with a time of 4:10.85, a time which gave her a 19th-place finish... Carolina's fastest 400 IMer going into the season on the team's depth chart... also ranked No. 4 in the 100 breast, No. 2 in the 200 breast and No. 4 in the 200 IM on the preseason depth chart... won the team's 2009 Hill Carrow Spirit Award.

Long Course Highlights: Qualified for the 2008 U.S. Olympic Trials in the 100-meter breaststroke, 200-meter breaststroke, 200-meter IM and 400-meter IM.

2008-09 (Freshman): Placed third in the 400-yard individual medley at the Lady Mustang Dallas Classic in a time of 4:21.00... won the 200-yard breaststroke in a time of 2:14.91 at the 2009 Swimming World College Carnival... went a personal best time in the 200-yard breaststroke at the ACC Championships in a time of 2:11.12, moving her into a tie for second in school history in the event... took second place in the 400-yard IM at the ACC Championships in a time of 4:11.60... All-Conference Performer in the 200-yard breaststroke and 400-yard IM... earned an NCAA invitation for her 'B' qualifying times in the 200-yard breaststroke and 400-yard IM... placed 19th in the 400-yard IM at the NCAA Championships while breaking a 25-year-old school

More on Moriarty

Academic Major at Carolina: Nursing

Career Plans: Undetermined

Hobbies: Camping, hanging with friends & family, music

Athlete I Most Admire: My brother

Biggest Sports Thrill: Swimming at U.S. Olympic Trials

People Who Have Had the Greatest Influence on My Athletic Career: My parents

Favorite Book: Tuesdays with Morrie by Mitch Albom

Favorite Magazine: Cosmo

Favorite Food: Lasagna

Favorite Movie: Anchorman

Favorite TV Show: Seinfeld

Favorite Website to Visit: Facebook

City I've Never Been to but want to Visit: Paris, France

Entertainment Figure I'd Most Like to Have Dinner With: Will Ferrell

record in a time of 4:10.85, making her the fastest individual in school history in the event.
Prep: Graduated from Methuen High School...participated in varsity swimming all four years of high school as well as club swimming... named team captain her senior year...three-time state champion in the 100 breaststroke...three-time runner-up in the 100 butterfly...holds the state record in the 200 IM and 100 breaststroke...honored with the Boston Globe, Boston Herald and Eagle-Tribune All-Scholastic Award three times...named MVP three times...earned Scholastic All-America Award two years...National Honor Society member.

Personal: Name is Laura Marie Moriarty...daughter of James and Carla Moriarty...was born on March 18, 1990 in Boston, Mass. ...has one brother, James, 20.



Katie MURPHY
Freshman
5-7
Fly, Breast, IM
Newark, Del.

Career Best Times: 4:24.46 in the 400-yard IM; 2:05.68 in the 200-yard butterfly; 2:23.47 in the 200-yard breaststroke.

General: A versatile freshman who will add strength to the Tar Heel IM group...is the daughter of former UNC swimmer Chris Murphy ('76) while her sister, Laura, is a student manager for the team.

Prep: Graduated from Archmere Academy on May 31, 2009...Scholastic All-America in 2007 and 2008...first-team All-State selection from 2006-08...captain of her high school team.

Personal: Full name is Kathleen Michelle Murphy...was born June 27, 1991 in Charlotte, N.C. ...daughter of Chris and Karen Murphy...has one sister, Laura, 19, and one brother, Kevin, 15.

More on Murphy

Academic Major at Carolina: Undeclared

Career Plans: Undetermined

Hobbies: Making desserts and eating them, Pilates, listening to music, playing Guitar Hero

Athlete I Most Admire: Lance Armstrong

Biggest Sports Thrill: Getting a coveted "blue cap" my sophomore year for getting Short Course National cuts

Person Who Have Had The Greatest Influence on My Athletic Career: My dad

Favorite Books: The Harry Potter series

Favorite Magazine: People

Favorite Food: Chocolate

Favorite Movies: Rent, Wedding Crashers, The Bourne Series

Favorite TV Shows: Friends, Gilmore Girls

Favorite Website To Visit: Facebook

Country I've Never Been To But Want To Visit: Cairo, Egypt

Entertainment Figure I'd Most Like To Have Dinner With: Kate Hudson



Michelle MUDGE
Freshman
5-8
Diving
Medley
Mooreville, N.C.

General: An outstanding in-state diver who will add depth to the young diving squad...will red-shirt during the 2009-10 season.

Prep: Graduated on June 13, 2009 from Hopewell High School...was a high school state champion in 2006 and runner-up in 2007...team captain her sophomore year...athletic scholar her freshman year...Morehead-Cain Scholarship nominee...assistant editor in chief of the Titanium yearbook staff

Personal: Full name is Michelle Parks Mudge...was born July 5, 1991 in Huntersville, N.C. to Julie and Dave Mudge...has one brother, Robbie, and one sister, Courtney.

Personality Profile:

Academic Major at Carolina: Undeclared (pre-dental)

Career Plans: Orthodontist

Hobbies: Running, baking

Athlete I Most Admire: Robbie Mudge

Biggest Sports Thrill: Diving off of a 30-foot concrete platform

Person Who Has Had the Greatest Influence on My Athletic Career: Ted Hautau

Favorite Book: The Five People You Meet in Heaven

Favorite Magazine: Cosmo

Favorite Food: Bagels

Favorite Movie: The Shawshank Redemption

Favorite TV Show: Grey's Anatomy

Favorite Website to Visit: textfromlastnight.com

City I've Never Been but Would Like to Visit: Barcelona, Spain

Entertainment Figure I'd Most Like to Have Dinner with: Will Ferrell



Katie NOLAN
Freshman
Sprint Freestyle,
Butterfly
Hershey, Pa.

Career Best Times: 52.99 in the 100-yard butterfly; 49.75 in the 100-yard freestyle; 1:59.30 in the 200-yard butterfly.

General: Signed a letter of intent to attend Carolina in August 2009...an excellent butterflyer and sprint freestyler...was ranked as one of the top recruits in the nation in the high school class of 2009...will be a tremendous addition to the sprint group with her speed in the 100-yard butterfly...four-time high school state

champion on the 100-yard butterfly...won 2008-09 Scholastic All-America honors from USA Swimming.

Prep: Graduated in June 2009 from Hershey High School in Hershey, Pa. ...played tennis for her first two years in high school and swam all four years...specialized in the 100-yard freestyle and 100-yard butterfly...was a member of the National Junior Team in 2007 and was a team captain in 2008...won the Pop Kelchner award ...finalist for the M&T Bank John Travers Award...state champion in the 100-yard butterfly all four years of high school, 2006-09...state champion in the 100-yard freestyle 2007-09...member of the Pennsylvania high school state championship team in 2006...received the Culinary Arts Award...P.I.A.A. District III Academic Excellence/Sportsmanship Award winner...received distinguished honors all four years.

Personal: Full name is Kathleen Marie Nolan...was born in Hershey, Pa. on August 21, 1991...daughter of James and Theresa Nolan...has one brother, David James, 16, and two sisters, Elizabeth, 14, and Emily, 10.

Nolan's News

Academic Major at Carolina: Undeclared (education or psychology)

Career Plans: Guidance counselor, teacher, or something with kids

Hobbies: quote collecting, reading, bargain shopping, making cookies

Athlete I Most Admire: Andre Agassi

Biggest Sports Thrill: PIAA States 2008

Person Who Has Had The greatest Influence On My Athletic Career: A good friend, Jacy Dyer

Favorite Book: The Last Lecture by Randy Pausch

Favorite Magazine: Seventeen

Favorite Food: General Tso's Chicken

Favorite Movies: The Time Traveler's Wife, Mean Girls

Favorite TV Show: America's Best Dance Crew

Favorite Website to Visit:

www.quoteogarden.com

City I've Never Been To But Want To Visit:

Cairo, Egypt

Entertainment Figure I'd Most Like To Have Dinner With: Rachel McAdams



Marie PESACRETA
Sophomore
5-6
IM, Breast, Back
Chapel Hill, N.C.

Career Best Times: 2:01.84 in the 200-yard individual medley (8th in school history); 4:19.11 in the 400-yard individual medley; 1:05.18 in the 100-yard breaststroke; 2:21.90 in the 200-yard breaststroke; 1:59.87 in the 200-yard backstroke.

General: A returning letter winner who is part of an excellent IM and breaststroke group...ranks fifth on UNC's preseason depth

chart in the 200-yard IM and third in the 400-yard IM.

2008-09 (Freshman): Finished 10th in the 400-yard IM at ACCs, swimming a career best 4:19.11...swam in the bonus consolation heat of the 200-yard backstroke, posting a career best time of 1:59.87...went a career best time of 2:01.84 in the 200-yard IM in the bonus consolation heat, moving her into eighth place in school history...made the fall 2009 Dean's List...member of the 2008-09 ACC Honor Roll
Prep: Graduated from Chapel Hill High School in June 2008...swam all four years of high school, specializing in the 100 breaststroke and 200 IM...swam for her club team since she was five...named an All-America and Academic All-America...member of the Chapel Hill High school state title team...captain of her high school team...honored as the 2008 PAC-6 Conference Swimmer of the Year...captain of her club team...named a North Carolina Swimming All Star.

Personal: Name is Marie Brooke Pesacreta...daughter of George and Geraldine Pesacreta...was born September 28, 1990, in Durham, N.C.

Passing Time with Pesacreta

Academic Major at Carolina: Communications

Career Plans: Undecided

Hobby: Cooking

Person Who Has Had the Greatest Influence on My Athletic Career: Eric Steidinger

Favorite Books: The Harry Potter series by J.K. Rowling

Favorite Magazine: People

Favorite Foods: Mac n' Cheese, Funfetti Cake

Favorite Movie: The Breakfast Club

Favorite TV Show: The Office

Favorite Website to Visit: Facebook

City I've Never Been to but want to Visit: Paris, France

Entertainment Figure I'd Most Like to Have Dinner With: Dave Matthews



Jacqueline RUDOLPH
Freshman
5-9
Freestyle
Virginia Beach, Va.

Career Best Times: 1:53.46 in the 200-yard freestyle; 5:01.32 in the 500-yard freestyle; 17:13.34 in the 1650-yard freestyle.

General: An excellent freestyler who will be a great addition to the already strong distance group.

Prep: Graduated from Ocean Lakes High School on June 19, 2009...specialized in mid-distance and distance freestyle throughout high school...high school team captain in 2008-09...high school MVP in both 2008 and 2009...member of the Eastern Region Girls' championship team in 2006-07...10-time individual event winner at Beach District and Eastern Regional Championships.

Personal: Full name is Jacqueline Erin Rudolph... born July 5, 1991 in Norfolk, Va. ...has two brothers, Matt, 26, and Bryan, 22.

Jackie's Jumble:

Academic Major at Carolina: Undeclared (possibly history, math or science)

Career Plans: Undecided, maybe medicine

Hobbies: Reading, watching movies, swimming, scrapbooking

Athlete I Most Admire: Tyler Hansbrough

Biggest Sports Thrill: Being Eastern Region Champs in 2006

Person Who Has Had the Greatest Influence on My Athletic Career: Chris Snyder

Favorite Books: The Lord of the Rings, Twilight

Favorite Magazine: Teen Vogue

Favorite Food: Ice Cream

Favorite Movies: Lord of the Rings, Pride and Prejudice

Favorite TV Show: Gossip Girl

Favorite Website to Visit: Facebook

City I've Never Been to But Want to Visit: London, England

Entertainment Figure I'd Most Like to Have Dinner With: Robert Pattison



Laura RUSCOE
Sophomore
5-7
Butterfly,
Asheville, N.C.

Career Best Times: 55.11 in the 100-yard butterfly (9th in school history); 2:00.05 in the 200-yard butterfly (10th in school history).

General: Had an outstanding finish to her freshman year with career best times in the 100 and 200-yard butterfly events at the ACCs...is Carolina's fourth fastest 100-yard butterfly and third fastest 200-yard butterfly going into the season.

2008-09 (Freshman): As a pure walkon, she had career best times in the butterfly events...she achieved both at the Tar Heel Last Chance meet...she went 55.11 in the 100-yard butterfly and went 2:00.05 in the 200-yard butterfly, the second fastest time on the team last season...her 100-yard butterfly time places her ninth in school history and her time in the 200 places her 10th...was on the Dean's List for the fall semester 2008...named to the 2008-09 ACC Academic Honor Roll.

Prep: Graduated from A.C. Reynolds High School in Asheville, N.C. on June 6, 2008...a four-year swimming letter winner in the fly and IM...had an outstanding high school academic career...graduated fifth in her high school class...was co-editor of her high school newspaper...finished sixth at the YMCA Nationals in the 200 fly...2006-08 Swimmer of the Year in the 4-A Western Conference.

Personal: Full name is Laura Bess Ruscoe...daughter of Mark and Jackie Ruscoe...born November 5, 1989 in Asheville, N.C. ...has one brother, Taylor, 18.

Laura's List Of Favorites

Academic Major at Carolina: Undeclared

Career Plans: Undecided

Hobbies: Hiking, traveling, shopping

Athlete I Most Admire: Lance Armstrong

Biggest Sports Thrill: Watching the men's basketball team win the 2009 national championship

Person Who Has Had the Greatest Influence on My Athletic Career: My club coach and my parents

Favorite Books: The Harry Potter series by J.K. Rowling; The Kite Runner by Khaled Hosseini

Favorite Magazine: Vogue

Favorite Kind of Food: Italian

Favorite Movie: Mean Girls

Favorite TV Shows: Scrubs, The Office

Favorite Website to Visit: Facebook

City I've Never Been to But Want to Visit: Madrid, Spain

Entertainment Figure I'd Most Like to Have Dinner With: Ashton Kutcher



Lauren SCHMITTLE
Freshman
5-6
Freestyle
York, Pa.

Career Best Times: 24.17 in the 50-yard freestyle; 51.18 in the 100-yard freestyle; 1:51.85 in the 200-yard freestyle.

General: Will be a strong addition to the sprint freestyle group...2008 high school state champion in the 100 and 200 freestyles in Pennsylvania.

Prep: Graduated from York Suburban High School on June 4, 2009...swam for her high school team four years, serving as squad captain...swam for York YMCA for eight years...swam for West Shore YMCA for three years...2008 Pennsylvania high school state champion in 100 and 200-yard freestyles ...Academic All-America selection...York Daily

Logging On With Lauren

Academic Major at Carolina: Undeclared

Career Plans: Medical field

Hobbies: Swimming, shopping, hanging out with friends

Athlete I Most Admire: Dara Torres

Biggest Sports Thrill: Getting a personal best

Person Who Has Had the Greatest Influence on My Athletic Career: My family and my high school coach, Richard Guyer

Favorite Books: Jodi Piccolt books

Favorite Magazine: Cosmo

Favorite Foods: Cereal, Sushi

Favorite Movie: Love Actually

Favorite TV Shows: Desperate Housewives, House

Favorite Website to Visit: Facebook

City I've Never Been to But Want to Visit: Rome, Italy

Entertainment Figure I'd Most Like to Have Dinner With: Jennifer Aniston

Record Swimmer of the Year honoree...school record holder in 100 and 200 freestyles...NISCA State Top 16...NISCA All-America Academic Award honoree...was treasurer of National Honor Society...member of National Art Honors Society.

Personal: Given name is Lauren Montgomery Schmittle... was born June 26, 1991 in York, Pa. ... daughter of Karl and Lisa Schmittle... has one brother, Karl, 9, and three sisters, Katelyn, 19, Emily, 13, and Anna, 11.



Carly SMITH
Freshman
5-4
Backstroke,
Freestyle
Chapel Hill, N.C.

Career Best Times: 1:50.49 in the 200-yard freestyle; 4:58.88 in the 500-yard freestyle; 54.19 in the 100-yard backstroke; 1:57.12 in the 200-yard backstroke; 55.18 in the 100-yard butterfly; 2:01.74 in the 200-yard butterfly.

General: A tremendous backstroker and butterflyer who will make an immediate impact in those events in the Tar Heel lineup...ranked third on UNC's preseason depth chart in the 100-yard backstroke and tied for second in the 200-yard backstroke...her best time in the 200 backstroke, 1:57.12, would be tied for second in school history with incoming freshman Rebecca Brooks...she is also ranked fifth on the depth chart in the 100-yard butterfly...was a four-time 4-A high school state champion in the 100-yard backstroke

Long Course Highlights: Swam a best time of 2:14.25 in the 200-meter backstroke at the 2009 U.S. Open which is just 0.39 seconds off the 26-year-old long course school record held by Sue Walsh...also went a best time in the 100-meter butterfly with a time of 1:02.89 at

Carly's Corner

Academic Major at Carolina: Undeclared

Career Plans: Undecided

Hobbies: Ceramics, being with friends, shopping, baking things out of a box

Athlete I Most Admire: Jesse Mendes

Biggest Sports Thrill: Being tied with Providence going into the 4 x 100 freestyle relay at high school state championships and winning the relay, leading to being high school state champions

Person Who Has Had The Greatest Influence on My Athletic Career: Randy Erlenbach

Favorite Book: How the Grinch Stole Christmas by Dr. Seuss

Favorite Food Type: Mexican

Favorite Movies: Wall-E, How to Lose a Guy in Ten Days

Favorite TV Show: CSI Miami

City I've Never Been To But Want To Visit: Patagonia, Argentina

Entertainment Figure I'd Most Like To

Have Dinner With: Chase Crawford

the U.S. Open.

Prep: Graduated from Chapel Hill High School on June 13, 2009...lettered in swimming at CHHS all four years and swam for North Carolina Aquatic Club for the past 11 years...was the most valuable swimmer in high school for three years...rookie of the year her freshman season...team captain her senior year...four-time 4-A high school state champion in the 100-yard backstroke...named PAC-6 Swimmer of the Year in 2007...North Carolina state record holder in the 100-yard backstroke...second person in North Carolina history to both break a state record in an event and win it all four years of high school...member of the 2007-08 4-A Chapel Hill High School state championship team...high school All-America in the 100-yard backstroke, 100-yard butterfly, 500-yard freestyle, 4x100 yard freestyle relay and 4x50 yard medley relay...member of the 2007-08 National Junior Team...had a 10th place finish in the 100-meter backstroke at the 2005 Speedo Junior Nationals...national qualifier in the 100 and 200-yard backstrokes...2008 Olympic Trials qualifier...broke Southern Zone meet record in the 100-meter backstroke in 2004...state record holder in the 200-yard and 200-meter backstrokes.

Personal: Born August 28, 1991 in Chapel Hill, N.C. ...daughter of Brian Smith and Lynn Smith...has one sister, Ashley, 21.



Megan STEEVES
Senior
5-7
Free, Back
Newark, Del.

Career Best Times: 22.70 in the 50-yard freestyle (5th in school history); 49.30 in the 100-yard freestyle (tied for 3rd in school history); 1:48.08 in the 200-yard freestyle (8th in school history); 54.37 in the 100-yard backstroke (6th in school history); 1:58.62 in the 200-yard backstroke (6th in school history).

General: A three-time returning letter winner who excels in the backstroke and the freestyle...is ranked second in both the 50 and 100-yard freestyles on the Tar Heel preseason depth chart...is also fourth in the 100-yard backstroke and sixth in the 200 back...member of the ACC All-Academic Swimming and Diving Team all three years at Carolina.

2008-09 (Junior): Named ACC Swimmer of the Week on October 21, 2008 after her two individual wins against South Carolina and two runner-up finishes against Georgia in two dual meets that week...finished second in the 100-yard backstroke in a time of 55.62 at the Lady Mustang Dallas Classic...swam a leg of the 800-yard freestyle relay that broke a school record in a time of 7:08.07 and finished second at ACC Championships...was on the 200-yard freestyle relay unit that broke a school record with a time of 1:30.24 and earned a fourth-place finish at the ACC Championships

...finished eighth in the 50-yard freestyle with a time of 22.88...went a best time of 22.70 in prelims at ACCs, moving her into fifth place all-time at UNC...went a career best time of 54.27 in the prelims of the 100-yard backstroke at the ACC Championships, a time which places her sixth in school history...finished eighth in the 100-yard freestyle at ACCs in a time of 49.82...swam a career best time of 49.30 in the prelims which moved her into a tie for third place in school history in the event...member of the third-place 400-yard freestyle relay team that went a time of 3:17.10 at the ACC Championships...was on the 200-yard freestyle relay, the 400-yard medley relay, 400-yard freestyle relay and the 200-yard medley relay at the NCAA Championships...she also swam the 50-yard freestyle and was just 0.32 seconds off her best time with a time of 23.02...swam the 100-yard freestyle at NCAAs in a time of 50.28...member of the ACC All-Academic Swimming and Diving Team...made the 2008-09 ACC Academic Honor Roll.

2007-08 (Sophomore): All-ACC selection ...set career best times in the 50-yard freestyle, the 100-yard freestyle and the 100-yard backstroke in the ACC Championships and in the 200-yard backstroke in the dual meet against Duke...her time of 22.89 in the 50-yard freestyle put her in seventh place in school history...her time of 50.33 in the 100-yard freestyle put her in 10th place in school history...that swim claimed seventh place at the ACC Championships...her time of 54.69 in the 100-yard backstroke claimed the third spot at the ACC Championships and put her at No. 3 in school history in the event... member of the 200-yard freestyle relay team that set a school record of 1:30.09 at the Bulldog Invitational, breaking the University standard that had been set at the ACC Championships the prior week... member of the 400-yard medley relay team that finished third at the ACC Championships... swam a leg on the 400-yard freestyle relay at the ACC Championships that finished second with a time of 3:18.82, setting a school record in the process...named to the 2007-08 ACC All-Academic Women's Swimming and Diving Team...named to the 2007-08 ACC Academic Honor Roll...a UNC Dean's List selection in both semesters of the school year.

2006-07 (Freshman): Had the second-fastest 100-yard back time for UNC in 2006-07 and moved into 10th place on the Tar Heels' all-time chart for the event...qualified to swim in five events at the NCAA Championships, two individual events and on a trio of relays...earned a career best time of 50.39 in the 100-yard free at NCAAs...achieved NCAA consideration times in all of her events at the ACC Championships...placed 10th in the 50 free and eighth in the 100-yard freestyle at the league meet...was a member of the conference champion 400 free relay team that set an ACC record...also finished ninth in the 100-yard backstroke with a career best in the event, elevating her to 10th place all-time at Carolina...named an All-ACC performer for her swim on the 400 free relay...tapped for 2006-07 ACC Academic Honor Roll...qualified for Dean's List in spring semester 2007...also named to the 2006-07 ACC All-Academic Swimming Team.

Stats About Steeves

Academic Major at Carolina: Biology
Career Plans: Medicine
Hobbies: Being with friends and family, doing puzzles
Biggest Sports Thrill: Winning the ACC title by freshman year
People Who Have Had The Greatest Influence on My Athletic Career: My parents
Favorite Book: The Pact by Jodi Piccoult
Favorite Food: Pancakes
Favorite Movie: The Notebook
Favorite TV Show: Friends
City I've Never Been To But Want To Visit: Paris, France
Entertainment Figure I'd Most Like To Have Dinner With: Jennifer Aniston

Prep: Graduated from St. Marks High School in Wilmington, Del., in June 2006...was a member of the swimming team there for four years...also played volleyball for one year...was the captain of her high school swimming team...U.S. Swimming Academic All-America for three years...National Merit Commended Student...treasurer of National Honor Society...graduated with a 3.89 grade point average.
Personal: Given name is Megan Elizabeth Steeves...daughter of Amy and Kent Steeves...was born June 30, 1988 in Newark, Del. ...has one sister, Katie, 18, a freshman swimmer at Virginia Tech.



Eriel SWANSON
Sophomore
5-3
Butterfly
Conroe, Texas

Career Best Times: 55.33 in the 100-yard butterfly; 1:57.88 in the 200-yard butterfly (2nd in school history); 2:05.98 in the 200-yard individual medley; 4:25.46 in the 400-yard individual medley.

General: Tops Carolina's preseason depth chart in the 200-yard butterfly with a time of 1:57.88...is also sixth in the 100-yard butterfly...had a fourth-place finish at the 2009 ACC Championships in the 200-yard butterfly.
Long Course Highlights: Qualified for the 2008 U.S. Olympic Trials in the 200-meter butterfly.
2008-09 (Freshman): Placed fourth at ACCs in the 200-yard butterfly in a time of 1:57.88 which places her second in school history on the alltime Top 10 list...she missed the school record by only 0.22 of a second...her time was an NCAA "B" qualifying time...swam in the bonus consolation heat of the 100-yard butterfly at th ACC Championships and finished with a career best time of 55.33 seconds.
Prep: Graduated from Conroe High School in May 2008...swam three years for her high school's varsity team where she specialized in the 100 fly and 200 IM...member of the water polo team her senior year...swam four years

for the Woodlands Swim Team where she specialized in the 200 fly and 400 IM...captain of her high school team...two-time state finalist in the 100 fly, finishing fifth and seventh in those championship meets...named team MVP in 2006 and 2007...qualified for the 2008 Olympic Trials in the 200 fly...spring nationals qualifier in the 100 fly and 400 IM...named to the Zones Team and All Star Team in 2004...National Honor Society inductee...member of Mu Alpha Theta...graduated Summa Cum Laude
Personal: Name is Eriel Enuf Swanson...nicknamed "Nuffy"...daughter of John and Linda Swanson...was born June 28, 1990, in Melbourne, Fla. ...has four sisters, Alice, 33, Bryce, 29, Crystyl, 27 and D'Andra, 24.

Swanson's Song

Academic Major at Carolina: Electronic Communications
Career Plans: To be a successful newscaster
Hobbies: Jumping on any available trampoline, shopping, sleeping
Athlete I Most Admire: Janet Evans
Biggest Sports Thrill: All that hard work paying off
People Who Have Had the Greatest Influence on My Athletic Career: It's not really one individual person; it's more the support and encouragement from my family
Favorite Books: Twilight series
Favorite Magazine: People
Favorite Food: Chocolate chip cookies
Favorite Movie: Wedding Crashers
Favorite TV Show: Friends
Favorite Website to Visit: Facebook
City I've Never Been to But Want to Visit: Honolulu, Hawaii
Entertainment Figure I'd Most Like to Have Dinner With: Will Ferrell



Sarah TANNER
Sophomore
5-6
IM, Free, Fly
Loveland, Ohio

Career Best Times: 23.88 in the 50-yard freestyle; 50.98 in the 100-yard freestyle; 54.00 in the 100-yard butterfly (3rd in school history); 1:59.68 in the 200-yard individual medley (4th in school history); 4:27.86 in the 400-yard individual medley.

General: Ranks as Carolina's second fastest 100-yard butterfly going into the 2009-10 season with a time of 54.00...she is also second on the preseason depth chart in the 200-yard IM...had a tremendous performance at the ACC Championships as a freshman...was a member of the school record-breaking 200-yard medley relay team while also placing seventh in the 200-yard IM at ACCs with a time of 1:59.68.
Long Course Highlights: Qualified for the 2008 U.S. Olympic Trials in the 200-meter IM.

2008-09 (Freshman): Swam a best time of 50.98 in the 100-yard freestyle in the prelims at ACCs and made the bonus consolation heat...swam the butterfly leg of the 200-yard medley relay that broke the school record in a time of 1:38.99 and placed fourth at ACC championships...anchored the 200-yard freestyle relay that broke the school record with a time of 1:30.24 and placed fourth at ACCs...placed ninth in the 100-yard butterfly at ACCs in a time of 54.00 which moved her into third place in school history in the event...swam the butterfly leg on the 400-yard medley relay that placed fourth at ACCs in a school record time of 3:36.79...placed seventh in the 200-yard IM after going a career best time in prelims of 1:59.68, moving her into fourth place in school history in the event...made the spring semester 2009 Dean's List...member of the 2008-09 ACC Academic Honor Roll.

Prep: Graduated from Ursuline Academy in Blue Ash, Ohio, in June 2008...swam for her high school's varsity team all four years specializing in the 50 free, 100 fly, 100 back and 200 IM...merited All-America citations 15 times during her high school career...named a Girls' Greater Cincinnati League First-Team All-Star all four years of high school...six-time Ohio state high school swimming state champion...two-time state champion in the 200-yard individual medley...honored as the GGCL Swimmer of the Year two straight years...named the 2008 GGCL Scholar Athlete of the Year...finalist for the LaRosa's MVP in 2008...captain of her high school swim team her senior year...member of the Cincinnati Enquirer's All-City Team four straight years from 2005 to 2008...received first honors all four years of high school...winner of the 2008 Ursuline Academy Centennial Spirit Award...co-president of her senior class.

Personal: Name is Sarah Elizabeth Tanner...daughter of Tom and Marty Tanner...was born October 19, 1989, in Seattle, Wash. ...has two brothers, Scott, 25, and Drew, 16.

The Tales of Tanner

Academic Major at Carolina: Undeclared
Career Plans: Be successful and happy
Hobbies: Running, biking, friends, Frisbee, going to concerts
Athlete I Most Admire: Whitney Myers
Biggest Sports Thrill: Competing in and watching my teammates in the 2009 ACC Championships
People Who Have Had the Greatest Influence on My Athletic Career: My family and both the UNC Swimming and Diving Team and Cincinnati Marlins Club Team
Favorite Book: Catcher in the Rye by J.D. Salinger
Favorite Food: Chipotle
Favorite Movie: The Breakfast Club
Favorite TV Show: Reno 911
Favorite Website to Visit: Facebook
City I've Never Been to But Want to Visit: Sydney, Australia
Entertainment Figures I'd Most Like to Have Dinner With: The Red Hot Chili Peppers



2009-10 University of North Carolina Men's Swimming & Diving Team

Front Row: Team Manager Laura Murphy, Bryant Wooten, Austin Bradyhouse, Hank Browning, Jeff James, David Solarz, Jason McLaughlin, Evan Reed, Team Manager Will Bondurant. **Second Row:** Diving Coach Kevin Lawrence, Josh Hafkin, Tyler Harris, Chip Peterson, Flynn Jones, Joe Kinderwater, Wil Singley, David MacDonald, Volunteer Assistant Coach Griff Helfrich. **Third Row:** Head Coach Rich DeSelm, Brad Hamilton, Andy Brake, Jim Flannery, Victor Leclere, Robert Grimmatt-Norris, David Zolno, Drew Oberg, Ryland Jones, Assistant Coach Sean Quinn. **Fourth Row:** Assistant Coach Mike Litzinger, Tommy Wyher, Steve Cebertowicz, Jesse Mendes, Sean Lane, Chandler Thomas, Alex Ismail, Tyler Smith, Assistant Coach Christy Garth. **Back Row:** Jake Kinzbach, Will Colbert, Hunter Cwalinski, Tom Luchsinger, Pat O'Donovan, Brock Park, Assistant Coach Eric Stefanski.



2009-10 University of North Carolina Women's Swimming & Diving Team

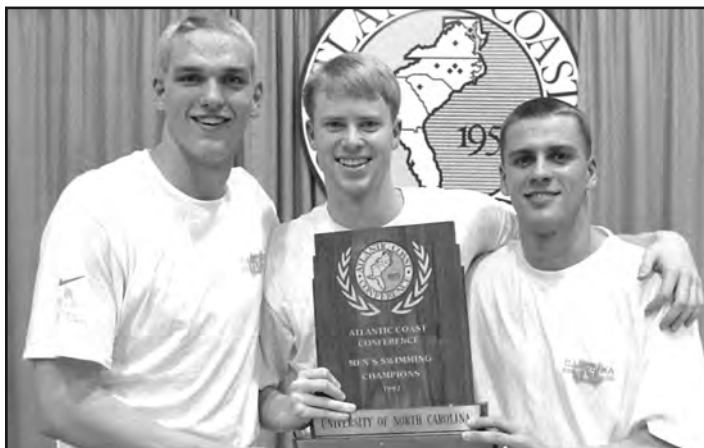
Front Row: Team Manager Laura Murphy, Carly Smith, Ashley Howard, Alison Clemens, Megan Steeves, Eliza Butts, Chay Malvasio, Team Manager Will Bondurant. **Second Row:** Diving Coach Kevin Lawrence, Katie Nolan, Rebecca Kane, Katura Harvey, Caroline Hartmann, Alex Hamilton, Katie Marsh, Ashley Miller, Katie Murphy, Volunteer Assistant Coach Griff Helfrich. **Third Row:** Head Coach Rich DeSelm, Amber Leiker, Enuf Swanson, Kristin Arnold, Kaci Hollingsworth, Laura Moriarty, Sarah List, Lauren Schmittle, Assistant Coach Sean Quinn. **Fourth Row:** Assistant Coach Mike Litzinger, Stephanie Eisenring, Sarah Tanner, Brooke Atkinson, Katie Keel, Jenna Moore, Marie Pesacreta, Jackie Rudolph, Assistant Coach Christy Garth. **Back Row:** Michelle Mudge, Laura Ruscoe, Candace Cooper, Kerianne McAfee, Layne Brodie, Katelyn Martin, Rebecca Brooks, Assistant Coach Eric Stefanski.



Carolina fans at Koury Natatorium have provided their support of the swimmers and divers wearing Carolina Blue at Nike Cup and ACC meets held in Chapel Hill in large and boisterous numbers.



While winning the 2007 ACC title, Carolina's first in five years, the Tar Heels blew the meet open with a sweep of medal stand in the 1650-yard freestyle by Lindsay McIlvain, Whitney Sprague and Nicole O'Donnell, seen here with head coach Frank Comfort.



Micah Copeland, Matt Branum and Erik Morris, captains of the 1997 UNC men's swimming and diving team, accept the ACC championship trophy, UNC's fifth of six in a row from 1993-98.



Carolina's sweep of the 200-yard freestyle at the 2003 ACC Men's Championships was a memorable feat. Left to right, Michael Pigasou (3rd), Yuri Suguiyama (ACC champion) and Justin Donato (2nd), accounted for the 1-2-3 Tar Heel finish.



2000 semifinalists and finalists at the United States Olympic Swimming Trials included five Tar Heels (clockwise) — Erika Acuff, Summer Mack, Sean Quinn, Katie Hathaway and Molly Freedman.



Thompson Mann led the United States to a gold medal in the 4x100 medley relay at the 1964 Olympic Games in Tokyo. Mann went 59.8 on the opening leg, marking the first time in history a swimmer went under one minute in the 100-meter backstroke.



Richelle Fox was the ACC Women's Swimmer of the Year in both 1997 and 1998.



The greatest swimmer in ACC history, Sue Walsh won 10 individual national championships in backstroke events from 1981 to 1984. She was the American record holder in the 50-meter backstroke, 100-meter backstroke and 100-yard backstroke.



Josh Glasco reacts to his record-setting swim in the 200-yard butterfly at the 2004 Nike Cup when he broke the 13-year-old school record in the event held by David Monasterio.



Head coach Frank Comfort, assistant coach Bill Tramel and the late chancellor, Michael Hooker, celebrate Carolina's 1996 ACC men's swimming and diving championship.



1957 NCAA backstroke champion Charlie Krepp and 1955 NCAA butterfly champion Phil Drake were honored as members of the ACC's 50th anniversary team in 2003.



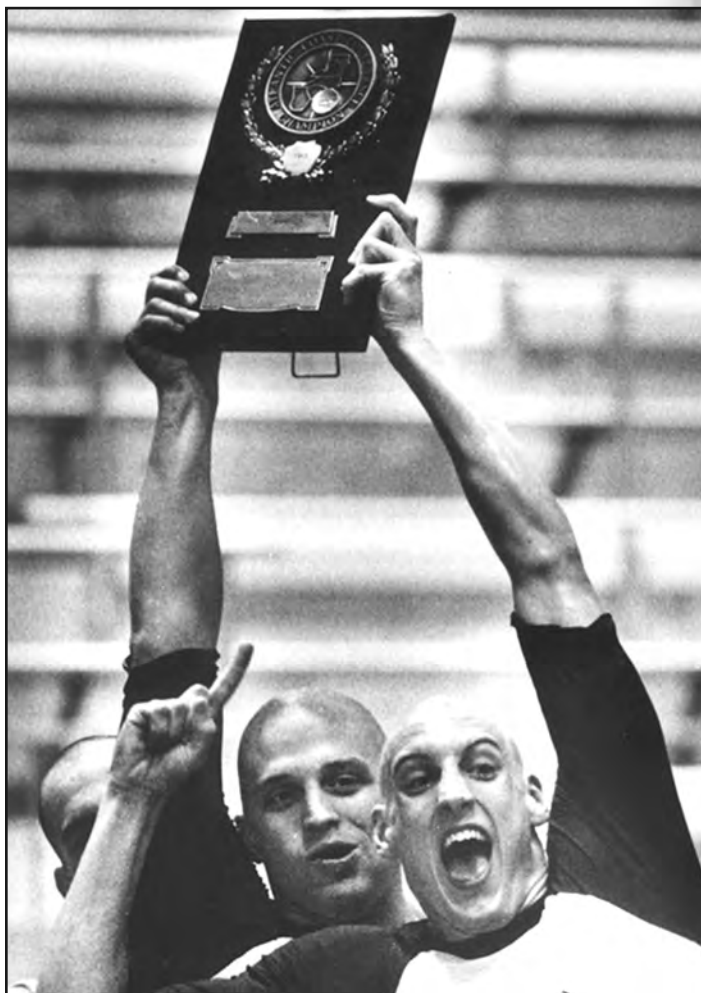
Phil Riker was a member of the 1964 U.S. Olympic Team in Tokyo, Japan and the 1966 NCAA champion in the 100-yard butterfly.



From 1985-89, Melanie Buddemeyer won four ACC championships each in the 100-yard butterfly and the 200-yard butterfly.



The Carolina sideline cheers its lungs out as James Hamrick swims to the 1992 ACC championship in the 1650-yard freestyle.



In 1983, UNC won its first ACC men's swimming and diving championship in 19 years at the Duke Aquatics Center. Captains Mark Welker and Tim Sutton are seen here with the championship hardware after the Tar Heels had dethroned NC State.



Norm Sper is one of only two four-time first-team All-Americans in school history.



Cecil Milton won the Patterson Medal in 1952 as UNC's best senior athlete.



Charlie Krepp won the NCAA titles in the 100 and 200 backstrokes in 1957.



Bill Zickgraf earned All-America honors in 1957 and 1958.

The University of North Carolina's proud swimming and diving heritage predates America's entry into World War II. On January 23, 1939, Tar Heel swimmers and divers participated in the school's first varsity intercollegiate swimming meet against the University of Virginia at historic Bowman Gray Pool on the UNC campus.

Since 1939, Carolina's men's teams have posted a cumulative dual-meet record of 535-185-1, a winning percentage of .743. Carolina teams have captured 14 Southern Conference team championships and 17 Atlantic Coast Conference team titles, while posting a 60-3 (.952) Southern Conference dual-meet mark and a 252-62-1 (.802) record in ACC dual meets. On 38 occasions, UNC men's teams have finished amongst the Top 30 teams at the NCAA Championships. Carolina swimmers have also won four individual NCAA championships in the history of the program.

Although Carolina had women's swimming teams in the early 1970s competing in Association for Intercollegiate Athletics for Women (AIAW) competitions as part of the UNC physical education department, the women's swimming and diving program was not elevated to varsity status and taken under the aegis of the intercollegiate athletic program until the 1974-75 school year. In 35 years, Carolina teams have compiled a 290-61-1 dual-meet record, a winning percentage of .825. Carolina has won 16 ACC championships and never finished lower than third place in the league championships, taking the top spot on 16 occasions, second place on 13 occasions and third place twice.

UNC's record in ACC dual meets is a gaudy 138-21, a winning percentage of .868. Thirty of UNC's 35 women's teams have finished the season ranked in the national Top 30, including 13 straight years from 1976-88 and 10 straight years from 1995 through 2004. The only times Carolina has missed finishing in the Top 30 were in 1975, 1989, 2005, 2006 and 2008. UNC women's swimmers have also won 15 individual national collegiate championships and produced one national championship relay team.

Roots of the Program Under Dick Jamerson

While these records demonstrate decades of excellence, one of the program's most important years was 1938. That year marked the completion of historic Bowman Gray Pool and the arrival of Carolina's first varsity coach. Without those events the Tar Heel swimming program would not exist as we know it today.

The edifice was completed on March 25, 1938, but the first meet was not held until almost a full year later. The pool was a gift to the University from Mrs. Bowman Gray, Sr., in the memory of her two sons, Bowman Gray, Jr., and Gordon Gray.

Bowman Gray Pool served as home to the Carolina swimming and diving program from 1938 until the fall of 1986 when the Tar Heels moved into their current home, the Maurice J. Koury Natatorium, which is part of the Dean E. Smith Center complex on the UNC campus. Bowman Gray Pool and Koury Natatorium are the only homes the Tar Heel swimming and diving program have ever known.

Dr. Richard E. Jamerson came to UNC in

1938 from Oberlin College in Ohio to take over the helm as head coach of the fledgling Tar Heel team. Dr. Jamerson, one of the top coaches in 1930s collegiate swimming, served as head coach of the Tar Heel program for 11 years. Five of his squads went undefeated and 10 of his teams won Southern Conference championships.

The annual awards given to Carolina's most valuable, most outstanding and most improved swimmers bear Jamerson's name, as does the timing system at the Maurice J. Koury Natatorium.

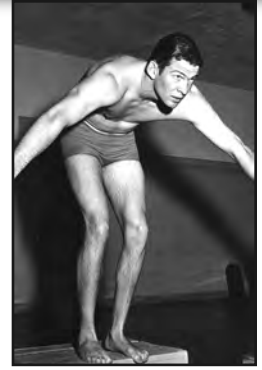
Ralph Casey Continues the Tradition

Jamerson turned over the coaching reins to his long-time assistant coach, Ralph Casey, on a full-time basis in 1952. Casey had served as interim head coach in 1949 and as co-head coach with his brother, Willis Casey, in 1946. Willis Casey also coached the 1945 Tar Heel team by himself in Jamerson's absence.

Ralph Casey guided the Tar Heels to additional championship glory during his tenure from 1949 to 1957. Two of Casey's teams won Southern Conference titles and another two teams won Atlantic Coast Conference crowns after UNC became a charter member of the new league in 1953-54. Under his direction, the 1955 squad finished fifth in the nation, the 1953 team tied for fifth nationally, the 1957 squad was sixth at the NCAA Championships and the 1949 team took ninth place, giving Casey a quartet of Top 10 teams in his nine seasons as head coach.

In both 1949 and 1957, the bookends of Casey's successful tenure, UNC hosted the NCAA Division I Men's Swimming and Diving Championships at Bowman Gray Pool. The 1949 championships marked the first time any NCAA national championship event in any sport on the collegiate level had been held in the Southern United States. However, a visit to Bowman Gray Pool today would lead one to believe that it would have been difficult to host an NCAA Championship in that tiny facility. Somehow UNC pulled it off, not just once, but twice and both times with aplomb.

Pat Earey took over as UNC's head coach in 1958 and continued the remarkable swimming success experienced by the UNC squad in Chapel Hill. His teams won a sterling percentage of .711 of their dual meets, and they captured five ACC championships before he retired in 1974.



Bill Roth was a first-team All-America in the 50 free in 1957 and 1958.



Mike Bissell and Thompson Mann captained the 1962-63 Tar Heel team.



Maxine Forrest was the first coach of the UNC women's team in 1974-75.



Rich DeSelm was a UNC assistant coach from 1978-93.

Patterson Medal Winners	
(Awarded Annually to the Outstanding Senior Men's and Women's Student-Athletes at UNC since 1924)	
Name	Year
Denny Hammond	1944
Jimmy Thomas	1951
Cecil Milton	1952
Harrison Merrill	1965
Bonny Brown	1980
Sue Walsh	1984
Katie Hathaway	2002



Laurie Potter was a three-time All-America for the women's team from 1976-78.



Dave Hansen won back-to-back ACC titles in the 200 free in 1981 & 1982.



Roger Vredevelde was the ACC champion in the 200 IM in 1980.



The Tar Heels cheer on their teammates in the early 1980s.

Women's Swimming & Diving Added to Program

With the addition of women's swimming and diving as a varsity sport in 1974-75, the program had split head coaches for the only time in its history as Paul Doty, who was then Carolina's head men's lacrosse coach, coached the men for one season and Maxine Forrest coached the women the same season.

Jim Wood was then brought in to coach both teams in 1976 and 1977 and, after an outstanding two-year coaching run, he returned to an ultra-successful club coaching career in New Jersey. Wood was responsible for recruiting some of the amazing swimmers who fueled the early success Carolina had at the AIAW level in the late 1970s.

The program's next head coach, Frank Comfort, was hired away from NCAA Division III power Johns Hopkins University, in Baltimore, Md., to take command of both the men's and women's teams during the summer of 1977. Comfort arrived in Chapel Hill after having just led the Blue Jays' men's squad to an NCAA Division III championship in 1977 after attaining runner-up finishes in both 1975 and 1976.

Comfort not only helped continue and but also greatly improved upon Carolina's swimming success over his 30-year tenure in Chapel Hill. His men's teams won over 71 percent of their dual meets and the women's teams captured over 83 percent of their dual meets under his tutelage. His 1983 men's squad captured the school's first ACC title in the sport in 19 years and the 1988 and 1989 teams won back-to-back league crowns for the first time since 1963 and 1964.

With six titles in a row, the 1993, 1994, 1995, 1996, 1997 and 1998 men's teams became the first UNC teams since 1956-59 to capture as many as four ACC crowns in a row. The men also made decided progress on the national level. The 1993 team finished 14th, the best Tar Heel national finish since 1967, and the 1996 team had an outstanding 15th-place standing in the national championships.

The women finished in the Top 25 in the nation in 25 of the 30 seasons during Comfort's tenure and Carolina won 16 of the 29 ACC championships under Comfort's tutelage since that meet's inception in 1979 until his retirement after the 2007 season. His women's team's won 55.2 percent of the ACC championships contested during his coaching tenure while the rest of the league split up the other 44.8 percent dur-

ing that time span. On 11 of the other 13 occasions when UNC did not claim the title, the Tar Heels were conference runners-up, an amazing string of consistency.

Comfort's swimmers also did extremely well in the classroom. His final year was the 20th school year in a row that the Carolina's swimming and diving contingent placed at least 21 members on the ACC Academic Honor Roll as 41 were named to the academic list in 2006-07. Beginning with the 1987-88 school year and continuing through end of Comfort's tenure, UNC swimming placed 21, 21, 22, 23, 24, 23, 24, 25, 25, 27, 33, 30, 38, 43, 37, 35, 23, 34, 33 and 41 individuals on the ACC Honor Roll.

That is a consistent record of academic excellence in which the program can truly take pride. The Tar Heels continued their academic prowess in Coach Rich DeSelm's first two years as head coach as 34 individuals were tapped for the ACC Academic Honor Roll in 2007-08 and 38 more made the list in 2008-09.

At the end of the 2006-07 school year Comfort retired from coaching after 30 years at Carolina and nine years previous to that at Johns Hopkins. At the time of his retirement, no coach in collegiate history won more dual meets in their coaching career than Comfort did as he finished with 578 dual-meet wins. His record has been surpassed since his retirement. Along the way to setting the record, Comfort broke the previous record held by legendary Yale coach, Robert J. H. Kiphuth, the hed ment of the Bulldog program for 42 years.

Carolina's swimming success since the program's inception cannot be credited only to the outstanding coaches who have directed Carolina's swimming fortunes. The program has also been distinguished by a long string of outstanding swimmers and divers.

A Who's Who of Great Talent

Seven Tar Heel swimmers have been honored as recipients of the Patterson Medal as the school's outstanding senior athlete student-athlete, an amazing number for the sport given Carolina's rich athletic heritage in so many other sports, particularly men's basketball and women's soccer. Among those seven are three outstanding women who have won the school's highest athletic award, including the first woman to ever win the award.

Jamerson's early teams were full of stars. They included Denny Hammond of Atlanta, Ga., who in 1942 established a national intercolle-



Tim Shea won four individual ACC championships from 1985-87.



Susan O'Brien was an individual first-team All-America eight times from 1985-88.



Tony Monasterio was on four ACC champion relays from 1987-90.



John Davis and Marc Ferguson with the 1991 ACC trophy.

Carolina's Olympians

Name	Country Represented	Year	Olympic Site
Stan Tinkham (Women's Head Coach)	United States	1956	Melbourne
Thompson Mann	United States	1964	Tokyo
Phil Riker	United States	1964	Tokyo
Ann Marshall	United States	1972	Munich
Janis Hape	United States	1976	Montreal
Wendy Weinberg	United States	1976	Montreal
Sue Walsh	United States	1980	Moscow
Chris Stevenson	Greece	1984	Los Angeles
Yann deFabrique	France	1992	Barcelona
David Monasterio	Puerto Rico	1992	Barcelona
Yann deFabrique	France	1996	Atlanta
Yi-Khy Saw	Malaysia	2004	Athens



Heather Nottingham won three individual ACC breaststroke titles from 1988-91.



John Davis' 11 ACC individual championships are the most in league history.



The 1991 Tar Heels won their third ACC men's championship in a four-year span.



Rich DeSelm congratulates David Monasterio & Yann deFabrique.

giate backstroke record; George Whitner of Jacksonville, Fla., who established a national freshman breaststroke mark in 1942; and Buddy Crone of Goldsboro, N.C., who was the head varsity cheerleader at Carolina and the winner of a national junior Amateur Athletic Union (AAU) diving title.

Several Tar Heels in the early era of the North Carolina swimming program won the Southern Conference's Most Valuable Swimmer recognition, including Fleming Stone in 1940, Denny Hammond in 1943, Dick Twining in 1948, Jimmy Thomas in 1949, 1950 and 1951 and Donnie Evans, who was the co-winner with Jimmy Thomas in 1951.

Another one of the outstanding student-athletes in early Carolina swimming and diving history was the remarkable Norm Sper (1947-50), who both swam on the team and was an outstanding diver. He accomplished all this while also serving as Carolina's head cheerleader during the Charlie Justice football era on campus.

Sper is one of only two men in the program's illustrious history to be named a first-team All-America during each of his four years in school, the other being Eric Ericson from 1981-84. In 1949, Sper won the National Amateur Athletic Union men's platform diving championship in Los Angeles, Calif.

Sper's tremendous diving feat was equaled in 1950 by one of the greatest of all Carolina athletes, Sara Wakefield. Born in Charlotte, N.C., Wakefield grew up in Palm Beach, Fla.. In 1950, at age 22, Wakefield, won the 1950 women's one-meter AAU national diving championship in her hometown of Palm Beach with a score of 133.90 points. The win came during Wakefield's senior year at Carolina. Don Draper served as Wakefield's diving coach at UNC. Wakefield, while at Carolina, also won the Southeastern AAU championship in 1950 at Atlanta, and the Florida state title and national junior championship in 1949.

The Greatest Swimmer In Southern History

Jimmy Thomas, the Patterson Medal recipient in 1951, was an amazingly versatile swimmer who won two AAU national individual medley championships and one AAU national backstroke crown during his career. He established 10 American records, four NCAA standards and seven Southern Conference marks while a swimmer at UNC.

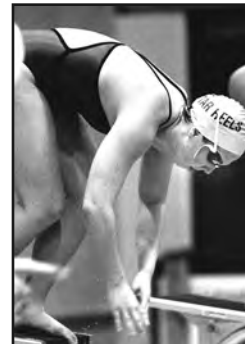
In 1950, Thomas, considered by many to be the top swimmer in Southern history, became the first swimmer in NCAA annals to be named an All-America in four different individual events in the same year. He completed his career having never lost in conference competition in the 220- and 440-yard freestyle events. At the 1949 NCAA Championships in Bowman Gray Pool, Thomas was the meet's top individual point scorer, with his best finish being a second place in the 150-yard backstroke.

Buddy Baarcke, who was a contemporary of Thomas while at Carolina, set a world record in the 100-yard butterfly in 1954. He was the first swimmer in history to go under one minute in the 100-yard distance of three different strokes — the butterfly, the backstroke and the freestyle — and he won both gold and bronze medals at the 1955 Pan American Games in Mexico City, Mexico.

Other top men's swimmers have included 1955 NCAA 200-yard butterfly champion Phil Drake; Charlie Krepp, who won NCAA titles in the 100- and 200-yard backstrokes while swimming in the 1957 NCAA Championships at Carolina's own Bowman Gray Pool; Harrison Merrill, the 1965 Patterson Medal recipient who was a three-time All-America and the winner of seven individual ACC titles; and 1966 NCAA 100-yard butterfly titlist Phil Riker, who was also a member of the 1964 U.S. Olympic Team in Tokyo where he placed fourth in the 200-meter butterfly.



James Hamrick and Sean Gowrie finished 1 & 3 in the 1650 free at the 1992 ACCs.



Susan Leupold won three individual ACC butterfly championships.

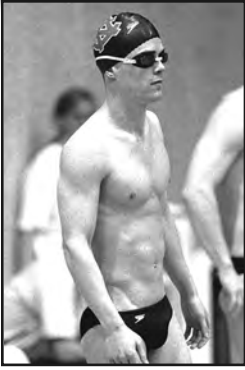


Carolina celebrates its second straight women's ACC title in 1992.



1992 Olympians Yann deFabrique and David Monasterio

Carolina's Men's Collegiate National Champions			
Name	Event	Year	Winning Time
Phil Drake	200-Yard Butterfly	1955	2:13.70
Charlie Krepp	100-Yard Backstroke	1957	58.10
	200-Yard Backstroke	1957	2:07.80
Phil Riker	100-Yard Butterfly	1966	51.19
Carolina's Women's Collegiate National Champions			
Name	Event	Year	Winning Time
Ann Marshall	200-Yard Freestyle	1976	Unknown
	200-Yard Backstroke	1976	Unknown
Bonny Brown	100-Yard Individual Medley	1977	Unknown
Sue Walsh	200-Yard Medley Relay	1981	1:42.63
Amy Pless			
Cami Berizzi			
Barb Harris			
Sue Walsh	50-Yard Backstroke	1981	25.97
	100-Yard Backstroke	1981	55.60
Barb Harris	50-Yard Butterfly	1982	24.82
Sue Walsh	50-Yard Backstroke	1982	25.64
	100-Yard Backstroke	1982	54.81
	200-Yard Backstroke	1982	1:59.47
Sue Walsh	50-Yard Backstroke	1983	25.85
	100-Yard Backstroke	1983	55.62
	200-Yard Backstroke	1983	1:59.05
Sue Walsh	100-Yard Backstroke	1984	55.32
	200-Yard Backstroke	1984	1:59.84
Jessi Perruquet	200-Yard Freestyle	2003	1:45.01



Mark Sedlak was a top freestyle sprinter on three ACC championship teams.



Lindsay Marck was the ACC champion in the 200-yard butterfly in 2006 and 2007.



Eric Poitras earned All-ACC diving honors three straight years from 2002-04.



At a combined ACC men's and women's championship meet at Koury Natatorium in 1993 the Tar Heels took home both titles.



Leslie Ramsey was named the 1994 ACC Women's Swimmer of the Year.



Kari Haag was the 1995 & 1996 ACC Women's Swimmer of the Year.

Olympic Gold Medalist Thompson Mann

Arguably the finest men's swimmer in Carolina history was Thompson Mann. A three-year All-America selection, Mann was a 1964 Olympic Games gold medalist as the leadoff swimmer on the United States' victorious 4x100-meter medley relay squad. He set a world record at the Tokyo Olympic Games in the 100-meter backstroke during that race and was the first person to ever smash the one minute standard at that distance, clocking a time of 59.80 seconds.

Of more recent vintage, outstanding men's swimmers at Carolina have included Ken Ireland, a backstroker who was the Most Valuable Swimmer at the 1979 ACC Championships and a first-team All-America in both 1979 and 1980; Eric Ericson who, like Norm Sper, was a four-year first-team All-America, as well as the 1984 ACC Championships MVP and winner of seven ACC individual titles during his career; and Chris Stevenson, a multi-faceted swimmer who competed in the 1984 Olympic Games for Greece and was the Most Valuable Swimmer at the 1986 ACC Championships.

The list continues with the incredibly gifted John Davis, who twice was the ACC Championships MVP, the 1990 ACC Swimmer-of-the-Year, and who also set the ACC record for career individual men's championships with 11; David Monasterio, who was the ACC Swimmer-of-the-Year in 1991, a two-year first-team All-America, a three-time medalist swimming for Puerto Rico in the 1991 Pan American Games in Havana, Cuba and a member of the 1992 Puerto Rican Olympic Team.

Swimming alongside Monasterio were the likes of James Hamrick, who was a first-team All-America both his junior and senior years, a Chapel Hill native and the son of a former Carolina swimming team captain and ACC champion, Harvey Hamrick; and, Yann deFabrique, who swam for France in the 1992 and 1996 Olympics, placing as high as 14th in the 400-meter freestyle in 1992 in Barcelona. deFabrique went on to win three medals for the French squad in the 1993 World University Games in Buffalo, N.Y., and two medals for France at the 1995 World University Games in Fukuoka, Japan.

Two 1997 alumni, Steve Bonack and Jeff Weiss, also added their names to the list of

great swimmers at Carolina. Both were All-America breaststrokers at UNC. Trevor Runberg, '98, was a gifted UNC swimmer for four years, being named ACC Co-Swimmer of the Year in 1996 and earning a spot on the U.S. team which competed at the World Championships in 1996.

In 1999, the top senior swimmers included Tucker Shade, a three-time ACC champion in the 100-yard butterfly and a four-time All-America selection, and Ted Brisson, the former ACC record holder in the 100-yard backstroke and a two-time Verizon Academic All-America selection. Shade held the ACC record in the 100-yard butterfly for 11 years before it was finally broken by UNC's Tommy Wyher in 2009.

More recently, Carolina has produced Sean Quinn, two-time ACC champion and three-time All-America in the 200-yard breaststroke, and Yuri Suguiyama, a 2004 All-America first-team All-America and a back-to-back ACC champion in the 200-yard freestyle in 2003 & 2004. Both swimmers went into the coaching profession – Quinn at UNC and Suguiyama at the Curl-Burke Swim Club in Maryland. A contemporary of Quinn and Suguiyama was Canadian native Eric Poitras, who won the ACC championship in three-meter diving in 2004 and was named the ACC Championships diving MVP the same year. Poitras accomplished his MVP feat exactly one decade after Joe Craft had done so in 1994. When he won the award, Craft became UNC's first diving MVP in the conference since 1958.

Current Tar Heel standouts include Hank Browning, won won back-to-back ACC champion in the 200-yard freestyle in 2006 and 2007, as well as Chip Peterson, a world champion in open water swimming, a member of the U.S. Swimming Open Water National Team and a first-team All-America in 2007.

In 2008, freshmen Joe Kinderwater and Tyler Harris merited All-America accolades while also winning ACC championships in the 1650-yard freestyle and 400-yard individual medley, respectively. Kinderwater's fifth-place finish in the 1650-yard freestyle at the 2008 NCAA Championships was the best individual placing by a Tar Heel men's swimmer in 15 years. The following summer he went on to be a finalist in the 1500-meter freestyle at the 2008 Olympic Trials.

Kinderwater was named in 2009 as a member of both the U.S. National Team and the U.S. Open Water National Team. Harris has estab-



Scott Troy swept the breaststroke events at the 1996 ACC Championships.



Carrie Szulc won a quintet of individual ACC titles from 1992-95 in IM events.



Joe Craft was the 1994 ACC Most Valuable Diver.



Steve Bonack was a first-team All-American in both breaststrokes in 1996.



Eric Fehr was on four ACC championship teams.



Chancellor Michael Hooker presents Tucker Shade with his 1996 MVP award.

lished school short course and long course records in both individual medley events in his first two years as a Tar Heel and then went on to repeatedly break his own marks.

In 2009, Tommy Wyher burst onto the scene by winning ACC championships in the 100-yard butterfly and 100-yard backstroke on the same day, setting ACC records in both events in the process.

Talented Women Since the Inception

Obviously, there have also been many talented women's swimmers at Carolina. The record books are filled with their accomplishments. In 1976, Ann Marshall, the first female swimmer to receive an athletic scholarship at UNC, captured Association for Intercollegiate Athletics for Women national championships in the 200-yard backstroke and 200-yard freestyle. Marshall, a 1972 Olympian as a 14-year-old prodigy, was followed to campus a year later by Bonny Brown, who in 1980 became the first female recipient of the Patterson Medal as UNC's outstanding senior student-athlete. Brown had been a gold medalist at the 1975 Pan American Games in Mexico City and, a year later, she established the American record in the 100-meter freestyle. In 1977, she won the AIAW national championship in the 100-yard individual medley and later that summer she was a gold medalist for the U.S. Team at the World University Games.

Hot on the heels of Brown came the incomparable Sue Walsh. The greatest swimmer ever to spend most of his or her competitive career swimming in the state of North Carolina, Walsh won 10 national collegiate individual championships and was on one national championship relay squad as a collegian. She was named the Most Valuable Swimmer at the ACC Championships three times and was an American record holder in the 50- and 100-yard backstrokes and the 100-meter backstroke. Walsh won the Patterson Medal as UNC's outstanding senior athlete in 1984, edging out basketball great Sam Perkins in the process. In 1983, she was named the North Carolina Athlete-of-the-Year for all professional and amateur sports by the Greensboro News & Record.

Walsh was joined on the U.S.'s 1982 World Championships and 1983 Pan American Games teams by Tar Heel teammate Polly Winde, an individual medleyist and breaststroker extraordinaire, who also had a standout Carolina career. Winde finished second in the 400-yard individual medley at the 1984 NAAs and is married to former Tar Heel baseball star B.J. Surhoff, a major league baseball standout for two decades, primarily with the Baltimore Orioles and Atlanta Braves. Winde has been inducted into the Maryland Swimming Hall of Fame, which also includes former UNC swimmer and U.S. Olympian Wendy Weinberg, Class of 1980, and former Tar Heel head coach Frank Comfort.

Other outstanding swimmers of the early 1980s included Barb Harris, the 1982 NCAA champion in the 50-yard butterfly, and Amy Pless and Cami Berizzi, who combined with Walsh and Harris to win the AIAW national championship in the 200-yard medley relay in 1981. From 1981-84, UNC finished third twice, fifth once and sixth once in the national meet. Besides the aforementioned swimmers, other

first-team All-Americans in individual events in that golden era included

The ACC MVPs

Several Tar Heel women have been named the Most Valuable Swimmer at the ACC Championships, including Cindy Shirey in 1979, Gayle Hegel in 1980, Sue Walsh in 1981, 1983 and 1984, Susan O'Brien in 1985 and 1988, Melissa Douse in 1992, Kari Haag in 1995, Chrissy Miller in 1996 and 1998 and Richelle Fox in 1997.

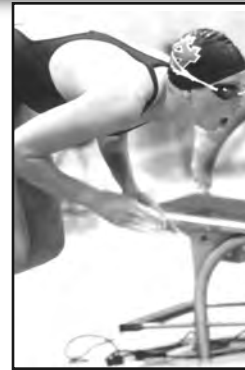
Another top swimmer for Carolina was Melanie Buddemeyer, a two-time first-team All-America. Buddemeyer is one of just a handful of women's swimmers in ACC history to sweep an individual event all four years of her eligibility. Buddemeyer accomplished the feat in two events, winning Atlantic Coast Conference titles in both the 100- and 200-yard butterfly in 1985, 1986, 1987 and 1989 after taking a redshirt year in 1988. Also duplicating the feat were Walsh in the 100- and 200-yard backstrokes (1981-84), Polly Winde in the 400-yard individual medley (1983-86) and most recently Christy Watkins in the 50-yard freestyle from 2000-03.

A complete list of the great Carolina swimmers would also include Sarah Perroni, who graduated from UNC in 1993. A three-year first-team All-America, Perroni finished fourth in the 50-yard freestyle at the 1993 NCAA Championships, won a pair of medals at the 1993 World University Games and participated on the American Team at the 1993 Pan Pacific Championships in Kobe, Japan. She also swam in the Short Course World Championships in December 1993 in Mallorca, Spain and was a member of the U.S. Swimming Resident National Team training in Colorado Springs, Colo., for two years.

Another great Tar Heel sprinter was Jessi Perrequet who swam at Carolina from 2001-04. Perrequet was the winner of multiple individual and relay ACC championships and she was the 2003 NCAA co-champion in the 200-yard freestyle. Perrequet was the ACC Swimmer-of-the-Year in 2003 and was named to the Top 50 ACC women's swimmers of all-time.

Another tremendous freestyler was Kari Haag, who graduated from Carolina in 1996. Haag was the ACC Swimmer-of-the-Year in both 1995 and 1996 and she came close to winning UNC's first national title in 11 years in 1995 when she finished second at the NAAs in the 200-yard freestyle. Haag is married to Brad Woodall, a former star pitcher for the Tar Heel baseball team who spent several years in the major leagues with the Atlanta Braves, Chicago Cubs and Milwaukee Brewers.

Richelle Depold Fox, a transfer from UCLA who was got married to U.S. Olympic gold medalist David Fox while she was in college and he was serving as an assistant coach to Frank Comfort, was the 1997 and 1998 ACC Women's Swimmer-of-the-Year. She had six top eight placings in championship finals at the 1997 and 1998 NCAA meets, including a pair of second-place finishes in the 100-yard butterfly. Fox was named to the U.S. squad for the 1999 Pan Pacific Championships. She was joined on that team which competed in Sydney, Australia by Kari Haag and by Molly Freedman, later a standout butterfly at UNC.



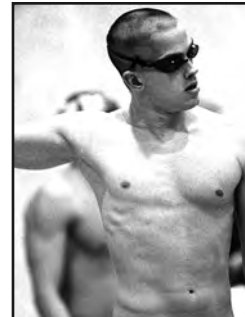
Tracey Barrett was the 1996 ACC champion in the 200-yard backstroke.



Lizzy Bruce took home the ACC title in the 200-yard breaststroke in 2004.



Ethan Hall has the fourth fastest time in UNC history in the 200 breaststroke.



Tom Schmelzer was a three-time All-ACC selection from 1996-98.



Jeff Weiss won four ACC individual breaststroke titles in the mid-1990s.



Micah Copeland captained the 1996 and 1997 ACC championship squads.



Mike Chorba was the 1996 ACC champion in the 1650 freestyle.



Jennifer Strasburger swam on four ACC title-winning relays in the late 1990s.



Erika Acuff won the ACC Women's Swimming Rookie of the Year award in 1997.



Katie Hathaway won the Patterson Medal as UNC's top senior athlete in 2002.



Kevin Erndl shares the school record in the 50-yard freestyle.

Tar Heels On International Teams

UNC swimmers have also been fixtures competing in international and Olympic-related competitions. That has especially been true over the past three decades. Starting with Bonny Brown's appearance in the 1977 World University Games, other Tar Heels invited to that biannual competition have been Barb Harris and Gayle Hegel in 1979; Sue Walsh in 1981 at Bucharest, Romania; Eric Ericson and Sue Walsh in 1983 at Edmonton, Alberta; Melanie Buddemeyer in 1985 at Kobe, Japan; Melanie Buddemeyer and Susan O'Brien in 1987 at Zagreb, Yugoslavia; Sarah Perroni, James Hamrick, Yann deFabrique and individual medley standout Carrie Szulc in 1993 at Buffalo, N.Y.; Yann deFabrique, Kari Haag and Trevor Runberg in 1995 at Fukuoka, Japan; Jessi Perruquet and Jessie Brosch in Daegu, South Korea in 2003, and Whitney Sprague and Stephanie Eisenring in 2009 in Belgrade, Serbia. Sprague won the gold medal in the 800-meter freestyle at this past summer's event. Perruquet won two silver medals at the 2003 World University Games. Haag won a gold medal at the 1995 World University Games as a member of the U.S.'s 800-meter freestyle relay squad, while Yann deFabrique won three medals at the 1993 World University Games and two more medals at the 1995 World University Games. Buddemeyer and O'Brien also swam together at Brisbane, Australia in August 1987 at the Pan Pacific Games.

In August 1987, UNC had a participant in the Pan American Games in Indianapolis in the person of Tony Monasterio, representing his native Puerto Rico. Tony Monasterio was followed to the same competition four years later by his younger brother David Monasterio, who swam splendidly in the 1991 event at Havana, Cuba. Sean Quinn represented the U.S. at the 2003 Pan American Games in Santo Domingo, Dominican Republic, where he won the silver medal in the 200-meter breaststroke. At the 2007 Pan American Games in Brazil, Chip Peterson won the gold medal in the 1500-meter freestyle and the silver medal in 10 kilometer open water swimming.

Carolina Olympians of the past 30 years have included Ann Marshall in 1972, Wendy Weinberg and Janis Hape in 1976, Sue Walsh in 1980, Chris Stevenson in 1984, David Monasterio and Yann deFabrique in 1992, Yann deFabrique in 1996 and Yi-Khy Saw in 2004. Yann deFabrique also competed for France in the 1994 World Championships in Rome, while Trevor Runberg swam for the American team at the 1998 World Championships and Brad Hamilton swam for Jamaica in the 2009 World Championships. Chip Peterson and Joe Kinderwater swam in the 2008 World Open Water Championships for the United States.

Carolina's ACC Top 50 Honorees

Eleven University of North Carolina men's swimmers and 22 Tar Heel women's swimmers headlined the list of the 50 greatest Atlantic Coast Conference men's and women's swimmers and divers of all time, announced in September of 2002 by the ACC. The team encompassed the first 50 years of conference action from 1953-2002.

As part of its 50th anniversary celebration, the ACC recognized the all-time greatest athletes in conference history in each sport. With 33 of the top 100 swimmers in conference history, UNC's total stood at the top of the list among ACC schools.

UNC's total number of 279 ACC Top 50 selections in all sports led all league schools. North Carolina's Sue Walsh was recognized as one of the 50 greatest women's athletes in ACC history.

Following is the complete list of Tar Heel honorees for men's and women's swimming and diving:

MEN	
Name	Years
John Davis	1988-91
Yann deFabrique	1992-95
Phil Drake	1953-55
Eric Ericson	1981-84
Kenny Ireland	1978-81
Charlie Krepp	1955-57
Thompson Mann	1962-64
Harrison Merrill	1963-65
David Monasterio	1990-93
Phil Riker	1966-68
Trevor Runberg	1995-98

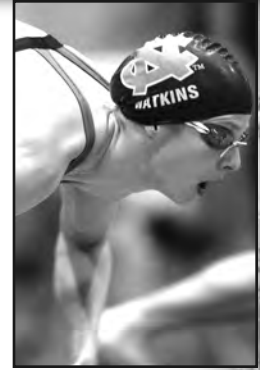
WOMEN	
Name	Years
Erika Acuff	1997-2001
Cami Berizzi	1981-84
Bonny Brown	1977-80
Melanie Buddemeyer	1985-89
Melissa Douse	1989-92
Lauren Dupree	1977-80
Richelle Fox	1997-98
Kari Haag	1993-96
Janis Hape	1977-80
Barb Harris	1979-82
Katie Hathaway	1999-2002
Gayle Hegel	1980-83
Ann Marshall	1976-79
Chrissy Miller	1995-98
Susan O'Brien	1985-88
Sarah Perroni	1990-93
Jessi Perruquet	2001-04
Amy Pless	1981-84
Leslie Ramsey	1992-95
Sue Walsh	1981-84
Christy Watkins	2000-03
Polly Winde	1983-86



Janis Hape was among the 22 women named to the team.



Trevor Runberg was joined by 11 other men on the squad.



Christy Watkins won four straight ACC titles in the 50 free from 2000-03.



Stephen Krebs was an All-ACC selection on the boards in both 2000 and 2001.



Kelly Weeks set an ACC record in the 200-yard butterfly in 2003.



Jon Fox was an NCAA national qualifier in diving in 2006.

Men's All-Americans

1941-42

First-Team All-Americans--Denny Hammond, 150 Back; Denny Hammond, Bob Ousley, George Coxhead, 300 Medley Relay; Denny Hammond, George Coxhead, Truman Hobbs, Jim Barclay, 400 Free Relay.

1943-44

First-Team All-Americans--Percy Mallison, 100 Free; Bill Wildman, 100 Fly; Denny Hammond, Bill Wildman, Percy Mallison, 300 Medley Relay.

1944-45

First-Team All-Americans--Bill Kelly, 200 Breast; Denny Hammond, Bill Kelly, Jesse Greenbaum, 300 Medley Relay.

1945-46

First-Team All-Americans--Mike Morrow, Jack Zimmerman, Dick Twining, Ben Ward, 400 Free Relay.

1946-47

First-Team All-Americans--Ernie Crone, Three-Meter Diving; Norm Sper, One- and Three-Meter Diving.

1947-48

First-Team All-Americans--Norm Sper, One- and Three-Meter Diving; Jesse Greenbaum, Floyd Drew, Mike Morrow, Dick Twining, 400 Free Relay.

1948-49

First-Team All-Americans--Jimmy Thomas, 440 and 1500 Free, 150 Back; Dick Twining, 200 Breast; Norm Sper, Dick Twining, Steve Osborne, 300 Medley Relay; Floyd Drew, Ike Norwood, Dick Twining, Steve Osborne, 400 Free Relay.

1949-50

First-Team All-Americans--Norm Sper, 100 Back; Jimmy Thomas, 440 and 1500 Free, 150 IM, 150 Back.

1950-51

First-Team All-Americans--Buddy Baarcke, 100 Back; Jimmy Thomas, 100 and 200 Back, 150 IM; Jimmy Thomas, Barry Wall, Stan Tinkham, 300 Medley Relay.

1951-52

First-Team All-Americans--Buddy Baarcke, Barry Wall, Stan Tinkham, 300 Medley Relay.

1952-53

First-Team All-Americans--Buddy Baarcke, 100 and 200 Back; Don Evans, 220 Free, 150 IM, 200 Breast; Warren Heeman, 200 Back; Buddy Baarcke, Barry Wall, Jack Edwards, 300 Medley Relay; Jack Edwards, Don Evans, Jim Heins, Buddy Baarcke, 400 Free Relay.

1954-55

First-Team All-Americans--Phil Drake, 200 Fly; Charlie Krepp, 100 and 200 Back; Charlie Krepp, Phil Drake, Dick Baker, 300 Medley Relay.

1955-56

First-Team All-Americans--Lee Holmes, 200 Fly; Charlie Krepp, 100 and 200 Back, 200 IM.

1956-57

First-Team All-Americans--Charlie Krepp, 100 and 200 Back; Telfair Mahaffey, 200 Fly; Bill Roth, 50

Free; Charlie Krepp, Walt Rose, Bill Zickgraf, Bill Roth, 400 Medley Relay; Walt Rose, Tony Schiffman, Bill Roth, Bill Zickgraf, 400 Free Relay; David McInnis, Diving

1957-58

First-Team All-Americans--Telfair Mahaffey, 200 Fly; Bill Roth, 50 Free; Bill Zickgraf, 100 Fly; Bill Roth, Bill Zickgraf, Walt Rose, Brent Nash, 400 Free Relay.

1960-61

First-Team All-Americans--Harry Bloom, 100 Fly, 100 Free.

1961-62

First-Team All-Americans--Thompson Mann, 100 and 200 Back.

1962-63

First-Team All-Americans--Thompson Mann, 100 Back; Harrison Merrill, 200 Free.

1963-64

First-Team All-Americans--Thompson Mann, 100 and 200 Back; Harrison Merrill, 100 and 200 Free; Thompson Mann, Fred Lipp, Rick Forum, Davis Roberts, 400 Medley Relay; Thompson Mann, John Sheldon, Harrison Merrill, Davis Roberts, 400 Free Relay.

1964-65

First-Team All-Americans--Pete Worthen, 50 and 100 Free; John Hayden, Rick Forum, Fred Lipp, Davis Roberts, 400 Medley Relay; Pete Worthen, Steve Hildenbrand, Harrison Merrill, Davis Roberts, 400 Free Relay.

1965-66

First-Team All-Americans--Phil Riker, 100 Fly.

1966-67

First-Team All-Americans--Fred Dannemann, 100 Back; Phil Riker, 100 and 200 Fly; Fred Dannemann, Hamilton Gadd, Phil Riker, Jim Edwards, 400 Medley Relay; Dave Ball, Doug Behrmann, Jim Edwards, Pete Worthen, 400 Free Relay.

1967-68

First-Team All-Americans--Fred Dannemann, 100 Back; Fred Dannemann, Rich Williams, Phil Riker, Jim Edwards, 400 Medley Relay; Greg Meehan, Andy Bristow, Dave Ball, Jim Edwards, 400 Free Relay; Greg Meehan, Dave Ball, Phil Riker, Jim Edwards, 800 Free Relay.

1975-76

First-Team All-Americans--Karl Thiele, Steve McDonald, Tim Balderston, Rich DeSelm, 800 Free Relay.

1976-77

First-Team All-Americans--Mark List, 200 Back.

1977-78

First-Team All-Americans--Mark List, 100 Back; Mark List, Mike Amaya, Fritz Homans, Tim Balderston, 400 Medley Relay.

1978-79

First-Team All-Americans--Ken Ireland, 200 Back.

1979-80

First-Team All-Americans--Ken Ireland, 100 and 200 Back.

1980-81

First-Team All-Americans--Eric Ericson, 100 Back.

1981-82

First-Team All-Americans--Eric Ericson, 100 Back.

1982-83

First-Team All-Americans--Eric Ericson, 100 and 200 Back.

1983-84

First-Team All-Americans--Eric Ericson, 100 and 200 Back.

1984-85

Honorable Mention All-Americans--Chris Stevenson, 100 Back.

1985-86

Honorable Mention All-Americans--Dirk Marshall, 100 Fly; Chris Stevenson, 100 Back.

1987-88

First-Team All-Americans--John Davis, 200 Free; Tony Monasterio, John Davis, Larry Bloch, Jed Guenther, 800 Free Relay. *Honorable Mention All-Americans*--Larry Bloch, John Davis, Jed Guenther, Tony Monasterio, 400 Free Relay.

1988-89

Honorable Mention All-Americans--Gary Gauch, 100 Breast.

1989-90

Honorable Mention All-Americans--Tod Schroeder, 50 Free; Tod Schroeder, Jed Guenther, John Davis, Tony Monasterio, 200 Free Relay; David Monasterio, John Davis, Jed Guenther, Tony Monasterio, 800 Free Relay.

1990-91

First-Team All-Americans--David Monasterio, 200 Free, 200 Fly. *Honorable Mention All-Americans*--James Hamrick, 1650 Free; Tod Schroeder, Mark Sedlak, Daniel Summerlin, John Davis, 200 Free Relay; James Hamrick, David Monasterio, Ralph Vick, John Davis, 800 Free Relay.

1991-92

First-Team All-Americans--James Hamrick, 500 Free. *Honorable Mention All-Americans*--David Monasterio, 500 Free and 200 Fly; James Hamrick, 1650 Free; Sean Gowrie, 1650 Free; David Monasterio, James Hamrick, Daniel Summerlin, Sean Gowrie, 800 Free Relay.

1992-93

First-Team All-Americans--Yann deFabrique, 200 Free; James Hamrick, 500 and 1650 Free; David Monasterio, James Hamrick, Daniel Summerlin, Yann deFabrique, 800 Free Relay. *Honorable Mention All-Americans*--Yann deFabrique, 500 Free, 200 Fly; James Hamrick, 200 Free; William Keever, 100 Fly; David Monasterio, 500 Free; Daniel Summerlin, James Hamrick, Mark Sedlak, Yann deFabrique, 400 Free Relay.

1993-94

Honorable Mention All-Americans--Yann deFabrique, 200 and 500 Free, 200 Fly; Daniel Summerlin, 200 and 400 IM.

1994-95

Honorable Mention All-Americans--Trevor Runberg,



Norm Sper, All-America, 1947, 1948, 1949, 1950, Diving, Medley Relay, Backstroke



1981 AIAW National Champion 200-Yard Medley Relay Team



Gayle Hegel, All-America, 1980, 1981, 1982, 1983, Breaststroke, Individual Medley



Amy Pless, All-America, 1981, 1982, 1983, 1984, Freestyle, IM, Breaststroke, Relays



Pete Worthen, All-America 1965, 1967, Freestyle Sprints, Relays



Phil Riker, All-America, 1966, 1967, 1968, receives his ACC Top 50 medallion in 2003

Micah Copeland, Yann deFabrique, Ed Abele, 800 Free Relay.

1995-96

First-Team All-Americans--Steve Bonack, 100 and 200 Breast; Trevor Runberg, 500 Free. *Honorable Mention All-Americans*--Mike Chorba, 1650 Free; Micah Copeland, 500 Free; Eric Fehr, 200 Breast, 400 IM; Scott Troy, 100 and 200 Breast; Ted Brisson, Steve Bonack, Tucker Shade, Matt Branum, 200 Medley Relay; Trevor Runberg, Scott Troy, Tucker Shade, Ed Abele, 400 Medley Relay; Micah Copeland, Eric Fehr, Trevor Runberg, Ed Abele, 800 Free Relay.

1996-97

Honorable Mention All-America--Steve Bonack, 100 and 200 Breast; Micah Copeland, 500 Free; Tucker Shade, 100 Fly; Jeff Weiss, 200 Breast; Ted Brisson, Steve Bonack, Tucker Shade, Chris Jennings, 200 Medley Relay; Ted Brisson, Steve Bonack, Tucker Shade, Ed Abele, 400 Medley Relay; Micah Copeland, Chris Jennings, Ed Abele, Ted Brisson, 400 Free Relay; Micah Copeland, Ed Abele, Eric Fehr, Trevor Runberg, 800 Free Relay

1997-98

First-Team All-America--Tucker Shade, 100 Fly.

1998-99

Honorable Mention All-Americans--Tucker Shade, 100 Fly; Ethan Hall, 200 Breaststroke.

1999-2000

First-Team All-America--Sean Quinn, 200 Breast. *Honorable Mention All-America*--David Slawinski, 200 Breast.

2001-02

Honorable Mention All-America--Sean Quinn, 200 Breast.

2002-03

Honorable Mention All-Americans--Sean Quinn, 200 Breast; Yuri Suguiyama, 500, 1650 Free.

2003-04

First Team All America--Yuri Suguiyama, 400 Free. *Honorable Mention All-Americans*--Yuri Suguiyama, 1500 Free; Reid Owen, 1500 Free; Josh Glasco, 200 Fly.

2004-05

Honorable Mention All-America--Josh Glasco, 200 Fly.

2005-06

Honorable Mention All-America--Hank Browning, 500 Free.

2006-07

First Team All America--Chip Peterson, 1650 Free. *Honorable Mention All-America*--Chip Peterson, 500 Free.

2007-08

First Team All America--Joe Kinderwater, 1650 Free. *Honorable Mention All-Americans*--Tyler Harris, 400 IM; Ryan Funderburk, 3-Meter Diving.

2007-08

First Team All America--Joe Kinderwater, 1650 Free. *Honorable Mention All-Americans*--Tyler Harris, 400 IM; Chip Peterson, 1650 Free.

Women's All-Americans

1975-76

First-Team All-Americans--Ann Marshall, 100, 200 and 500 Free, 200 Back; Laurie Potter, 100 and 200 IM, 200 Fly; Madelyn Warcholik, 50 Fly; Ann Marshall, Laurie Potter, Madelyn Warcholik, Dale Alton, 200 Medley Relay; Ann Marshall, Laurie Potter, Madelyn Warcholik, Gale Thompson, 200 Free Relay; Ann Marshall, Laurie Potter, Madelyn Warcholik, Gale Thompson, 400 Free Relay.

1976-77

First-Team All-Americans--Bonny Brown, 100 and 200 Free, 100 IM; Lauren Dupree, 200, 500 and 1650 Free; Janis Hape, 200 Breast; Ann Marshall, 50 and 200 Back, 200 and 500 Free; Laurie Potter, 200 Fly; Ann Marshall, Janis Hape, Laurie Potter, Bonny Brown, 400 Medley Relay; Bonny Brown, Lauren Dupree, Laurie Potter, Ann Marshall, 400 Free Relay; Bonny Brown, Lauren Dupree, Laurie Potter, Ann Marshall, 800 Free Relay.

1977-78

First-Team All-Americans--Bonny Brown, 50 and 100 Free, 100 and 200 IM; Lauren Dupree, 200, 500 and 1650 Free, 100 and 200 Fly; Ann Marshall, 200 Back; Laurie Potter, 200 Fly; Judy Tooher, 200 Fly; Cathy Vayda, Judy Tooher, Karen Hoff, Janis Hape, 200 Medley Relay; Ann Marshall, Janis Hape, Karen Hoff, Bonny Brown, 400 Medley Relay; Bonny Brown, Lauren Dupree, Ann Marshall, Judy Tooher, 400 Free Relay.

1978-79

First-Team All-Americans--Bonny Brown, 50 and 100 Free, 100 IM; Lauren Dupree, 200, 500 and 1650 Free; Barb Harris, 50 and 100 Fly, 100 Free; Nancy Hudock, 200, 500 and 1650 Free; Gina Layton, 100 and 200 Back; Cindy Shirey, 50 and 100 Breast, 400 IM; Nance Thompson, 200 and 400 IM; Gina Layton, Cindy Shirey, Barb Harris, Bonny Brown, 200 Medley Relay; Gina Layton, Cindy Shirey, Barb Harris, Nancy Hudock, 400 Medley Relay; Gina Layton, Barb Harris, Bonny Brown, Betsy Hughes, 200 Free Relay; Barb Harris, Bonny Brown, Nancy Hudock, Nance Thompson, 400 Free Relay; Bonny Brown, Nancy Hudock, Lauren Dupree, Ann Marshall, 800 Free Relay.

1979-80

First-Team All-Americans--Bonny Brown, 50 and 100 Free, 100 IM; Cynthia Chilcott, 400 IM; Barb Harris, 50 and 100 Fly, 100 Free; Gayle Hegel, 100 and 200 Breast, 100, 200 and 400 IM; Nance Thompson, 400 IM; Cynthia Chilcott, Cindy Shirey, Barb Harris, Bonny Brown, 200 Medley Relay; Cynthia Chilcott, Gayle Hegel, Barb Harris, Bonny Brown, 400 Medley Relay; Gayle Hegel, Barb Harris, Bonny Brown, Cynthia Chilcott, 400 Free Relay; Lauren Dupree, Liz Mesmer, Nancy Hudock, Cynthia Chilcott, 800 Free Relay.

1980-81

First-Team All-Americans--Cami Berizzi, 50, 100 and

200 Back, 50 and 100 Fly; Barb Harris, 50 Fly; Gayle Hegel, 100, 200 and 400 IM, 100 and 200 Breast; Liz Mesmer, 200 Free; Amy Pless, 50 and 100 Breast, 50 Free, 100 IM; Jenny Strickland, 50 and 100 Breast; Sue Walsh, 50, 100 and 200 Back, 50 Free; Sue Walsh, Amy Pless, Cami Berizzi, Barb Harris, 200 Medley Relay; Cami Berizzi, Jenny Strickland, Barb Harris, Liz Mesmer, 400 Medley Relay; Amy Pless, Liz Mesmer, Sue Walsh, Barb Harris, 200 Free Relay; Amy Pless, Liz Mesmer, Barb Harris, Gayle Hegel, 400 Free Relay; Liz Mesmer, Sue Walsh, Barb Harris, Gayle Hegel, 800 Free Relay.

1981-82

First-Team All-Americans--Cay Andres, 500 Free; Cami Berizzi, 50, 100 and 200 Back; Barb Harris, 50 and 100 Fly, 100 Free; Gayle Hegel, 100, 200 and 400 IM, 200 Breast; Amy Pless, 50 Breast, 100 IM; Jenny Strickland, 50 Breast; Sue Walsh, 50, 100 and 200 Back, 50 Free, 100 IM; Sue Walsh, Amy Pless, Barb Harris, Sue Scott, 200 Medley Relay; Cami Berizzi, Jenny Strickland, Barb Harris, Sue Scott, 400 Medley Relay; Amy Pless, Sue Scott, Sue Walsh, Barb Harris, 200 Free Relay; Sue Scott, Amy Pless, Cami Berizzi, Barb Harris, 400 Free Relay; Cay Andres, Cami Berizzi, Gayle Hegel, Sue Scott, 800 Free Relay.

1982-83

First-Team All-Americans--Gayle Hegel, 100 and 200 IM; Amy Pless, 50 Breast, 100 IM; Jenny Strickland, 50 Breast; Sue Walsh, 50, 100 and 200 Back, 100 IM; Polly Winde, 100 and 200 Breast, 100, 200 and 400 IM; Sue Walsh, Jenny Strickland, Amy Pless, Sue Scott, 200 Medley Relay; Amy Pless, Sue Scott, Jeanne Gerhart, Sue Walsh, 200 Free Relay; Amy Pless, Sue Scott, Gayle Hegel, Sue Walsh, 400 Free Relay; Cay Andres, Sarah Durstein, Gayle Hegel, Polly Winde, 800 Free Relay.

1983-84

First-Team All-Americans--Martha McCann, 400 IM; Betsy Mitchell, 100 and 200 Back; Amy Pless, 100 Breast, 200 IM; Jenny Strickland, 100 and 200 Breast; Sue Walsh, 100 and 200 Back; Polly Winde, 200 Breast, 200 and 400 IM; Sue Walsh, Jenny Strickland, Betsy Mitchell, Amy Pless, 400 Medley Relay; Amy Pless, Sue Scott, Betsy Mitchell, Sue Walsh, 200 Free Relay; Amy Pless, Sue Scott, Betsy Mitchell, Sue Walsh, 400 Free Relay; Polly Winde, Sue Walsh, Sarah Durstein, Betsy Mitchell, 800 Free Relay.

1984-85

First-Team All-Americans--Melanie Buddemeyer, 100 and 200 Fly; Susan O'Brien, 100 and 200 Back; Polly Winde, 400 IM. *Honorable Mention All-Americans*--Polly Winde, 200 IM, 200 Breast; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 200 Medley Relay; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 400 Medley Relay; Susan O'Brien, Melanie Buddemeyer, Nancy Page, Polly Winde, 800 Free Relay.

1985-86

First-Team All-Americans--Susan O'Brien, 100 and 200 Back. *Honorable Mention All-Americans*--Melanie Buddemeyer, 100 and 200 Fly; Polly Winde, 400 IM; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Patty Schultz, 200 Medley Relay; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Patty Schultz, 400 Medley Relay.

1986-87

First-Team All-Americans--Melanie Buddemeyer, 100 and 200 Fly; Susan O'Brien, 100 and 200 Back; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Kim Beattie, 200 Medley Relay; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Kim Beattie, 400 Medley Relay. *Honorable Mention All-Americans*--Susan O'Brien, 200 IM; Wendy Powers, Susan O'Brien, Karen Engel, Kim Beattie, 200 Free Relay; Melanie Buddemeyer, Wendy Powers, Susan O'Brien, Kim Beattie, 400 Free Relay; Melanie Buddemeyer, Monica Strahl, Martha McCann, Kim Beattie, 800 Free Relay.

1987-88

First-Team All-Americans--Susan O'Brien, 100 and 200 Back. *Honorable Mention All-Americans*--Susan O'Brien, 200 IM; Susan O'Brien, Wendy Powers, Jill Benda, Kim Beattie, 200 Medley Relay; Susan O'Brien, Wendy Powers, Naila Deeb, Kim Beattie, 400 Medley Relay.

1988-89

Honorable Mention All-Americans--Hannah Turlish, 400 IM; Melanie Buddemeyer, Kim Beattie, Melissa Douse, Hannah Turlish, 800 Free Relay.

1989-90

First-Team All-Americans--Sarah Perroni, 100 Free; Melissa Douse, Jill Benda, Jenny Huber, Sarah Perroni, 200 Free Relay; Jenny Huber, Melissa Douse, Jill Benda, Sarah Perroni, 400 Free Relay. *Honorable Mention All-Americans*--Heather Cleevely, 10-Meter Diving; Sarah Perroni, 50 Free.

1990-91

First-Team All-Americans--Sarah Perroni, Jenny Huber, Jill Benda, Melissa Douse, 200 Free Relay. *Honorable Mention All-Americans*--Jenny Huber, Melissa Douse, Jill Benda, Sarah Perroni, 400 Free Relay.

1991-92

First-Team All-Americans--Carrie Szulc, 400 IM; Jenny Huber, Ann Hart, Melissa Douse, Shannon Allison, 400 Free Relay. *Honorable Mention All-Americans*--Melissa Douse, 50 and 100 Free; Heather Cleevely, 3-Meter Diving; Jenny Huber, Leslie Ramsey, Ann Hart, Melissa Douse, 200 Free Relay.

1992-93

First-Team All-Americans--Sarah Perroni, 50 Free; Carrie Szulc, 400 IM; Kari Haag, Jenny Huber, Ann Hart, Sarah Perroni, 400 Free Relay. *Honorable Mention All-Americans*--Kari Haag, 50 Free; Sarah Perroni, 100 Free; Sarah Perroni, Jenny Huber, Ann Hart, Kari Haag, 200 Free Relay.



Eric Ericson, All-America, 1981, 1982, 1983, 1984, Backstroke

1993-94

First-Team All-Americans--Leslie Ramsey, 200 Fly; Carrie Szulc, 400 IM. *Honorable Mention All-Americans*--Leslie Ramsey, 500 and 1650 Free.

1994-95

First-Team All-Americans--Kari Haag, 100 and 200 Free. *Honorable Mention All-Americans*--Leslie Ramsey, 200 Fly; Merel Hommen, Kari Haag, Chrissy Miller, Leslie Ramsey, 800 Free Relay.

1995-96

First-Team All-Americans--Kari Haag, 50, 100 and 200 Free. *Honorable Mention All-Americans*--Chrissy Miller, 400 IM; Chrissy Miller, Merel Hommen, Kari Haag, Janney Hooff, 800 Free Relay.

1996-97

First-Team All-Americans--Erika Acuff, 400 IM; Richelle Fox, 50 and 100 Free, 100 Fly. *Honorable Mention All-Americans*--Chrissy Miller, 500 Free and 200 Fly; Erika Acuff, Jennifer Latimer, Richelle Fox, Jennifer Strasburger, 400 Free Relay; Chrissy Miller, Richelle Fox, Jennifer Strasburger, Erika Acuff, 800 Free Relay.

1997-98

First-Team All-Americans--Erika Acuff, 200 IM; Richelle Fox, 50 and 100 Free, 100 Fly; Chrissy Miller, 500 Free. *Honorable Mention All-Americans*--Erika Acuff, 400 IM; Tracey Barrett, 200 Back; Summer Mack, 100 Back; Chrissy Miller, 200 Fly; Summer Mack, Erika Acuff, Richelle Fox, Jennifer Strasburger, 200 Medley Relay; Summer Mack, Erika Acuff, Richelle Fox, Jennifer Strasburger, 400 Medley Relay; Summer Mack, Richelle Fox, Jennifer Strasburger, Erika Acuff, 400 Free Relay; Chrissy Miller, Richelle Fox, Jennifer Strasburger, Erika Acuff, 800 Free Relay.

1998-99

First-Team All-Americans--Katie Hathaway, 400 IM; Erika Acuff, 400 IM. *Honorable Mention All-Americans*--Melissa Fiss, 200 Fly; Katie Hathaway, 200 Breast; Katie Hathaway, Stefanie Rulis, Erika Acuff, Jennifer Strasburger, 800 Free Relay.

1999-2000

First-Team All-Americans--Katie Hathaway, 200 Breast, 400 IM; Summer Mack, 100 Back. *Honorable Mention All-Americans*--Katie Hathaway, 200 IM; Summer Mack, 100 Fly; Christy Watkins, 50 Free; Lauren Silva, 400 IM; Christy Watkins, Katie Hathaway, Summer Mack, Stefanie Rulis, 200 Medley Relay; Christy Watkins, Katie Hathaway, Summer Mack, Stefanie Rulis, 400 Medley Relay; Summer Mack, Katie Hathaway, Stefanie Rulis, Christy Watkins, 200 Free Relay; Katie Hathaway, Stefanie Rulis, Jennifer Strasburger, Lauren Silva, 800 Free Relay.

2000-01

First Team All-Americans--Erika Acuff, 200 IM, 400 IM; Katie Hathaway, 200 IM, 100 Breast, 200 Breast; Summer Mack, 100 Back. *Honorable Mention All-Americans*--Lauren Silva, 400 IM; Jessi Perruquet, 100 Free; Becky Acker, 200 Breast; Kelly Weeks, 200 Fly; Erika Acuff, Jessi Perruquet, Sum-



Polly Winde, All-America, 1983, 1984, 1985, 1986, Breaststroke, IM, Relays

mer Mack, Christy Watkins, 200 Free Relay; Jessi Perruquet, Christy Watkins, Katie Hathaway, Erika Acuff, 400 Free Relay; Kelly Weeks, Jessi Perruquet, Katie Hathaway, Erika Acuff, 800 Free Relay; Summer Mack, Katie Hathaway, Erika Acuff, Christy Watkins, 200 Medley Relay; Christy Watkins, Katie Hathaway, Summer Mack, Jessi Perruquet, 400 Medley Relay.

2001-02

First Team All-Americans--Jessi Perruquet, 200 Free; Katie Hathaway, 200 Breast. *Honorable Mention All-Americans*--Christy Watkins, 50 Free, 100 Free; Katie Hathaway, 200 IM, 100 Breast; Becky Acker, 200 Breast; Jessi Perruquet, 100 Free; Christy Watkins, Katie Hathaway, Kelly Weeks, Jessi Perruquet, 200 Medley Relay; Christy Watkins, Becky Acker, Kelly Weeks, Jessi Perruquet, 400 Medley Relay; Jessi Perruquet, Katie Hathaway, Stefanie Rulis, Christy Watkins, 200 Free Relay; Christy Watkins, Katie Hathaway, Stefanie Rulis, Jessi Perruquet, 400 Free Relay; Kelly Weeks, Katie Hathaway, Christy Watkins, Jessi Perruquet, 800 Free Relay.

2002-03

First Team All-Americans--Jessi Perruquet, 100 Free, 200 Free; *Honorable Mention All-Americans*--Christy Watkins, 50 Free; Kelly Weeks, 500 Free, 200 Fly; Becky Acker, 200 Breast; Whitney Smith, Jessi Perruquet, Christy Watkins, Kelly Weeks, 800 Free Relay.

2003-04

First Team All-America--Jessi Perruquet, 200 Free; *Honorable Mention All-Americans*--Kelly Weeks, 200 Fly; Jessi Perruquet, 100 Free; Lizzy Bruce, 200 Breast.

2006-07

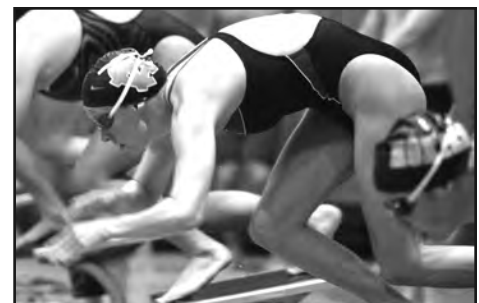
First Team All America--Whitney Sprague, 1650 Free. *Honorable Mention All-America*--Whitney Sprague, 500 Free.

2007-08

First Team All America--Whitney Sprague, 1650 Free.

2007-08

First Team All America--Whitney Sprague, 500 Free, 1650 Free; Katura Harvey, 1650 Free.



Katie Hathaway, first-team All-America, 1999, 200, 2001, 2002



Whitney Sprague, three-time first-team All-America in the 1650-yard freestyle



Thompson Mann & Harrison Merrill with head coach Pat Earey in the mid-1960s — 14 individual ACC championships combined

Men's Atlantic Coast Conference Champions

1953-54

John Hussey, One-Meter Diving.

1954-55

Phil Drake, 200 Fly; John Hussey, One-Meter Diving; Charlie Krepp, 100 and 200 Back; Charles Parker, Three-Meter Diving.

1955-56

Charlie Krepp, 100 and 200 Back, 200 IM; ^David McInnis, One- and Three-Meter Diving; Dick Baker, Bill Roth, Bill Zickgraf, Walt Rose, 400 Free Relay.

1956-57

Charlie Krepp, 100 and 200 Back, 200 IM; ^David McInnis, One- and Three-Meter Diving; Bill Roth, 50 Free; Bill Zickgraf, 100 Fly; Brent Nash, Telfair Mahaffey, Bill Zickgraf, Bill Roth, 400 Medley Relay; Walt Rose, Brent Nash, Tony Schiffman, Bill Roth, 400 Free Relay.

1957-58

Telfair Mahaffey, 100 Fly; ^Ned Meekins, One- and Three-Meter Diving; Walt Rose, 100 Free; Bill Roth, 50 Free; Tony Schiffman, 220, 440 and 1500 Free; Bill Zickgraf, 200 IM; Brent Nash, Walt Rose, Telfair Mahaffey, Bill Zickgraf, 400 Medley Relay; Bill Roth, Jeff Zwicker, Walt Rose, Kelly Maness, 400 Free Relay.

1958-59

Harry Bloom, 100 and 220 Free, 200 IM; Randy Dodson, 200 Fly; Bob Hunter, 100 and 200 Back; Bob Hunter, Kit Mercer, Jeff Zwicker, Brent Nash, 400 Medley Relay; Randy Dodson, Vinny Simonton, Brent Nash, Jeff Zwicker, 400 Free Relay.

1959-60

Bob Bilbro, 200 Back; Vinny Simonton, 200 Fly.

1960-61

Harry Bloom, 100 Free and 200 IM; Willie Bloom, 200 Free; Harvey Hamrick, 200 Back; Barry King, Bryan Williams, Willie Bloom, Bob Bilbro, 400 Free Relay.

1961-62

Willie Bloom, 220 Free; Thompson Mann, 100 and 200 Back; Sandy Patterson, Three-Meter Diving; Thompson Mann, Bob Briggs, Harry Schiffman, Bob Bilbro, 400 Medley Relay; Willie Bloom, Bryan Williams, Don Murray, Harry Schiffman, 400 Free Relay.

1962-63

Frank Lea, 1650 Free; Harrison Merrill, 100 and 200 Free, 400 IM; Thompson Mann, 100 Back, 200 IM; Davis Roberts, Willie Bloom, Harrison Merrill, Thompson Mann, 400 Free



Chrissy Miller — six ACC individual championships (500 free, 1650 free, 400 IM)

Relay.

1963-64

Rick Forum, 200 Breast; Harrison Merrill, 100 and 200 Free, 400 IM; Thompson Mann, 100 and 200 Back, 200 IM; Thompson Mann, Rick Forum, Fred Lipp, Davis Roberts, 400 Medley Relay.

1964-65

Rick Forum, 200 Breast; Harrison Merrill, 500 Free; Steve Hildenbrand, Pete Worthen, Harrison Merrill, Davis Roberts, 400 Free Relay.

1965-66

Phil Riker, 100 and 200 Fly.

1966-67

Phil Riker, 100 and 200 Fly; Jim Edwards, Doug Behrman, Greg Meehan, Dave Ball, 800 Free Relay.

1967-68

Fred Dannemann, 100 Back; Phil Riker, 100 and 200 Fly; Fred Dannemann, Rich Williams, Phil Riker, Jim Edwards, 400 Medley Relay.

1969-70

Gerry Chapman, 400 IM.

1970-71

Jim Osborne, 100 Fly.

1971-72

Jim Osborne, 100 and 200 Fly.

1973-74

Jike Southard, 1650 Free.

1974-75

Dave Marlin, 100 Back.

1975-76

Mark List, 100 and 200 Back; Steve McDonald, 200 Free.

1978-79

*Ken Ireland, 100 and 200 Back; Arnaldo Perez, 200 Fly.

1979-80

Ken Ireland, 100 and 200 Back, 500 Free; Roger Vredevel, 200 IM; Mark Welker, Todd Deckman, Ken Ireland, Dave Hansen, 400 Free Relay; Ken Ireland, Mark Welker, Roger Vredevel, Dave Hansen, 800 Free Relay.

1980-81

Eric Ericson, 100 Back; Dave Hansen, 200 Free; Ken Ireland, 200 Back; Ken Ireland, Robert Bingham, Arnaldo Perez, Dave Hansen, 400 Medley Relay; Bob Omainsky, Ken Ireland, Mark Welker, Dave Hansen, 800 Free Relay.

1981-82

Eric Ericson, 100 and 200 Back; Dave Hansen, 200 Free; Eric Ericson, Scott Hammond, Dirk Marshall, Dave Hansen, 400 Medley Relay.



1997 ACC Championships Sweep in 200-Yard Breaststroke — Scott Troy (2nd), Jeff Weiss (1st), Steve Bonack (3rd)

1982-83

Eric Ericson, 100 and 200 Back; Eric Ericson, Scott Hammond, Dirk Marshall, Geoff Cassell, 400 Medley Relay; Geoff Cassell, Dirk Marshall, Eric Ericson, Mark Welker, 400 Free Relay; Dan Hamilton, Jeff Schenk, Chris Stevenson, Dirk Marshall, 800 Free Relay.

1983-84

Todd Deckman, 50 Free; *Eric Ericson, 100 and 200 Back; Dan Flack, 1650 Free; Scott Hammond, 100 Breast; Dirk Marshall, 100 Fly; Eric Ericson, Scott Hammond, Dirk Marshall, Geoff Cassell, 400 Medley Relay.

1984-85

Tim Shea, 200 Fly and 400 IM.

1985-86

Dirk Marshall, 100 Fly; Doug Sawyer, 200 Breast; Tim Shea, 400 IM; *Chris Stevenson, 100 and 200 Back; Chris Stevenson, Doug Sawyer, Dirk Marshall, Larry Bloch, 400 Medley Relay; Larry Bloch, Marc Croggon, Chris Stevenson, Dirk Marshall, 400 Free Relay; Larry Bloch, Dan Flack, Dirk Marshall, Chris Stevenson, 800 Free Relay.

1986-87

Doug Sawyer, 100 Breast; Tim Shea, 200 Fly.

1987-88

Larry Bloch, 100 Free; @John Davis, 200 IM and 200 Free; Tod Schroeder, 50 Free; Rich Gleason, John Fischetti, John Davis, Larry Bloch, 400 Medley Relay; Tod Schroeder, Jed Guenther, John Davis, Larry Bloch, 400 Free Relay; Tony Monasterio, Ralph Vick, Larry Bloch, John Davis, 800 Free Relay.

1988-89

John Davis, 100 and 200 Free, 200 IM; Jed Guenther, Tony Monasterio, Chris Himebauch, John Davis, 400 Free Relay.

1989-90

*+John Davis, 100 and 200 Free, 200 IM; Gary Gauch, 100 Breast; David Monasterio, 200 Fly; Tod Schroeder, 50 Free; Tod Schroeder, Jed Guenther, Tony Monasterio, John Davis, 200 Free Relay; Tony Monasterio, David Monasterio, Jed Guenther, John Davis, 800 Free Relay.

1990-91

John Davis, 100 and 200 Back, 200 IM; Marc Ferguson, 1650 Free; John Fischetti, 200 Breast; Gary Gauch, 100 Breast; @#David Monasterio, 200 and 500 Free, 200 Fly; John Davis, Gary Gauch, David Monasterio, Tod Schroeder, 200 Medley Relay; Matt Countie, Gary Gauch, David Monasterio, Tod Schroeder, 400 Medley Relay; Tod Schroeder,

Mark Sedlak, Daniel Summerlin, John Davis, 200 Free Relay; John Davis, Tod Schroeder, Mark Sedlak, David Monasterio, 400 Free Relay; John Davis, James Hamrick, Ralph Vick, David Monasterio, 800 Free Relay.

1991-92

Yann deFabrique, 200 Free; Gary Gauch, 100 Breast; James Hamrick, 1650 Free; David Monasterio, 500 Free and 200 Fly; David Monasterio, James Hamrick, Daniel Summerlin, Yann deFabrique, 800 Free Relay.

1992-93

Yann deFabrique, 200 Free; Daniel Summerlin, 200 IM; Summerlin, David Monasterio, Mark Sedlak, deFabrique, 400 Free Relay; Summerlin, James Hamrick, Monasterio, deFabrique, 800 Free Relay.

1993-94

&Joe Craft, One-Meter Diving; Yann deFabrique, 200 Fly; Daniel Summerlin, 100 Free and 200 IM; Jon Thorpe, 200 Free; Jeff Weiss, 100 and 200 Breast; Bryan Stuck, Steve Bonack, Yann deFabrique, Daniel Summerlin, 400 Medley Relay; Daniel Summerlin, Jason James, Matt Smith, Mark Sedlak, 200 Free Relay; Daniel Summerlin, Matt Smith, Jason James, Mark Sedlak, 400 Free Relay; Daniel Summerlin, Jon Thorpe, Yann deFabrique, Micah Copeland, 800 Free Relay.

1994-95

Yann deFabrique, 200 and 500 Free, 200 Fly; %Scott Troy, 100 Breast; Jeff Weiss, 200 Breast; Trevor Runberg, Micah Copeland, Ed Abele, Yann deFabrique, 800 Free Relay.

1995-96

Ted Brisson, 100 Back; Mike Chorba, 1650 Free; +Trevor Runberg, 500 Free, 200 Back; *Tucker Shade, 100 and 200 Fly, 200 IM; Scott Troy, 100 and 200 Breast; Ted Brisson, +Steve Bonack, Tucker Shade, Matt Branum, 200 Medley Relay; Trevor Runberg, Scott Troy, Tucker Shade, Matt Branum, 400 Medley Relay; Trevor Runberg, Eric Fehr, Ed Abele, Micah Copeland, 800 Free Relay.

1996-97

Eric Fehr, 200 IM; Tucker Shade, 100 Fly; Jeff Weiss, 200 Breast; Eric Fehr, Micah Copeland, Ed Abele, Trevor Runberg, 800 Free Relay.

1997-98

Ted Brisson, 100 Back; Eric Fehr, 200 Free; Tucker Shade, 100 Fly; Ted Brisson, Brad Kline, Tucker Shade, Ed Abele, 400 Medley Relay.

1999-2000

%Sean Quinn, 200 Breast.

2002-03

Yuri Suguiyama, 200 Free; Sean Quinn, 200 Breast; Eddy Matkovic, 100 Fly.

2003-04

Yuri Suguiyama, 200 Free; &Eric

Poitras, Three-Meter Diving.

2005-06

%Hank Browning, 200 Free.

2006-07

Hank Browning, 200 Free.

2007-08

Tyler Harris, 400 IM; Tommy Wyher, 100 Back; Joe Kinderwater, 1650 Free.

2008-09

Tommy Wyher, 100 Back, 100 Fly.

**Selected as Most Valuable Swimmer at Atlantic Coast Conference Championships*

@Selected as Co-Most Valuable Swimmer at Atlantic Coast Conference Championships

#Selected as Swimmer-of-the-Year in the Atlantic Coast Conference

+Selected as Co-Swimmer-of-the-Year in the Atlantic Coast Conference

&Selected as Most Valuable Diver at Atlantic Coast Conference Championships

^Won John A. Futchenberg Award as Outstanding Diver in Atlantic Coast Conference

%Selected as Atlantic Coast Conference Swimming Rookie of the Year

Women's Atlantic Coast Conference Champions

1978-79

Bonny Brown, 50 and 100 Free, 100 IM; Nancy Hudock, 200 Free; Gina Layton, 50 and 100 Back; *Cindy Shirey, 50 and 100 Breast, 200 Back, 400 IM; Sally Winde, 200 Breast; Gina Layton, Cindy Shirey, Barb Harris, Bonny Brown, 200 Medley Relay; Ann Marshall, Nancy Hudock, Barb Harris, Brown, 400 Free Relay; Nance Thompson, Nancy Hudock, Lauren Dupree, Ann Marshall, 800 Free Relay.

1979-80

Bonny Brown, 100 IM; Cynthia Chilcott, 50, 100 and 200 Back, 400 IM; Barb Harris, 50 and 100 Fly; *Gayle Hegel, 50, 100 and 200 Breast, 200 IM; Cindy Shirey, Gayle Hegel, Barb Harris, Bonny Brown, 200 Medley Relay; Cynthia Chilcott, Gayle Hegel, Barb Harris, Bonny Brown, 400 Medley Relay.

1980-81

*Sue Walsh, 50, 100 and 200 Back, 50 Free; Amy Pless, 50 Breast and 100 IM; Gayle Hegel, 200 IM; Cami Berizzi, Jenny Strickland, Karen Hoff, Amy Pless, 200 Medley Relay; Amy Pless, Liz Mesmer, Sue Walsh, Barb Harris, 200 Free Relay; Gayle Hegel, Barb Harris, Liz Mesmer, Sue Walsh, 800 Free Relay.

1981-82

Barb Harris, 50 Fly; Gayle Hegel, 200 and 400 IM; Amy Pless, 100 IM; Sue Walsh, 50, 100 and 200 Back, 50 Free; Sue Walsh, Jenny Strickland,

Barb Harris, Kathy Smith, 400 Medley Relay; Sue Scott, Julie Basichiss, Amy Pless, Cami Berizzi, 200 Free Relay; Amy Pless, Gayle Hegel, Sue Scott, Cami Berizzi, 400 Free Relay.

1982-83

Amy Pless, 50 Breast; Jenny Strickland, 100 Breast; *Sue Walsh, 50, 100 and 200 Back, 100 IM; Polly Winde, 200 and 400 IM, 200 Breast; Sue Walsh, Jenny Strickland, Cami Berizzi, Jeanne Gerhart, 200 Medley Relay; Sue Scott, Amy Pless, Jeanne Gerhart, Sue Walsh, 200 Free Relay; Sue Scott, Amy Pless, Gayle Hegel, Sarah Durstein, 400 Free Relay; Sarah Durstein, Cay Andres, Gayle Hegel, Polly Winde, 800 Free Relay.

1983-84

Amy Pless, 200 IM; Jenny Strickland, 100 Breast; *Sue Walsh, 100 and 200 Back, 100 Free; Polly Winde, 200 Breast and 400 IM; Sue Walsh, Jenny Strickland, Betsy Mitchell, Sue Scott, 200 Medley Relay; Betsy Mitchell, Jenny Strickland, Martha McCann, Sue Scott, 400 Medley Relay; Sue Scott, Sue Walsh, Soraya Sherwani, Amy Pless, 200 Free Relay; Amy Pless, Sue Scott, Betsy Mitchell, Sue Walsh, 400 Free Relay; Sarah Durstein, Martha McCann, MaryLou O'Connor, Polly Winde, 800 Free Relay.

1984-85

Melanie Buddemeyer, 100 and 200 Fly; *Susan O'Brien, 100 and 200 Back, 100 Free; Sue Scott, 50 Free; Polly Winde, 200 and 400 IM; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 200 Medley Relay; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 400 Medley Relay.

1985-86

Melanie Buddemeyer, 100 and 200 Fly; Wendy Powers, 100 and 200 Breast; Polly Winde, 200 and 400 IM; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Patty Schultz, 400 Medley Relay; Melanie Buddemeyer, Kim Beattie, Susan O'Brien, Patty Schultz, 400 Free Relay.

1986-87

Kim Beattie, 100 Free; Melanie Buddemeyer, 100 and 200 Fly; Karen Engel, 50 Free; Susan O'Brien, 100 and 200 Back; Wendy Powers, 100 Breast; %Ann Wentz, Three-Meter Diving; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Karen Engel, 200 Medley Relay; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Kim Beattie, 400 Medley Relay.

1987-88

Kim Beattie, 50, 100 and 200 Free; Heather Nottingham, 100 and 200 Breast; *Susan O'Brien, 100 and 200 Back, 200 IM; Hannah Turlish, 1650 Free; Susan O'Brien, Wendy Pow-



**Eric Fehr, 1997
200-yard IM**



**Molly Sullivan, 1999
1650-yard freestyle**



**1991 ACC Champion
400 Freestyle Relay**



**Laura Collier, 2003
200-yard backstroke**

ers, Jill Benda, Kim Beattie, 200 Medley Relay.
1988-89
 Melanie Buddemeyer, 100 and 200 Fly; Kim Beattie, 50 Free; Kim Beattie, Jill Benda, Wendy Powers, Melissa Douse, 200 Free Relay.

1989-90
 Susan Leupold, 100 and 200 Fly; Sarah Perroni, 50 and 100 Free; Jenny Huber, Lisa Brown, Susan Leupold, Sarah Perroni, 400 Medley Relay; Jill Benda, Melissa Douse, Jenny Huber, Sarah Perroni, 200 Free Relay; Jenny Huber, Jill Benda, Melissa Douse, Sarah Perroni, 400 Free Relay.

1990-91
 Melissa Douse, 100 Free; Susan Leupold, 100 Fly; Heather Nottingham, 200 Breast; Sarah Perroni, 50 Free; Hannah Turlish, 1650 Free; Cathy Burgess, Heather Nottingham, Susan Leupold, Sarah Perroni, 400 Medley Relay; Jill Benda, Melissa Douse, Jenny Huber, Sarah Perroni, 200 Free Relay; Sarah Perroni, Jenny Huber, Jill Benda, Melissa Douse, 400 Free Relay.

1991-92
 Shannon Allison, 200 Back; %Heather Cleevly, One- and Three-Meter Diving; *#Melissa Douse, 50 and 100 Free, 100 Fly; Leslie Ramsey, 200 Fly; Carrie Szulc, 200 and 400 IM; Ann Hart, Lisa Brown, Susan Leupold, Melissa Douse, 200 Medley Relay; Cathy Burgess, Lisa Brown, Susan Leupold, Melissa Douse, 400 Medley Relay; Jenny Huber, Ann Hart, Meredith Gardner, Melissa Douse, 200 Free Relay; Jenny Huber, Shannon Allison, Ann Hart, Melissa Douse, 400 Free Relay.

1992-93
 Sarah Perroni, 50 and 100 Free; Trish McHardy, 1650 Free; Carrie Szulc, 400 IM; Kari Haag, Alison Nemeth, Christy Garth, Sarah Perroni, 200 Medley Relay; Cathy Burgess, Alison Nemeth, Christy Garth, Ann Hart, 400 Medley Relay; Jenny Huber, Kari Haag, Ann Hart, Sarah Perroni, 200 Free Relay; Ann Hart, Kari Haag, Jenny Huber, Sarah Perroni, 400 Free Relay; Kari Haag, Shannon Allison, Jenny Huber, Sarah Perroni, 800 Free Relay.

1993-94
 Kari Haag, 50 and 100 Free; #Leslie Ramsey, 200 Fly; Carrie Szulc, 200 and 400 IM; Candiss Johnson, Ann Hart, Kari Haag, Christy Garth, 200 Free Relay; Candiss Johnson, Kari Haag, Christy Garth, Ann Hart, 400 Free Relay.
1994-95

*#Kari Haag, 50, 100 and 200 Free; Christy Garth, Ann Hart, Jennifer Latimer, Kari Haag, 200 Free Relay; Christy Garth, Ann Hart, Tracey Barrett, Kari Haag, 400 Free Relay; \$Christy Miller, Merel Hommen, Leslie Ramsey, Kari Haag, 800 Free Relay.

1995-96
 Tracey Barrett, 200 Back; #Kari Haag, 50, 100 and 200 Free; *Christy Miller, 500 and 1650 Free, 400 IM; Tracey Barrett, Beth Schlessman, Chrissy Miller, Kari Haag, 400 Medley Relay; Tracey Rankin, Christy Garth, Jennifer Latimer, Kari Haag, 200 Free Relay; Jennifer Latimer, Christy Garth, Beth Schlessman, Kari Haag, 400 Free Relay; Chrissy Miller, Merel Hommen, Janney Hooff, Kari Haag, 800 Free Relay.

1996-97
 \$Erika Acuff, 200 IM, 400 IM, 200 Breast; *#Richelle Fox, 50 Free, 100 Free, 100 Fly; Tracey Barrett, Beth Schlessman, Richelle Fox, Jennifer Latimer, 200 Medley Relay; Tracey Barrett, Erika Acuff, Richelle Fox, Jennifer Strasburger, 400 Medley Relay; Erika Acuff, Jennifer Latimer, Jennifer Strasburger, Richelle Fox, 200 Free Relay.

1997-98
 Erika Acuff, 200 IM; #Richelle Fox, 50 and 100 Free, 100 Fly; \$Summer Mack, 100 Back; *Christy Miller, 500 Free, 400 IM, 1650 Free; Summer Mack, Erika Acuff, Richelle Fox, Tracey Rankin, 200 Medley Relay; Summer Mack, Erika Acuff, Richelle Fox, Jennifer Strasburger, 400 Medley Relay.

1998-99
 Molly Sullivan, 1650 Free; Melissa Fiss, 200 Fly; Erika Acuff, 200 IM, 400 IM; Erika Acuff, Katie Hathaway, Stefanie Rulis, Jennifer Strasburger, 800 Free Relay.

1999-2000
 Christy Watkins 50 Free, 100 Back; Katie Hathaway 100 and 200 Breast; Summer Mack 200 Back; Summer Mack, Katie Hathaway, Stefanie Rulis, Christy Watkins, 200 Free Relay; Christy Watkins, Katie Hathaway, Summer Mack, Stefanie Rulis, 400 Medley Relay.

2000-01
 Christy Watkins, 50 Free, 100 Back; \$Jessi Perruquet, 200 Free; Katie Hathaway, 100 Breast; Becky Acker, 200 Breast; Erika Acuff, 200 IM; Christy Watkins, Katie Hathaway, Jessi Perruquet, Erika Acuff, 400 Free Relay; Kelly Weeks, Jessi Perruquet, Katie Hathaway, Erika Acuff, 800 Free Relay; Christy Watkins, Katie Hathaway, Summer Mack, Erika Acuff,

200 Medley Relay; Christy Watkins, Katie Hathaway, Summer Mack, Jessi Perruquet, 400 Medley Relay.

2001-02
 Christy Watkins, 50 Free, 100 Back; Jessi Perruquet, 200 Free; Katie Hathaway, 100 Breast, 200 Breast; Kathleen Quinn, 200 Back.

2002-03
 Christy Watkins, 50 Free; Kelly Weeks, 200 Fly; Laura Collier, 200 Back.

2003-04
 Jessi Perruquet, 100 and 200 Free; Kelly Weeks, 200 Fly; Virginia Hanson, Kelly Weeks, Amanda Smith, Jessi Perruquet, 800 Free Relay.

2004-05
 Lizzy Bruce, 200 Breast.

2005-06
 Lindsey Marck, 200 Fly.

2006-07
 Lindsey Marck, 200 Fly; Whitney Sprague, 500 Free, 1650 Free; Eliza Butts, Megan Steeves, Aubrette Biegel, Kelsey Morrissy, 400 Free Relay; Ashley Howard, Eliza Butts, Kelsey Morrissy, Whitney Sprague, 800 Free Relay.

2007-08
 Whitney Sprague, 500 Free, 1650 Free.

2008-09
 Katura Harvey, 500 Free; Layne Brodie, 100 and 200 Breast.

**Selected as Most Valuable Swimmer at Atlantic Coast Conference Championships
 %Selected as Most Valuable Diver at Atlantic Coast Conference Championships
 #Selected as Atlantic Coast Conference Swimmer-of-the-Year
 \$Selected as Atlantic Coast Conference Rookie-of-the-Year*



Layne Brodie swept the ACC titles in the breaststroke events in 2009



2003 Sweep in 200 Freestyle — Michael Pigassou (3rd), Yuri Suguiyama (1st), Justin Donato (2nd)



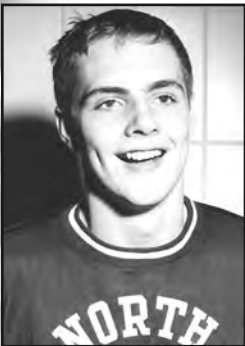
Hank Browning — 200-yard freestyle in 2006, 2007



2007 ACC Women's 800 Free Relay Team — Eliza Butts, Kelsey Morrissy, Whitney Sprague, Ashley Howard



Denny Hammond, 1943 Southern Conference Most Valuable Swimmer



Jimmy Thomas, 1949, 1950, 1951 Southern Conference Most Valuable Swimmer



David McInnis, 1956, 1957 John A. Futchenberg Award Winner



Sue Walsh, 1981, 1983, 1984 ACC Championships MVP

Men's All-Atlantic Coast Conference Selections

1983-84

Geoff Cassell, Todd Deckman, Eric Ericson, Dan Flack, Scott Hammond, Dirk Marshall, Clay Wellborn

1984-85

Tim Shea, Chris Stevenson

1985-86

Larry Bloch, Marc Croggon, Dan Flack, Dirk Marshall, Doug Sawyer, Tim Shea, Chris Stevenson

1986-87

Larry Bloch, Doug Sawyer, Tod Schroeder, Tim Shea

1987-88

Larry Bloch, John Davis, Nunzio Esposito, Marc Ferguson, John Fischetti, Rich Gleason, Jed Guenther, Tony Monasterio, Tod Schroeder, Ralph Vick

1988-89

Matt Countie, John Davis, Jed Guenther, Chris Himebauch, Tony Monasterio

1989-90

John Davis, Nunzio Esposito, Marc Ferguson, John Fischetti, Gary Gauch, Jed Guenther, David Monasterio, Tony Monasterio, Tod Schroeder

1990-91

Matt Countie, John Davis, Nunzio Esposito, Marc Ferguson, John Fischetti, Gary Gauch, James Hamrick, David Monasterio, Tod Schroeder, Mark Sedlak, Daniel Summerlin, Ralph Vick

1991-92

Yann deFabrique, Gary Gauch, Sean Gowrie, James Hamrick, David Monasterio, Daniel Summerlin

1992-93

Yann deFabrique, James Hamrick, William Keever, David Monasterio, Mark Sedlak, Daniel Summerlin

1993-94

Steve Bonack, Micah Copeland, Joe Craft, Yann deFabrique, Jason James, Mark Sedlak, Matt Smith, Bryan Stuck, Daniel Summerlin, Jon Thorpe, Jeff Weiss

1994-95

Ed Abele, Micah Copeland, Joe Craft, Yann deFabrique, Jay Griffin, Trevor Runberg, Drew Sechrist, Scott Troy, Jeff Weiss

1995-96

Ed Abele, Steve Bonack, Matt Branum, Ted Brisson, Mike Chorba, Micah Copeland, Eric Fehr, Trevor Runberg, Tom Schmelzer, Tucker Shade, Scott Troy

1996-97

Ed Abele, Steve Bonack, Micah Copeland, Eric Fehr, Chris Jennings, Trevor Runberg, Tom Schmelzer, Tucker Shade, Jeff Weiss

1997-98

Ed Abele, Ted Brisson, Mike Chorba, Eric Fehr, Brad Kline, Tom Schmelzer, Tucker Shade

1998-99

Ted Brisson, Justin Rossi, Tucker Shade.

1999-2000

Kevin Erndl, Chris Helin, Brad Kline, Stephen Krebs, Sean Quinn, David Slawinski

2000-01

Chris Helin, Stephen Krebs, Stephen Mohr, Sean Quinn, Yuri Suguiyama

2001-02

Kevin Erndl, Eric Poitras, Sean Quinn

2002-03

Justin Donato, Josh Glasco, Eddy Matkovic, Michael Pigassou, Eric Poitras, Sean Quinn, Yuri Suguiyama

2003-04

Eric Poitras, Josh Glasco, Patrick Woodruff, Eddy Matkovic, Yuri Suguiyama

2004-05

Josh Glasco

2005-06

Chad Ames, Hank Browning, Jon Van Assen, Ryan Funderburk

2006-07

Hank Browning, Keith Laabs, Philip Owen, Chip Peterson

2007-08

Joe Kinderwater, Vinny Pryor, Tommy Wyher, Tyler Harris, Andy Brake, Ryan Funderburk

2008-09

Joe Kinderwater, Tommy Wyher, Tyler Harris, Jason McLaughlin

Women's All-Atlantic Coast Conference Selections

1983-84

Janice Dalrymple, Sarah Durstein, Martha McCann, Betsy Mitchell, MaryLou O'Connor, Amy Pless, Sue Scott, Soraya Sherwani, Jenny Strickland, Sue Walsh, Polly Winde

1984-85

Melanie Buddemeyer, Susan O'Brien, Sue Scott, Ann Wentz, Polly Winde

1985-86

Kim Beattie, Melanie Buddemeyer, Susan O'Brien, Wendy Powers, Patty Schultz, Polly Winde

1986-87

Kim Beattie, Melanie Buddemeyer, Karen Engel, Susan O'Brien, Wendy Powers, Ann Wentz

1987-88

Kim Beattie, Jill Benda, Heather Nottingham, Susan O'Brien, Wendy Powers, Staci Sawyer, Hannah Turlish

1988-89

Kim Beattie, Jill Benda, Lisa Brown, Melanie Buddemeyer, Melissa Douse, Wendy Powers

1989-90

Jill Benda, Lisa Brown, Dawn Davies, Melissa Douse, Jenny Huber, Susan Leupold, Sarah Perroni, Staci Sawyer

1990-91

Jill Benda, Cathy Burgess, Melissa Douse, Jenny Huber, Susan Leupold,

Heather Nottingham, Sarah Perroni, Hannah Turkish

1991-92

Shannon Allison, Lisa Brown, Cathy Burgess, Heather Cleavelly, Melissa Douse, Meredith Gardner, Ann Hart, Jenny Huber, Susan Leupold, Trish McHardy, Leslie Ramsey, Theresa Seastrom, Carrie Szulc

1992-93

Shannon Allison, Cathy Burgess, Christy Garth, Kari Haag, Ann Hart, Jenny Huber, Trish McHardy, Alison Nemeth, Sarah Perroni, Carrie Szulc

1993-94

Cathy Burgess, Alison Conrad, Christy Garth, Ann Hart, Kari Haag, Candiss Johnson, Leslie Ramsey, Carrie Szulc

1994-95

Tracey Barrett, Alison Conrad, Christy Garth, Kari Haag, Ann Hart, Merel Hommen, Jennifer Latimer, Chrissy Miller, Leslie Ramsey

1995-96

Tracey Barrett, Christy Garth, Kari Haag, Merel Hommen, Janney Hooff, Jennifer Latimer, Chrissy Miller, Tracey Rankin, Beth Schlessman

1996-97

Erika Acuff, Tracey Barrett, Richelle Fox, Jennifer Latimer, Kelly McLaughlin, Beth Schlessman, Jennifer Strasburger

1997-98

Erika Acuff, Kelsey Durkin, Richelle Fox, Kristin Lozeau, Summer Mack, Chrissy Miller, Tracey Rankin, Jennifer Strasburger

1998-99

Erika Acuff, Melissa Fiss, Katie Hathaway, Stefanie Rulis, Jennifer Strasburger, Molly Sullivan

1999-2000

Katie Hathaway, Summer Mack, Kelly McLaughlin, Stefanie Rulis, Lauren Silva, Christy Watkins

2000-01

Becky Acker, Erika Acuff, Katie Hathaway, Summer Mack, Jessi Perruquet, Leigh Sanders, Lauren Silva, Lindsay Waddell, Christy Watkins, Kelly Weeks

2001-02

Becky Acker, Laura Collier, Katie Hathaway, Jessi Perruquet, Kathleen Quinn, Leigh Sanders, Molly Sullivan, Christy Watkins, Kelly Weeks

2002-03

Becky Acker, Laura Collier, Jessi Perruquet, Christy Watkins, Kelly Weeks

2003-04

Virginia Hanson, Amanda Smith, Kelly Weeks, Jessi Perruquet, Lizzy Bruce, Becky Acker, Jessie Brosch

2004-05

Lizzy Bruce, Virginia Hanson, Lindsey Marck, Kelsey Morrissy, Gia Santoro, Kelly Woodruff

2005-06



Heather Cleevely, 1992 ACC Most Valuable Diver

Lindsey Marck, Nicole O'Donnell, Amanda Smith, Whitney Sprague

2006-07

Aubrette Biegel, Eliza Butts, Alison Clemens, Laura Filip, Ashley Howard, Lindsey Marck, Lindsay McIlvain, Kelsey Morrissy, Nicole O'Donnell, Kristin Oxford, Whitney Sprague

2007-08

Rebecca Kane, Kelsey Morrissy, Whitney Sprague, Katura Harvey, Megan Steeves

2008-09

Rebecca Kane, Katura Harvey, Layne Brodie, Laura Moriarty

All-ACC Academic Team

2005-06

Men: Jon Albrecht, Robby Swendiman, Jon Fox, Jon Van Assen, Keith Laabs, Patrick Woodruff, Philip Owen

Women: Lizzy Bruce, Erika Matheis, Meagan Eickman, Gia Santoro

2006-07

Men: Keith Laabs, Philip Owen, Chip Peterson, Adam Schauer, Robby Swendiman

Women: Aubrette Biegel, Meagan Eickman, Kristin Oxford, Emily Rear-don, Megan Steeves

2007-08

Men: Andy Brake, Tyler Harris, Jeff James, Joe Kinderwater, Keith Laabs, Philip Owen, David Solarz, Robby Swendiman

Women: Laura Filip, Katura Harvey, Erica Schiffler, Megan Steeves

2008-09

Men: Tyler Harris, Joe Kinderwater, Victor Leclere, Brad Mitchell, Chip Peterson, David Solarz

Women: Layne Brodie, Katura Harvey, Ashley Howard, Jenna Moore, Megan Steeves

ACC Men's Swimmer-of-the-Year

John Davis	1990
David Monasterio	1991
Steve Bonack	1996
Trevor Runberg	1996

ACC Men's Swimming Freshman-of-the-Year

Scott Troy	1995
Sean Quinn	2000
Hank Browning	2006

ACC Men's Swimming Coach-of-the-Year

Frank Comfort	1991
Frank Comfort	1993
Frank Comfort	1996
Frank Comfort	1997

Most Valuable Men's Swimmer at ACC Championships

Ken Ireland	1979
Eric Ericson	1984
Chris Stevenson	1986
John Davis	1988

John Davis	1990
David Monasterio	1991
Tucker Shade	1996

Most Valuable Men's Diver at ACC Championships

Joe Craft	1994
Eric Poitras	2004

John A. Futchenberg Award (Out-standing Men's Diver in ACC)

David McInnis	1956
David McInnis	1957
Ned Meekins	1958

ACC Women's Swimmer-of-the-Year

Melissa Douse	1992
Leslie Ramsey	1994
Kari Haag	1995
Kari Haag	1996
Richelle Fox	1997
Richelle Fox	1998
Jessi Perruquet	2003

ACC Women's Freshman-of-the-Year

Chrissy Miller	1995
Erika Acuff	1997
Summer Mack	1998
Jessi Perruquet	2001
Layne Brodie	2009

ACC Women's Swimming Coach-of-the-Year

Frank Comfort	1982
Frank Comfort*	1984
Frank Comfort	1985
Frank Comfort	1992
Frank Comfort	1993
Frank Comfort	1995
Frank Comfort*	1996
Frank Comfort	2000
Frank Comfort	2001
Frank Comfort	2002
Frank Comfort	2007

Most Valuable Women's Swimmer at ACC Championships

Cindy Shirey	1979
Gayle Hegel	1980
Sue Walsh	1981
Sue Walsh	1983
Sue Walsh	1984
Susan O'Brien	1985
Susan O'Brien	1988
Melissa Douse	1992
Kari Haag	1995
Chrissy Miller	1996
Richelle Fox	1997
Chrissy Miller	1998

Most Valuable Women's Diver at ACC Championships

Ann Wentz	1987
Heather Cleevely	1992

Men's Southern Conference Individual and Relay Champions

1939-40: Fleming Stone, 50 and 100 Free; J.A. Barclay, 220 Free; 400 Freestyle Relay.

1940-41: Bob Ousley, 200 Breast; Bob Nicholson, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1941-42: Bob Ousley, 200 Breast; Denny Hammond, 150 Back; 400 Freestyle Relay; 300 Medley Relay.

1942-43: Denny Hammond, 220 Free and 150 Back; Russell L. Proctor, 440 Free; Buddy Crone, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1946-47: Jerry Cook, 200 Breast; Norman Sper, 150 Back and One-Meter Diving; Buddy Crone, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1947-48: Floyd Drew, 50 Free; Dick Twining, 220 and 440 Free; Bob Ousley, 200 Breast; Jimmy Thomas, 150 Back; Norman Sper, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1948-49: Jesse Greenbaum, 50 Free; Jimmy Thomas, 220 and 440 Free; Bob Hutton, 1500 Free; Dick Twining, 200 Breast and 150 Individual Medley; Norman Sper, 150 Back; Buddy Crone, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1949-50: Cecil Milton, 220 and 440 Free; Jimmy Thomas, 1500 Freestyle, 200 Breast, 150 Individual Medley; Norman Sper, 100 and 150 Back;

1950-51: Donnie Evans, 440 Free; Barry Wall, 100 Breast; Jimmy Thomas, 100 and 200 Back, 150 Individual Medley; 400 Freestyle Relay; 300 Medley Relay.

1951-52: Barry Wall, 200 Breast; Buddy Baarcke, 100 and 200 Back; 400 Freestyle Relay; 300 Medley Relay.

1952-53: Jack Edwards, 100 Free; Barry Wall, 100 Breast; Donnie Evans, 200 Breast and 150 Individual Medley; Buddy Baarcke, 100 and 200 Back; 400 Freestyle Relay; 300 Medley Relay.

Southern Conference Championships Most Valuable Swimmers

Fleming Stone	1940
Denny Hammond	1943
Dick Twining	1948
Jimmy Thomas	1949
Jimmy Thomas	1950
Donnie Evans	1951
Jimmy Thomas	1951



Kari Haag, 1995 & 1996 ACC Swimmer of the Year



Scott Troy, 1995 ACC Rookie of the Year



Frank Comfort, 15-time ACC Coach of the Year

Team Award Winners • Carolina Swimming and Diving

1977-78

Men's Most Valuable Swimmer: Rich DeSelm
Women's Most Valuable Swimmer: Bonny Brown
Men's Most Outstanding Swimmer: Mark List
Women's Most Outstanding Swimmer: Bonny Brown
Men's Most Improved Swimmer: Al Hill
Women's Most Improved Swimmer: Betsy Hughes
Men's Captains: Rich DeSelm, Mark List
Women's Captains: Bonny Brown, Laurie Potter

1978-79

Men's Most Valuable Swimmer: Fritz Homans
Women's Most Valuable Swimmer: Nancy Hudock
Men's Most Outstanding Swimmer: Ken Ireland
Women's Most Outstanding Swimmer: Bonny Brown
Men's Most Improved Swimmer: Robert Bingham
Women's Most Improved Swimmers: Betsy Hughes, Cindy Shirey
Men's Captains: Mike Amaya, Fritz Homans
Women's Captains: Bonny Brown, Laurie Potter

1979-80

Men's Most Valuable Swimmer: Dave Hansen
Women's Most Valuable Swimmer: Bonny Brown
Men's Most Outstanding Swimmer: Ken Ireland
Women's Most Outstanding Swimmer: Gayle Hegel
Men's Most Improved Swimmer: Jeff Schenk
Women's Most Improved Swimmer: Mary Ann Dempster
Men's Captains: Mike Amaya, Fritz Homans
Women's Captains: Bonny Brown, Lauren Dupree

1980-81

Men's Most Valuable Swimmer: Dave Hansen
Women's Most Valuable Swimmer: Sue Walsh
Men's Most Outstanding Swimmer: Eric Ericson
Women's Most Outstanding Swimmer: Sue Walsh
Men's Most Improved Swimmer: Ken Warren
Women's Most Improved Swimmer: Jenny Strickland
Men's Captains: Keith Hoffman, Ken Ireland
Women's Captains: Cindy Shirey, Nance Thompson, Sally Winde

1981-82

Men's Most Valuable Swimmer: Dave Hansen
Women's Most Valuable Swimmer: Sue Walsh
Men's Most Outstanding Swimmer: Eric Ericson
Women's Most Outstanding Swimmer: Sue Walsh
Men's Most Improved Swimmer: Mike Ferguson
Women's Most Improved Swimmer: Jeannette Nabel
Men's Hill Carrow Spirit Award Winner: Roger Vredeveld
Women's Hill Carrow Spirit Award Winner: Patty Huey

Men's Captains: Jose deJesus, Dave Hansen
Women's Captains: Barb Harris, Nance Thompson

1982-83

Men's Most Valuable Swimmer: Chris Stevenson
Women's Most Valuable Swimmers: Sue Walsh, Polly Winde
Men's Most Outstanding Swimmer: Eric Ericson
Women's Most Outstanding Swimmer: Sue Walsh
Men's Most Improved Swimmer: Tim Sutton
Women's Most Improved Swimmer: Sarah Durstein
Men's Hill Carrow Spirit Award Winner: Roger Vre-

develd

Women's Hill Carrow Spirit Award Winner: Patty Huey
Bruce Webster Memorial Award Winner: Dirk Marshall
Men's Captains: Tim Sutton, Mark Welker
Women's Captains: Cami Berizzi, Sue Walsh

1983-84

Men's Most Valuable Swimmer: Eric Ericson
Women's Most Valuable Swimmer: Sue Walsh
Men's Most Outstanding Swimmer: Eric Ericson
Women's Most Outstanding Swimmer: Sue Walsh
Men's Most Improved Swimmer: Doug Sawyer
Women's Most Improved Swimmers: Martha McCann, Mary Lou O'Connor, Jenny Strickland
Men's Hill Carrow Spirit Award Winner: Geoff Cassell
Women's Hill Carrow Spirit Award Winner: Patty Huey

Bruce Webster Memorial Award Winner: Dirk Marshall

Men's Captains: Eric Ericson, Dirk Marshall
Women's Captains: Amy Pless, Sue Walsh

1984-85

Men's Most Valuable Swimmer: Chris Stevenson
Women's Most Valuable Swimmer: Polly Winde
Men's Most Outstanding Swimmers: Tim Shea, Chris Stevenson
Women's Most Outstanding Swimmer: Melanie Buddemeyer
Men's Most Improved Swimmer: Neil Wilson
Women's Most Improved Swimmer: Deirdre Coury
Men's Hill Carrow Spirit Award Winner: Geoff Cassell

Women's Hill Carrow Spirit Award Winner: Sue Scott

Bruce Webster Memorial Award Winner: Scott Fuller

Men's Captains: Geoff Cassell, Dirk Marshall
Women's Captains: Sue Scott

1985-86

Men's Most Valuable Swimmer: Chris Stevenson
Women's Most Valuable Swimmer: Susan O'Brien
Men's Most Outstanding Swimmers: Dirk Marshall, Chris Stevenson
Women's Most Outstanding Swimmer: Susan O'Brien
Men's Most Improved Swimmer: David Adams
Women's Most Improved Swimmer: Amy Pritchard
Men's Hill Carrow Spirit Award Winner: Dan Flack
Women's Hill Carrow Spirit Award Winner: Ginny Dunaway

Bruce Webster Memorial Award Winners: Dirk Marshall, Chris Stevenson, Clay Wellborn

Men's Athletic Director's Scholar-Athlete Award Winner: Chris Stevenson

Women's Athletic Director's Scholar-Athlete Award Winner: Sarah Durstein

Men's Captains: Randy Hyre, Chris Stevenson
Women's Captains: Sarah Durstein, Polly Winde

1986-87

Men's Most Valuable Swimmer: Larry Bloch
Women's Most Valuable Swimmer: Susan O'Brien
Men's Most Outstanding Swimmer: Doug Sawyer
Women's Most Outstanding Swimmer: Melanie

Buddemeyer

Men's Most Improved Swimmer: Chris Himebauch
Women's Most Improved Swimmer: Karen Engel
Men's Hill Carrow Spirit Award Winner: Dan Flack
Women's Hill Carrow Spirit Award Winner: Martha McCann

Bruce Webster Memorial Award Winner: Tim Shea

Men's Athletic Director's Scholar-Athlete Award Winner: Doug Sawyer

Women's Athletic Director's Scholar-Athlete Award Winner: Martha McCann

Men's Captains: Dan Flack, Doug Sawyer
Women's Captains: Martha McCann, Susan O'Brien

1987-88

Men's Most Valuable Swimmer: John Davis
Women's Most Valuable Swimmer: Susan O'Brien
Men's Most Outstanding Swimmer: Larry Bloch
Women's Most Outstanding Swimmer: Susan O'Brien
Men's Most Improved Swimmer: Jon Austin
Women's Most Improved Swimmer: Jenny Hinshaw
Men's Hill Carrow Spirit Award Winner: Chris Himebauch

Women's Hill Carrow Spirit Award Winner: Wendy Powers

Bruce Webster Memorial Award Winner: Marc Ferguson

Men's Athletic Director's Scholar-Athlete Award Winner: Scott Fuller

Women's Athletic Director's Scholar-Athlete Award Winner: Erika Schmidt

Men's Captains: Scott Fuller, Chris Himebauch
Women's Captains: Susan O'Brien

1988-89

Men's Most Valuable Swimmer: John Davis
Women's Most Valuable Swimmer: Wendy Powers
Men's Most Outstanding Swimmer: John Davis
Women's Most Outstanding Swimmer: Melanie Buddemeyer
Men's Most Improved Swimmer: Gary Gauch
Women's Most Improved Swimmer: Melissa Douse
Men's Hill Carrow Spirit Award Winner: Chris Himebauch

Women's Hill Carrow Spirit Award Winner: Wendy Powers

Bruce Webster Memorial Award Winner: Marc Ferguson

Class of 1989 Most Dedicated Swimmer Award Winner: Wendy Powers

Class of 1940 Blue Dolphin Award Winners: Chris Himebauch, Wendy Powers

Osterneck Family Unsung Hero Award Winners: Craig Silliman, Jeff Sural

Men's Athletic Director's Scholar-Athlete Award Winner: Craig Silliman

Women's Athletic Director's Scholar-Athlete Award Winner: Amy Pritchard

Men's Captains: Jed Guenther, Chris Himebauch
Women's Captains: Amy Pritchard, Wendy Powers

1989-90

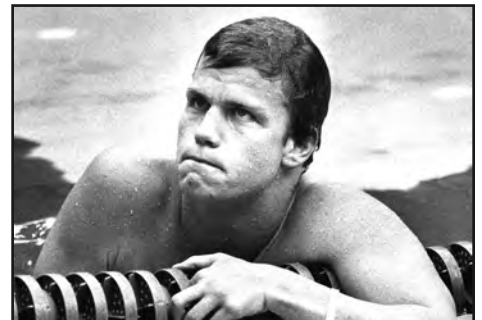
Men's Most Valuable Swimmer: John Davis
Women's Most Valuable Swimmer: Sarah Perroni
Men's Most Outstanding Swimmer: John Davis
Women's Most Outstanding Swimmer: Sarah Perroni



1977-78 Team Captains: Mark List, Bonny Brown, Rich DeSelm, Laurie Potter



Fritz Homans: 1978-79 Most Valuable Swimmer; 1978-79, 1979-80 Captain



Chris Stevenson: 1982-83, 1984-85, 1985-86 Most Valuable Swimmer



Melissa Douse: 1990-91, 1991-92 Most Valuable Swimmer



James Hamrick: 1991-92, 1992-93 Most Valuable Swimmer



Sarah Perroni: 1989-90, 1992-93 Most Outstanding Swimmer

Men's Most Improved Swimmer: James Hamrick
Women's Most Improved Swimmer: Jenny Huber
Men's Hill Carrow Spirit Award Winner: Jed Guenther
Women's Hill Carrow Spirit Award Winner: Jenny Hinshaw
Bruce Webster Memorial Award Winner: Marc Ferguson
Class of 1989 Most Dedicated Swimmer Award Winner: Jenny Hinshaw
Class of 1940 Blue Dolphin Award Winner: Murray Drucker
Osterneck Family Unsung Hero Award Winners: Jon Austin, Mike Connor, Joe Kohla, John Morrison, Ellen Young
Men's Athletic Director's Scholar-Athlete Award Winner: Jon Austin
Women's Athletic Director's Scholar-Athlete Award Winner: Natalie Gould
Men's Captains: Jed Guenther, Tony Monasterio
Women's Captains: Karin Andren, Jenny Hinshaw

1990-91
Men's Most Valuable Swimmer: David Monasterio
Women's Most Valuable Swimmer: Melissa Douse
Men's Most Outstanding Swimmer: David Monasterio
Women's Most Outstanding Swimmer: Melissa Douse
Men's Most Improved Swimmer: James Hamrick
Women's Most Improved Swimmer: Meredith Gardner
Men's Hill Carrow Spirit Award Winner: Chip Lavender
Women's Hill Carrow Spirit Award Winner: Karin Andren
Bruce Webster Memorial Award Winner: Marc Ferguson
Class of 1989 Most Dedicated Swimmer Award Winner: Sarah Perroni
Class of 1940 Blue Dolphin Award Winner: Dave Lohse
Osterneck Family Unsung Hero Award Winner: Nunzio Esposito
Men's Athletic Director's Scholar-Athlete Award Winner: Marc Ferguson
Women's Athletic Director's Scholar-Athlete Award Winner: Heather Nottingham
Men's Captains: John Davis, Marc Ferguson
Women's Captains: Karin Andren, Jill Benda, Melissa Douse

1991-92
Men's Most Valuable Swimmer: David Monasterio
Women's Most Valuable Swimmer: Melissa Douse
Men's Most Outstanding Swimmer: James Hamrick
Women's Most Outstanding Swimmer: Melissa Douse
Men's Most Improved Swimmer: Kevin Antshel
Women's Most Improved Swimmer: Claudia Goins
Men's Hill Carrow Spirit Award Winner: Gary Gauch
Women's Hill Carrow Spirit Award Winner: Jenny Huber
Bruce Webster Memorial Award Winner: Yann de-Fabrique
Class of 1989 Most Dedicated Swimmer Award Winner: Shannon Allison

Class of 1940 Blue Dolphin Award Winner: Jack Ryan
Osterneck Family Unsung Hero Award Winners: Kevin Antshel, Ryan Schwanke, Aimee Skeen
Men's Athletic Director's Scholar-Athlete Award Winner: Ralph Vick
Women's Athletic Director's Scholar-Athlete Award Winner: Melissa Douse
Men's Captains: Gary Gauch, David Monasterio
Women's Captains: Melissa Douse, Sarah Perroni

1992-93
Men's Most Valuable Swimmer: James Hamrick
Women's Most Valuable Swimmer: Sarah Perroni
Men's Most Outstanding Swimmer: James Hamrick
Women's Most Outstanding Swimmer: Sarah Perroni
Men's Most Improved Swimmer: Peter Cloutier
Women's Most Improved Swimmer: Margaret Richards
Men's Hill Carrow Spirit Award Winner: Mark Moore
Women's Hill Carrow Spirit Award Winner: Jenny Huber
Bruce Webster Memorial Award Winner: James Hamrick
Class of 1989 Most Dedicated Swimmer Award Winner: Sarah Perroni
Class of 1940 Blue Dolphin Award Winner: Beth Miller
Osterneck Family Unsung Hero Award Winners: Jason Clark, Greg Hart, Erin Martin, Pam Proctor
Men's Athletic Director's Scholar-Athlete Award Winner: James Hamrick
Women's Athletic Director's Scholar-Athlete Award Winner: Jenny Huber
Men's Captains: James Hamrick, Mark Moore
Women's Captains: Jenny Huber, Jill Minich

1994-95
Men's Most Valuable Swimmers: Trevor Runberg, Jeff Weiss
Women's Most Valuable Swimmer: Kari Haag
Men's Most Outstanding Swimmer: Scott Troy
Women's Most Outstanding Swimmer: Kari Haag
Men's Most Improved Swimmer: Tim Capps
Women's Most Improved Swimmer: Cara Dunaway
Men's Hill Carrow Spirit Award Winner: Joe Craft
Women's Hill Carrow Spirit Award Winner: Christy Garth
Bruce Webster Memorial Award Winner: Eric Fehr
Class of 1989 Most Dedicated Swimmer Award Winner: Leslie Ramsey
Class of 1940 Blue Dolphin Award Winner: C.B. Whitfield
Osterneck Family Unsung Hero Award Winners: Jenni Smith
Men's Athletic Director's Scholar-Athlete Award Winner: Drew Sechrist
Women's Athletic Director's Scholar-Athlete Award Winner: Alison Conrad
Men's Captains: Peter Cloutier, Joe Craft
Women's Captains: Christy Garth, Leslie Ramsey

1995-96
Men's Most Valuable Swimmer: Trevor Runberg
Women's Most Valuable Swimmer: Chrissy Miller
Men's Most Outstanding Swimmer: Steve Bonack
Women's Most Outstanding Swimmer: Kari Haag
Men's Most Improved Swimmer: Eric Fehr
Women's Most Improved Swimmer: Jennifer Latimer
Men's Hill Carrow Spirit Award Winner: Tucker Shade
Women's Hill Carrow Spirit Award Winner: Christy Garth
Bruce Webster Memorial Award Winner: Tom Schmelzer
Class of 1989 Most Dedicated Swimmer Award Winner: Chrissy Miller
Class of 1940 Blue Dolphin Award Winners: 1995-96 UNC Men's Swimming Team
Osterneck Family Unsung Hero Award Winners: Garrett Means, Nicola Stewart, Cheri Yadao
Men's Athletic Director's Scholar-Athlete Award Winner: Matt Branum
Women's Athletic Director's Scholar-Athlete Award Winner: Kari Haag
Men's Captains: Matt Branum, Micah Copeland, Erik Morris
Women's Captains: Christy Garth, Kari Haag

1996-97
Men's Most Valuable Swimmer: Micah Copeland
Women's Most Valuable Swimmer: Richelle Fox
Men's Most Outstanding Swimmer: Tucker Shade
Women's Most Outstanding Swimmer: Richelle Fox
Men's Most Improved Swimmer: Matt Lundgaard
Women's Most Improved Swimmer: Kelly McLaughlin
Men's Hill Carrow Spirit Award Winner: Tucker Shade
Women's Hill Carrow Spirit Award Winner: Jennifer Strasburger
Bruce Webster Memorial Award Winners: Steve Bonack and Eric Fehr



Trevor Runberg: 1994-95, 1995-96 Most Valuable Swimmer

Class of 1989 Most Dedicated Swimmer Award Winner: Richelle Fox

Class of 1940 Blue Dolphin Award Winners: Matt Branum, Steve Bonack, Micah Copeland, Patrick Heferman, Jason James, Erik Morris, Jeff Weiss

Osterneck Family Unsung Hero Award Winner: Erik Morris

Men's Athletic Director's Scholar-Athlete Award Winner: Matt Branum

Women's Athletic Director's Scholar-Athlete Award Winner: Cara Dunaway

Men's Captains: Matt Branum, Micah Copeland, Erik Morris

Women's Captains: Cara Dunaway, Chrissy Miller

1997-98

Men's Most Valuable Swimmer: Ted Brisson

Women's Most Valuable Swimmer: Richelle Fox

Men's Most Outstanding Swimmer: Tucker Shade

Women's Most Outstanding Swimmer: Richelle Fox

Men's Most Improved Swimmer: Brad Kline

Women's Most Improved Swimmer: Kelsey Durkin

Men's Hill Carrow Spirit Award Winner: Tim Tober

Women's Hill Carrow Spirit Award Winner: Tracey Rankin

Bruce Webster Memorial Award Winner: Seth Laughlin

Class of 1989 Most Dedicated Swimmer Award Winner: Richelle Fox

Class of 1940 Blue Dolphin Award Winner: Marc Davis

Osterneck Family Unsung Hero Award Winners: Brian Cockman, Sarah Purcell

Men's Athletic Director's Scholar-Athlete Award Winner: Eric Fehr

Women's Athletic Director's Scholar-Athlete Award Winner: Richelle Fox, Millie Long

Men's Captains: Ed Abele, Trevor Runberg

Women's Captains: Richelle Fox, Millie Long

1998-99

Men's Most Valuable Swimmer: Ted Brisson

Women's Most Valuable Swimmer: Erika Acuff

Men's Most Outstanding Swimmer: Tucker Shade

Women's Most Outstanding Swimmer: Katie Hathaway

Men's Most Improved Swimmers: Justin Rossi, Greg Johnson

Women's Most Improved Swimmer: Heather Stiles

Men's Hill Carrow Spirit Award Winner: Tim Tober

Women's Hill Carrow Spirit Award Winner: Jennifer Strasburger

Bruce Webster Memorial Award Winner: Tom Schmelzer

Class of 1989 Most Dedicated Swimmer Award Winner: Kelly McLaughlin

Class of 1940 Blue Dolphin Award Winners: Liz Bursiek, Katie Coates, Hilary Hoskins, Karen Krysiewski, Catherine Frock, Kelsey Durkin, Beth Schlessman, Tracey Rankin



Richelle Fox: 1996-97, 1997-98 Most Valuable Swimmer & Most Outstanding Swimmer

Winner: Beth Schlessman

Men's Captains: Ted Brisson, Tucker Shade, Tom Schmelzer

Women's Captains: Kelsey Durkin, Beth Schlessman, Tracey Rankin

1999-2000

Men's Most Valuable Swimmer: Chris Helin

Women's Most Valuable Swimmer: Katie Hathaway

Men's Most Outstanding Swimmer: Sean Quinn

Women's Most Outstanding Swimmer: Christy Watkins

Men's Most Improved Swimmer: Andrew Biedrzycki

Women's Most Improved Swimmer: Janna Turner

Men's Hill Carrow Spirit Award: Jonah Turner

Women's Hill Carrow Spirit Award: Jennifer Strasburger

Bruce Webster Memorial Award Winner: Stephen Mohr

Class of 1989 Most Dedicated Swimmer Award Winner: Kelly McLaughlin

Osterneck Family Unsung Hero Award Winner: Kevin Mangum

Men's Athletic Director's Scholar-Athlete Award Winner: Christian Zuburg

Women's Athletic Director's Scholar-Athlete Award Winner: Kelly McLaughlin, Jennifer Strasburger

Men's Captains: Brad Kline, Seth Laughlin, David Weeks

Women's Captains: Kelly McLaughlin, Jennifer Strasburger

2000-01

Men's Most Valuable Swimmer: Chris Helin

Women's Most Valuable Swimmer: Erika Acuff

Men's Most Outstanding Swimmer: Yuri Suguiyama

Women's Most Outstanding Swimmer: Katie Hathaway

Men's Most Improved Swimmer: Jimmy Owens

Women's Most Improved Swimmer: Elizabeth Misiti

Men's Hill Carrow Spirit Award: Seth Laughlin

Women's Hill Carrow Spirit Award: Janna Turner

Bruce Webster Memorial Award Winner: Stephen Mohr

Class of 1989 Most Dedicated Swimmer Award: Jessi Perruquet

Osterneck Family Unsung Hero Award Winners: JoAnn Overton, Erica Vrana, Taylor Marks, David Meschke

Class of 1940 Blue Dolphin Award Winners: Elizabeth Farrington, Judy Weseman

Men's Athletic Director's Scholar-Athlete Award Winner: David Slawinski

Women's Athletic Director's Scholar-Athlete Award Winner: JoAnn Overton

Men's Captains: Brad Kline, Seth Laughlin, David Slawinski

Women's Captains: Erika Acuff, Katie Hathaway

2001-02

Men's Most Valuable Swimmer: Chris Helin

Women's Most Valuable Swimmer: Katie Hathaway

Men's Most Outstanding Swimmer: Sean Quinn



Ted Brisson: 1997-98, 1998-99 Most Valuable Swimmer

Men's Hill Carrow Spirit Award: Seth Laughlin

Women's Hill Carrow Spirit Award: Janna Turner

Bruce Webster Memorial Award Winner: Seth Laughlin

Class of 1989 Most Dedicated Swimmer Award: Gena Bittner

Osterneck Family Unsung Hero Award Winners: Andrew Biedrzycki, Greg Johnson

Class of 1940 Blue Dolphin Award Winners: Tom and Judy Kean

David McInnis Diving Awards: Stephen Krebs, Ashley Benner

Men's Athletic Director's Scholar-Athlete Award Winner: Seth Laughlin

Women's Athletic Director's Scholar-Athlete Award Winner: Katie Hathaway

Men's Captains: Seth Laughlin, Chris Helin, Kert Johnson

Women's Captains: Janna Turner, Katie Hathaway

2002-03

Men's Most Valuable Swimmer: Sean Quinn

Women's Most Valuable Swimmer: Christy Watkins

Men's Most Outstanding Swimmer: Yuri Suguiyama

Women's Most Outstanding Swimmer: Jessi Perruquet

Men's Most Improved Swimmer: Josh Glasco

Women's Most Improved Swimmer: Lizzy Bruce

Men's Hill Carrow Spirit Awards: Sean Quinn, Stephen Mohr

Women's Hill Carrow Spirit Award: Janna Turner

Bruce Webster Memorial Award Winner: Stephen Mohr

Class of 1989 Most Dedicated Swimmer Awards: Becky Acker, Kelly Weeks

Osterneck Family Unsung Hero Award Winners: Hal Wansley, P.J. Wallin

Class of 1940 Blue Dolphin Award Winner: Sharon Wagner

Men's Athletic Director's Scholar-Athlete Award Winner: Stephen Mohr

Women's Athletic Director's Scholar-Athlete Award Winner: Laura Collier

Men's Captains: Stephen Mohr, Stephen Krebs, Sean Quinn

Women's Captains: Janna Turner, Jessi Perruquet

2003-04

Men's Most Valuable Swimmer: Yuri Suguiyama

Women's Most Valuable Swimmers: Jessi Perruquet, Kelly Weeks

Men's Most Outstanding Swimmer: Yuri Suguiyama

Women's Most Outstanding Swimmer: Jessi Perruquet

Men's Most Improved Swimmer: Patrick Woodruff

Women's Most Improved Swimmer: Emily Reardon

Men's Hill Carrow Spirit Award: Dan Vick

Women's Hill Carrow Spirit Award: Whitney Smith

Bruce Webster Memorial Award Winner: Yuri Suguiyama

Andrea Erben Most Dedicated Swimmer Award: Becky Acker

Osterneck Family Unsung Hero Award Winners: Sinisa Haberle, Gena Bittner, Courtney Lewis

Class of 1940 Blue Dolphin Award Winner: Willem Bok

David McInnis Diving Awards: Eric Poitras, Eliza

beth Misiti, Lindsay Waddell, Jennifer Rehm
Men's Athletic Director's Scholar-Athlete Award Winner: Yuri Suguiyama
Women's Athletic Director's Scholar-Athlete Award Winners: Jessi Perruquet, Becky Acker
Men's Captains: Yuri Suguiyama, Dan Vick
Women's Captains: Jessie Brosch, Jessi Perruquet

2004-05

Men's Most Valuable Swimmer: Josh Glasco
Women's Most Valuable Swimmer: Lindsey Marck
Men's Most Outstanding Swimmer: Josh Glasco
Women's Most Outstanding Swimmer: Lindsey Marck
Men's Most Improved Swimmers: Casey Kott, Philip Owen

Women's Most Improved Swimmer: Kelly Woodruff
Men's Hill Carrow Spirit Award: Jon Van Assen
Women's Hill Carrow Spirit Award: Jessie Brosch
Bruce Webster Memorial Award Winner: Aaron Burns

Andrea Erben Most Dedicated Swimmer Award: Erin Cutrell

David McInnis Diving Awards: Ben Herboth, Gia Santoro

Men's Athletic Director's Scholar-Athlete Award Winner: John Hartmann

Women's Athletic Director's Scholar-Athlete Award Winner: Jessie Brosch

Men's Captains: Reid Owen, Eric Mohr

Women's Captains: Jessie Brosch, Kathleen Quinn, Virginia Hanson

2005-06

Men's Most Valuable Swimmer: Hank Browning
Women's Most Valuable Swimmer: Lindsey Marck
Men's Most Outstanding Performer: Ryan Funderburk

Women's Most Outstanding Swimmers: Whitney Sprague, Nicole O'Donnell

Men's Most Improved Performer: Ryan Funderburk

Women's Most Improved Swimmer: Kimmy Davis

Men's Hill Carrow Spirit Award: Patrick Woodruff

Women's Hill Carrow Spirit Award: Becky Smock

Bruce Webster Memorial Award Winner: Patrick Woodruff

Andrea Erben Most Dedicated Swimmer Award: Emily Reardon

David McInnis Diving Awards: Ryan Funderburk, Jon Fox, Mandi Arak

Osterneck Family Unsung Hero Award Winners: Josh Weavil, Erich Gloege

Class of 1940 Blue Dolphin Award Winner: Quinton Sawyer

Men's Athletic Director's Scholar-Athlete Award Winner: Patrick Woodruff

Women's Athletic Director's Scholar-Athlete Award Winner: Lizzy Bruce, Gia Santoro

Men's Captains: Josh Glasco, Jon Albrecht, Patrick Woodruff

Women's Captains: Lizzy Bruce, Gia Santoro, Becky Smock

2006-07

Men's Most Valuable Swimmer: Hank Browning

Women's Most Valuable Swimmer: Lindsey Marck

Men's Most Outstanding Swimmer: Chip Peterson

Women's Most Outstanding Swimmer: Whitney Sprague

Men's Most Improved Swimmer: Philip Owen

Women's Most Improved Performer: Laura Filip

Men's Hill Carrow Spirit Award: Robby Swediman

Women's Hill Carrow Spirit Awards: Becky Smock, Emily Reardon, Erin Cutrell

Bruce Webster Memorial Award Winner: Robby Swediman

Andrea Erben Most Dedicated Swimmer Award: Ashley Howard

David McInnis Diving Awards: Jon Fox, Laura Filip

Osterneck Family Unsung Hero Award Winners: Paul Weir, Adam Schauer, Robbie Bittner, Stewart Norman

Class of 1940 Blue Dolphin Award Winner: Steve Gisselman

Men's Athletic Director's Scholar-Athlete Award Winner: Jon Fox

Women's Athletic Director's Scholar-Athlete Award Winner: Emily Reardon

Men's Captains: Robby Swediman, Jon Fox, Aaron Burns, Keith Laabs

Women's Captains: Emily Reardon, Lindsey Marck, Erin Cutrell, Becky Smock

2007-08

Men's Most Valuable Swimmer: Tyler Harris

Women's Most Valuable Swimmer: Kelsey Morrissy

Men's Most Outstanding Swimmer: Joe Kinderwater

Women's Most Outstanding Swimmer: Whitney Sprague

Men's Most Improved Swimmer: Flynn Jones

Women's Most Improved Performer: Caroline Hartmann

Men's Hill Carrow Spirit Award: Brandon Suddreth

Women's Hill Carrow Spirit Award: Kelly Woodruff

Bruce Webster Memorial Award Winners: Yi-Khy Saw, Jason McLaughlin

Andrea Erben Most Dedicated Swimmer Awards: Kelsey Morrissy, Lindsay McIlvain

David McInnis Diving Awards: Erika Matheis, Laura Filip, Ryan Funderburk

Osterneck Family Unsung Hero Award Winners: Will Bondurant

Class of 1940 Blue Dolphin Award Winners: Keith Laabs, Philip Owen, Robby Swediman

Tar Healer Award Winner: Kelly Woodruff

Team Academic Captains: Aubrette Biegel, Katy Pritchett, Yi-Khy Saw

Men's Athletic Director's Scholar-Athlete Award Winner: Keith Laabs

Women's Athletic Director's Scholar-Athlete Award Winner: Laura Filip

Men's Captains: Robby Swediman, Philip Owen, Keith Laabs

Women's Captains: Lindsey Marck, Laura Filip, Kelsey Morrissy, Taylor McFarlane

2008-09

Men's Most Valuable Swimmer: Tyler Harris

Women's Most Valuable Swimmer: Layne Brodie

Men's Most Outstanding Swimmer: Tommy Wyher

Women's Most Outstanding Swimmer: Whitney Sprague

Men's Most Improved Swimmer: Flynn Jones

Women's Most Improved Performer: Kimmy Davis

Men's Hill Carrow Spirit Award: Joe Kinderwater

Women's Hill Carrow Spirit Award: Laura Moriarty

Bruce Webster Memorial Award Winner: Chip Peterson

Andrea Erben Most Dedicated Swimmer Awards: Ashley Howard, Katura Harvey

David McInnis Diving Awards: David Solarz, Jenna Moore

Osterneck Family Unsung Hero Award Winners: Alex Kenley

Class of 1940 Blue Dolphin Award Winners: Yi-Khy Saw, Lindsay McIlvain

Tar Healer Award Winners: Jason McLaughlin, Katie Marsh

Strength & Conditioning Awards: Kimmy Davis, Yi-Khy Saw, Brad Mitchell

Men's Athletic Director's Scholar-Athlete Award Winner: Yi-Khy Saw

Women's Athletic Director's Scholar-Athlete Award Winner: Lindsay McIlvain

Men's Captains: Jeff James, Brad Mitchell, Yi-Khy Saw

Women's Captains: Lindsay McIlvain, Whitney Sprague, Alison Clemens

Notes About Carolina Swimming Team Awards:

The Most Valuable, Most Outstanding and Most Improved Awards for both the men's and women's teams are all named for Richard E. Jamerson, who founded the University of North Carolina swimming program in 1938-39. The Hill Carrow Spirit Award is presented annually in honor of former Tar Heel swimmer Hill Carrow, Class of 1977, to the swimmer on each team who exhibits the most school spirit. The Bruce Webster Memorial Award is presented annually to the most dedicated member of the men's team. The award honors former Tar Heel swimmer Bruce Webster, Class of 1981, who passed away in 1983. The Athletic Director's Scholar-Athlete Awards, begun in 1986, are presented annually by the UNC Athletic Director to the top student-athlete in each of UNC's 28 varsity sports. The Andrea Erben Memorial Award is given each year to the most dedicated swimmer on the women's team and honors Andrea Erben, a Tar Heel swimmer who passed away following her sophomore year in 2003. The Class of 1940 Blue Dolphin Award is given in honor of the senior class which founded UNC's swimming program in 1938-39 and is awarded to an individual who has made exceptional overall contributions to the Carolina swimming program. The Osterneck Family Award is given annually by Rhoda Osterneck of Durham, N.C., to the swimming program's unsung heroes. It is dedicated in the loving memory of Bob Osterneck, Rhoda's husband, who passed away in June 1991, and her late mother, Minnie Pitkus. The David McInnis Diving Awards honor David McInnis, Class of 1957, and winner twice of the John A. Futchenberg Award as the ACC's top diver. It is awarded each year to the outstanding diver on each UNC squad.



Chris Helin: 1999-2000, 2000-01, 2001-02 Most Valuable Swimmer



Yuri Suguiyama: 2002-03, 2003-04 Most Outstanding Swimmer



Laura Filip: 2006-07 Most Improved Performer

**Men's Team
Letter Winners**

AAA

Abele, Ed, 1995-98
 Abernethy, Tom, 1978-81
 Abrahamson, Ira, Jr., 1943-44
 Adams, David M., 1986-88
 Adams, George H., 1993
 Adams, Thaddeus A., III, 1963-64
 Adams, Thomas J., Jr., 1965-67
 Albrecht, Jon, 2003-06
 Alexander, Jay M., 1952
 Alexander, Richard J., 1952
 Allen, Aaron, (Mgr.), 1994-96
 Allen, David D., 1984-85
 Allison, Derek S., 1995-96
 Amaya, Michael A., 1976-79
 Ambler, Kirby B., 1950-52
 Ames, Chad, 2003-06
 Anderson, Ashley H., 1990-91
 Anderson, David E., 1982
 Anderson, Peter C., 1972
 Andraka, Douglas, 1979-81
 Antshel, Kevin M., 1989-92
 Asseff, Ben, 2005
 Atwater, James T., 1956-57
 Austin, Jonathan G., 1987-90
 Aycock, Benjamin F., 1972-75
 Aycock, Thomas, 1977-78
BBB
 Baarcke, Leonide A., 1951-53
 Baccich, Wade, 2004-07
 Baer, Klaus D., 1988-91
 Baker, Richard Henry, Jr., 1954-56
 Balderston, Timothy R., 1975-77
 Baldwin, Matthew Sayre, 1998-2000
 Ball, David Lee, 1966-68
 Barclay, J.A., 1940-42
 Barnes, Peter A., 1970-73
 Barrett, John B., 1959
 Bartel, Thomas R., 1982-83
 Bartlett, Charles S., Jr., 1949-50
 Bartlett, Craig G., 1981-82
 Basescu, Ronald, 1948-50
 Batchelor, Charles J., 1989-92
 Beal, Philip M., 1979
 Beam, Gilbert R., 1948-49
 Bedell, David W., 1968-71
 Behrman, Douglas N., 1966-68
 Bernuth, James T., 1965-67
 Berry, Thomas A., 1972, 1974-75
 Beutler, Mark J., 1979
 Biedrzycki, Andrew Henry, 1999-2002
 Biedrzycki, Spencer, 2007
 Bilbro, Robert H., 1960-62
 Bingham, Robert D., 1978-81
 Bippart, John D., Jr., 1948-49
 Birkenstock, Robert H., 1960
 Bissell, Dan, 1967
 Bissell, Michael S., 1962-64
 Bittner, Robbie, 2004-07
 Bloch, Laurens C., 1986-87
 Bloom, Harry E., Jr., 1959-61
 Bloom, William F., 1961-63
 Boardman, Richard B., 1964
 Bok, Willem E., 1999-2000
 Bolte, Stephen W., 1976
 Bonack, Stephen Michael, 1994-97
 Bonito, Victor E., 1991-92
 Bradyhouse, Austin Lee, 2007-09
 Brake, Andrew Jeffrey, 2008-09

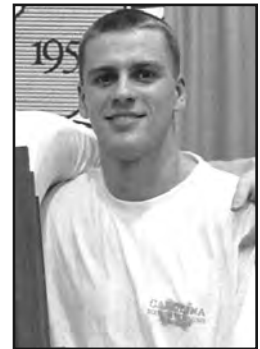
Branum, Matthew Bennett, 1994-97
 Breeden, Dan C., 1947-49
 Brietz, Raymond L., (Mgr.), 1972-73
 Briggs, Robert E., 1960-62
 Brisson, Theodore Edward, 1996-99
 Bristow, Andrew S., 1968-70
 Bromwell, James E., 1960-61
 Brooks, Tim B., 1997
 Browning, Harrison John, 2006-07, 2009
 Bultman, Deuward G., 1947
 Burgess, William C., (Mgr.), 1952
 Burns, Aaron, 2004-07
 Burns, Robert H., III, 1962
 Butler, Peter H., 1972-73
 Byerly, Darrell, 1950
 Byers, James M., 1980-82
CCC
 Callahan, Michael Patrick, 1999-2000
 Cannon, Harold L., 1946
 Cannon, Harry B., 1980-81
 Cannon, Thomas R., 1961-62
 Capps, Tim M., 1995-96
 Carnes, Walter A., Jr., 1950
 Carney, Robert B., III, 1966
 Carrow, Harvey H., 1974-76
 Caruthers, M. R., (Mgr.), 1943
 Cashwell, Richard G., 1958-59
 Cassell, Geoffrey D., 1982-85
 Cavalaris, James, (Mgr.), 1966, 1968
 Cebertowicz, Steven Michael, 2009
 Chambers, Donald R., 1970
 Chapman, Gerard M., 1969-72
 Chenier, Michael, 2000-03
 Chorba, Michael Joseph, 1996-98
 Cidlowski, Ross, 2000
 Ciocca, David R., 1978-79
 Clark, Jason D., 1990-93
 Clement, James E., 1949-50
 Cloutier, Peter B., 1993-96
 Coble, Casey, 2001-04
 Cockman, Brian Keith, 1995-98
 Colbert, Robert S., (Mgr.), 1954-56
 Cole, Cameron C., 1989-91
 Colvard, John David, 1981
 Cone, Howard McAfee, Jr., 1961-63
 Conner, Michael J., 1987, 1989-90
 Cook, Gerard L., 1947-49
 Copeland, Micah A., 1994-97
 Cornwell, Timothy, 1961
 Correll, Josh, 2007
 Countie, Matthew M., 1987, 1989-91
 Cowper, R. L., 1939
 Coxhead, George L., Jr., 1970
 Coxley, G. L., 1940-42
 Craft, Joseph A., III, 1992-95
 Craig, Thomas M., Jr., 1974-77
 Crampton, James C., 1989-92
 Croggon, Marc A., 1986-89
 Crone, Ernest G., 1943-44, 1947, 1949
 Crutchfield, Ben F., Jr., 1960
 Cunningham, Thomas F., 1977
DDD
 Dalrymple, Robert W., 1970-

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 Dameron, John Darsey, 1981, 1983-85
 Danforth, Jason, 2000
 Danielson, Russell E., 1975
 Dannemann, Frederick K., 1966-68
 Dannenbaum, Robert, 1954
 Darst, Michael E., 1969
 Davidson, Ben, 2000-01
 Davidson, Richard, 1975-78
 Davidson, Tristan, 2004-06
 Davies, Jack R., 1944, 1946
 Davis, Christopher, 1985-87
 Davis, John E., 1988-91
 Davis, Punitam, 1951
 DeCarlo, Michael C., 1978-79
 Deckman, Dalton H., 1979-80, 1982-83
 deFabrique, Yann J. S. T., 1992-95
 deJesus, Jose R., 1978-81
 DeLoatche, Charles D., Jr., 1994-95
 Derks, Marshall C., 1982
 DeSelm, Richard L., 1974-77
 DeVault, Zachary Samuel, 2007, 2009
 DeVine, Stephen W., 1977
 Dietzel, Arthur, 1950
 D'Irorio, Ralph B., Jr., 1975
 Dodson, Randolph M., 1959, 1962
 Domina, Walter L., 1967
 Donato, Justin, 2001-04
 Douglas, Samuel P., Jr., 1959-60
 Doyle, Brett (Mgr.), 1995-96
 Drucker, M. D., 1940
 Dunne, Theodore M., 1968
 Dwiggin, Charles, (Mgr.), 1950
EEE
 Eddy, Michael C., 1970-73
 Edmundsen, J. Ray, 1950
 Edwards, Jack, 1952-53
 Edwards, James U., 1966, 1968
 Eisenberg, Kenneth L., 1960
 Elliot, Robert H., 1947-48
 Ellison, Paul S., Jr., 1979
 Elmore, William E., Jr., 1941-43
 Ericson, Eric J., 1980-83
 Erle, Irwin J., 1946, 1948
 Erndl, Kevin Michael, 1999-2002
 Esposto, Nunzio, 1988-91
 Evans, Donald G., 1951, 1953
 Evans, Timothy C., 1981-83, 1985
 Evans, William J., 1981
FFF
 Falkenstein, Clark W., 1970
 Fambrough, Douglas M., Jr., 1961-62
 Farrell, Andrew J., 1990
 Fehr, Eric Jerome, 2005
 Fehr, Eric Ryan, 1995-98
 Ferguson, Marc P., 1988-91
 Ferguson, Michael B., 1981-84
 Feuchtenberger, John A., 1941-42
 Ficklan, Warren M., 1946-47
 Finn, Andrew L., 1968
 Fischetti, John C., 1988-91
 Fitzgerald, Michael L., 1972-73
 Flack, Daniel J., 1984-87
 Flannery, James Joseph, 2009
 Foreman, Robert B., 1966

Forum, Richard B., 1964-65
 Fox, Jon, 2004-07
 Fowler, James, (Mgr.), 1944-45
 Freas, Samuel James, 1996-97
 Fuller, Walter S., 1985-88
 Funderburk, Ryan, 2005-08
 Funke, W. H., 1942
GGG
 Gadd, Hamilton M., Jr., 1966
 Garella, Glenn C., 1970-73
 Gasse, Garth D., 1983-86
 Gauch, Garrick S., 1989-92
 Gentry, John A., 1969
 Gibson, Roy S., Jr., 1941
 Gilbert, Richard C., 1977-78
 Gill, Newell T., 1953-55
 Gillikin, Walter R., 1980
 Glasco, Josh, 2003-06
 Glasco, Judd, 2000-03
 Gleason, Richard A., 1987-90
 Gloege, Erich, 2003-06
 Goad, James C., 1956-57
 Goble, Daniel S., 1971-72
 Goldfarb, Donald L., 1943
 Gowrie, Sean M., 1992
 Grafchik, Ben, 2004-07
 Grant, Stephanie E., (Mgr.), 1993
 Gray, Leland, 1945
 Gray, Robert D., (Mgr.), 1961-62
 Green, David Brevard, 1998-2000
 Green, Robert C., 1982-85
 Greenbaum, Jesse K., 1943-45, 1947-49
 Greene, Alton G., Jr., 1958-59
 Griffin, James W., 1994-95
 Grimmitt-Norris, Robert Wade, 2008-09
 Grodsky, Peter F., (Mgr.), 1957-59
 Groome, Brent, (Mgr.), 1986-87
 Gross, Henry M., 1941
 Gudger, Y. L., 1939-40
 Guenther, John E., 1987-90
 Guerrant, Thomas C., 1959
 Guthe, A.K., 1939
HHH
 Haberle, Sinisa, 2001-04
 Hafkin, Joshua Victory, 2008-09
 Hall, Ethan Oliver, 1998-99
 Hall, Samuel L., Jr., 1966
 Hamilton, Brad Anthony, 2009
 Hamilton, Daniel J., 1983-86
 Hammer, Derek Hans, 1993
 Hammond, G. D., 1942-44
 Hammond, Scott D., 1982-85
 Hampton, James R., 1986-87
 Hamrick, Harvey J., Sr., 1959-61
 Hamrick, Harvey J., Jr., 1990-93
 Hansen, Carl D., 1978-81
 Harff, Christopher P., 1987
 Harrell, Bert E., (Mgr.), 1953
 Harris, William Tyler, 2008-09
 Hart, Gregory A., 1990-93
 Hartmann, John, 2002-05
 Harvey, John, 1946
 Hathaway, Drew, 2000-02
 Hathcock, Daniel, 2007
 Hautau, Theodore A., 1987, 1989-90
 Hayden, John J., 1965-67
 Heeman, Paul W., 1952-55
 Heffernan, Patrick David, 1994-97
 Heins, James E., 1951-53
 Helfrich, Griff, 2002-04



**Fred Dannemann
1966-68**



**Erik Morris
1994-97**



**Gary Gauch
1989-92**



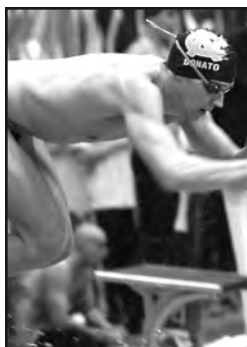
**Dick Baker
1954-56**



Ryan Matuszak
2003-06



Stephen Krebs
2000-03



Justin Donato
2001-04



Nunzio Esposto
1988-91

Helin, Christopher Eero, 1999-2002
 Hendrick, David, (Mgr.), 1990
 Herboth, Ben, 2005
 Herman, Mark I., 1977, 1979
 Herndon, Claude D., 1988
 Herndon, Frederick W., Jr., 1969
 Herr, William F., 1943-44
 Hexner, Peter E., 1944-45, 1947
 Heyn, Herman M., 1951
 Hierman, Donald T., 1984-85
 Higgins, Robert N., 1952, 1954-56
 Hildenbrand, Steven G., 1965-67
 Hill, Alfred E., 1977-78
 Hills, Richard G., 1980
 Himebauch, Christopher J., 1986-89
 Hix, H. H., 1942
 Hobbs, Truman M., 1941-42
 Hoben, Maurice T., Jr., 1991-94
 Hodges, McCloud B., 1985-87
 Hoffman, Keith T., 1977-80
 Holmes, Lee Bourne, 1954-56
 Homans, Frederic W., 1977-80
 Hood, Richard T., III, 1968-69
 Howard, David C., 1950
 Hoyle, Jonathan, 2002-03
 Huey, Brian Eugene, 1980
 Huffman, James R., 1961-63
 Hufham, William L., 1960
 Huggins, Scott F., (Mgr.), 1987-88
 Huggler, Matthew C., 1993
 Humphrey, Charles J., 1968-70
 Hunsaker, Eric C., 1989
 Hunter, Andrew M., 1986-89
 Hunter, Ian D., 1983
 Hunter, Robert F., 1959
 Hurd, Charles A., 1961
 Huse, Henri, 1943-44
 Hussey, John Brennan, Jr., 1954-55
 Hutchinson, John M., 1975-76
 Hutton, Robert L., 1946-49
 Hyre, Michael C., 1992
 Hyre, Randal M., 1983-86
III
 Inglefield, Joseph T., 1974, 1976-77
 Ingram, Hal B., 1948
 Ireland, Kenneth C., 1977-80
 Ismail, Alexander Rashad, 2008-09
JJJ
 Jacobson, Theodore B., 1973-75
 James, Jason Hale, 1994-97
 James, Jeff, 2007-08
 Jarnagin, Forest N., 1976
 Jenkins, Hugh Powell, 1943
 Jenkins, Samuel G., Jr., 1946-47
 Jennings, Christopher Kelly, 1997-99
 Jewell, Edwin Smith, 1952-55
 John, Christopher K., 1991-94
 Johnson, Gregory Adam, 1999-2002
 Johnson, Joel H., 1990-91
 Johnson, Kert Michael, 1999-2002
 Johnson, Lawrence, 1943, 1947
 Johnston, Darryl W., 1986-88
 Jones, David, 1995
 Jones, Davis B., III, 1978, 1980-81

Jones, Edward L., 1973-76
 Jones, Michael Flynn, 2008-09
 Jones, Scott M., 1982-85
KKK
 Kalkhurst, Joseph D., 1959
 Kananen, Daniel, 2001
 Kaufman, Allen R., 1943
 Keating, Mark H., 1976, 1979
 Keever, William C., 1993
 Kelly, Michael Guy, 2007-09
 Kelly, William F., 1945
 Kelso, Joseph K., 1952-53
 Kemper, Hugh T., 1963
 Kenley, Joseph Alexander, 2006-09
 Kennedy, George E., Jr., 1973-76
 Kennedy, John, 1951
 Keyser, Jeffrey S., 1979-82
 Kinderwater, Josef Henry, 2008-09
 King, Barry G., Jr., 1961-63
 Kleber, Jared, 2004-07
 Kline, Bradley Philip, 1998-2001
 Klose, Arthur G., 1977
 Koczyk, William P., Jr., 1971-74
 Kohla, Joseph R., 1987-90
 Kolesaire, John M., 1973-76
 Kott, Casey, 2004-06
 Krebs, Stephen, 2000-03
 Krepp, Charles A., Jr., 1955-57
 Kurz, James S., 1969-70
LLL
 Laabs, Keith, 2005-08
 Lane, Sean Michael, 2009
 Languell, Christopher D., 1989-90, 1992
 Laughlin, Seth Cahill, 1998-99, 2001-02
 Lavender, Johnny Mac, 1990-91
 Lea, Frank G., 1961-64
 Leclere, Victor Clement, 2009
 Lee, B. M., 1940
 Lees, Whitlock, 1940-42
 Leighton, William W., 1951
 Leonardi, Damien D., 1993-95
 Levy, Richard P., 1951-52
 Lewis, Peter T., 1968, 69
 Lindahl, John C., 1969
 Linker, Robert Polk, 1953-55
 Lipp, Frederick S., 1964-65
 List, Mark R., 1975-78
 Little, Leroy L., 1943, 1946
 Lucido, Timothy J., 1976-77
 Lundgaard, Robin A., 1975
 Lundgaard, Matthew Steven, 1996-99
 Lynch, Justin, 2001-02
MMM
 Maass, John A., 1979
 MacDonald, David James, 2009
 Mackey, Brian P., 1992-93
 Mahaffey, Telfair, 1956-58
 Mahoney, Charles D., 1941, 1943
 Mallison, P. W., 1944
 Maness, Archibald K., Jr., 1956-58
 Manieri, Peter J., 1975
 Mangum, Christopher Kevin, 1998-2000
 Mann, Harold Thompson, 1962-64
 Marks, Taylor Calvin, 1998-2001
 Marlin, David P., 1971-74
 Marsden, Nicholas, 2008
 Marsh, Matthew Brian, 1997-

98
 Marshall, Dirk H., 1982-84, 1986
 Martel, Stephen T., 1989-92
 Martin, Matthew, 1980-83
 Matkovic, Eddy, 2002-05
 Matuszak, Ryan, 2003-06
 May, Lawrence E., 1971-74
 McAllister, James Gray, III, 1954
 McCauley, Samuel R., 1947, 1949-50
 McCoy, Garnett, 1947
 McCullough, Robert T., 1968
 McDonald, Allen P., 1965
 McDonald, Steve C., 1973-76
 McElroy, Frank J., 1968-69
 McGeough, Michael J., 1984-86
 McInnis, David F., 1956-57
 McLaughlin, Jason Oliver, 2007-09
 McMillen, Rob, 2000-03
 McMunigal, Phillip A., 1968-70
 McQuade, R. T., 1939-40
 Means, Garrett E., 1994-96
 Meckelnburg, Douglas T., 1984-87
 Meckelnburg, Thomas S., 1980-83
 Meehan, Thomas G., 1966, 1968
 Meekins, Edmund L., Jr., 1956-58
 Mendes, O Jesse Nathan, 2009
 Mercer, Christopher L., 1957-59
 Mercuri, Richard L., 1966-67
 Mericks, James R., 1948-49
 Merrill, Arthur J., Jr., 1961-64
 Merrill, William Harrison, 1965
 Meschke, David Richard, 1998-2001
 Meyer, G. W., 1940-41
 Miller, Bruce W., 1971-72
 Milner, Khari J., 1991-92
 Milton, Cecil, 1950-52
 Miltz, Stephen, 2005-06
 Mitchell, Bradley E., 2006-09
 Mitchell, Courtney, 1941
 Mitchell, E. R., 1940
 Mitchell, Robert D., 1987
 Moen, Courtney, (Mgr.), 1968
 Mohr, Eric, 2002-05
 Mohr, Mark, 2005-08
 Mohr, Stephen, 2000-03
 Moity, Sebastien Lewis, 1999-2002
 Monasterio, David V., 1990-93
 Monasterio, Eugenio A., 1987-90
 Moody, David H., 1964-65
 Moore, John R., 1982-83
 Moore, William C., IV, 1992
 Moore, William E., 1977-80
 Moore, William M., 1990-93
 Morris, Erik Olson, 1994-97
 Morris, Thomas C., 1988-90
 Morrison, John H., 1987-90
 Morrow, Samuel H., 1945, 1946, 1948
 Morton, Chip, (Mgr.), 1982-85
 Moss, Thomas M., 1975-76
 Mueller, E.R., 1939-40
 Mullis, C.E., 1939
 Mummaw, Henry H., 1962
 Mummaw, Joseph W., 1962
 Murphy, Christopher J., 1973, 1975-76
 Murray, Donald M., Jr., 1962
 Murray, Stewart L., 1980
NNN
 Nagle, Robert W., 1969-72

Nash, Brent D., 1957-59
 Nash, J. M., 1939
 Neff, Stephen H., 1968
 Newmann, Ernest F., IV, (Mgr.), 1982-83
 Nicholson, D. G., 1941-43
 Nims, Cameron, (Mgr.), 1974
 Noreen, Bradley, 2007
 Norfleet, Strudwick N., 1965-67
 Norman, Stewart, 2004-07
 Norwood, Eston G., 1947-49
OOO
 Oare, Ernest M., 1963-64
 O'Hare, Isaac, 2008
 O'Hare, Richard L., 1973-74
 Omainsky, Robert W., 1977-80
 O'Neal, Kevin A., 1982-83
 Orland, Henry, III, 1942
 Osborn, James G., 1970-73
 Osborne, Stephen, 1948-49
 Ostrowsky, Marvin, 1941-42
 Ousley, Robert M., 1941-42, 1948
 Owen, Philip, 2005-08
 Owen, Reid, 2002-05
 Owens, Jimmy, 2001, 2003-05
PPP
 Park, Nicolas Brock, 2009
 Parker, Charles T., 1955-57
 Parker, W. C., 1944
 Patterson, Alex M., Jr., 1961-62
 Peck, Josiah M., 1970-71
 Pell, Allison H., 1948
 Perez, Arnaldo L., 1977-80
 Perry, Charles Reid, 1954-55
 Perry, Warren Seipp, III, 2000
 Perry, Warren Seipp, I, 1944-45, 1947
 Peters, W. J., 1940
 Peterson, Charles Bowne, 2007, 2009
 Peterson, Michael G., 1994
 Phillips, Stephen J., 1982-83
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 Poitras, Eric, 2001-04
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 Power, Edward S., (Mgr.), 1975-76, 1978
 Prassas, Thomas N., 1977-78
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QQQ
 Quinn, Sean, 2000-03
RRR
 Rand, William Ripley, 1956
 Ray, Alexander Graham, 1954
 Ray, Peter G., 1971
 Redding, Russell F., 1963
 Reed, Evan Matthew, 2009
 Rees, P. G., (Mgr.), 1941
 Reock, Michael D., 1974-77
 Reynolds, Peter L., 1958
 Riker, Philip, III, 1966-67
 Roberts, Lawrence D., Jr., 1963-65
 Rose, Robert H., 1941
 Rose, Walter T., Jr., 1956-58
 Roser, Herbert G., (Mgr.), 1963-64
 Ross, O. B., 1939-40
 Rossi, Justin Anthony, 1999-2002
 Rosskam, Lester, 1943
 Roth, William C., 1956-58
 Rubinsohn, Louis B., 1943

Rudy, John F., Jr., 1959
 Runberg, Trevor Atchison, 1995-98
 Rusthoven, Kyle Ehrman, 1998
 Ryan, Jack, (Mgr.), 1974
SSS
 Sanchez, Gregory J., 1975, 1977
 Sanders, Leslie J., 1966
 Sands, John, 2005-07
 Saw, Yi-Khy, 2006-09
 Sawyer, Charles D., 1984-87
 Scattergood, Joseph H., 1966-67
 Schauer, Adam, 2004-07
 Schenk, Jeffrey A., 1979-82
 Schiaffino, George E., 1970
 Scheinman, L. J., 1940-41
 Scheinman, Tom, 1947
 Schiffman, Arnold A., 1957-59
 Schiffman, Harold B., 1961-63
 Schmelzer, Thomas Michael, 1996-99
 Schonwalder, Matthew O., 1994
 Schroeder, Tod A., 1987-88, 1990-91
 Schwanke, Ryan R., 1989-92
 Schwartz, R. G., 1942
 Scott, Douglas M., 1986
 Sechrist, Andrew B., 1993-95
 Secrest, S. W., 1944
 Secunda, John K., 1968
 Sedlak, Mark A., 1991, 1993-94
 Seidman, Mark David, 1998-2001
 Seitz, James J., 1974
 Shade, Tucker Roberto, 1996-99
 Shannon, Larry R., 1952-55
 Sharpe, Harold J., (Mgr.), 1948
 Sharrett, Roger C., 1976
 Shea, Timothy F., 1984-87
 Sheldon, John W., 1964-65
 Sheppard, John W., 1966
 Shrader, Steven K., 1974
 Shumate, Thomas E., 1946
 Silliman, Craig, 1986, 1988-89
 Simonton, Vincent E., 1959-61
 Singley, David Wilson, Jr., 1976-78
 Singley, David Wilson, III, 2009
 Sittman, Donald B., 1941, 1946
 Sleeper, Russell G., 1965-67
 Slawinski, David Charles, 1998-2001
 Smiley, Scott L., 1963-65
 Smith, Jacob M., 1956
 Smith, Jennifer, (Mgr.), 1993
 Smith, Marion H., Jr., 1963-65
 Smith, Matthew H., 1994
 Smith, Tyler Dustin, 2008-09
 Snow, Robert H., 1950
 Sokoloff, Stephen A., 1943
 Solarz, David Alan, 2007-09
 Southard, James M., 1970-73
 Sparer, Burton, 1945
 Sparks, Devin L., 1988
 Spaziano, John Holding, 1999-2000
 Speir, Alan M., 1966
 Spencer, Ross D., 1966
 Sper, Norman, Jr., 1947-50
 Stack, James T., 1960
 Stackhouse, Daniel J., 1980
 Stecher, Richard T., 1984-87
 Stevens, John W., 1966

Stevens, William E., 1943
 Stevenson, Christopher L., 1983-86
 Stokes, Jack B., (Mgr.), 1951
 Stone, F. H., 1940
 Stone, W. D., 1940-42
 Stratton, William L., Jr., 1986-87
 Straughan, James F., Jr., 1964
 Stuck, Bryan M., 1994-95
 Sudreth, Brandon, 2005-08
 Suguiyama, Yuri, 2001-04
 Summerlin, Daniel C., III, 1991-94
 Sumner, Sean M., 1987
 Sural, Jeffrey R., 1987-89
 Sutton, Timothy J., 1980-83
 Swartley, John Michael, 1966
 Swartz, Zach, 2005-08
 Swendiman, Robby, 2005-08
 Swift, Peter G., 1962-63
 Swigart, Richard H., 1946-47
 Swindell, Paul E., III, 1994
TTT
 Targgart, John E., 1981
 Taylor, John Scott, 1964
 Thiele, Karl D., 1972-75
 Thomas, Chandler Page, 2008-09
 Thomas, Haywood B., Jr., 1979-82
 Thomas, Ian, 2001
 Thomas, James P., 1948-51
 Thomas, Paul M., 1988
 Thompson, W. M., 1939-41
 Thomson, Joshua C., 1992-94
 Thorpe, Jonathon C., 1993-96
 Thorpe, Randall, 1997-98
 Tice, John Keyser, Jr., 1955-56
 Tinkham, Stanley D., 1951-53
 Tippin, Matthew A., 1991-92
 Tober, Timothy James, 1996-99
 Toll, Alan E., 1973-76
 Townes, Peyton, (Mgr.), 1942
 Troy, Scott Edward, 1995-98
 Tudor, Louis S., 1975-77
 Turner, Jonah Pharr, 1998-2000
 Turner, Robert A., 1957-58
 Twining, Richard G., 1945-46, 1948-49
 Tygart, Silas T., 1960
UUU
 Ubell, Donald Paul, (Mgr.), 1965-67
 Underwood, McLean R., 1970
 Ussery, Tyrece M., 1993
VVV
 Van Assen, Jon, 2003-06
 Vance, Zach, 2008
 Vater, Adam N., Jr., 1973-74
 Veazy, Milton M., Jr., 1957
 Vick, Daniel, 2001-04
 Vick, Ralph N., 1988-89, 1991-92
 Vredeveld, Roger M., 1979-82
WWW
 Wachendorfer, Paul, 1958
 Waldron, William L., 1960
 Walker, Robert W., (Mgr.), 1968-70
 Wall, Francis Barry, 1951-53
 Wallace, William C., 1968
 Wallin, P.J., 2000-03
 Wansley, Hal, 2000-03
 Ward, Ben Warren, 1943-46
 Ward, William B., 1945
 Warren, Kenneth B., 1980-81, 1983
 Weaver, Britt L., 1980-81

Weavil, Josh, 2003-06
Brooke E
 Weber, Christian (Mgr.), 1996-98
 Weber, John G., 1961
 Webster, Bruce V., 1979-80
 Weeks, David Joshua, 1997-2000
 Weir, Paul, 2004-07
 Weiss, A. M., 1941-42
 Weiss, Jeffrey M., 1993-95, 1997
 Welker, Mark F., 1990-83
 Wellborn, Calvin C., 1984-87
 Wells, Scott M., 1978
 Wells, William S., Jr., 1961-62
 Wheeler, Eric P., 1980-83
 Whichard, David J., 1948
 Whichard, John S., 1948-50
 White, Reginald S., Jr., 1951-52
 White, Robert G., (Mgr.), 1946
 White, Thomas K., 1989
 Whitner, G. C., 1944
 Widoff, Gerson F., 1953-54
 Wigo, Bruce J., 1968-70
 Williams, Carter S., Jr., 1954
 Williams, Joseph B., III, 1960-62
 Williams, Richard C., 1968-70
 Williams, William P., 1983, 1985-87
 Williamson, F. Kent, 1950-51
 Willis, Park Weed, 1997-98
 Wilson, David N., 1984-86
 Wilson, Douglas C., 1969
 Wilson, Hofman, 1939
 Wilson, Michael Ross, 2007, 2009
 Wolf, Charles, 1952
 Woodhouse, N.R., 1939-41
 Woodruff, Patrick, 2003-06
 Worthen, Peter T., 1965-67
 Wrye, Charles L., 1959
 Wyher, Tommy Jason, 2008-09
YYY
 Yani, Edward T., Jr., 1991-94
 Young, William G., 1979
ZZZ
 Zickgraf, William G., 1956-58
 Zimmerman, John H., 1945-46
 Zolno, David Jason Bresette, 2008-09
 Zuburg, Christian David, 1996-97, 1999-2000
 ZuWallack, Ronald L., 1989-92
 Zwicker, Jeffrey A., 1958-59

Women's Team

Letter Winners

AAA
 Acker, Becky, 2001-04
 Acuff, Erika L., 1997-99, 2001
 Allison, Shannon, 1992-95
 Alton, Dale, 1978
 Andren, Karin, 1988-91
 Andres, Cay, 1982-83
 Arak, Mandi, 2006, 2008
 Arnold, Kristin Lee, 2009
 Atkinson, Brooke Eve, 2009
 Avant, Elizabeth (Mgr.), 1987-89
BBB
 Badrock, Sandra K., 1995-96
 Ballenger, Angie, 1989
 Ballenger, Jill (Mgr.), 1987-88, 1990
 Banning-Arndt, Britton 2004-05
 Barnhardt, Elizabeth, 1994-95
 Barber, Sheila (Mgr.), 1986-87

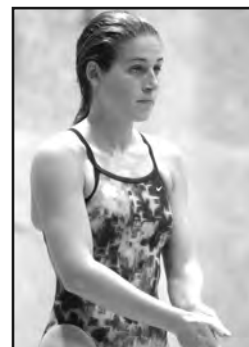
Barnes, Allison Nelson, 2008
 Barrett, Tracey, 1995-98
 Bassichis, Julie, 1982-83
 Beattie, Kim, 1986-89
 Bencini, Missy, 1978-80
 Benda, Jill, 1988-91
 Benner, Ashley, 2000-03
 Berizzi, Cami, 1981-84
 Biegel, Aubrette Marie, 2006-09
 Bittner, Gena, 2001-04
 Bodman, Lydia, 1978
 Bolton, Barb, 1988-90
 Booth, Sara, 1990
 Bouckaert, Amy, 1984
 Brodie, Layne Wallis, 2009
 Brosch, Jessie, 2002-05
 Brown, Bonny, 1978-80
 Brown, Lisa, 1989-92
 Bruce, Lizzy, 2003-06
 Buckley, Ali, 1990-93
 Buddemeyer, Melanie, 1985-87, 1989
 Bunting, Tracy, 1987
 Burgess, Cathy, 1991-94
 Bursiek, Elizabeth Ann, 1996-99
 Butts, Eliza Longpre, 2007-09
CCC
 Cannon, Virginia (Mgr.), 1978
 Carroll, Emily, 2003-06
 Carroll, Monica, 1990
 Carter, Deborah (Mgr.), 1987-88
 Castle, Ginger, 1993
 Chenier, Megan, 2003-05
 Cherpinsky, Kathleen, 1981-82
 Chilcott, Cynthia, 1980
 Claffey, Tracey, 1993
 Clark, Tracy, 1991
 Clevely, Heather, 1989-92
 Clemens, Alison Patricia, 2007-08
 Cline, Jennifer, 1986-89
 Cluett, Anne, 1983
 Coates, Christianna Kathryn, 1996-99
 Cobb, Erin, 1991-92
 Colacurcio, Beth, 2000-01
 Collier, Eileen, 1982-85
 Collier, Kathryn R., 1997
 Collier, Laura, 2000-03
 Conrad, Alison, 1992-95
 Corish, Valerie, 1987-90
 Cornet, Jennifer, 1994
 Cooper, Candace Danielle, 2009
 Coury, Deirdre, 1985
 Crabbe, Jeanne, 1987-88
 Cronen, Sabrina (Mgr.), 1979, 1981-82
 Crowder, Barbara, 1979
 Culling, Tina, 1985-87
 Curlee, Sharon Ann, 1994-97
 Cutrell, Erin, 2004-07
DDD
 Dalrymple, Janice, 1981-84
 Davies, Dawn, 1989-91
 Davis, Kimberly Susan, 2006-09
 Deal, Samantha, 2005-07
 Deeb, Naila, 1988
 Dempster, Mary A., 1980
 Dieter, Michelle Marie, 1994-95, 1997
 Dhue, Laurie, 1987-88
 Dombay, Diane, 1986
 Donald, Lindsay, 2005
 Douse, Melissa, 1989-92
 Dul, Lauren, 1984
 Dunaway, Cara Elizabeth, 1994-97
 Dunaway, Virginia, 1985-86



Becky Acker
2001-04



Bonny Brown
1977-80



Elizabeth Misiti
2001-04



Janis Hape
1977-80



JoAnne Overton
1998-2001



Ann Hart
1992-95



Karin Andren
1988-91



Shannon Allison
1992-95

Dupree, Lauren, 1978-80
Durkin, Kelsey Ann, 1996-99
Durstain, Sarah, 1983-86

EEE

Edmiston, Lisa, 1979
Edwards, Elizabeth, 1985-87
Eickman, Meagan, 2004-07
Elliott, Dondrea, 1995
Engel, Karen, 1987
Erben, Andrea, 2003
Etherington, Lisa, 1991-94

FFF

Farrington, Elizabeth (Mgr.), 1979-82
Filip, Laura, 2005-08
Fiss, Melissa Raye, 1999-2002

Fitz, Rebecca, 1998
Fox, Richelle K., 1997-98
Frazier, Jennifer, 2006-08
Freedman, Molly, 2001-03
Frock, Catherine Edlin, 1996-99

GGG

Gamblin, Mary Margaret, 2003-06
Gardner, Jennifer Dawn, 1999-2002
Gardner, Meredith, 1990-92
Garth, Christy L., 1993-96
Gately, Karen, 2005-07
Gerhart, Jeanne, 1983-85
Glazener, Tracey, 1994-95
Gess, Karin, 1979-80
Givan, Sarah Jean, 1999-2001

Goins, Claudia, 1992-94
Gomez, Teresa, 1983
Gonzalez, Patricia, 1981
Goodman, Jenny, 2000-01
Gould, Natalie, 1987-90
Graham, Jennifer, 1987
Grant, Stephanie (Mgr.), 1991-94
Griswell, Nikki, 2006-07
Guide, Suzanne, 1994

HHH

Haag, Kari A., 1993-96
Halter, Kristin, 1989-91
Hamilton, Alexandra Samantha Christine, 2009
Hanson, Virginia, 2002-05
Hape, Janis, 1978-80
Harper, Sally, 1978
Harris, Barb, 1979-82
Hart, Ann, 1992-95
Hartmann, Caroline Kimball, 2008-09
Harvey, Katura Margaret, 2008-09

Hathaway, Katherine Ann, 1999-2002
Hegel, Gayle, 1980-83
Herman, Allison, 2003, 2005
Hersh, Marla 1978-79
Hicklin, Stephanie, 1986
Hinshaw, Jennifer, 1988-90
Hookway, Elizabeth, 1980
Hoff, Karen, 1978-81
Hollingsworth, Kaci Ann, 2009
Holzer, Mary, 1978, 1980
Hommen, Merel, 1995-96
Hooff, Elizabeth Janney Marie, 1996-98
Hopper, Stephanie, 1981
Hoskins, Hilary Leigh, 1996-99
Howard, Ashley Brooke, 2007-09
Howes, Shannon, 1991-94
Huber, Emily Atkinson, 1999-2000
Huber, Jenny, 1990-93
Hudock, Nancy, 1979-80

Huey, Patty, 1981-84
Hughes, Betsy, 1978-80
Hutton, Jennifer L., 1997
Hyde, Devon, 1988

III

Iacouzze, Brittany Patrice, 2009

JJJ

Johnson, Candiss A., 1994-96
Jones, Emily, 1993

KKK

Kaley, Shannon, 1990-91
Kane, Rebecca Lynn, 2008-09
Karatanewski, Lauren, 2004-07

Kavadlo, Ilana Rose, 1999-2000

Keel, Katherine Marie-Annelise, 2009

Keith, Jennifer, 2005-06
Keniston, Emily, 1985

Khalil, Lorne, 1984
Kimmel, Bridget, 2004-07

Kisselbach, Kristen, 1992-93
Kline, Amanda, 2001-03

Koziol, Maria, 1992-95
Kreel, Theresa, 1991-92

Krysiewski, Karen, 1996-99

LLL

Lambert, Lindsey, 1981
Latimer, Jennifer Lynn, 1995-98

LaVie, Julie, 1982-83
Layton, Gina, 1979

LeMaire, Elke, 1978-79
Leupold, Susan, 1989-92

Lewis, Courtney, 2001-04
Lewis, Katie, 2003, 2005-06

Liebers, Elizabeth, 1983
Linton, Jane, 1993-94

List, Sarah Elizabeth, 2009
Long, Millie D., 1995-98

Lorch, Susan L., 1997
Losa, Barbara, 1978-79

Lozeau, Kristin Ann, 1998-2001

MMM

Mace, Frankye (Mgr.), 1991
Mack, Summer McGil, 1998-2001

Marck, Lindsey, 2005-08
Marsh, Kathryn Leigh, 2008-09

Marshall, Barbara, 1978-79
Martin, Erin, 1990-93

Martin, Katelyn Alyssa, 2009
Martin, Leila, 2003-05

Matheis, Erika, 2005-08
McAfee, Kerianne Elizabeth, 2009

McCann, Martha, 1984-87
McDowell, Jane (Mgr.), 1979-80

McFarlane, Taylor, 2006-08
McHardy, Trish, 1991-94

Mcllvain, Lindsay Porter, 2006-09

McLaughlin, Kelly A., 1997-2000

Meehan, Sarah E., 1997
Mein, Hannah, 2006-07

Mesmer, Liz, 1980-81
Michna, Jennifer, 1987-89

Miller, Ashley Lorraine, 2008-09
Miller, Beth, 2007

Miller, Christine Marie, 1995-98

Mills, Holly Dyan, 1998-99
Minich, Jill, 1991-94

Misiti, Elizabeth, 2001-04
Mitchell, Betsy, 1984

Montford, Stacy, 1986
Moore, Jenna Lee, 2009

Moriarty, Laura Marie, 2009
Morris, Tammy L., 1995-96
Morrissey, Kelsey, 2005-08
Morsman, Laura, 1988, 1990

Moyer, Faith A., 1997
Mulholland, Carol

(Mgr.), 1982-83
Myers, Jill, 1996-99

NNN

Nabell, Jeannette, 1981-82
Nemeth, Alison M., 1993-96

Nilon, Marissa, 2004-07
Noblett, Lisa (Mgr.), 1981-82

Norton, Annie, 2007
Nottingham, Heather, 1988-91

Nystrand, Meghan, 2003-04

OOO

O'Brien, Susan, 1985-88
O'Connor, MaryLou, 1984-87

O'Donnell, Nicole, 2006-07
O'Neal, Eva, 1981

Overton, JoAnn Marie, 1998-2001
Owen, Kristen, 1991

Oxford, Kristin, 2007

PPP

Page, Nancy, 1985-87
Perfater, Sue, 1982-85

Perroni, Sarah, 1990-91, 1993
Perruquet, Jessica, 2001-04

Pesacreta, Marie Brooke, 2009

Pittman, Victoria (Mgr.), 1985-87

Pless, Amy, 1981-84
Potter, Laurie, 1978-79

Powers, Wendy, 1986-89
Preston, Stephanie, 1994

Pritchard, Amy, 1986-89
Pritchett, Katy Nicole, 2006-09

Proctor, Pam, 1990-93
Proctor, Sarah, 2006-07

Purcell, Sarah Margaret, 1995-98

QQQ

Quinn, Kathleen, 2002-05

RRR

Ramsey, Leslie, 1992-95
Rankin, Tracey Lynn, 1996-99

Ray, Amy, 1989-90
Reardon, Emily, 2004-07

Rehm, Jennifer, 2001-04
Richards, Margaret, 1990,

1992-93
Robins, Barbara, 1979-80

Rogers, Val, 2000
Root, Eliza, 1992

Rosser, Angie, 1993-94
Rulis, Stefanie Marie, 1999-

2002

Ruscoe, Laura Bess, 2009

SSS

Salomon, Somer, 1993-95
Sanders, Leigh, 2000-03

Santorio, Gia, 2003-06
Sawyer, Staci, 1988-91

Schiffler, Erica Jean, 2008-09
Schlessman, Elizabeth Ann,

1996-99

Schmidt, Erika, 1985-88
Schultz, Patricia, 1986-87

Scoggins, Katie, 2000-01
Scott, Sarah, 2006-08

Scott, Sue, 1982-85
Seastrom, Theresa, 1989-92

Seawell, Jennifer, 1993
Shelton, Margarette (Mgr.),

1978

Sherwani, Soraya, 1984
Shirey, Cindy, 1979-81

Silva, Lauren, 2000-01
Skeen, Aimee, 1991-92

Smith, Amanda, 2003-06
Smith, Jenni (Mgr.), 1992,

1994-95

Smith, Kathy, 1982-83
Smith, Whitney, 2001-04

Smock, Becky, 2004-07
Sprague, Whitney Coulter,

2006-09
Stankavage, Sarah, 2007

Steeves, Megan Elizabeth, 2007-09

Steimel, Mary Jo, 1985-87
Steinbacher, Donna, 1987-88

Stephens, Janice (Mgr.), 1978-79

Stewart, Nicola J., 1993-96
Stiles, Heather Brooke, 1999-

2002

Stone, Danley, 2000
Stone, Mary, 1982-83

Strahl, Monica, 1985-88
Strasburger, Jennifer Wiley,

1997-2000
Stretcher, Susan A., 1994-96

Strickland, Jenny, 1981-84
Stroupe, Heather, 1983-86

Stroupe, Keira, 1986-89
Stubby, Elinor (Mgr.), 1981

Sullivan, Molly Elizabeth, 1999-2002

Swanson, Eriel Enuf, 2009
Szulc, Carrie, 1992-95

TTT

Tanner, Sarah Elizabeth, 2009
Terrill, Allison Lorraine, 1999

Thomas, Barbara, 2007-08
Thomas, Lori, 2002-03

Thompson, Nance, 1979-81
Tooher, Judith, 1978

Turlish, Hannah, 1988-91
Turner, Janna, 2000-03

VVV

Vayda, Catherine, 1978
Vilcins, Linda, 1982-85

Virag, Tammy, 1988-89
Vrana, Erica Anahid, 1998-

2001

WWW

Waddell, Lindsay, 2001-04
Wallace, Barbara, 1978

Waldo, Bethany Jane, 1999
Walsh, Susan E., 1981-84

Warcholik, Madelyn, 1978
Watkins, Christy, 2000-03

Weeks, Kelly, 2001-04
Weinberg, Wendy, 1979-80

Welker, Carol, 1981
Wentz, Ann, 1985-87

Williams, Holly, 1983-86
Williams, Martha, 1986-87,

1989

Willeboordse, Sandra, 1982
Wilson, Mona, 1983

Winde, Polly, 1983-86
Winde, Sally, 1979-82

Winthrow, Demi, 1992-93
Witter, Margie, 2000-03

Wittmer, Deana, 1995
Wong, Charlene, 2001-02

Woodruff, Kelly, 2005-08

YYY

Yadao, Cherie A., 1993-96
Young, Ellen, 1987-90

Ytterbo, Kirsten, 2004-05

Year	Overall W-L Record	Southern Conference Record	Southern Conference Finish	NCAA Finish	Head Coach
1938-39	2-4	2-3	7th		Dick Jamerson
1939-40	7-1	6-0	Champion		Dick Jamerson
1940-41	8-1	6-0	Champion		Dick Jamerson
1941-42	8-0	5-0	Champion	Tied 12th	Dick Jamerson
1942-43	8-1	7-0	Champion		Dick Jamerson
1943-44	6-0	2-0	Champion		Dick Jamerson
1944-45	4-0	1-0	Champion		Willis Casey
1945-46	4-3	1-0	Champion	Tied 5th	Ralph Casey & Willis Casey
1946-47	5-2	4-0	Champion		Dick Jamerson
1947-48	10-0	5-0	Champion	14th	Dick Jamerson
1948-49	6-1	3-0	Champion	9th	Ralph Casey
1949-50	8-2	4-0	Champion		Dick Jamerson
1950-51	12-0	5-0	Champion		Dick Jamerson
1951-52	11-0	5-0	Champion		Dick Jamerson
1952-53	9-0	4-0	Champion	Tied 5th	Dick Jamerson Ralph Casey
Southern Conference Totals	Overall	60-3 (.952)	14 Southern Conference Titles		
	W-L Record	Atlantic Coast	Atlantic Coast		
Year	W-L Record	Conference Record	Conference Finish	NCAA Finish	Head Coach
1953-54	8-2	4-2	2nd		Ralph Casey
1954-55	5-3	4-2	2nd	5th	Ralph Casey
1955-56	6-1	5-1	Co-Champion	12th	Ralph Casey
1956-57	9-0	7-0	Champion	6th	Ralph Casey
1957-58	11-0	8-0	Champion	Tied 14th	Pat Earey
1958-59	10-1	6-0	Champion		Pat Earey
1959-60	9-3	5-2	3rd		Pat Earey
1960-61	9-3	4-1	Tri-Champion		Pat Earey
1961-62	7-3	3-2	2nd	Tied 13th	Pat Earey
1962-63	11-4	6-1	Tri-Champion		Pat Earey
1963-64	12-2	7-0	Co-Champion	Tied 6th	Pat Earey
1964-65	12-2	6-1	2nd	Tied 20th	Pat Earey
1965-66	8-5	4-2	3rd	12th	Pat Earey
1966-67	9-3	5-1	2nd	9th	Pat Earey
1967-68	7-3	3-2	2nd	20th	Pat Earey
1968-69	7-4	5-1	2nd		Pat Earey
1969-70	8-5	5-1	3rd		Pat Earey
1970-71	7-5	5-2	3rd		Pat Earey
1971-72	6-6	4-2	3rd		Pat Earey
1972-73	6-6	4-1	2nd		Pat Earey
1973-74	6-4	4-1	2nd		Pat Earey
1974-75	6-4	4-1	2nd		Paul Doty
1975-76	6-3	4-2	2nd	28th	Jim Wood
1976-77	4-3	3-1	3rd	Tied 29th	Jim Wood
1977-78	5-5	4-1	2nd	Tied 26th	Frank Comfort
1978-79	5-5	3-1	2nd	25th	Frank Comfort
1979-80	8-4	5-1	2nd	22nd	Frank Comfort
1980-81	8-2	4-1	2nd	20th	Frank Comfort
1981-82	6-3	3-2	2nd	24th	Frank Comfort
1982-83	5-3	3-1	Champion	21st	Frank Comfort
1983-84	8-4	4-1	Tied 2nd	17th	Frank Comfort
1984-85	4-4	3-2	3rd	Tied 36th	Frank Comfort
1985-86	5-3	4-2	2nd	Tied 31st	Frank Comfort
1986-87	6-4	4-2	3rd		Frank Comfort
1987-88	9-1	5-0	Champion	19th	Frank Comfort
1988-89	8-2	4-1	Champion	39th	Frank Comfort
1989-90	11-2	6-0	2nd	30th	Frank Comfort
1990-91	9-1	5-0	Champion	21st	Frank Comfort
1991-92	9-2	5-2	3rd	18th	Frank Comfort
1992-93	10-4	6-1	Champion	14th	Frank Comfort
1993-94	12-2	7-0	Champion	31st	Frank Comfort
1994-95	9-5	5-1	Champion	32nd	Frank Comfort
1995-96	10-1	5-0	Champion	15th	Frank Comfort
1996-97	8-3	4-1	Champion	22nd	Frank Comfort
1997-98	7-2	5-0	Champion	Tied 30th	Frank Comfort
1998-99	10-2	4-1	3rd	30th	Frank Comfort
1999-2000	6-4	3-2	2nd	28th	Frank Comfort
2000-01	6-2	4-1	2nd		Frank Comfort
2001-02	5-4	3-2	3rd	31st	Frank Comfort
2002-03	9-4	5-2	3rd	32nd	Frank Comfort
2003-04	7-4-1	3-1-1	3rd	23rd	Frank Comfort
2004-05	10-2	5-1	4th	Tied 32nd	Frank Comfort
2005-06	6-3	4-1	3rd	Tied 41st	Frank Comfort
2006-07	5-3	4-1	3rd	27th	Frank Comfort
2007-08	6-2	4-0	2nd	Tied 29th	Rich DeSelm
2008-09	6-3	4-1	3rd	Tied 26th	Rich DeSelm
Overall & ACC Totals	535-183-1 (.745)	252-62-1 (.802)	17 ACC Titles	38 Top 30 Finishes	

Tar Heel Head Coaches



Ralph Casey & Dick Jamerson



Pat Earey



Frank Comfort



Rich DeSelm

Carolina Swimming and Diving • Women's Year-by-Year Records, Records Against Opponents, Diving Records

Year	Overall W-L Record	Atlantic Coast Conference Record	Atlantic Coast Conference Finish	NCAA Finish	Head Coach
1974-75	9-2				Maxine Forrest
1975-76	8-0			9th	Jim Wood
1976-77	3-1			7th	Jim Wood
1977-78	5-3			8th	Frank Comfort
1978-79	7-1	2-1	2nd	5th	Frank Comfort
1979-80	7-2	3-1	2nd	7th	Frank Comfort
1980-81	7-1	3-1	Champion	3rd	Frank Comfort
1981-82	11-0	5-0	Champion	3rd	Frank Comfort
1982-83	9-1	4-0	Champion	6th	Frank Comfort
1983-84	9-0	5-0	Champion	5th	Frank Comfort
1984-85	6-2	4-1	Champion	12th	Frank Comfort
1985-86	8-0	6-0	Champion	16th	Frank Comfort
1986-87	8-2	5-1	2nd	9th	Frank Comfort
1987-88	8-3	3-2	2nd	19th	Frank Comfort
1988-89	9-2	4-1	2nd	36th	Frank Comfort
1989-90	11-1	5-0	2nd	15th	Frank Comfort
1990-91	10-1	5-0	Champion	20th	Frank Comfort
1991-92	12-0	7-0	Champion	14th	Frank Comfort
1992-93	10-2	5-1	Champion	16th	Frank Comfort
1993-94	11-2	6-0	Champion	26th	Frank Comfort
1994-95	10-2	6-0	Champion	23rd	Frank Comfort
1995-96	10-2	5-0	Champion	18th	Frank Comfort
1996-97	8-3	4-1	2nd	16th	Frank Comfort
1997-98	7-3	5-0	2nd	12th	Frank Comfort
1998-99	7-4-1	2-3	2nd	20th	Frank Comfort
1999-2000	9-2	4-1	Champion	15th	Frank Comfort
2000-01	8-1	5-0	Champion	9th	Frank Comfort
2001-02	7-2	4-1	Champion	13th	Frank Comfort
2002-03	12-1	7-0	2nd	17th	Frank Comfort
2003-04	7-3	4-1	2nd	23rd	Frank Comfort
2004-05	9-3	4-2	3rd		Frank Comfort
2005-06	8-2	4-1	3rd	Tied 41st	Frank comfort
2006-07	8-1	5-0	Champion	30th	Frank Comfort
2007-08	6-3	3-1	2nd	Tied 32nd	Rich DeSelm
2008-09	6-3	4-1	2nd	20th	Rich DeSelm
Totals	290-61-1 (.825)	138-21 (.868)	16 ACC Titles	29 Top 30 Finishes	

Men's Dual-Meet Records Against Opponents		Women's Dual-Meet Records Against Opponents	
Alabama	0-2	Alabama	1-0
Army	0-3	Appalachian State	1-0
Auburn	0-3	Auburn	0-3
Brown	4-0	Brown	5-0
Bucknell	1-0	Bucknell	1-0
Clemson	45-5-1	Clemson	26-5
Cornell	1-0	Colorado State	1-0
Davidson	6-0	Davidson	2-0
Duke	72-2	Duke	35-0
East Carolina	47-1	East Carolina	23-0
Emory	8-0	Eastern Michigan	2-0
Emory & Henry	1-0	Emory	1-0
Florida	10-15	Florida	0-2
Florida State	8-11	Florida State	6-1
George Mason	1-0	George Mason	1-0
George Washington	1-0	Georgia	1-18
Georgia	11-16	Georgia Tech	1-0
Georgia Tech	19-1	Harvard	1-0
Harvard	1-1	Illinois	2-0
Illinois	2-0	James Madison	2-0
Johns Hopkins	8-0	Johns Hopkins	7-0
Kenyon	11-0	Kenyon	11-0
La Salle	3-1	Lehigh	6-0
Lehigh	6-0	Maryland	24-3
Louisiana State	1-0	Meredith	1-0
Maryland	39-10	Miami (Fla.)	2-0
Miami (Fla.)	4-1	Michigan	1-0
		Michigan (Ohio)	1-0
		Minnesota	2-13
		Navy	12-11
		Nebraska	1-0
		NC State	44-30
		UNC Wilmington	3-0
		North Dakota	3-0
		Northwestern	1-0
		Notre Dame	1-0
		Ohio State	0-3
		Old Dominion	1-0
		Penn State	3-0
		Pittsburgh	2-3
		Princeton	4-2
		Rider	1-0
		Rutgers	1-0
		South Carolina	24-8
		Southern Illinois	0-1
		Southern Methodist	1-2
		Tampa	1-0
		Tennessee	0-19
		Texas A&M	0-1
		Virginia	39-17
		VMI	21-1
		Virginia Tech	24-0
		Wake Forest	22-0
		Washington & Lee	4-0
		Westminster (Pa.)	1-0

One-Meter Diving Records	Three-Meter Diving Records
Men's School Record (6 dives): Ryan Funderburk, 345.85, 2006	Men's School Record (6 dives): Ryan Funderburk, 413.25, 2007
Women's School Record (6 dives): Mandi Arak, 283.50, 2005	Women's School Record (6 dives): Mandi Arak, 312.40, 2005
Koury Natatorium Men's Record (6 dives): Reuben Ross, Miami, 387.30, 2007	Koury Natatorium Men's Record (6 dives): Reuben Ross, Miami, 439.92, 2007
Koury Natatorium Women's Record (6 dives): Jenna Dreyer, Miami, 336.00, 2007	Koury Natatorium Women's Record (6 dives): Jenna Dreyer, Miami, 364.15, 2007
Men's School Platform Record (6 dives): David Solarz, 338.25, 2009	Women's School Platform Record (5 dives): Erica Schiffler, 260.85, 2008

50 Yard Freestyle

Name	Time	Year
1. Tod Schroeder	:20.06	1990
Kevin Erndl	:20.06	2001
3. Brad Hamilton	:20.09	2009
4. Mark Sedlak	:20.10	1993
5. Ted Brisson	:20.17	1998
6. Steve Cebertowicz	:20.19	2009
7. Tommy Wyher	:20.26	2009
8. Chris Jennings	:20.39	1997
9. Daniel Summerlin	:20.42	1994
10. Zach Swartz	:20.44	2006

100 Yard Freestyle

Name	Time	Year
1. Steve Cebertowicz	:43.91	2009
2. Evan Reed	:44.16	2009
Brad Hamilton	:44.16	2009
4. Daniel Summerlin	:44.26	1993
5. John Davis	:44.29	1990
6. Tod Schroeder	:44.46	1991
7. Ted Brisson	:44.47	1998
8. Ed Abele	:44.49	1998
9. Larry Bloch	:44.62	1988
10. Chris Jennings	:44.62	1997

200 Yard Freestyle

Name	Time	Year
1. John Davis	1:35.59	1990
2. Yann deFabrique	1:35.74	1993
3. David Monasterio	1:35.77	1991
4. Hank Browning	1:36.29	2006
5. Wil Singley	1:36.54	2009
6. Trevor Runberg	1:36.56	1997
7. Evan Reed	1:36.59	2009
8. Steve Cebertowicz	1:37.21	2009
9. James Hamrick	1:37.22	1993
10. Yuri Suguiyama	1:37.33	2004

500 Yard Freestyle

Name	Time	Year
1. Chip Peterson	4:18.18	2009
2. Yann deFabrique	4:18.91	1993
3. James Hamrick	4:18.96	1993
4. David Monasterio	4:19.53	1991
5. Yuri Suguiyama	4:19.92	2003
6. Hank Browning	4:19.99	2007
7. Trevor Runberg	4:20.49	1996
8. Wil Singley	4:21.07	2009
9. Joe Kinderwater	4:22.10	2009
10. Micah Copeland	4:22.07	1996

1000 Yard Freestyle

Name	Time	Year
1. Joe Kinderwater	8:56.28	2009
2. Chip Peterson	8:58.21	2009
3. Yuri Suguiyama	9:09.59	2001
4. Wil Singley	9:09.77	2009
5. Yann deFabrique	9:09.82	1995
6. James Hamrick	9:10.60	1992
7. Philip Owen	9:10.71	2008
8. David Monasterio	9:10.90	1993
9. Reid Owen	9:11.09	2004
Yi-Khy Saw	9:11.09	2008

1650 Yard Freestyle

Name	Time	Year
1. Joe Kinderwater	14:46.06	2009
2. Chip Peterson	14:48.86	2009
3. Yuri Suguiyama	15:05.10	2003
4. Wil Singley	15:06.52	2009
5. James Hamrick	15:07.36	1993
6. Philip Owen	15:10.73	2007
7. Hank Browning	15:10.75	2006
8. Sean Gowrie	15:13.34	1992
9. Stephen Mohr	15:13.87	2001
10. Reid Owen	15:14.30	2004

100 Yard Backstroke

Name	Time	Year
1. Tommy Wyher	:46.41	2009
2. Josh Haffkin	:47.76	2009
3. Ted Brisson	:48.10	1998
4. Keith Laabs	:48.59	2007
5. Drew Sechrist	:49.12	1995
Jim Flannery	:49.12	2009
7. Zach Swartz	:49.16	2008
8. Kert Johnson	:49.23	2001
9. Jeff James	:49.33	2009
10. Jon Albrecht	:49.44	2004

200 Yard Backstroke

Name	Time	Year
1. Tommy Wyher	1:42.40	2009
2. Josh Haffkin	1:44.47	2009
3. Keith Laabs	1:45.43	2007
4. Jeff James	1:45.63	2009
5. Trevor Runberg	1:46.13	1996
6. Jim Flannery	1:46.35	2009
7. Bryan Stuck	1:46.86	1994
8. Eric Ericson	1:47.67	1984
9. Eric Mohr	1:47.84	2005
10. Tom Schmelzer	1:47.97	1998

100 Yard Breaststroke

Name	Time	Year
1. Vinny Pryor	:54.35	2009
2. Gary Gauch	:54.99	1991
3. Steve Bonack	:55.03	1996
4. Scott Troy	:55.05	1996
5. Brad Mitchell	:55.13	2009
6. Sean Quinn	:55.14	2003
7. John Fischetti	:55.40	1991
8. Flynn Jones	:55.41	2009
9. Kevin Erndl	:55.42	2000
10. Aaron Burns	:55.64	2007

200 Yard Breaststroke

Name	Time	Year
1. Sean Quinn	1:56.39	2002
2. Tyler Harris	1:56.45	2009
3. Vinny Pryor	1:57.96	2009
4. Ethan Hall	1:58.79	1999
5. David Slawinski	1:58.95	2000
6. Jeff Weiss	1:58.98	1994
7. Steve Bonack	1:58.99	1996
8. Scott Troy	1:59.27	1996
9. Eric Fehr	1:59.65	1996
10. Brad Mitchell	2:00.38	2008

100 Yard Butterfly

Name	Time	Year
1. Tommy Wyher	:46.21	2009
2. Tucker Shade	:46.86	1998
3. Eddy Matkovic	:47.59	2003
4. Jason McLaughlin	:47.77	2009
5. Chris Jennings	:48.07	1997
6. Josh Glasco	:48.11	2005
7. Robert Grimmett-Norris	:48.15	2009
8. Jon Van Assen	:48.17	2006
9. William Keever	:48.25	1993
10. Dirk Marshall	:48.33	1986

200 Yard Butterfly

Name	Time	Year
1. Jason McLaughlin	1:44.37	2009
2. Josh Glasco	1:44.60	2004

3. David Monasterio	1:45.30	1991
4. Yann deFabrique	1:46.12	1992
5. Tucker Shade	1:46.72	1996
6. Tyler Harris	1:47.06	2009
7. Chris Stevenson	1:47.14	1985
8. Robert Grimmett-Norris	1:47.26	2009
9. David Weeks	1:47.39	2000
10. Tim Shea	1:47.52	1985

200 Yard Individual Medley

Name	Time	Year
1. Tyler Harris	1:44.86	2009
2. John Davis	1:47.33	1990
3. Daniel Summerlin	1:47.75	1994
4. Chris Helin	1:47.81	2000
5. Vinny Pryor	1:48.45	2009
6. Eric Fehr	1:48.61	1997
7. Tom Schmelzer	1:48.66	1997
8. Tucker Shade	1:48.96	1996
9. John Fischetti	1:49.19	1991
10. Jeff James	1:49.23	2007

400 Yard Individual Medley

Name	Time	Year
1. Tyler Harris	3:43.52	2009
2. Andy Brake	3:50.77	2009
3. Daniel Summerlin	3:50.91	1994
4. Chip Peterson	3:51.36	2009
5. Chris Helin	3:51.73	2002
6. Eric Fehr	3:52.34	1996
7. Stephen Mohr	3:52.56	2001
8. Joe Kinderwater	3:52.70	2009
9. Mark Seidman	3:52.99	1999
10. David Slawinski	3:53.04	2000

One-Meter Springboard Diving

6 Optional Format Began '00-'01

Name	Score	Year
1. David Solarz	355.90 [^]	2008
2. David MacDonald	353.10 [^]	2008
3. Ryan Funderburk	347.40*	2005
4. Jon Fox	337.80*	2006
5. Ben Herboth	331.50*	2005
6. Austin Bradyhouse	329.35 [^]	2008
7. Eric Poitras	322.70*	2002
8. Stephen Krebs	313.60*	2002
9. Ryan Matuszak	303.85 [^]	2004
10. Alex Kenley	288.75 [^]	2008

Three-Meter Springboard Diving

6 Optional Format Began '05-'06

Name	Score	Year
1. Ryan Funderburk	413.25 [^]	2007
2. David Solarz	394.00*	2009
3. David MacDonald	387.70 [^]	2008
4. Jon Fox	349.30 [^]	2006
5. Alex Kenley	338.20 [^]	2008
6. Austin Bradyhouse	319.65 [^]	2008
7. Ryan Matuszak	311.25*	2006
8. Mike Kelly	292.50 [^]	2007
9. Erich Gloege	285.55 [^]	2005
10. Josh Weavil	270.10*	2006

10-Meter Platform Diving

Format Began '05-'06

Scored at ACC's Starting '08

Name	Score	Year
1. David Solarz	338.25*	2009
2. Ryan Funderburk	306.00*	2008
3. Alex Kenley	236.35*	2009
4. David MacDonald	233.45*	2009
5. Ryan Matuszak	175.85*	2006
6. Mike Kelly	173.50 [^]	2009

Diving Codes

School Records Underlined

* - Championship List Meet (ACC, ZONES, NCAA); [^] - Invitational (Nike Cup, Univ. Georgia, etc.) Note: School Records can only be broken at a Championship list competition (ACC's, Zones, NCAA) or credible Invitational.



Yuri Suguiyama ranks in the Top 5 of three different distance freestyle events in UNC history.

50 Yard Freestyle

Name	Time	Year
1. Richelle Fox	:22.40	1998
2. Rebecca Kane	:22.41	2009
3. Christy Watkins	:22.45	2002
4. Kelsey Morrissy	:22.67	2008
5. Megan Steeves	:22.70	2009
6. Sarah Perroni	:22.72	1993
7. Erika Acuff	:22.86	2001
8. Melissa Douse	:22.95	1992
9. Jessi Perruquet	:22.95	2004
10. Sue Walsh	:22.96	1983

100 Yard Freestyle

Name	Time	Year
1. Richelle Fox	:48.89	1998
2. Rebecca Kane	:49.08	2009
3. Jessi Perruquet	:49.30	2002
Megan Steeves	:49.30	2009
5. Kelsey Morrissy	:49.37	2008
6. Kari Haag	:49.53	1995
7. Sarah Perroni	:49.68	1992/93
8. Christy Watkins	:49.71	2002
9. Eliza Butts	:49.72	2009
10. Melissa Douse	:50.14	1992

200 Yard Freestyle

Name	Time	Year
1. Jessi Perruquet	1:45.01	2003
2. Kari Haag	1:46.28	1995
3. Katura Harvey	1:46.94	2009
4. Richelle Fox	1:47.29	1996
5. Rebecca Kane	1:47.34	2009
6. Eliza Butts	1:47.50	2009
7. Kelsey Morrissy	1:47.73	2008
8. Megan Steeves	1:48.08	2009
9. Virginia Hanson	1:48.33	2005
10. Whitney Sprague	1:48.36	2007

500 Yard Freestyle

Name	Time	Year
1. Whitney Sprague	4:38.72	2009
2. Katura Harvey	4:39.12	2009
3. Chrissy Miller	4:44.97	1998
4. Kelly Weeks	4:46.97	2003
5. Katelyn Martin	4:47.21	2009
6. Jessi Perruquet	4:48.05	2001
7. Ashley Howard	4:48.16	2009
8. Leslie Ramsey	4:48.44	1995
9. Whitney Smith	4:48.61	2002
10. Trish McHardy	4:48.76	1992

1000 Yard Freestyle

Name	Time	Year
1. Whitney Sprague	9:33.45	2009
2. Katura Harvey	9:37.57	2009
3. Katelyn Martin	9:46.29	2009
4. Polly Winde	9:49.55	1983
5. Chrissy Miller	9:50.10	1998
6. Nicole O'Donnell	9:51.00	2005
7. Hannah Turlish	9:52.05	1988
8. Whitney Smith	9:52.47	2003
9. Molly Sullivan	9:53.88	2001
10. Leslie Ramsey	9:55.65	1994

1650 Yard Freestyle

Name	Time	Year
1. Whitney Sprague	15:46.57	2009
2. Katura Harvey	15:56.77	2009
3. Katelyn Martin	16:13.56	2009
4. Nicole O'Donnell	16:13.88	2005
5. Chrissy Miller	16:17.88	1996
6. Hannah Turlish	16:24.39	1988
7. Molly Sullivan	16:26.33	2001
8. Whitney Smith	16:26.69	2003
9. Lindsay McIlvain	16:27.37	2007
10. Polly Winde	16:29.48	1983

100 Yard Backstroke

Name	Time	Year
1. Christy Watkins	:53.92	2000
2. Candace Cooper	:53.98	2009

3. Summer Mack	:54.05	2001
4. Sarah List	:54.13	2009
5. Kimmy Davis	:54.29	2009
6. Megan Steeves	:54.37	2009
7. Sue Walsh	:54.74	1983
8. Betsy Mitchell	:55.55	1984
9. Caroline Hartmann	:55.57	2009
10. Meagan Eickman	:55.64	2007

200 Yard Backstroke

Name	Time	Year
1. Ashley Howard	1:55.45	2009
2. Laura Collier	1:57.83	2003
3. Candace Cooper	1:57.91	2009
4. Summer Mack	1:58.22	2000
5. Sarah List	1:58.41	2009
6. Megan Steeves	1:58.62	2009
7. Taylor McFarlane	1:58.67	2007
8. Tracey Barrett	1:58.68	1998
9. Sue Walsh	1:58.82	1984
10. Caroline Hartmann	1:58.83	2009

100 Yard Breaststroke

Name	Time	Year
1. Layne Brodie	1:00.02	2009
2. Katie Hathaway	1:00.89	2002
3. Becky Acker	1:02.17	2002
4. Alison Clemens	1:02.01	2009
5. Katie Keel	1:02.58	2009
6. Lizzy Bruce	1:02.84	2003
7. Jenny Strickland	1:03.21	1984
8. Janna Turner	1:03.48	2000
9. Laura Moriarty	1:03.76	2009
10. Katie Marsh	1:03.77	2009

200 Yard Breaststroke

Name	Time	Year
1. Layne Brodie	2:10.04	2009
2. Katie Hathaway	2:11.12	2002
Laura Moriarty	2:11.12	2009
4. Becky Acker	2:12.86	2002
5. Alison Clemens	2:13.21	2008
6. Lizzy Bruce	2:14.70	2004
7. Erika Acuff	2:15.67	2001
8. Polly Winde	2:16.34	1984
9. Janna Turner	2:16.74	2000
10. Katie Keel	2:16.84	2009

100 Yard Butterfly

Name	Time	Year
1. Richelle Fox	:52.34	1997
2. Melanie Buddemeyer	:53.91	1985
3. Sarah Tanner	:54.00	2009
4. Lindsey Marck	:54.08	2006
5. Summer Mack	:54.55	2000
6. Kimmy Davis	:54.61	2009
7. Barb Harris	:55.04	1982
8. Kerianne McAfee	:55.05	2009
9. Laura Ruscoe	:55.11	2009
10. Christy Watkins	:55.23	2000

200 Yard Butterfly

Name	Time	Year
1. Kelly Weeks	1:57.66	2003
2. Enuf Swanson	1:57.88	2009
3. Melanie Buddemeyer	1:58.04	1985
4. Lindsey Marck	1:58.79	2004
5. Kelly McLaughlin	1:59.42	2000
6. Ilana Kavadlo	1:59.42	2000
7. Chrissy Miller	1:59.81	1997
8. Melissa Fiss	1:59.88	2001
9. Molly Freedman	1:59.89	2001
10. Laura Ruscoe	2:00.05	2009

200 Yard Individual Medley

Name	Time	Year
1. Layne Brodie	1:57.88	2009
2. Erika Acuff	1:59.57	2001
3. Katie Hathaway	1:59.67	2001
4. Sarah Tanner	1:59.68	2009
5. Alison Clemens	2:00.76	2009
6. Laura Moriarty	2:00.91	2009

7. Richelle Fox	2:00.94	1996
8. Marie Pesacreta	2:01.84	2009
9. Amy Pless	2:02.17	1984
10. Polly Winde	2:02.27	1983

400 Yard Individual Medley

Name	Time	Year
1. Laura Moriarty	4:10.85	2009
2. Polly Winde	4:11.32	1984
3. Erika Acuff	4:14.18	2001
4. Katie Hathaway	4:14.40	1999
5. Lauren Silva	4:15.66	2000
6. Chrissy Miller	4:16.39	1998
7. Kelly Woodruff	4:16.68	2005
8. Carrie Szulc	4:17.01	1993
9. Kristin Zozeau	4:18.61	1998
10. Amanda Smith	4:18.62	2006

One-Meter Springboard Diving

6 Optional Format Began '00-'01

Name	Score	Year
1. Jenna Moore	293.20 [^]	2008
2. Mandi Arak	283.50 [^]	2005
3. Kristin Arnold	282.00 [^]	2008
4. Laura Filip	280.45 [*]	2007
5. Gia Santoro	279.70 [*]	2005
6. Erika Matheis	272.85 [*]	2007
7. Lauren Karatanevski	260.20 [*]	2006
8. Kaci Hollingsworth	259.55 [^]	2008
9. Erica Schiffler	257.50 [*]	2008
10. Jennifer Rehm	247.00 [*]	2001

Three-Meter Springboard Diving

6 Optional Format Began '05-'06

Name	Score	Year
1. Mandi Arak	312.40 [^]	2005
2. Erika Matheis	301.60 [^]	2007
3. Laura Filip	297.20 [^]	2007
4. Jenna Moore	291.05 [^]	2008
5. Kristin Arnold	279.00 [^]	2008
6. Erica Schiffler	276.55 [^]	2007
7. Kate Lewis	276.35 [^]	2005
8. Lauren Karatanevski	274.60 [^]	2006
9. Gia Santoro	262.45 [^]	2005
10. Kaci Hollingsworth	258.95 [^]	2008

10-Meter Platform Diving

Format Began '05-'06

Scored at ACC's Starting '08

Name	Score	Year
1. Erica Schiffler	260.85 [*]	2008
2. Kaci Hollingsworth	207.66 [*]	2009
3. Kristin Arnold	197.30 [*]	2009
4. Laura Filip	175.65 [*]	2007
5. Jenna Moore	168.40 [*]	2009
6. Erika Matheis	133.50 [*]	2008

Diving Codes

School Records Underlined

* - Championship List Meet (ACC, ZONES, NCAA); ^ - Invitational (Nike Cup, Univ. Georgia, etc.) Note: School Records can only be broken at a Championship list competition (ACC's, Zones, NCAA) or credible Invitational.



Whitney Sprague ranks No. 1 in the 500-, 1000- and 1650-yard freestyles in UNC history.

Women's Swimming Short Course Team Records

Event	Time	Name	Year
50 Free	22.40	Richelle Fox	1998
100 Free	48.89	Richelle Fox	1998
200 Free	1:45.01	Jessi Perruquet	2003
500 Free	4:38.72	Whitney Sprague	2009
1000 Free	9:33.45	Whitney Sprague	2009
1650 Free	15:46.57	Whitney Sprague	2009
100 Back	53.92	Christy Watkins	2000
200 Back	1:55.45	Ashley Howard	2009
100 Breast	1:00.02	Layne Brodie	2009
200 Breast	2:10.04	Layne Brodie	2009
100 Fly	52.34	Richelle Fox	1997
200 Fly	1:57.66	Kelly Weeks	2003
200 IM	1:57.88	Layne Brodie	2009
400 IM	4:10.85	Laura Moriarty	2009
200 Free Relay	1:30.24	Rebecca Kane (22.59), Megan Steeves (22.42), Eliza Butts (22.61), Sarah Tanner (22.62)	2009
400 Free Relay	3:17.10	Rebecca Kane (49.38), Eliza Butts (49.16), Megan Steeves (48.95), Katura Harvey (49.60)	2009
800 Free Relay	7:08.07	Megan Steeves (1:48.08), Rebecca Kane (1:46.99), Eliza Butts (1:47.90), Katura Harvey (1:45.10)	2009
200 Medley Relay	1:38.99	Kimmy Davis (25.53), Layne Brodie (27.35), Sarah Tanner (23.98), Eliza Butts (22.13)	2009
400 Medley Relay	3:36.79	Kimmy Davis (54.97), Layne Brodie (59.73), Sarah Tanner (53.37), Rebecca Kane (48.52)	2009

Men's Swimming Short Course Team Records

Event	Time	Name	Year
50 Free	20.06	Tod Schroeder	1990
	20.06	Kevin Erndl	2001
100 Free	43.91	Steve Cebertowicz	2009
200 Free	1:35.59	John Davis	1990
500 Free	4:18.18	Chip Peterson	2009
1000 Free	8:56.28	Joe Kinderwater	2009
1650 Free	14:46.06	Joe Kinderwater	2009
100 Back	46.41	Tommy Wyher	2009
200 Back	1:42.40	Tommy Wyher	2009
100 Breast	54.35	Vinny Pryor	2009
200 Breast	1:56.39	Sean Quinn	2002
100 Fly	46.21	Tommy Wyher	2009
200 Fly	1:44.37	Jason McLaughlin	2009
200 IM	1:44.86	Tyler Harris	2009
400 IM	3:43.52	Tyler Harris	2009
200 Free Relay	1:18.97	Brad Hamilton (20.29), Steve Cebertowicz (19.62), Jeff James (19.08), Evan Reed (19.98)	2009
400 Free Relay	2:55.53	Evan Reed (44.31), Steve Cebertowicz (43.79), Brad Hamilton (43.91), Jeff James (43.52)	2009
800 Free Relay	6:25.38	Evan Reed (1:36.81), Hank Browning (1:36.80), Tyler Harris (1:37.03), Chip Peterson (1:34.74)	2009
200 Medley Relay	1:27.01	Tommy Wyher (21.70), Brad Mitchell (24.53), Tyler Smith (21.15), Steve Cebertowicz (19.63)	2009
400 Medley Relay	3:12.41	Tommy Wyher (47.40), Vinny Pryor (53.88), Jason McLaughlin (47.63), Jeff James (43.50)	2009

Women's Swimming Long Course Meters Team Records

Event	Time	Name	Meet	Year
50 Free	25.42	Kari Haag Woodall	USS Championships	2001
100 Free	54.59	Erika Acuff Erndl	US Open	2009
200 Free	1:58.92	Erika Acuff Erndl	US Olympic Trials	2009
400 Free	4:13.63	Whitney Sprague	Charlotte UltraSwim	2008
800 Free	8:32.71	Whitney Sprague	World University Games	2009
1500 Free	16:29.04	Whitney Sprague	World University Games	2009
100 Back	1:02.48	Sue Walsh	USS Championships	1982
			Pan American Games	1983
200 Back	2:13.86	Sue Walsh	USS Championships	1983
100 Breast	1:10.79	Katie Hathaway	Southern Sectionals	2001
200 Breast	2:31.75	Katie Hathaway	Southern Sectionals	2001
100 Fly	59.55	Richelle Fox	Pan Pacific Games	1997
200 Fly	2:12.27	Melanie Buddemeyer	USS Championships	1987
200 IM	2:13.72	Erika Acuff Erndl	US Open	2009
400 IM	4:47.06	Erika Acuff Erndl	US Olympic Trials	2008

Men's Swimming Long Course Meters Team Records

Event	Time	Name	Meet	Year
50 Free	23.17	Tod Schroeder	USS Championships	1989
100 Free	50.58	Steve Cebertowicz	US Open	2009
200 Free	1:50.04	Yann deFabrique	World University Games	1995
400 Free	3:52.74	Chip Peterson	USS Championships	2007
800 Free	8:02.59	Chip Peterson	Santa Clara Grand Prix	2007
1500 Free	15:12.33	Chip Peterson	Pan American Games	2007
100 Back	55.44	Tommy Wyher	World Championships Trials	2009
200 Back	2:01.47	Trevor Runberg	US Olympic Trials	1996
100 Breast	1:03.17	Sean Quinn	USS Championships	2001
200 Breast	2:14.92	Sean Quinn	USS Championships	2002
100 Fly	53.56	Tommy Wyher	World Championships Trials	2009
200 Fly	1:59.93	Tom Luchsinger	World Championships Trials	2009
200 IM	2:03.13	Tyler Harris	US Open	2009
400 IM	4:21.49	Tyler Harris	US Open	2009

		ACC Men's Swimming & Diving Records		
50 Freestyle	Conference:	19.07	Cullen Jones, NC State	2/26/06
	ACC Meet:	19.07	Cullen Jones, NC State	2/26/06
100 Freestyle	Conference:	42.94	Scot Robinson, Virginia	2/28/09
	ACC Meet:	42.94	Scot Robinson, Virginia	2/28/09
200 Freestyle	Conference:	1:32.80	Matt McLean, Virginia	2/27/09
	ACC Meet:	1:32.80	Matt McLean, Virginia	2/27/09
500 Freestyle	Conference:	4:10.00	Matt McLean, Virginia	2/26/09
	ACC Meet:	4:10.00	Matt McLean, Virginia	2/26/09
1000 Freestyle	Conference:	8:46.50	Matt McLean, Virginia	2/28/09
	Conference:	14:35.12	Matt McLean, Virginia	2/28/09
1650 Freestyle	Conference:	14:35.12	Matt McLean, Virginia	2/28/09
	ACC Meet:	14:35.12	Matt McLean, Virginia	2/28/09
100 Backstroke	Conference:	46.41	Tommy Wyher, North Carolina	2/27/09
	ACC Meet:	46.41	Tommy Wyher, North Carolina	2/27/09
200 Backstroke	Conference:	1:41.14	Andy Hodgson, Florida State	2/28/09
	ACC Meet:	1:41.14	Andy Hodgson, Florida State	2/28/09
100 Breaststroke	Conference:	52.60	Ed Moses, Virginia	2/26/00
	ACC Meet:	52.60	Ed Moses, Virginia	2/26/00
200 Breaststroke	Conference:	1:53.93	Ryan Hurley, Virginia	3/28/09
	ACC Meet:	1:54.79	Gary Marshall, Virginia	2/27/02
100 Butterfly	Conference:	46.21	Tommy Wyher, North Carolina	2/27/09
	ACC Meet:	46.21	Tommy Wyher, North Carolina	2/27/09
200 Butterfly	Conference:	1:42.84	Michael Raab, Virginia	2/26/03
	ACC Meet:	1:43.51	Pat Reams, Virginia	2/28/09
200 Individual Medley	Conference:	1:42.79	Gal Nevo, Georgia Tech	3/26/09
	ACC Meet:	1:43.34	Gal Nevo, Georgia Tech	2/28/09
400 Individual Medley	Conference:	3:38.00	Gal Nevo, Georgia Tech	3/27/09
	ACC Meet:	3:39.33	Gal Nevo, Georgia Tech	2/27/09
One-Meter Diving	Conference:	453.10	Reuben Ross, Miami	2/20/09
	ACC Meet:	453.10	Reuben Ross, Miami	2/20/09
Three-Meter Diving	Conference:	474.30	Reuben Ross, Miami	2/19/09
	ACC Meet:	474.30	Reuben Ross, Miami	2/19/09
Platform Diving	Conference:	452.75	Reuben Ross, Miami	3/28/09
	ACC Meet:	434.50	Dan Frebel, Florida State	2/21/09
200 Free Relay	Conference:	1:17.84	Georgia Tech (Mauricio Sousa, Nigel Plummer, Noah Copeland, Garrett Robberson)	2/26/09
	ACC Meet:	1:17.84	Georgia Tech (Mauricio Sousa, Nigel Plummer, Noah Copeland, Garrett Robberson)	2/26/09
400 Free Relay	Conference:	2:51.50	Virginia (Scot Robison, Peter Geissinger, John Azar, Matt McLean)	2/28/09
	ACC Meet:	2:51.50	Virginia (Scot Robison, Peter Geissinger, John Azar, Matt McLean)	2/28/09
800 Free Relay	Conference:	6:15.02	Virginia (John Azar, David Karasek, Scot Robison, Matt McLean)	2/25/09
	ACC Meet:	6:15.02	Virginia (John Azar, David Karasek, Scot Robison, Matt McLean)	2/25/09
200 Medley Relay	Conference:	1:25.99	Virginia (Eric Olesen, Ryan Hurley, Lee Robertson, Scot Robison)	3/27/09
	ACC Meet:	1:26.00	Georgia Tech (Ilia Ayzenshtok, Mickey Malul, Sully Lynch, Mauricio Sousa)	2/25/09
400 Medley Relay	Conference:	3:08.51	Virginia (Eric Olesen, Ryan Hurley, Lee Robertson, Scot Robison)	2/27/09
	ACC Meet:	3:08.51	Virginia (Eric Olesen, Ryan Hurley, Lee Robertson, Scot Robison)	2/27/09
		ACC Women's Swimming & Diving Records		
50 Freestyle	Conference:	21.96	Sara Smith, Virginia Tech	2/19/09
	ACC Meet:	21.96	Sara Smith, Virginia Tech	2/19/09
100 Freestyle	Conference:	48.10	Sara Smith, Virginia Tech	2/21/09
	ACC Meet:	48.10	Sara Smith, Virginia Tech	2/21/09
200 Freestyle	Conference:	1:44.74	Michelle Parkhurst, Clemson	2/20/08
	ACC Meet:	1:44.74	Michelle Parkhurst, Clemson	2/20/08
500 Freestyle	Conference:	4:38.72	Whitney Sprague, North Carolina	3/19/09
	ACC Meet:	4:39.12	Katura Harvey, North Carolina	2/19/09
1000 Freestyle	Conference:	9:33.45	Whitney Sprague, North Carolina	3/21/09
	Conference:	15:46.57	Whitney Sprague, North Carolina	3/21/09
1650 Freestyle	Conference:	15:46.57	Whitney Sprague, North Carolina	3/21/09
	ACC Meet:	15:56.50	Ashley Twichell, Duke	2/21/09
100 Backstroke	Conference:	51.58	Mei Christensen, Virginia	3/20/09
	ACC Meet:	51.79	Mei Christensen, Virginia	2/20/09
200 Backstroke	Conference:	1:52.22	Mei Christensen, Virginia	2/21/09
	ACC Meet:	1:52.22	Mei Christensen, Virginia	2/21/09
100 Breaststroke	Conference:	1:00.02	Layne Brodie, North Carolina	2/21/09
	ACC Meet:	1:00.02	Layne Brodie, North Carolina	2/21/09
200 Breaststroke	Conference:	2:10.04	Layne Brodie, North Carolina	2/22/09
	ACC Meet:	2:10.04	Layne Brodie, North Carolina	2/22/09
100 Butterfly	Conference:	52.34	Richelle Fox, North Carolina	2/18/97
	ACC Meet:	52.48	Megan Evo, Virginia	2/20/09
200 Butterfly	Conference:	1:54.59	Megan Evo, Virginia	2/21/09
	ACC Meet:	1:54.59	Megan Evo, Virginia	2/21/09
200 Individual Medley	Conference:	1:56.17	Megan Evo, Virginia	2/19/09
	ACC Meet:	1:56.17	Megan Evo, Virginia	2/19/09
400 Individual Medley	Conference:	4:08.78	Claire Crippen, Virginia	2/20/09
	ACC Meet:	4:08.78	Claire Crippen, Virginia	2/20/09
One-Meter Diving	Conference:	379.98	Jenna Dreyer, Miami	3/3/07
	ACC Meet:	341.85	Brittany Viola, Miami	2/19/09
Three-Meter Diving	Conference:	414.45	Abby Johnston, Duke	2/20/09
	ACC Meet:	414.45	Abby Johnston, Duke	2/20/09
Platform Diving	Conference:	367.20	Brittany Viola, Miami	3/16/08
	ACC Meet:	361.85	Brittany Viola, Miami	2/21/09
200 Free Relay	Conference:	1:29.12	Virginia (Mei Christensen, Kristen Wallace, Megan Evo, Hannah Davis)	3/20/09
	ACC Meet:	1:29.33	Virginia (Mei Christensen, Kristen Wallace, Megan Evo, Hannah Davis)	2/19/09
400 Free Relay	Conference:	3:15.22	Virginia (Mei Christensen, Kristen Wallace, Kristen Moores, Megan Evo)	2/21/09
	ACC Meet:	3:15.22	Virginia (Mei Christensen, Kristen Wallace, Kristen Moores, Megan Evo)	2/21/09
800 Free Relay	Conference:	7:05.72	Virginia (Megan Evo, Liz Shaw, Kristen Wallace, Jenna Harris)	2/18/09
	ACC Meet:	7:05.72	Virginia (Megan Evo, Liz Shaw, Kristen Wallace, Jenna Harris)	2/18/09
200 Medley Relay	Conference:	1:37.50	Virginia (Mei Christensen, Katherine McDonnell, Liz Shaw, Kristen Wallace)	2/18/09
	ACC Meet:	1:37.50	Virginia (Mei Christensen, Katherine McDonnell, Liz Shaw, Kristen Wallace)	2/18/09
400 Medley Relay	Conference:	3:32.74	Virginia (Mei Christensen, Katherine McDonnell, Megan Evo, Kristen Wallace)	3/19/09
	ACC Meet:	3:33.49	Virginia (Mei Christensen, Katherine McDonnell, Liz Shaw, Megan Evo)	2/20/09

2009-10 Men's NCAA Division I Swimming & Diving Time Standards

	Short Course Yards		Short Course Meters		Long Course Meters	
	A Standard	B Standard	A Standard	B Standard	A Standard	B Standard
50 Free	19.35	20.31	21.60	22.67	22.51	23.62
100 Free	42.26	44.37	47.17	49.53	48.97	51.42
200 Free	1:33.61	1:38.29	1:44.48	1:49.70	1:48.22	1:53.64
500 Free	4:15.68	4:28.46	3:43.70	3:54.88	3:51.39	4:02.95
1650 Free	14:51.15	15:35.70	14:48.39	15:32.91	15:23.48	16:09.64
100 Fly	46.04	48.34	51.39	53.96	53.05	55.70
200 Fly	1:42.95	1:48.09	1:54.90	2:00.64	1:58.88	2:04.82
100 Back	46.69	49.02	52.11	54.72	55.92	58.71
200 Back	1:41.53	1:46.60	1:53.32	1:58.98	1:59.59	2:05.57
100 Breast	52.87	55.51	59.01	1:01.96	1:01.77	1:04.85
200 Breast	1:54.25	1:59.96	2:07.52	2:13.89	2:13.16	2:19.82
200 IM	1:44.13	1:49.33	1:56.22	2:02.03	2:01.51	2:07.58
400 IM	3:44.88	3:56.12	4:10.99	4:23.53	4:19.98	4:32.98
200 Free Relay	1:17.69	1:21.57	1:26.71	1:31.04	1:30.34	1:34.85
400 Free Relay	2:52.47	3:01.09	3:12.49	3:22.12	3:19.85	3:29.84
800 Free Relay	6:23.26	6:42.42	7:07.75	7:29.14	7:22.06	7:44.16
200 Med Relay	1:25.66	1:29.94	1:35.61	1:40.39	1:39.84	1:44.83
400 Med Relay	3:08.22	3:17.63	3:30.07	3:40.58	3:39.89	3:50.88

1-Meter Diving Points–Dual 290.00* | 300.00***

3-Meter Diving Points–Dual 310.00* | 320.00***

Platform Diving Points–Dual 290.00* | 300.00***

*Qualifying point total when using a 1 voluntary + 5 optional Dual Meet List

*** Qualifying point total when using six optional dives with standard D.D.

2009-10 Women's NCAA Division I Swimming & Diving Time Standards

	Short Course Yards		Short Course Meters		Long Course Meters	
	A Standard	B Standard	A Standard	B Standard	A Standard	B Standard
50 Free	21.93	23.02	24.48	25.70	25.18	26.44
100 Free	47.84	50.23	53.40	56.07	54.74	57.48
200 Free	1:44.02	1:49.22	1:56.10	2:01.90	1:59.02	2:04.97
500 Free	4:38.46	4:52.41	4:03.63	4:15.83	4:10.42	4:22.96
1650 Free	15:53.38	16:41.04	15:50.53	16:38.05	16:17.83	17:06.71
100 Fly	52.02	54.62	58.06	1:00.97	59.32	1:02.29
200 Fly	1:54.95	2:00.69	2:08.30	2:14.70	2:10.48	2:17.00
100 Back	53.01	55.66	59.17	1:02.13	1:02.15	1:05.26
200 Back	1:53.37	1:59.24	2:06.53	2:13.09	2:12.29	2:19.14
100 Breast	59.99	1:02.98	1:06.96	1:10.30	1:08.96	1:12.40
200 Breast	2:10.32	2:16.83	2:25.45	2:32.70	2:28.43	2:35.85
200 IM	1:56.13	2:01.93	2:09.61	2:16.09	2:13.95	2:20.64
400 IM	4:07.33	4:19.69	4:36.04	4:49.84	4:42.35	4:56.46
200 Free Relay	1:28.35	1:32.76	1:38.61	1:43.53	1:41.44	1:46.50
400 Free Relay	3:14.93	3:24.67	3:37.56	3:48.43	3:43.04	3:54.18
800 Free Relay	7:02.07	7:23.17	7:51.07	8:14.62	8:02.92	8:27.07
200 Med Relay	1:37.81	1:42.70	1:49.17	1:54.63	1:52.36	1:58.19
400 Med Relay	3:32.56	3:43.18	3:57.24	4:09.09	4:03.21	4:17.13

1-Meter Diving Points–Dual 255.00* | 265.00***

3-Meter Diving Points–Dual 270.00* | 280.00***

Platform Diving Points–Dual 260.00* | 225.00###

*Qualifying point total when using a 1 voluntary + 5 optional Dual Meet List

***Qualifying point total when using six optional dives with standard D.D.

###Qualifying point total when using five optional dives with standard D.D.

**Women's Swimming and Diving
Endowed Scholarship List**

Scholarship Name: Don and Mary Ann Fisher
2009-10 Student Athlete: Carly Smith, Freshman, Chapel Hill, N.C.

Background Info: Although neither Don nor Mary Ann Fisher attended The University of North Carolina, they have become big Tar Heel fans. The Fishers reside in Rocky Mount, N.C.

Scholarship Name: Caroline Elizabeth Murphy
2009-10 Student Athlete: Kristin Arnold, Sophomore, Miami, Fla.

Background Info: Mike and Fran Murphy endowed the Carolina Elizabeth Murphy Scholarship in honor of their daughter who likes the sport of swimming. Mike graduated from UNC in 1984. He is a former member of The Educational Foundation's Board of Directors. The Murphys reside in Raleigh, N.C.

Scholarship Name: Tom and Lou Grady
2009-10 Student-Athlete: Brooke Atkinson, Sophomore, Boca Raton, Fla.

Background Info: Tom and Lou Grady of Chapel Hill, N.C. endowed this scholarship. Tom received his B.A. in History and Political Science in 1965 from UNC and Lou received her B.A. in Education the same year.

Scholarship Name: Gary, Jennifer, Annabelle and Olivia Kayye
2009-10 Student Athlete: Allison Barnes, Junior, Bel Air, Md.

Background Info: Gary Kayye and his wife Jennifer endowed the scholarship. Gary received his journalism degree from Carolina in 1987. He is the owner of Chapel Hill Home Theater Design. The Kayyes reside in Chapel Hill with their two daughters Annabelle and Olivia who both swim for the North Carolina Aquatic Club at Koury Natatorium.

Scholarship Name: H. Glenn White, Jr. and Family
2009-10 Student Athlete: Allison Barnes, Junior, Bel Air, Md.

Background Info: H. Glenn White, Jr. is a 1951 graduate of The University of North Carolina. He is the president of White Oil Company. His son received his A.B. from Carolina in 1976 and his J.D. in 1979. Glenn resides in Cary, N.C.

Scholarship Name: Francis M. Dunn
2009-10 Student Athlete: Chay Malvasio, Freshman, Columbia, S.C.

Background Info: F.M. "Marshall" Dunn, Jr. is a 1966 graduate of The University of North Carolina. He is the president of Piggly Wiggly Supermarkets of Rocky Mount, N.C. Marshall resides in Pinetops, N.C.

Scholarship Name: C. Austin Stephens
2009-10 Student Athlete: Layne Brodie, Sophomore, Atlanta, Ga.

Background Info: Although he is a Georgia Tech supporter, Charles Stephens, endowed this scholarship in honor of his son, C. Austin Stephens. Austin is a 1997 UNC graduate. He resides in Atlanta, Ga., and is a former member of The Educational Foundation Board of Advisors.

Scholarship Name: Emily & Henry Massey
2009-10 Student Athlete: Eliza Butts, Senior, Weston, Mass.

Background Info: Henry Massey is a 1957 graduate of Davidson College; however, he and his wife Emily are big Carolina fans. Their two sons graduated from Carolina. The Masseys reside in Mount Holly, N.C.

Scholarship Name: Sue Walsh
2009-10 Student Athlete: Eliza Butts, Senior, Weston, Mass.

Background Info: Donald Bullard was a graduate of the UNC Class of 1957. He and his wife Nancy endowed this scholarship in honor of former UNC swimmer Sue Walsh. Sue is an 11-time collegiate national champion and former American record holder. She is a 1984 UNC graduate and is currently the Educational Foundation's Director of Endowment & Stewardship. Don passed away in May 2006. Nancy still resides in Hampstead, N.C.

Scholarship Name: B.J. and Polly Winde Surhoff
2009-10 Student Athlete: Alison Clemens, Senior, Staten Island, N.Y.

Background Info: B.J. Surhoff played baseball at Carolina from 1981-1985. He was National Player of the Year in 1985 and Major League Baseball's No. 1 draft pick. B.J. also represented the U.S. on the 1984 Olympic Team. He retired from the Baltimore Orioles after playing for the Atlanta Braves and Milwaukee Brewers for a number of years. B.J. is a former member of the Educational Foundation's Board of Directors. His wife Polly (Winde) was a four-year All-America in the sport of swimming at UNC and graduated with a Bachelor of Arts degree in 1986. The Surhoffs have endowed two athletic scholarships at Carolina. They reside in Cockeysville, Md. with their four children. Their oldest, Austin, competed in the 2008 Olympic Trials in the sport of swimming and will be attending The University of Texas.

Scholarship Name: Rhoda Osterneck
2009-10 Student Athlete: Alison Clemens, Senior, Staten Island, N.Y.

Background Info: The Osternecks were avid Carolina fans for many, many years and had a special interest in the sport of swimming. Bob Osterneck was in the textile business in Lumber-



Senior Alison Clemens swims at Carolina on endowed scholarships sponsored by B.J. and Polly Winde Surhoff as well as Rhoda Osterneck.

ton, N.C., but retired a few years before his death in June 1991. Rhoda, his wife, resides in Durham, N.C. She and her family have endowed three other athletic scholarships at Carolina.

Scholarship Name: Bayer CropScience LP
2009-10 Student Athlete: Candace Cooper, Sophomore, Raleigh, N.C.

Background Info: Jack Boyne and Josh Weeks assisted in setting up this scholarship through Bayer CropScience in the Research Triangle Park. Josh's daughter Kelly graduated from Carolina in 2004 and was a very successful swimmer and ACC record holder.

Scholarship Name: Robert R. Shipman Memorial
2009-10 Student Athlete: Amber Leiker, Freshman, Huntersville, N.C.

Background Info: Robert R. Shipman received his B.S. in Business Administration from The University of North Carolina in 1965. He was the retired president of Sunbelt Resorts. He resided in Atlanta, Ga. prior to his death in 2006.

Scholarship Name: Rhonda Purser Shell
2009-10 Student-Athlete: Caroline Hartmann, Junior, Williamsburg, Va.

Background Info: Rhonda Shell received her B.S. in Industrial Relations from Carolina in 1982. Rhonda resides in Alpharetta, GA.

Scholarship Name: Robert H. Hood, Jr., Irene G. Hood, Robert Hood III, and Jackie Welch Hood
2009-10 Student Athlete: Katura Harvey, Junior, Rockville, Md.

Background Info: Robert and Jackie Welch Hood endowed this scholarship and are both University of North Carolina graduates. Bob received his Industrial Relations degree from UNC in 1971 and his Law degree in 1974. He owned his own law firm in Durham until he retired.



Tom and Janet Kean have endowed five swimming scholarships at North Carolina. Senior Ashley Howard is the recipient of one of those scholarships.

Jackie received her Dental Auxiliary Teacher Education degree in 1980 and was a dental hygienist instructor at Guilford Technical Community College. The Hoods recently sold their home in Graham and are traveling across the country and Canada by means of a 40 foot recreational vehicle. The scholarship is named after Bob and Jackie as well as Bob's parents, Robert and Irene Hood.

Scholarship Name: Bess and Jack Petty Memorial

2009-10 Student-Athlete: Kaci Hollingsworth, Sophomore, Mission Viejo, Calif.

Background Info: Although neither Bess nor Jack Petty attended The University of North Carolina, they were huge Tar Heel fans. Jack rarely missed a Carolina sporting event and Bess, his mother, designated The Educational Foundation as a beneficiary of her estate at her death. Bess and Jack resided in High Point, NC until their deaths.

Scholarship Name: Tom and Janet Kean

2009-10 Student Athlete: Ashley Howard, Senior, Durham, N.C.

Background Info: Although Tom Kean went to LaSalle University in Philadelphia, Pa., he and his wife Janet are big supporters of Carolina Athletics. Their daughter Terry attended UNC. Tom is a former member of the Educational Foundation's Executive Board. He is a fine swimmer himself. He and Janet have endowed five swimming scholarships at Carolina in addition to making possible the completion of the diving platform complex at Koury Natatorium. The Keans reside in Norwood, N.C., but also have a home in Chapel Hill.

Scholarship Name: Emily Millis Hiatt & Molly Millis Hedgecock

2009-10 Student Athlete: Rebecca Kane, Junior, Toms River, N.J.

Background Info: J.H. "Jim" Millis graduated from UNC in 1947. He was the chairman of The Millis Foundation of High Point, N.C. until his death in 2004 and was a former member of The Educational Foundation's Board of Directors. Jim and his wife Jesse have three children. The Emily Millis Hiatt and Molly Millis Hedgecock Scholarship is named after their two daughters who swam competitively in High Point when they were young. The Millis family endowed another athletic scholarship at UNC in addition to this one. Jesse still resides in High Point, N.C.

Scholarship Name: Tom & Janet Kean

2009-10 Student Athlete: Rebecca Kane, Junior, Toms River, N.J.

Background Info: Although Tom Kean went to LaSalle University in Philadelphia, Pa., he and his wife Janet are big supporters of Carolina Athletics. Their daughter Terry attended UNC. Tom is a former member of the Educational Founda-



Junior Rebecca Kane attends Carolina on scholarships funded by Emily Millis Hiatt, Molly Millis Hedgecock and Tom and Janet Kean.



Junior Katie Marsh is the recipient of the Maxine Francis Scholarship which honors the first-ever head women's swimming coach in Carolina history.

tion's Executive Board. He is a fine swimmer himself. He and Janet have endowed five swimming scholarships at Carolina in addition to making possible the completion of the diving platform complex at Koury Natatorium. The Keans reside in Norwood, N.C., but also have a home in Chapel Hill.

Scholarship Name: Robert W. "Bob" O'Brien Memorial

2009-10 Student Athlete: Katie Keel, Sophomore, Knoxville, Tenn.

Background Info: Robert W. O'Brien was a 1952 graduate as well as a strong supporter of Carolina Athletics until the time of his death in January of 1998. He was a retired Exxon executive. Bob's wife Dot resides in Durham, N.C. and is a big Tar Heel fan herself.

Scholarship Name: Miriam Green

2009-10 Student Athlete: Sarah List, Sophomore, Ringgold, Ga.

Background Info: Miriam Green, formerly of Chapel Hill, endowed this scholarship. She received her Bachelor of Arts degree from The University of North Carolina in 1969. Miriam now lives in Newport, N.C.

Scholarship Name: Maxine Francis Memorial

2009-10 Student Athlete: Katie Marsh, Junior, Ocean Ridge, Fla.

Background Info: Mary Elizabeth Francis endowed the Maxine Francis Memorial in memory of her daughter Maxine. Maxine graduated from Carolina in 1972 and was a member of the Tar Heel volleyball team. She was later the first female swim coach at UNC. Mary Elizabeth resides in Charlotte, N.C.

Scholarship Name: William C. Ingold

2009-10 Student Athlete: Katelyn Martin, Sophomore, Chelmsford, Mass.

Background Info: Although Bill Ingold graduated from Elon College, he is a strong supporter of Carolina Athletics. Bill owns car dealerships in Burlington, N.C.

Scholarship Name: Robert T. and Louise L. Cashion

2009-10 Student Athlete: Kerianne McAfee, Sophomore, Charlotte, N.C.

Background Info: Robert Cashion graduated from Carolina in 1956 with his B.A. in Business

Administration. He is the owner/president of Cashions Quik Stop convenience stores. Bob and his wife Louise reside in Cornelius, N.C.

Scholarship Name: Maurice J. Koury

2009-10 Student Athlete: Stephanie Eisenring, Freshman, Pompano, Fla.

Background Info: Maurice Koury is a great benefactor of the University, two-time past president of the Educational Foundation and former trustee of The Educational Foundation's Endowment Trust. He is also a retired member of the UNC Board of Trustees. Koury Natatorium on the UNC campus is named in his honor as is Koury Hall dormitory. Maurice is a 1948 UNC graduate and the owner of Carolina Hosiery in Burlington, N.C., where he resides with his wife Ann.

Scholarship Name: Jonathan and Lee Anne Oxford

2009-10 Student-Athlete: Jenna Moore, Sophomore, Matthews, N.C.

Background Info: Jonathan Oxford received his Bachelor of Arts degree from the University of North Carolina in 1989 and his MBA also from UNC in 1994. He and his wife Lee Anne reside in Raleigh, NC.

Scholarship Name: Ken and Cheryl Williams

2009-10 Student Athlete: Laura Moriarty, Sophomore, Methuen, Mass.

Background Info: Although neither Ken nor Cheryl Williams are UNC graduates, they are big supporters of Carolina Athletics. Cheryl is a former member of the Educational Foundation's Board of Directors and Ken is chairman of the Executive Board. Ken retired from Quintiles, a company based in Durham, N.C. The Williams have endowed two other athletic scholarships at Carolina and co-chaired the campaign to raise funds for Anderson Softball Stadium at UNC, where the actual game field is named for them. The Williamses reside in Burlington, N.C.

Scholarship Name: Marc Davis

2009-10 Student Athlete: Rebecca Brooks, Freshman, Rochester Hills, Mich.

Background Info: Dr. Michael Eickman and his wife Ann endowed this scholarship in honor of long-time UNC athletic trainer Marc Davis. Dr. Eickman is a Clinical Cardiologist at the Medical University of South Carolina. Mike and Ann reside in Spartanburg, S.C. Their daughter Meagan is a four-year swimming letter winner for Carolina, and she graduated in 2007.

Scholarship Name: George S. Stretcher M.D.

2009-10 Student Athlete: Lauren Schmittle, Freshman, York, Pa.

Background Info: Dr. George S. Stretcher received his A.B. in 1963 and his M.D. in 1968, both from Carolina. He was a physician in Spartanburg, S.C. where he and his wife Olynda lived until his death in 2005. Olynda still resides there. Their daughter Susan swam for UNC and graduated in 1994.

Scholarship Name: Jim & Susan Phillips

2009-10 Student Athlete: Megan Steeves, Senior, Newark, Del.

Background Info: Jim Phillips received his A.B. in history in 1979 from The University of North Carolina where he was the student body president and he earned his J.D. in 1984 from Wake

Forest University. He is a partner with Broales, Pierce and McLendon law firm. Jim is also former chair of the UNC Board of Governors. His wife Susan received her A.B. in American Studies from Carolina in 1981. The Phillipses reside in Greensboro, N.C.

Scholarship Name: Blair Barker Moore

2009-10 Student-Athlete: Enuf Swanson, Sophomore, Conroe, Texas

Background Info: John Barker endowed this scholarship in his daughter's name, Blair Barker Moore. John graduated from Carolina in 1967. Blair received her degree in Communication Studies in 1997, also from UNC. She resides in Dallas, Texas.

Scholarship Name: Edward & Kathleen Cornet

2009-10 Student Athlete: Sarah Tanner, Sophomore, Loveland, Ohio.

Background Info: Although neither Ed nor his wife Cathy Cornet attended The University of North Carolina they are big Tar Heel fans. Ed is a former instructor in the Kenan Flagler Business School. Their daughter swam at Duke and was a freestyler/breastroker. The Cornets reside in Chapel Hill.

Scholarship Name: O.G. and Sara Spell (in the Honor of Sue Walsh)

2009-10 Student Athlete: Sarah Tanner, Sophomore, Loveland, Ohio.

Background Info: Although neither O.G. Spell nor Sara Spell attended The University of North Carolina, two of their children (O.G. Spell, III and Laura Spell Watkins) graduated from UNC. They endowed this scholarship in honor of former UNC swimmer Sue Walsh. Sue is an 11-time collegiate national champion and former American record holder. She is a 1984 UNC graduate and is currently the Director of Endowment & Stewardship for the Educational Foundation. The Spells reside in Wendell, N.C.

Men's Swimming and Diving Endowed Scholarship List

Scholarship Name: George A. Wilkinson, Jr.

2009-10 Student-Athlete: Andy Brake, Junior, Springfield, Va.

Background Info: Alex Thorpe, III (Sandy) of Rocky Mount, NC received his Bachelor of Science in Business Administration in 1959 from the University of North Carolina. Alex Thorpe, IV (Alex) of Wrightsville Beach, NC is a 1983 alumnus and a former member of The Educational Foundation's Board of Directors. Sandy and Alex endowed the George A. Wilkinson, Jr Memorial Scholarship in memory of Sandy's uncle who was a 1942 B.S. Commerce graduate of UNC. He was not on the swim team at Carolina, but enjoyed it recreationally.

Scholarship Name: Zucker Family

2009-10 Student Athlete: Harrison Browning, Senior, Cincinnati, Ohio

Background Info: Robert L. Zucker is a 1953 B.S.B.A. graduate of Carolina and the Chairman of Outdoor Equipment Distributors. He and his wife Anne reside in Raleigh, N.C.

Scholarship Name: Tom & Janet Kean

2009-10 Student Athlete: Steven Cebertowicz, Sophomore, Milwaukee, Wis.

Background Info: Although Tom Kean went to LaSalle University in Philadelphia, Pa., he and his wife Janet are big supporters of Carolina Athletics. Their daughter Terry attended UNC. Tom is a former member of the Educational Foundation's Executive Board. He is a fine swimmer himself. He and Janet have endowed five swimming scholarships at Carolina in addition to making possible the completion of the diving platform complex at Koury Natatorium. The Keans reside in Norwood, N.C., but also have a home in Chapel Hill.

Scholarship Name: John A. McNeill, Jr.

2009-10 Student-Athlete: Will Colbert, Freshman, Mequon, Wis.

Background Info: John A. McNeill, Jr graduated from The University of North Carolina with a B.S. in Pharmacy in 1972. John is a partner/co-owner of J.A. McNeill Sons and Daughter, a pharmacy in Whiteville, NC where he resides. He prefers the nickname Sandy.

Scholarship Name: William and Val Rhae Claypoole

2009-10 Student-Athlete: Hunter Cwalinski, Freshman, Ft. Lauderdale, Fla.

Background Info: Dr. William Claypoole received his Masters of Science in Orthodontics in 1972 from the University of North Carolina. He is a dentist and moved from Durham, NC to Nags Head, NC with his wife Val Rhae.

Scholarship Name: Doug and Josie Breeden

2009-10 Student-Athlete: Robert Grimmett-Norris, Junior, Herndon, Va.

Background Info: Doug Breeden attended the University of North Carolina and is the President and Chairman of the Board of Smith Breeden Associates. He and his wife Josie reside in Chapel Hill.

Scholarship Name: Mr. & Mrs. William D. Hoover

2009-10 Student Athlete: Jim Flannery, Sophomore, Bronxville, N.Y.



The recipient of the prestigious Frank R. Comfort Scholarship is junior backstroke Josh Hafkin. The scholarship honors 30-year Tar Heel head coach Frank Comfort (1977-2007).

Background Info: William Hoover received his B.S. in Business Administration from Carolina in 1960 and his M.B.A. in 1961. He is a retired Executive Vice-President with Centura Bank. Bill resides in Asheboro, N.C. with his wife Ann. His grandson swims for the University of Texas and his granddaughter swims for the Mecklenberg Aquatic Club in Charlotte, N.C.

Scholarship Name: Frank R. Comfort

2009-10 Student Athlete: Josh Hafkin, Junior, Rockville, Md.

Background Info: Frank R. Comfort, head swimming and diving Coach at the University of North Carolina from 1977-2007, retired as the winningest college dual meet coach in swimming history with 578 wins. His teams also took home 26 ACC Championships – the most in conference history by a single coach. Frank boasted a 79.9% conference winning percentage on the men's side and an amazing 87.3% on the women's side. Family and friends of Coach Frank Comfort endowed this scholarship in his honor.

Scholarship Name: Jesse K. Greenbaum

2009-10 Student Athlete: Brad Hamilton, Sophomore, Kingston Jamaica

Background Info: Jesse K. Greenbaum was born in Baltimore, Md. He was a UNC letterman in lacrosse, soccer and swimming and received his undergraduate degree from Carolina in 1944 and his master's degree in education in 1949. Jesse was a two-time co-captain of the men's swimming team, a swimming All-America in 1945 and 1948, Southern Conference 50-yard freestyle champion and Southern Conference medley and freestyle relay champion. Jesse passed away in early 1991 from cancer. His wife Francis and son Robert, Class of 1988, reside in Lutherville, Md.

Scholarship Name: Patrick Earey Memorial

2009-10 Student Athlete: Tyler Harris, Junior, Richmond, Va.

Background Info: Patrick Earey was a distinguished member of the faculty of the Department of Physical Education, Exercise and Sport Science at UNC for over 30 years. He also spent many years as the public address announcer at UNC football and basketball games. Coach Earey served as the men's swim coach for 17 years after taking over as head coach in 1957. His teams won nearly 81% percent of their ACC dual meets and captured five ACC championships along with eight runner-up finishes before he retired in 1974. Coach Earey was responsible for mentoring a host of All-Americans during his time in Chapel Hill with 24 different Tar Heel swimmers earning such honors. Friends and family of the late Coach Earey established this scholarship upon his death in 2005. His wife Mary Louise resides in Chapel Hill.

Scholarship Name: Jones-Sanchez

2009-10 Student Athlete: Jeff James, Senior, Chapel Hill, N.C.

Background Info: Russell Jones received his B.S. in Business Administration from UNC in 1996 and his Master's in Accounting in 1997. He resides in Raleigh, N.C. Russ jointly funded this scholarship along with Greg Sanchez. This is one of three men's swimming scholarships established by Greg. Greg is a 1980 UNC gradu-

ate, receiving his B.S. in Industrial Relations. He was also member of the UNC's men's swim team while at Carolina as well as a team captain. Greg is President of TRI Properties in Durham, N.C. and a member of The Educational Foundation's Board of Directors. He resides in Cary, N.C. with his wife Liz and two daughters.

Scholarship Name: Ramsey R. Qubein
2009-10 Student Athlete: Jeff James, Senior, Chapel Hill, N.C.
Background Info: Nido Qubein came to the United States as a teenager with no knowledge of English and no contacts and became a very successful businessman. Mr. Qubein is the chairman of an international consulting firm and recipient of the highest awards given for professional speakers. He is also chairman of a national public relations company, chairman of Great Harvest Bread Company, and chairman of the Miss North Carolina Miss USA program. Nido has written numerous books and recorded scores of audio and video learning programs including a best-seller on effective communication published by Nightingale-Conant and Berkley. His foundation provides scholarships to 45 deserving young people each year. To-date the Qubein Foundation has granted more than 500 scholarships, worth over two million dollars. This scholarship was named in honor of his son Ramsey, a 2000 UNC graduate. Nido and his family reside in High Point, N.C.

Scholarship Name: Hardee's Food Systems
2009-10 Student-Athlete: Ryland Jones, Freshman Chapel Hill, N.C.
Background Info: Hardee's is a prominent fast food chain which has its origins in the state of North Carolina. Hardee's is a strong supporter of Carolina Athletics having endowed two scholarships through The Educational Foundation. The chain was sold to Fast Food Merchandisers which was then bought by Cool Spring Plantation in Battleboro, NC.

Scholarship Name: William E. Brenner Jr.
2009-10 Student Athlete: Joe Kinderwater, Junior, Lancaster, Pa.
Background Info: Bill Brenner is a 1981 UNC alumnus and former Carolina swimmer. He served as one of UNC's assistant swim coaches a number of years ago. Bill and his wife Pam moved to Sarasota, FL after residing in Chapel Hill for many years.

Scholarship Name: Frank J. Phoenix
2009-10 Student Athlete: Joe Kinderwater, Junior, Lancaster, Pa.
Background Info: Frank Phoenix endowed this scholarship. He is the President/Director of the Fenwick Foundation. Both he and his wife Kaola graduated from the University of North Carolina in 1972. The Phoenixes reside in Chapel Hill.

Scholarship Name: W.R. Taylor, Jr.
2009-10 Student-Athlete: J.J. Kinzbach, Freshman, Montgomery, Texas
Background Info: William Robert Taylor, Jr. received his Bachelor of Arts degree in 1952 from The University of North Carolina. He was an Economics major. Bill is the retired CEO of Taylor Beverage Co. in Goldsboro, NC and he resides in Pittsboro, NC with his wife Linda.

Scholarship Name: Charles Everette Williams, Sr.
2009-10 Student Athlete: Victor Leclere, Sophomore, Brookfield, Wis.
Background Info: Charles E. Williams, Jr., endowed this scholarship in honor of his father. Although neither Charles, Sr., nor Charles, Jr., attended The University of North Carolina, they are big Tar Heel fans. Charles, Jr., resides in Rocky Mount, N.C.

Scholarship Name: Thomas N. Prassas Memorial
2009-10 Student Athlete: Tom Luchsinger, Freshman, Mt. Sinai, N.Y.
Background Info: Greg Sanchez swam at Carolina in the late 1970s. He is a member of the Educational Foundation's Board of Advisors and he resides in Cary, N.C. with his wife Liz and two daughters. Greg endowed this scholarship in memory of his former teammate at Carolina, Tom Prassas. Tom held the national high school swimming record in the 100 back in the late 1970s and was an ACC finalist in both the 100 and 200-yard backstrokes. Tom was severely burned in an accident that occurred in November 1999 and passed away in six months later. He was survived by his wife Dianne, two daughters and a son. They reside in Phoenix, Ariz. Tom's mother resides in Raleigh, N.C.

Scholarship Name: Tom & Janet Kean
2009-10 Student Athlete: David MacDonald, Sophomore, Darien, Conn.
Background Info: Although Tom Kean went to LaSalle University in Philadelphia, Pa., he and his wife Janet are big supporters of Carolina Athletics. Their daughter Terry attended UNC. Tom is a former member of the Educational Foundation's Executive Board. He is a fine swimmer himself. He and Janet have endowed five swimming scholarships at Carolina in addition to making possible the completion of the diving platform complex at Koury Natatorium. The Keans reside in Norwood, N.C., but also have a home in Chapel Hill.

Scholarship Name: Maurice J. Koury
2009-10 Student Athlete: Jason McLaughlin, Senior, White Plains, N.Y.
Background Info: Maurice Koury is a great benefactor of the University, two-time past president of the Educational Foundation and former trustee of The Educational Foundation's Endowment Trust. He is also a retired member of the UNC Board of Trustees. Koury Natatorium on the UNC campus is named in his honor as is Koury Hall dormitory. Maurice is a 1948 UNC graduate and the owner of Carolina Hosiery in Burlington, N.C.

Scholarship Name: William R. Sizemore
2009-10 Student Athlete: Brock Park, Sophomore, Kensington, Md.
Background Info: William R. Sizemore came to the University of North Carolina in 1954. Bill is the Vice-President of Sizemore Lumber Company and he resides in Graham, N.C.

Scholarship Name: Bruce Vickers Webster Memorial
2009-10 Student Athlete: Chip Peterson, Junior, Pine Knolls Shores, N.C.
Background Info: Greg Sanchez swam at Car-

olina in the late 1970s. He and his father Joe Endowed this scholarship in memory of another swimmer, Bruce V. Webster, who graduated in 1981 and later, died from a brain tumor. Greg is a member of the Educational Foundation's Board of Advisors and he resides in Cary, N.C. with his wife Liz and two daughters.

Scholarship Name: Tom & Janet Kean
2009-10 Student Athlete: Evan Reed, Sophomore, Berwyn, Pa.
Background Info: Although Tom Kean went to LaSalle University in Philadelphia, Pa., he and his wife Janet are big supporters of Carolina Athletics. One of their daughters attended UNC. Tom is a former member of the Educational Foundation's Executive Board. He is a fine swimmer himself. He and Janet have endowed five swimming scholarships at Carolina in addition to making possible the completion of the diving platform complex at Koury Natatorium. The Keans reside in Norwood, N.C., but also have a home in Chapel Hill.

Scholarship Name: Carl and Clara Cashion
2009-10 Student Athlete: Wil Singley, Sophomore, Southlake, Texas
Background Info: Robert Cashion graduated from Carolina in 1956 with his B.A. in Business Administration. He is the owner/president of Cashion's Quik Stop convenience stores. Bob and his wife Louise reside in Cornelius, N.C. They endowed the Carl and Clara Cashion scholarship in honor of Bob's parents.

Scholarship Name: Skeels Family
2009-10 Student Athlete: David Solarz, Senior, Westlake, Ohio
Background Info: Bill Skeels received his B.S. in Commerce from Carolina in 1950. He is retired and resides in Burlington, N.C. His wife Norma passed away in 2007.

Scholarship Name: Jeff Schenk
2009-10 Student Athlete: Tommy Wyher, Junior, New Port Richey, Fla.
Background Info: Jeff Schenk from Raleigh, N.C. endowed this scholarship. Jeff received his B.S. in Business Administration in 1983 and his M.B.A. in 1993 both from The University of North Carolina. He swam for the Tar Heels from 1979-1983 and was a team captain for the ACC champion 1983 squad.



Junior Joe Kinderwater swims at Carolina with help from the Frank J. Phoenix Endowed Scholarship.

The Maurice J. Koury Natatorium, the home of the University of North Carolina swimming and diving programs, opened in 1986 and has undergone a significant series of improvements over the past four years with the intent of keeping it one of the most up-to-date aquatic facilities in the nation.

Recent additions have included the dedication of the Frank R. Comfort record boards in September 2008 for both swimming and diving. The record boards came about in the form of a gift from Tom and Janet Kean, long-time program supporters. The Mike Keel Memorial Banners were put in place in October 2009 and dedicated to the late Mike Keel, the late father of Tar Heel sophomore swimmer Katie Keel. The banners were financed through generous alumni fundraising and a gift from the Keel family.

In addition, the locker rooms for the two teams have been redesigned. The coaches' offices were entirely redecorated. The Carolina athletic department also purchased new starting blocks and invested in significant improvements to the timing system.

A state-of-the-art, top-notch scoreboard and message board system was installed in the fall of 2006. A redesign of the team meeting room was also completed. The pool was also taken down in the summer of 2008, resulting in a maintenance project which has restored the Natatorium's original beauty.

It was after 48 seasons of intercollegiate swimming and diving competition in historic Bowman Gray Pool that the Tar Heel men's and women's swimming and diving teams moved into their new home in October 1986 with the opening of Koury Natatorium as part of the Dean E. Smith Center complex.

Now in its 24th season of use, Koury Natatorium has gained a reputation as one of the finest pools in the nation. Several top-flight competitions have been staged here, with one of the showcase events being U.S. Swimming's Senior Short Course National Championships March 21-25, 1989.

Koury Natatorium served as the host of the U.S. Master's Swimming Short Course National Championships in May 1992.

Koury Natatorium has hosted several Atlantic Coast Conference Men's and Women's Swimming and Diving Championships. Those meets

were held in 1987, 1989, 1991, 1992, 1993, 1995, 1996, 1997, 2000, 2003 and 2007. Koury Natatorium will again host the ACC Championships in February of 2010.

Other top meets held at Koury Natatorium have included the 1988 and 1991 NCAA Southeast Regional Diving Championships, the North Carolina High School Athletic Association men's and women's championship meets and U.S. Swimming North Carolina-Virginia all-star meets. U.S. Swimming held its annual elite training camp at Koury Natatorium shortly after its opening in 1986.

Another highlight in Koury's history was the swimming and water polo competition at U.S. Olympic Festival-'87, an event staged in non-Olympic years by the U.S. Olympic Committee. Swimming competition played to overflow crowds all three nights and the water polo competition also set Festival attendance standards for that sport. The crowds for swimming were so large that temporary bleachers had to be set up on the pool deck to accommodate the crowd.

The natatorium was officially dedicated in ceremonies on October 2, 1987, an event which drew a capacity crowd of UNC athletic partisans, swimming enthusiasts and statewide dignitaries, including North Carolina's Lieutenant Governor, Robert Jordan, who gave the official address dedicating the facility.

The first actual competition in the facility took place almost a year before the Dedication Day when on October 31, 1986 UNC hosted the Tar Heel Invitational. The first dual meet competition was on November 10, 1986 when UNC's women defeated NC State 171-96.

The pool itself measures 50 meters in length by 25 yards in width. There are two moveable bulkheads. At its most shallow point, the pool measures seven feet in depth, and the pool is 18 feet at its deepest point. The pool also features continuous flow gutters and has one of the most advanced lighting systems of any swimming facility in the country. The gallery area provides seating for approximately 2,000 fans.

The acoustical system at the natatorium is outstanding. The gallery area is served by six speakers and six more serve the pool deck, which underwent an elaborate tiling project immediately after the Olympic Festival in 1987. In excess of 2,300 individual acoustical tiles are in-



stalled in the ceiling.

The pool, which features underwater speakers and observation booths, holds one million gallons of water, quadrupling the water capacity of Bowman Gray Pool, which held about 250,000 gallons. There are no water jets in the pool, eliminating the problems caused by water currents. Sliding glass windows on both sides provide for better ventilation during the summer.

Each Carolina team has a locker room which affords two lockers for each team member. A team meeting room adjoins the deck and is named for former UNC swimming coach Ralph Casey. There is also a separate locker room for the UNC coaches and locker room facilities for visiting teams, recreational swimming and officials.

The locker rooms and meeting room are located directly across the hallway from the athletic training room of the Smith Center, which is under the direction of Chris Hirth, who serves as the head athletic trainer for the UNC swimming and diving program.

The natatorium also contains outstanding facilities for diving with platform diving facilities at several levels having been added during the summer of 2001 to the already existing one-meter and three-meter springboards. The diving area also includes a separate scoreboard and message board.

There is a second scoreboard and message board on the swimming end of the facility. The original scoreboard system was named for the late Dick Jamerson, founder of the UNC swimming program in 1939 and its first head coach. The original system was dedicated December 2, 1986 at a dual meet against Duke with Coach Jamerson's widow, Anna Jamerson, in attendance for the ceremonies. A new scoreboard and timing system was installed in the fall of 2006 in time for the Tar Heels' home opener against Georgia.

Also located on the deck level adjacent to the pool are the swimming coaches offices with a reception area and offices for the Tar Heel coaches. The offices of the North Carolina Aquatic Club are also located on the Koury pool deck. NCAC is the U.S. Swimming club team based in Chapel Hill.



Janis Hape Dowd Nike Cup Records
Women's Records

Event	Time	Name	School	Year
50 Free	22.09	Jenny Bradford	Kentucky	2006
100 Free	49.08	Nicole Haislett	Florida	1991
200 Free	1:46.24	Jessi Perruquet	North Carolina	2001
500 Free	4:41.09	Whitney Sprague	North Carolina	2007
1000 Free	9:25.49	Janet Evans	Fullerton	1989
1650 Free	15:51.02	Whitney Sprague	North Carolina	2007
100 Fly	53.24	Richelle Fox	North Carolina	1997
200 Fly	1:58.18	Kelly Weeks	North Carolina	2002
	1:58.18	Tori DeSilvia	Tennessee	1995
100 Back	54.00	Janie Wagstaff	Florida	1992
200 Back	1:54.65	Alicia Humphrey	Michigan	1994
100 Breast	1:01.17	Lauren Brick	Florida State	2006
200 Breast	2:12.83	Katie Hathaway	North Carolina	2001
200 IM	2:00.90	Katie Hathaway	North Carolina	2001
400 IM	4:13.73	Melissa Olson	Kentucky	1997
200 Free Relay	1:31.16	Rachel Regone (22.78) Lauren Sindall (22.74) Alex Allen (22.94) Michelle Parkhurst (22.70)	Clemson	2007
400 Free Relay	3:20.38	Erin Abbey (50.04) Anne Weilbacher (49.97) Amy McCullough (49.55) Abby Seskevics (50.82)	Michigan	2002
800 Free Relay	7:17.71	Walker Magill Wilding Nicole Haislett	Florida	1991
200 Medley Relay	1:41.39	Jordan McHorney (26.50) Jessica Botzum (28.17) Megan Newell (24.12) Sara Smith (22.60)	Virginia Tech	2007
400 Medley Relay	3:42.28	Jordan McHorney (56.79) Jessica Botzum (1:02.14) Megan Newell (53.51) Sara Smith (49.84)	Virginia Tech	2007

Men's Records

Event	Time	Name	School	Year
50 Free	19.57	Renato Guerardi	Tennessee	2002
100 Free	43.31	Alex Righi	Yale	2007
200 Free	1:36.33	Ryan Goldberg	Tennessee	2003
500 Free	4:18.91	Yann deFabrique	North Carolina	1993
1000 Free	8:57.84	Fran Crippen	Virginia	2004
1650 Free	15:04.58	Lars Jorgenson	Tennessee	1992
100 Fly	47.57	Scott Beard	Virginia Tech	2007
200 Fly	1:44.60	Josh Glasco	North Carolina	2004
100 Back	46.72	Martin Zubero	Florida	1991
200 Back	1:41.41	Martin Zubero	Florida	1991
100 Breast	53.94	Andrew Bree	Tennessee	2000
200 Breast	1:58.65	Sean Quinn	North Carolina	2002
200 IM	1:47.04	Casey Dauw	Tennessee	2003
400 IM	3:47.17	Casey Dauw	Tennessee	2004
200 Free Relay	1:19.79	Tyler Gustafson Bradley Duryea Josh Fulton Raymond Rosal	Tennessee	2003
400 Free Relay	2:54.37	Bryan Goldberg (44.48) Tyler Gustafson (43.28) Raymond Rosal (43.42) Andrew Bree (43.19)	Tennessee	2003
800 Free Relay	6:27.56	Casey Dauw (1:37.32) Bryan Goldberg (1:36.39) Bradley Boswell (1:37.33) Tyler Gustafson (1:36.52)	Tennessee	2003
200 Medley Relay	1:27.96	Josh Fulton (22.41) Andrew Bree (24.49) Andrew Engle (21.26) Raymond Rosal (19.80)	Tennessee	2003
400 Medley Relay	3:12.27	Josh Fulton (48.04) Andrew Bree (53.26) Jamie Graves (48.16) Tyler Gustafson (43.31)	Tennessee	2003

Janis Hape Dowd Nike Cup Men's and Women's Year-by-Year Team Finishes

CAROLINA MEN

Year	Champion
1986	1st Place (4 teams)
1987	No Meet
1988	2nd Place (9 teams)
1991	Meet held; no team scores kept
1992	2nd Place (6 teams)
1993	2nd Place (8 teams)
1994	3rd Place (8 teams)
1995	3rd Place (11 teams)
1996	2nd Place (12 teams), 835 points
1997	2nd Place (12 teams), 630 points
1998	1st Place (12 teams), 1,016 points
1999	1st Place (11 teams), 1,072 points
2000	1st Place (14 teams), 1,113 points
2001	1st Place (8 teams), 874 points
2002	1st Place (9 teams), 757 points
2003	2nd Place (10 teams), 595 points
2004	1st Place (6 teams), 1,170.5 points
2005	2nd Place (7 teams), 862.5 points
2006	5th Place (10 teams), 567 points
2007	3rd Place (7 teams), 716 points

CAROLINA WOMEN

Year	Champion
1986	1st Place (6 teams)
1987	No Meet
1988	1st Place (10 teams)
1991	No Team Scores Kept
1992	5th Place (6 teams)
1993	2nd Place (8 teams)
1994	4th Place (9 teams)
1995	2nd Place (8 teams)
1996	1st Place (11 teams), 1,120.5 points
1997	2nd Place (12 teams), 874 points
1998	2nd Place (12 teams), 724 points
1999	1st Place (11 teams), 1,261 points
2000	1st Place (13 teams), 1,161.5 points
2001	1st Place (8 teams), 875 points
2002	1st Place (10 teams), 959 points
2003	1st Place (10 teams), 884 points
2004	2nd Place (8 teams), 804 points
2005	1st Place (7 teams), 883.5 points
2006	2nd Place (9 teams), 711 points
2007	1st Place (7 teams), 1,057 points

UNC and Chapel Hill

An Outstanding University in One of the Country's Top College Towns

"If a moviemaker needs an idyllic setting for a film about college life, Chapel Hill might just take the prize."

Newsweek magazine



Carolina Swimming UNC & Chapel Hill Carolina Diving

• The University of North Carolina at Chapel Hill was the nation's first state university to open its doors and the only public university to award degrees in the 18th century. Authorized by the N.C. Constitution in 1776, the University was chartered by the N.C. General Assembly Dec. 11, 1789, the same year George Washington first was inaugurated as president. The cornerstone was laid for Old East, the nation's first state university building, Oct. 12, 1793. Hinton James, the first student, arrived from Wilmington, N.C., Feb. 12, 1795.

• Now in its third century, Carolina offers bachelor's, master's, doctoral and professional degrees in academic areas critical to North Carolina's future: business, dentistry, education, law, medicine, nursing, public health and social work, among others. Offerings include 71 bachelor's, 107 master's, 74 doctorate and four professional degree programs.

• Through teaching, research and public service, Carolina connects with the people of North Carolina every day in ways that improve lives and build futures. The University is committed to addressing the issues that North Carolinians are concerned most about – such as education, health care and economic development. The University's focus on excellence is to help North Carolina be the best that it can be.

• Among UNC's recent rankings are: First for offering the best combination of top-flight academics and affordable costs (Kiplinger's Personal Finance); Fifth-best public university in the U.S. (U.S. News and World Report); and second among major U.S. universities in the percentage of African American students in the first-year class (The Journal of Blacks in Higher Education)

• Chapel Hill has been ranked the No. 1 most livable small city (less than 1000,000) in America

• Often referred to as "The Southern Part of Heaven," Chapel Hill has been called the perfect college town by several publications, including Sports Illustrated

• The Triangle (Raleigh, Durham and Chapel Hill) has often been cited as one of the nation's top areas in which to live. Residents are within easy driving distance of both beaches and mountains.



UNC & Chapel Hill UNC Swimming & Diving UNC & Chapel Hill

Carolina won the 2009 NCAA Championship in men's basketball.

Athletic Heritage

Tar Heel Pride

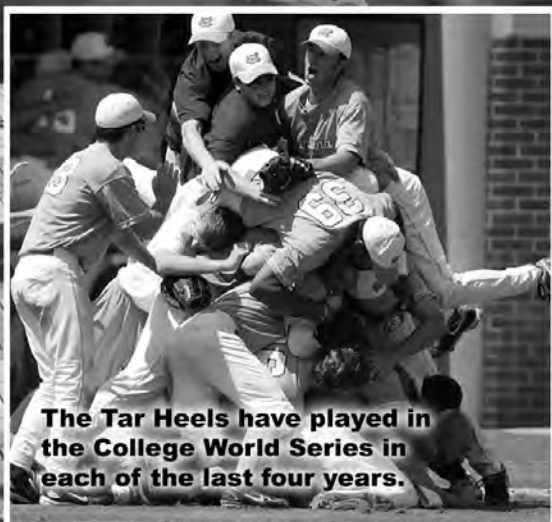
Many of the best-known names in sports – such as Michael Jordan, Julius Peppers, Mia Hamm and Lawrence Taylor – wore Carolina blue.

Carolina: An All-Around Program

- The 2008-09 school year marked the first time in Atlantic Coast Conference history that a member school played in a football bowl game, the men's basketball Final Four and the baseball College World Series in the same season.
- Carolina was one of three schools to have student-athletes selected in the first round of the 2009 NFL, NBA and Major League Baseball drafts.
- North Carolina finished second overall in the 2008-09 Division I Learfield Sports Directors' Cup, a national competition that measures a program's postseason success. It was Carolina's seventh consecutive top-10 finish and the ninth time UNC has been in the top five.
- UNC has won more national championships and conference championships than any other school in the Atlantic Coast Conference.



The Tar Heel women's lacrosse and men's soccer teams finished as NCAA runners-up in 2008-09.



The Tar Heels have played in the College World Series in each of the last four years.

UNC's 2008 NCAA Women's Soccer Championship was the 20th in program history.

Carolina Swimming Athletic Heritage Carolina Diving Athletic Heritage

**Student-Athlete Services
at the University of North Carolina**

**Advancing Toward Graduation,
Building Character,
Developing Leadership**

Student-Athlete Services at the University of North Carolina encompass three areas that play an integral part in the collegiate experience of the approximately 700 UNC student-athletes at the University who compete in 28 varsity sports, making Carolina's program the most extensive in the Atlantic Coast Conference.

Those three areas are Academic Development, Student-Athlete Development and Leadership Development.

• ACADEMIC DEVELOPMENT

The Academic Support Program is the main service utilized in advancing UNC student-athletes to graduation. The program assists student-athletes in exploring their interests and abilities, enjoying a broad educational experience, and reaching or exceeding their academic goals.

"Our young people are students first and athletes second and that will always be the case at the University," says UNC Director of Athletics Dick Baddour. "That is a credit to our coaches, our administrators and support staff, but most of all, our student-athletes. Their accomplishments in the classroom are very impressive."

During the 2008-09 academic year, 274 Carolina student-athletes made the ACC Academic Honor Roll, which requires a cumulative GPA of at least 3.0 for the year.

In the fall of 2008, 173 student-athletes made the Dean's List, and 156 did so in the spring of 2009.

Twenty-one Tar Heel men's swimmers and



Junior Katura Harvey was named a third-team ESPN The Magazine at-large Academic All-American in 2008-09 by the College Sports Information Directors of America.

Athletic Director's Scholar-Athlete Award Winners	
Year	Recipient
1986	Sarah Durstein (W) Chris Stevenson (M)
1987	Martha McCann (W) Doug Sawyer (M)
1988	Erika Schmidt (W) Scott Fuller (M)
1989	Amy Pritchard (W) Craig Silliman (M)
1990	Natalie Gould (W) Jon Austin (M)
1991	Heather Nottingham (W) Marc Ferguson (M)
1992	Melissa Douse (W) Ralph Vick (M)
1993	Jenny Huber (W) James Hamrick (M)
1994	Shannon Howes (W) Chris John (M)
1995	Alison Conrad (W) Drew Sechrist (M)r
1996	Kari Haag (W) Matt Branum (M)
1997	Cara Dunaway (W) Matt Branum (M)
1998	Michelle Fox (W) Millie Long (W) Eric Fehr (M)
1999	Beth Schlessman (W) Ted Brisson (M)
2000	Kelly McLaughlin (W) Jennifer Strasburger (W) Christian Zuburg (M)
2001	JoAnn Overton (M) David Slawinski (M)
2002	Katie Hathaway (W) Seth Laughlin (M)
2003	Laura Collier (W) Stephen Mohr (M)
2004	Jessi Perruquet (W) Becky Acker (W) Yuri Suguiyama (M)
2005	Jessie Brosch (W) John Hartmann (M)
2006	Patrick Woodruff (M) Lizzy Bruce (W) Gia Santoro (W)
2007	Jon Fox (M) Emily Reardon (W)
2008	Keith Laabs (M) Laura Filip (W)
2009	Yi-Khy Saw (M) Lindsay McIlvain (W)

divers and 17 women's swimmers and divers were tapped for the 2008-09 ACC Academic Honor Roll.

This cadre of men's scholar-athletes included junior Austin Bradyhouse, sophomore Andy Brake, junior Hank Browning, sophomore Zach DeVault, sophomore Robert Grimmer-Norris, sophomore Tyler Harris, sophomore Alex Ismail, junior Jeff James, sophomore Flynn Jones, senior Alex Kenley, freshman Victor Leclere, junior Jason McLaughlin, senior Brad Mitchell, freshman Brock Park, sophomore Chip Peterson, sophomore Vinny Pryor, senior Yi-Khy Saw, junior David Solarz, sophomore Chandler Thomas, sophomore Michael Wilson and sophomore David Zolno.

The women named to the 2008-09 ACC Aca-

**2008-09 Atlantic Coast Conference
Academic Men's Swimming and Diving-
Honor Roll Selections (21)**

Austin Bradyhouse, Andy Brake, Hank Browning, Zach DeVault, Robert Grimmer-Norris, Tyler Harris, Alex Ismail, Jeff James, Flynn Jones, Alex Kenley, Victor Leclere, Jason McLaughlin, Brad Mitchell, Brock Park, Chip Peterson, Vinny Pryor, Yi-Khy Saw, David Solarz, Chandler Thomas, Michael Wilson, David Zolno

**2008-09 Atlantic Coast Conference
Academic Women's Swimming and Diving
Honor Roll Selections (17)**

Aubrette Biegel, Kimmy Davis, Alex Hamilton, Caroline Hartmann, Katura Harvey, Kaci Hollingsworth, Ashley Howard, Katie Keel, Lindsay McIlvain, Ashley Miller, Jenna Moore, Marie Pesacreta, Katy Pritchett, Laura Ruscoe, Eric Schiffler, Megan Steeves, Sarah Tanner

demic Honor Roll were senior Aubrette Biegel, senior Kimmy Davis, freshman Alex Hamilton, sophomore Caroline Hartmann, sophomore Katura Harvey, freshman Kaci Hollingsworth, junior Ashley Howard, freshman Katie Keel, senior Lindsay McIlvain, sophomore Ashley Miller, freshman Jenna Moore, freshman Marie Pesacreta, senior Katy Pritchett, freshman Laura Ruscoe, senior Erica Schiffler, junior Megan Steeves and freshman Sarah Tanner.

Eight men's swimmers and divers were named to the fall semester 2008 Dean's List. This group included Alex Ismail, Jeff James, Flynn Jones, Alex Kenley, Jesse Mendes, Brad Mitchell, Chip Peterson and David Solarz. Women named to the Dean's List in the fall semester of 2008 were Katura Harvey, Ashley Miller, Jenna Moore, Marie Pesacreta and Laura Ruscoe.

The spring semester 2009 Dean's List included eight men and six women. The men were Zach DeVault, Jeff James, Jason McLaughlin, Brad Mitchell, Chip Peterson, Vinny Pryor, David Solarz and Michael Wilson. The women included Katura Harvey, Ashley Howard, Katie Keel, Ashley Miller, Jenna Moore and Sarah Tanner.

Eleven UNC swimmers and divers were named to the 2008-09 ACC Men's and Women's Swimming and Diving All-Academic Team, a



Junior Chip Peterson was named a third-team ESPN The Magazine at-large Academic All-American in 2008-09 by the College Sports Information Directors of America.

ESPN The Magazine At-Large Academic All-Americans
(Chosen by the College Sports Information Directors of America)

Year	Team	Recipient
1983	2nd Team	Sue Walsh
1984	1st Team	Sue Walsh
1997	3rd Team	Matt Branum
1998	2nd Team	Ted Brisson
	3rd Team	Eric Fehr
	1st Team	Richelle Fox
1999	1st Team	Ted Brisson
2003	1st Team	Stephen Mohr
	1st Team	Jessi Perruquet
2009	3rd Team	Katura Harvey
	3rd Team	Chip Peterson

team which combines athletic and academic excellence in its consideration for selection.

Men named to the ACC All-Academic Team were sophomore Tyler Harris, sophomore Joe Kinderwater, freshman Victor Leclere, senior Brad Mitchell, sophomore Chip Peterson and junior David Solarz. The five women on the team were freshman Layne Brodie, junior Katura Harvey, junior Ashley Howard, freshman Jenna Moore and junior Megan Steeves.

Carolina swimmers continued their strong representation on the ESPN The Magazine at-large Academic All-America Teams in 2008-09. The teams, which are selected by the College Sports Information Directors of America, included sophomore Chip Peterson on the men's side and sophomore Katura Harvey on the women's side. Both were third-team selections to the at-large

Men's Spring 2009 Dean's List Selections (8)

Zach DeVault, Jeff James, Jason McLaughlin, Brad Mitchell, Chip Peterson, Vinny Pryor, David Solarz, Michael Wilson

Men's Fall 2008 Dean's List Selections (8)

Alex Ismail, Jeff James, Flynn Jones, Alex Kenley, Jesse Mendes, Brad Mitchell, Chip Peterson, David Solarz



Senior tri-captain Keith Laabs won the Athletic Director's Scholar-Athlete Award for the men's swimming and diving team in 2007-08.

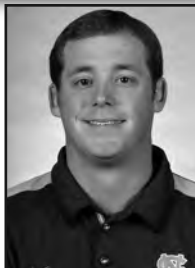
team.

The College Swimming Coaches Association of America named four Tar Heels to its Scholar All-America Team. Swimmers and divers must qualify to participate in the NCAA Championships to be considered for the team. On the men's side, sophomore Chip Peterson and junior David Solarz were selected while on the women's side junior Ashley Howard and sophomore Katura Harvey were tapped for list.

The Academic Support Program is housed primarily in the Pope Academic Support Center, which is equipped with study facilities, tutorial rooms, a computer lab, a 128-seat auditorium, counselors' offices, and state-of-the-art video and computer equipment. At the center, students meet with staff to discuss course selection, major and career exploration, academic progress and academic eligibility.

The Academic Support Program helps freshmen transition from high school to college through a variety of academic programs such as academic counseling, individual tutoring, group review sessions and supplemental instruction.

One full-time employee of the Academic Support Program is specifically assigned to work with each team. Spencer Welborn serves as the academic advisor for the UNC men's swimming and diving team and Jen Townsend serves as the academic advisor for the women's swimming and diving team.



Spencer Welborn, Academic Counselor for Men's Swimming and Diving



Jen Townsend, Academic Counselor for Women's Swimming and Diving

• STUDENT-ATHLETE DEVELOPMENT

Building character in UNC student-athletes is the main charge of Student-Athlete Development.

Through Carolina Outreach, Tar Heels are involved in a variety of projects and organizations on campus and in the community. The UNC Department of Athletics has partnered with Gatorade and the UNC School of Public Health for a national pilot program called Get Kids in Action, in which Tar Heel student-athletes visit local

• Carolina CREED

As a University of North Carolina student-athlete, I pledge to make every effort to abide by the Carolina CREED as a show of my commitment to the University, the Department of Athletics, my team and myself.

C - I will know and embrace the tradition and **culture** of this great University and its athletics department

R - I will **respect** myself and others

E - I will pursue **excellence** in my academic work by striving to reach my academic potential while preparing for a career of significance

E - I will **excel** athletically by committing myself to performance excellence, team success and continual improvement

D - I will **develop** the capacity to effectively lead myself and others

2008-09 Men's and Women's Swimming and Diving Academic Highlights

CoSIDA/ESPN The Magazine Third-Team At-Large Academic All-Americans

Chip Peterson, Sophomore
Katura Harvey, Sophomore

CoSIDA/ESPN The Magazine At-Large Academic All-District III Team

Chip Peterson, Sophomore
Katura Harvey, Sophomore

College Swimming Coaches Association of America Scholar All-Americans

Chip Peterson, Sophomore
David Solarz, Junior
Katura Harvey, Sophomore
Ashley Howard Junio

Athletic Director's Scholar-Athlete Awards

Yi-Khy Saw, Senior
Lindsay McIlvain, Senior

Men's ACC All-Academic Team

Tyler Harris, Sophomore
Joe Kinderwater, Sophomore
Victor Leclere, Freshman
Brad Mitchell, Senior
Chip Peterson, Sophomore
David Solarz, Junior

Women's ACC All-Academic Team

Layne Brodie, Freshman
Katura Harvey, Sophomore
Ashley Howard, Junior
Jenna Moore, Freshman
Megan Steeves, Junior

Women's Spring 2009

Dean's List Selections (6)

Katura Harvey, Ashley Howard, Katie Keel, Ashley Miller, Jenna Moore, Sarah Tanner

Women's Spring 2009

Dean's List Selections (5)

Katura Harvey, Ashley Miller, Jenna Moore, Marie Pesacreta, Sarah Tanner



**2008-09 Men's and Women's
Carolina Leadership Academy Highlights**

**Carolina Leadership Academy
Veteran Leaders Program**

Aubrette Biegel, Sr.
Austin Bradyhouse, Jr.
Alison Clemens, Jr.
Kimmy Davis, Sr.
Ashley Howard, Jr.
Jeff James, Jr.
Alex Kenley, Sr.
Lindsay McIlvain, Sr.
Brad Mitchell, Sr.
Yi-Khy Saw, Sr.
Whitney Sprague, Sr.
Megan Steeves, Jr.

Carolina Leadership Rising Stars Program

Allison Barnes, So.
Tyler Harris, So.
Caroline Hartmann, So.
Katura Harvey, So.
Brittany Iacouzze, So.
Flynn Jones, So.
Joe Kinderwater, So.
Katie Marsh, So.
Jason McLaughlin, Jr.
Ashley Miller, So.
David Solarz, Jr.
Michael Wilson, So.
David Zolno, So.

elementary schools to encourage children to exercise. The Carolina Dreams program allows young patients at UNC Children's Hospitals to attend Tar Heel sporting events with UNC student-athletes. Other recent activities have included building a house with Habitat for Humanity, cooking meals at Ronald McDonald House and cleaning up the roadways through the Adopt-a-Highway program.

Student-Athlete Development also seeks to develop student-athletes on a personal level through a variety of speakers who address issues like nutrition, gambling, relationship communication and substance use. Career Development helps UNC student-athletes look beyond college with resources such as career

• STRENGTH AND CONDITIONING

Under the direction of the UNC Olympic sports strength and conditioning staff, Tar Heel student-athletes get outstanding coaching intended to help maximize their physical potential. The staff evaluates Carolina student-athletes in a variety of ways, including the use of specialized software for lifting and running video analysis, to encourage steady progress toward reaching optimum preparation for competition.

The women's soccer team trains at the Olympic sports weight room in Kenan Field House. In addition to top-of-the-line strength equipment, the center boasts a five-lane, 25-yard rubberized surface for teaching and performing warm-up activities, acceleration drills and agility movements. Year-round training produces athletes who are prepared to compete successfully and safely. Greg Gatz, the Director of Strength and Conditioning for Olympic Sports, oversees the program along with Steve Gisselman, Assistant Director of Strength and Conditioning. Gisselman specifically works with the women's soccer team at Carolina.



counseling and workshops on resume writing and interviewing skills.

• LEADERSHIP DEVELOPMENT

The primary outlet for Leadership Development is the Carolina Leadership Academy, started at UNC in 2004. As the nation's premier leadership development program in collegiate athletics, the Carolina Leadership Academy develops, challenges and supports student-athletes, coaches and staff in their continual quest to become world class leaders in athletics, academics and life.

The Academy consists of three programs:

CREED Program

Leadership training begins in the freshman year. All leadership begins with personal leadership, therefore freshmen are taught skills to effectively lead themselves.

Training consists of monthly meetings featuring keynote speakers and small group discussion. Upperclass student-athletes serve as peer mentors and discussion leaders. Special focus is on responsibility, ac-



countability, making good choices, ethics and character building.

Rising Stars Program

Designed for a select group of "high potential" sophomores and juniors, the program provides future leaders with insights, strategies and skills necessary to become effective leaders. The program includes monthly meetings, interactive exercises and action learning experiences.

Veteran Leaders Program

This program is designed for team captains and veteran student-athletes. It provides advanced leadership training and support, teaches the critical skills and insights necessary to be effective vocal leaders and provides a strong peer network. Student-athletes meet regularly to learn and reinforce leadership principles and share successes, frustrations and lessons while preparing for a career of significance.

• SPORTS MEDICINE

The Tar Heels receive excellent care from one of the country's best sports medicine staffs. Dr. Alex Creighton, Director of Sports Medicine, oversees a comprehensive program designed to keep student-athletes healthy and to rehabilitate any injuries quickly and successfully. Dr. Tom Brickner is the physician who works directly with the men's and women's swimming and diving teams.

A member of the athletic training staff is present at all meets and practices to ensure that any injuries receive prompt and proper care. Certified athletic trainer Chris Hirth oversees the swimming and diving program and is assisted by graduate student Lizzie Hibberd.



Greg Gatz



Steve Gisselman



Alex Creighton



Tom Brickner



Chris Hirth



Lizzie Hibberd

The Rams Club – A Need for Growth

The cost of competing at the highest level and educating outstanding student-athletes continues to climb. The Rams Club must grow its membership and level of support to keep Carolina as one of the nation's premier athletics programs both athletically and academically.

The Rams Club has witnessed impressive growth over the past several years – 51% of members have joined within the last 10 years. Membership in The Rams Club is available through endowment and annual gifts. Gifts of all sizes are important – 47% of all Annual Fund gifts are between \$100 and \$1,000. This growth must continue to meet the escalating needs of Carolina's 28 varsity sports and its student-athletes.

As a member of The Rams Club, you provide a vital component to the success of Tar Heel student-athletes. Your membership provides Carolina student-athletes the opportunity to proudly say, "I'm a Tar Heel."



Annual Fund

Donations through the Annual Fund offers The Rams Club the opportunity to meet immediate funding needs—primarily the funds needed to bridge the difference between the endowment's yield and the actual scholarship costs and other important projects for Carolina's student-athletes.

Scholarship Endowment

The Rams Club's Scholarship Endowment Trust is the largest athletic scholarship endowment in the nation. The Scholarship Endowment Trust is built upon gifts from Carolina supporters who have endowed Full or Half Scholarships in support of student-athletes which provide in perpetuity the support to a broad-based athletics program.

Carolina Forver - Planned Giving

As the Rams Club's planned giving program, Carolina Forever offers donors an opportunity to make a lasting impact by involving Carolina Athletics in their estate planning. Carolina Forever's mission is to insure that the university continues to provide in perpetuity the unique opportunity to experience what it means to be a Tar Heel student-athlete in a broad-based athletics program.

Sports Endowments

The Sport Endowments program provides additional funding for the operating budgets of each of the 28 sports. Donors can make gifts to an individual sport with the yield from that trust made available to the appropriate coach for use in budget-enhancing activities like recruiting, team travel, assistant coaches' salaries and more. With the gifts designated into an endowment, these gifts will provide a continuous stream of usable income in perpetuity.

Giving Level	Student Ram *	Tar Heel	Ram	Rameses	Big Ram	Super Ram	Coaches Circle	Annual Scholarship	Scholarship+
Minimum Gift Required	\$25	\$100	\$200	\$500	\$1,000	\$2,500	\$5,000	\$15,266	\$500,000
BENEFITS	ANNUAL							ENDOWMENT	
Rams Club Lapel Pin/Car Decal/Membership Card	☑	☑	☑	☑	☑	☑	☑	☑	☑
Tar Heel Monthly Magazine	☑	☑	☑	☑	☑	☑	☑	☑	☑
Tar Heels Today Online Publication	☑	☑	☑	☑	☑	☑	☑	☑	☑
Priority Points for Donations	☑	☑	☑	☑	☑	☑	☑	☑	☑
Rams Room Pre- & Post-Game Football Reception	☑	☑	☑	☑	☑	☑	☑	☑	☑
Super Saturday & Local Functions with Carolina Coaches	☑	☑	☑	☑	☑	☑	☑	☑	☑
Discounts at Finley Golf Course (with membership card)	☑	☑	☑	☑	☑	☑	☑	☑	☑
Rams Club Golf Tournament Invitations	☑	☑	☑	☑	☑	☑	☑	☑	☑
Football & Basketball Media Guides			☑	☑	☑	☑	☑	☑	☑
Season Football Tickets Priority*		2~	4~	2^~	4^~	8^~	12^~	12^~	12^~
Away Game & Post-Season Football Ticket & Travel Info	☑	☑	☑	☑	☑	☑	☑	☑	☑
Football Parking Permit					☑	☑	☑	☑	☑
Mini-Season Basketball Ticket Application		☑	☑	☑	☑	☑	☑	☑	☑
Individual Game Basketball Tickets #*	☑	☑	☑	☑	☑	☑	☑	☑	☑
Exclusive Coaches Circle Social Functions							☑	☑	
Season Basketball Tickets*							2#	2#	4+
Basketball Parking Permit									☑
Annual Scholarship Dinner (upon completion)									☑
Scholarship Recognition									☑

If available

* Available for purchase

~ Additional season tickets may be purchased (if available)—only the number indicated will be assigned based on member priority.

^ Additional season tickets may be purchased (if available)—indicated number of seats may be protected by location annually.

+ Members have up to five years to fully fund endowment commitment. Upon completion, donors must maintain Coaches Circle membership to maintain benefits.

Only applicable for current UNC-CH students

I'M A TAR HEEL

IT'S A FEELING YOU GET when you are in Chapel Hill – a feeling that this is indeed a special place. It's not just brilliant students, or a Nobel Prize winner, or Hall of Fame coaches, or championship teams, or some of the most recognizable athletes in sports. This place is the sum of its parts – parts individually committed to the highest level of excellence in all that they do. It is the University of North Carolina.

It is every person working toward a goal of making themselves better – which in turn makes Carolina, as a team, stronger. It is the personal commitment to wake up at 5:00 a.m. for practice. It is the lone shooter in the gym without the lights or the screaming fans. It is practicing hard day in and day out for the betterment of the team, knowing your jersey may never feel sweat on game day. It is busing back from a road game late at night, only to arise for that early morning mid-term exam ... and making Dean's List. It is an understanding that this is the Carolina Way – and it is what it means to be a Tar Heel.

The Rams Club supports this commitment to the highest level of excellence. Please join our efforts to make this experience possible for Carolina student-athletes. And give them the opportunity to say with pride: **I'M A TAR HEEL.**



THE RAMS CLUB

It feels great to wake up every day, knowing that I compete for Carolina both in and out of the water. The rich tradition, the family, and the academic success that Carolina offers truly make it a special place.

*I'm Joe Kinderwater,
and I'm a Tar Heel.*



